**PROGRAM DESCRIPTION**

UNIV 101 is a 3-credit research-based academic course implemented in its current form since 2013. The philosophy of UNIV 101 is to provide the opportunity for students to complete rigorous college-level academic tasks with the scaffolded support of highly trained instructors and class leaders (CLs; peer mentors). There is also a focus on building community and social supports both within the class and on campus.

The course is based on the educational psychology discipline and includes topics such as goal, information processing, metacognitive and motivation theories. Students first learn about the theories and the research that supports these constructs and then learn about the short- and long-term applications. Additionally, the course includes time management and comprehensive major and career planning. It is also a writing intensive course that includes a research project with a poster presentation to the UNC community through our annual Research Nights. Ongoing partnerships include the library (essential to the research project), Career Readiness, CHE, Honors, the GOAL program, and Counseling Services. The program serves a wide range of students with varying abilities ranging from Honors students to low-income, first-generation students within CHE to Go On and Learn (GOAL) students who have intellectual disabilities. Currently, psychology majors, CHE students, Honors and undeclared students are required to take the course.

There is a coordinated curriculum where all sections have the same syllabus, course schedule and major assignments. Instructors are doctoral students in specific disciplines (e.g., psychology, education, and counseling) selected through a competitive process. Before teaching, the entire instructor team completes a week-long comprehensive training in the summer and then two hours every week concurrently during the semester. Ongoing and concurrent training is essential to ensuring similar delivery of course content to all students. Providing comprehensive and ongoing training to doctoral students also supports the mission of the program to “promote exemplary teaching.” These teaching opportunities coupled with the training and support has proven to be a graduate student recruiting tool for the university.

Class Leaders are typically sophomore students who completed UNIV 101 in their first semester. They are also selected through a competitive process and receive comprehensive training during the summer and concurrently during the semester. They attend every class and organize 15 – 20 events beginning in the summer and throughout the fall semester. Since the program was started in 2016, 100% of class leaders have graduated.

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|  |  |  | 1st Term GPA | One-Year Persistence % | Four-Year Persistence % | Five-Year Graduation % |
| Source | Year/ Cohort |  | UNIV101 | Non | UNIV101 | Non | UNIV101 | Non | UNIV101 | Non |
| SSTFCommittee | 2cohorts | HS GPA ≤ 2.75  | 2.06 | 1.89 | 68 | 52 |  |  |  |  |
| HS GPA < 3.0 | 2.30 | 1.92 | 70 | 53 |  |  |  |  |
| Vaughan & Jordan, 2023 | 4 cohorts | Hispanic | 2.67 | 2.30 | 78 | 63 |  |  | 53 | 41 |
| Hispanic FGS | 2.62 | 2.20 | 79 | 61 |  |  | 53 | 38 |
| Graham et al., 2022 | 1 cohort | FGS |  |  |  |  | 61 | 42 |  |  |
| SOC |  |  |  |  | 63 | 42 |  |  |
| Pickenpaugh et al., 2021 | 5 cohorts | All Undeclared | 2.46 | 2.18 | 68 | 58 |  |  |  |  |
| FGS Undeclared | 2.32 | 1.97 | 64 | 57 |  |  |  |  |
| Ward et al., 2020 | 4 cohorts | All STEM | 2.77 | 2.48 | 74 | 67 |  |  |  |  |
| FGS STEM | 2.62 | 2.22 | 72 | 60 |  |  |  |  |

Notes:

* FGS is first-generation students. SOC is students of color.
* All UNIV 101 participant data reflects students who successfully completed the course.
* Published research was conducted with UNC UNIV 101 program. All differences were statistically significant (*p* < .05).
* Analyses either included matched control groups or covariates were used in the analysis (e.g., high school GPA, Fall credit loads, etc.).

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| **CRN** | **SECTION** | **DAYS** | **TIMES** | **MAJORS** |
| 10878 | 004 | MWF | 1010 - 11 | ANY MAJORS |
| 10879 | 005 | MWF | 1115 - 1205 | ANY MAJORS |
| new |   | MWF | 230 - 320 | ANY MAJORS |
| new |   | MWF | 230 - 320 | ANY MAJORS |
| 10971 | 014 | MWF | 335 - 425 | ANY MAJORS |
| 12861 | 117 | TR | 930 - 1045 | ANY MAJORS |
| 11681 | 009 | TR | 930 - 1045 | ANY MAJORS |
| new |   | TR | 11 - 1215 | ANY MAJORS |
| 11153 | 108 | TR | 2 - 315 | ANY MAJORS |
| 10881 | 007 | TR | 330 - 445 | ANY MAJORS |
| 10886 | 105 | TR | 11 - 1215 | CHE |
| 10889 | 107 | TR | 2 - 315 | CHE |
| new |   | MWF | 8 - 850 | EXPLORING |
| new |   | MWF | 230 - 320 | EXPLORING |
| new |   | TR | 930 - 1045 | EXPLORING |
| new |   | TR | 330 - 445 | EXPLORING |
| new |   | MWF | 905 - 955 | HONORS |
| 10882 | 101 | TR | 11 - 1215 | HONORS |
| 11683 |  112 | TR | 2 - 315 | HONORS |
| 12487 | 114 | TR | 330 - 445 | HONORS |
| 10877 | 003 | MWF | 905 - 955 | PSYCH ONLY |
| 10883 | 102 | TR | 930-1045 | PSYCH ONLY |
| 10885 | 104 | TR | 1230 - 145 | PSYCH ONLY |
| 10880 | 006 | TR | 2 - 315 | PSYCH ONLY |
|  | 900 | ONL |  | ONLINE PSYCH |