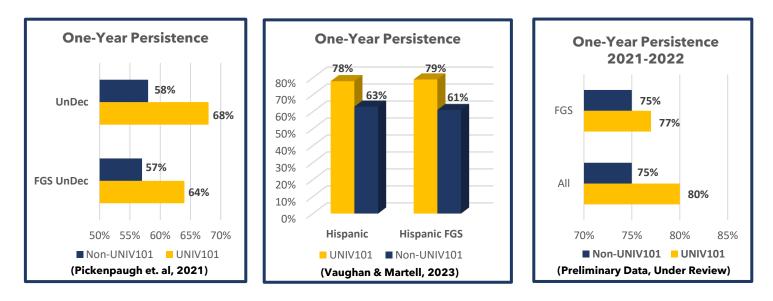
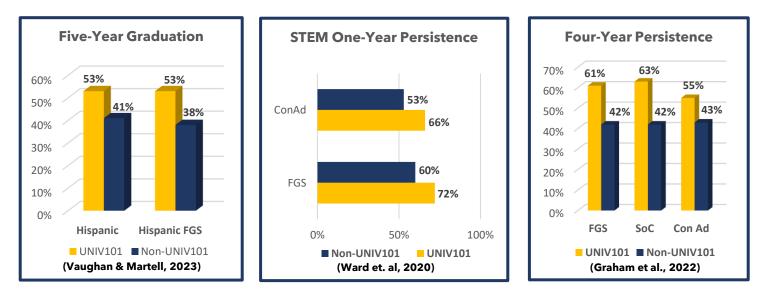
UNIVERSITY OF NORTHERN COLORADO

Over the past 10+ years, UNC's research-based academic First Year Seminar (FYS), University 101, has been recognized for pushing the standards at both the state and national levels. As the research shows below, UNC's UNIV101 program is also leading the trend of using evidencedbased strategies combining rigorous college-level academics with scaffolded support.



UNIV 101 benefits all students, but is particularly impactful for those students who are undeclared (UnDec), first-generation (FGS), Hispanic, Students of Color (SoC), conditionally-admitted (ConAd), or in a STEM major.



UNIV101 provides meaningful learning experiences and coursework to build the foundation for undergraduate students' academic success.



UNIV101 is a 3 Credit Hour Course Developing Students' Academic Skills & Self-Reflection Capacities



Students Develop and Present Their Own Independent Research Projects at a Campus-Wide Event



UNIV 101 Hosts & Attends Different Campus Events to Enhance Freshman Student Belonging & Community

UNIV101 utilizes evidence-based curriculum to develop freshman students' capacity to excel in a collegiate environment. These topics include goal setting, motivation, study strategies, habit formation, career exploration, research skills, and more.



The Class Leader (CL) program is a scholarship and leadership opportunity available to sophomore undergraduate students who took the UNIV 101 course.

Each section of UNIV101 features a returning sophomore student who was previously enrolled in the course. This Class Leader builds their leadership skills by assisting the instructor to relate course content, leading activities, mentoring students, and creating a welcoming class culture.

These CLs host 15-20 campus events throughout the semester, from welcoming events in the summer to preparing students for their final exams at the end of the semester. Instructors for UNIV 101 are doctoral students from a variety of disciplines, promoting exemplary evidence-based teaching practices via continuous pedagogical training.



UNIV101 Instructors also develop their professional career skills via mentorship of CLs and students, pedagogy training, teaching experience as instructor of record, designing and implementing research, and being part of a nationally-leading program for conferences presentations.