

## Robert J. Brustad, PhD

Position: Professor  
School of Sport and Exercise Science  
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Education: 1986  
Ph.D.  
University of Oregon  
Eugene, Oregon  
Social Psychology of Sport and Physical Activity

1985  
M.A.  
University of Oregon  
Eugene, Oregon  
Social Psychology of Sport and Physical Activity

1975  
B.A.  
University of California, San Diego  
La Jolla, California  
Sociology

Work Experience: 1993-present  
University of Northern Colorado  
School of Sport & Exercise Science  
Associate Professor/Professor  
Teaching, research, service

Professional Academic: 1993-present  
University of Northern Colorado  
School of Sport & Exercise Science  
Associate Professor/Professor  
Teaching, research, service

2005-present  
Universidade do Porto (Affiliate faculty)  
Porto, Portugal  
Dept. of Sport & Exercise Science  
Teaching, dissertation advisement

2006-present  
Universidad Diego Portales (Affiliate faculty)  
Santiago, Chile  
Dept. of Psychology  
Teaching, development and delivery of graduate program in  
social psychology of sport and physical activity

2011-present  
Universidad Central (Affiliate faculty)  
Santiago, Chile  
Dept. of Psychology  
Teaching, development of graduate program in social psychology  
of sport and physical activity

1986-1992  
Portland State University  
Portland, OR  
College of Health and Human Performance  
Teaching, research service

1990 (Summer)  
University of Oregon  
College of Human Movement Studies  
Teaching

Non-Professional Academic:

1984-1986  
University of Oregon  
Eugene, Oregon  
College of Human Movement Studies  
Teaching assistant

Area of Specialization:

Social psychology of physical activity, exercise and sport.

Research Areas/Interests:

Psychological, affective, and social dimensions of children's  
physical activity and sport involvement; Psychological well-being  
in sport and physical activity; Talent development in sport;  
Cultural and cross-cultural perspectives on sport and physical  
activity.

## **Publications: Juried Journal Articles**

(reviewed by editorial board, or refereed)

Seabra, A., Maia, J., Parker, M., Brustad, R., & Fonseca, A. (in press). Confirmatory factorial analysis of the Children's Attraction to Physical Activity scale. *The Journal of Sports Medicine and Physical Fitness* (accepted for publication 3/23/15).

Seabra, A.C., Malina, R.M., Parker, M., Seabra, A., Brustad, R., Maia, J.A., & Fonseca, A.M. (2014). Validation and factorial invariance of the short version of the Children's Physical Activity scale in Portugal. *European Journal of Sport Science*, 14(4), 384-391.

Fernandes, H.M., Reis, V.M., Valaça-Alves, J., Saavedra, F., Aida, F.J., & Brustad, R. (2014). Social support and sport injury recovery: An overview of empirical findings and practical implications. *Revista de Psicologia del Deporte*, 23(2), 445-449.

Seabra, A., Maia, J., Welk, G., Malina, R., Brustad, R., & Fonseca, A.M. (2013). Evaluating the Youth Physical Activity Promotion Model among Portuguese elementary schoolchildren. *Journal of Physical Activity and Health*, 10, 1159-1165.

Seabra, A., Seabra, A.C., Mendonça, D., Brustad, R., Maia, J., Fonseca, A., & Malina, R. (2013). Psychosocial correlates of physical activity in schoolchildren aged 8 to 10 years. *European Journal of Public Health*, 23(5), 794-798. doi:10.1093/eurpub/cks149

Romero Carrasco, A.E., Brustad, R.J., Zapata Campbell, R., Aguayo Cuevas, C.A., & Ucha, F.G. (2013). Bienestar psicológico y psicopatología: Estudio de un caso de intervención en el equipo técnico y deportistas de un club de tenis. (Psychological well-being and psychopathology: A case study of an intervention with the coaching staff and athletes of a tennis club). *Revista de Psicología del Deporte*, 22(2), 387-394.

Seabra, A.C., Mendonça, D., Maia, J.A., Welk, G., Brustad, R., & Fonseca, A.M. (2013). Gender, weight status and socioeconomic differences in psychosocial correlates of physical activity in schoolchildren. *Journal of Science and Medicine in Sport*, 16(4): 320-326

Fernandes, M.G., Nunes, S.N., Vasconcelos Raposo, J., Fernandes, H.M., & Brustad, R. (2013). The CSAI-2: An examination of the instrument's factorial validity and reliability of the intensity, direction and frequency dimensions with Brazilian athletes. *Journal of Applied Sport Psychology*, 25(4), 377-391.

Esperança, J.M., Regueiras, M.L., Brustad, R.J., & Fonseca, A.M. (2013). Um olhar sobre o desenvolvimento positivo dos jovens através do desporto (An examination of positive youth development through sport). *Revista de Psicología del Deporte*, 22(2), 481-487.

Brustad, R.J. (2012). Physical activity promotion in youth: The role of the social environment. *Motricidade*, 8, 2-14.

Teixeira, C.M., Vasconcelos-Raposo, J., Fernandes, H.M., & Brustad, R.J. (2012). Physical activity, depression and anxiety among the elderly. *Social Indicators Research*, 8, 1 -11.

Brustad, R.J. (2011). Enhancing coach-parent relationships in youth sports: Increasing harmony and minimizing hassle. *International Journal of Sports Science & Coaching*, 6(1), 33-36.

Brustad, R.J. (2011). Through their eyes: Quantitative researchers' perceptions of qualitative forms of study in sport and exercise psychology. *Qualitative Research in Sport, Exercise and Health*, 3(3): 404-410.

Brustad, R.J. (2010). The role of family in promoting physical activity. *President's Council on Physical Fitness and Sports Research Digest*, 10(3), 1-8.

Alsobrooks, A., Owen, J., Groff, D., Battaglini, C., Evans, B., & Brustad, R. (2010). Promoting physical and psychosocial health behavior changes in breast cancer survivors through a community-based workshop: Process and impact evaluation. *American Journal of Recreation Therapy*, 9(4), 39-46.

Romero, A.E., Zapata, R., Garcia-Mas, A., Brustad, R.J., Garrido, R., & Letelier, A. (2010). Relación entre Estrategias de Afrontamiento y Bienestar Psicológico en jóvenes tenistas de competición (Relationships among coping strategies and well-being in young competitive tennis players). *Revista de Psicología del Deporte*, 19(1), 117-133.

Brustad, R.J. (2009). Validity in context: Qualitative research issues in sport and exercise studies. *Qualitative Research in Sport and Exercise*, 1(2), 112-115.

Romero, A., García-Mas, A., & Brustad, R.J. (2009). Estado del arte, y perspectiva actual del concepto de Bienestar Psicológico en Psicología del Deporte. (State of knowledge and current status of psychological well-being in the psychology of sport). *Revista Latina Americana de Psicología* (Latin American Psychology Journal), 41(2), 335-347.

Arruza, J.A., Telletxea, S., Montes, L.G., Arribas, S., Balague, G., Cecchini, J.A., & Brustad, R.J. (2009). Understanding the relationship between the perceived development of the competition plan and sport performance: Mediating effects of self-efficacy and state depression. *Perceptual and Motor Skills*, 109, 304-314.

Romero Carrasco, A.E., Brustad, R.J., & García-Mas, A. (2007). Bienestar psicológico y su uso en la psicología del ejercicio, la actividad física, y el deporte (Psychological well-being and its role in exercise psychology, physical activity and sport). *Revista Iberoamericana de Psicología Del Ejercicio y el Deporte*, 2, 13-30.

Guillet, E., Sarrazin, P., Fontayne, P., & Brustad, R.J. (2006). Understanding female sport attrition in a stereotypical male sport within the framework of Eccles' expectancy-value model. *Psychology of Women Quarterly*, 30, 358-368.

Cecchini, J.A., González, C., López Prado, J., & Brustad, R. (2006). Relación del clima motivacional percibido con la orientación de meta, la motivación intrínseca y las opiniones y conductas

de fair play (The relationship between perceived motivational climate with goal orientation, intrinsic motivation and attitudes toward fair play. *Revista Mexicana de Psicología*, 22, 147-164.

Brustad, R.J., & Parker, M.A. (2005). Enhancing positive youth development through sport and physical activity. *Psychologica*, 39, 75-93.

Bois, J.E., Sarrazin, P.G., Brustad, R.J., Cury, F., & Trouilloud, D.O. (2005). Elementary schoolchildren's perceived competence and physical activity involvement: The influence of parents' role modeling behaviors and perceptions of their child's competence. *Psychology of Sport and Exercise*, 6, 381-397.

Arruza, J.A., Telletxea, S., Azurza, A., Balagué, G., & Brustad, R.J. (2005). A comparison of physiological and psychological indicators in the evaluation of the work capacity of snowboarders. *Journal of Sport Behavior*, 28, 125-135.

Bois, J.E., Sarrazin, P.E., Brustad, R.J., Chanal, J.P., & Trouilloud, D.O. (2005). Parents' appraisals, reflected appraisals, and children's self appraisals of sport competence: A yearlong study. *Journal of Applied Sport Psychology*, 6, 381-397.

Escartí, A., Gutiérrez, M., Pascual, C., Villar, E., Pons, J., Brustad, R., & Balagué, G. (2004). A psychosocial intervention: Sport and physical activity as tools to improve social responsibility in an at-risk youth group. *Revista de Encuentros en Psicología Social*, 2, 479-482.

Bois, J.E., Sarrazin, P.G., Brustad, R.J., Trouilloud, D.O., & Cury, F. (2002). Mothers' expectancies and young adolescents' perceived physical competence: A year-long study. *Journal of Early Adolescence*, 22, 384-406.

Brustad, R.J. (1999). Editorial perspective: The contribution of the manuscript review process to knowledge development in sport and exercise psychology. *Journal of Sport & Exercise Psychology*, 20, 307-312.

Brustad, R.J., & Ritter-Taylor, M. (1997). Applying social psychological perspectives to the sport psychology consulting process. *The Sport Psychologist*, 11, 107-119.

Brustad, R.J. (1996). Attraction to physical activity in urban schoolchildren: Parental socialization and gender influences. *Research Quarterly for Exercise and Sport*, 67, 316-323.

Wiggins, M.S., & Brustad, R.J. (1996) Perceptions of anxiety and expectations of performance. *Perceptual and Motor Skills*, 83, 1071-1074.

Brustad, R.J. (1993). Who will go out and play? Parental and psychological influences on children's attraction to physical activity. *Pediatric Exercise Science*, 5, 210-223.

Brustad, R.J. (1993). Sport psychology in the United States. *Fujian Sport Science Review*, Fujian, China, November: 51-53.

Brustad, R.J. (1992). Integrating socialization research into the study of children's motivational processes in sport. *Journal of Sport & Exercise Psychology*, 14, 59-77.

Brustad, R.J. (1991). Children's perspectives on exercise and physical activity: Measurement issues and concerns. *Journal of School Health*, 61, May: 228-230.

Brustad, R.J. (1991). The development of ethical behavior in sport. In A.V. Rodionov (Ed.) *State Central Sport Institute Papers*, Moscow, Soviet Union. (Russian)

Brustad, R.J. (1988). Affective outcomes in competitive youth sport: The influence of intrapersonal and socialization factors. *Journal of Sport & Exercise Psychology*, 10, 307-321.

Brustad, R.J., & Weiss, M.R. (1987). Competence perceptions and sources of worry in high, medium, and low competitive trait anxious young athletes. *Journal of Sport Psychology*, 9, 97-105.

#### Book Chapters

(peer reviewed)

Brustad, R.J. (2012). Children's motivation for involvement in physical activity. In E. Acevedo (Ed.) *The Oxford Handbook of Exercise Psychology* (pp. 385-408). New York: Oxford University Press.

Brustad, R.J. (2012). Psychological and social considerations in the talent development process in sport. In Y. Zinchenko and Y. Hanin (Eds.), *Sport psychology on the way to the Olympic Games*. Moscow, Russia: Moscow State University Press.

Fernandes, H.M., Vasconcelos-Raposo, J., & Brustad, R. (2012). Factors associated with positive mental health in a Portuguese community sample. A look through the lens of Ryff's Psychological Well-Being Model. In V. Olisah (Ed.), *Essential Notes in Psychiatry* (pp. 495-514). London: InTech Publishers.

Brustad, R.J. (2008). Qualitative research approaches. In T.S. Horn (Ed.), *Advances in Sport Psychology* (3rd Ed, pp. 31-44). Champaign, IL: Human Kinetics Publishers.

Partridge, J.A., Brustad, R.J., & Stellino, M.L. (2008) Social influence in sport: The role of parents, peers, and siblings. In T.S. Horn (Ed.), *Advances in Sport Psychology* (3rd Ed., pp. 269-291), Champaign, IL: Human Kinetics Publishers.

Brustad, R.J., Vilhjalmsson, R., & Fonseca, A.M. (2008). Organized sport and physical activity promotion. In A.L. Smith and S.J.H. Biddle (Eds.), *Youth Physical Activity and Sedentary Behavior: Challenges and Solutions* (pp. 351- 375). Champaign, IL: Human Kinetics.

Brustad, R.J., & Babkes, M.L. (2003). Social influence upon psychological outcomes of sport and physical activity involvement. In M.R. Weiss (Ed.), *Developmental Sport Psychology* (pp. 313-332) Morgantown, WV: Fitness Information Technology.

Brustad, R.J. (2003). Parental roles and involvement in youth sports: Psychosocial outcomes for children. In R.M. Malina and M.A. Clark (Eds.), *Youth sports: Perspectives for a new century*, (pp. 127-138). Monterey, CA: Coaches Choice.

Escartí, A., Gutiérrez, M., Pascual, C., Villar, E., Pons, J., Brustad, R., & Balagué, G. (2003). La Educación Física como medio para enseñar responsabilidad a jóvenes en riesgo. (Teaching responsibility to at-risk youth through physical education). In M.J. Mosquera, V. Gambau, R. Sánchez and X. Pujadas (Ed.), *Deporte y Postmodernidad* (pp. 461-469). Madrid: Esteban Sanz.

Brustad, R.J. (2002). A critical analysis of knowledge construction in sport psychology. In T.S. Horn (Ed.), *Advances in Sport Psychology* (2nd Ed., pp. 21-37), Champaign, IL: Human Kinetics Publishers.

Brustad, R.J., & Partridge, J.A. (2002). Parental and peer influence on children's psychological development through sport. In F.L. Smoll and R.E. Smith (Eds.), *Children and youth in sport: A biopsychosocial approach* (2nd Edition, pp. 187-210). Dubuque, IA: Kendall/Hunt Publishing.

Brustad, R., & Arruza Gabilondo, J.A. (2002). Práctica deportiva y desarrollo social en jóvenes deportistas. In J.A. Arruza Gabilondo (Ed.), *Nuevas perspectivas sobre del deporte educativo*, (pp. 11-23). San Sebastian, Spain: Servicio Editorial.

Escartí, A., & Brustad, R.J. (2002). Estudio de la motivación deportiva desde la perspectiva de la teoría de metas. (A study of motivation from the perspective of achievement goal theory). In J. Dosil (Ed.), *Psicología Aplicada Al Deporte* (pp. 57-71). Vigo, Spain: Gersam.

Brustad, R.J., Babkes, M. L., & Smith, A.L. (2001). Youth in sport: Psychological considerations. In R.N. Singer, H. A. Hausenblas and C. M. Janelle (Eds., pp. 604-635), *Handbook of Sport Psychology: (2nd Ed.)*. New York: John Wiley & Sons.

Brustad, R.J. (1998). Developmental considerations in sport and exercise psychology measurement. In J. L. Duda (Ed.), *Advances in Sport and Exercise Psychology Measurement* (pp. 461-470). Morgantown, WV: Fitness Information Technology Publishers.

Brustad, R.J. (1997). A critical-postmodern perspective on knowledge development in human movement. In J.M. Fernandez-Balboa (Ed.), *Critical postmodernism in human movement, physical education, and sport* (pp. 87-98). Albany, NY: SUNY Press

Brustad, R.J. (1996) Parental and peer influence on children's psychological development through sport. In F.L. Smoll and R.E. Smith (Eds.), *Children and youth in sport: A biopsychosocial approach* (pps. 112-124). Dubuque, IA: Brown and Benchmark.

Brustad, R.J. (1996). Children's Attraction to Physical Activity scale. In A.C. Ostrow (Ed.), *Directory of psychological tests in the sport and exercise sciences* (pp. 121-123). Morgantown, WV: Fitness Information Technology.

Brustad, R.J. (1993). Youth in sport: Psychological considerations. In R.N. Singer, M. Murphey, and L.K. Tennant (Eds.), *Handbook of Research in Sport Psychology: A Project of the International Society of Sport Psychology*, pp. 695-717. New York: Macmillan.

### **Additional publications (Invited and non-juried)**

Brustad, R.J. (2015). Do students' motivational characteristics during physical education predict their leisure-time physical activity? *Journal of Physical Education, Recreation & Dance*, May/June, p. 53.

Brustad, R.J. (2011). An introduction to the special issue on "Current Directions in North American Sport and Exercise Psychology". *Revista Iberoamericana de Psicología del Deporte*, 6, 3-7.

### Book Reviews

Review of "Advances in Sport Psychology", T. Horn (Ed.). *Medicine, Exercise, Nutrition, and Health*, 1993(2): 281.

Review of "Research in Physical Education and Sport: Exploring Alternative Visions", A. Sparkes (Ed.), *Journal of Sport & Exercise Psychology*, 1993(4): 466-467.

Review of "Backboards and Blackboards" by P. Adler & P.A. Adler, *Association for the Advancement of Applied Sport Psychology Newsletter*, Fall 1993: 18.

Review of "The Psychology of Winning Baseball: A Coach's Handbook" by R. Wolf. *Association for the Advancement of Applied Sport Psychology Newsletter*. Spring 1990: 23-24.

Review of "Children in Sport" by F.L. Smoll, R.A. Magill, & M.J. Ash, *Research Quarterly for Exercise and Sport*. September, 1989: 303.

Review of "The Total Runner: A Mind-Body Guide to Optimal Performance" by J. Lynch. *The Sport Psychologist*, September, 1987: 265-266.

### Newsletter Publications

*NASPSPE Newsletter*: The integration of sport psychology and physical education pedagogy, Spring 2002.

*Newsletter of the Association for the Advancement of Applied Sport Psychology*  
Voices from the field: Issues in graduate education. Winter 1998, 21  
Conversations: A Discussion with Robin Vealey, *TSP Editor*", Fall 1993: 15



*The Voice*. The body as player. Winter, 1993: 18

#### Popular Press Publications (Humor)

"Rules For Runners". *Running and Triathlon News*, March, 1984: 19-20.

"More Rules For Runners". *Running and Triathlon News*, April, 1984: 35

"Tiny Little Tails Answer Big Fat Questions". *Running and Triathlon News*, September, 1984: 24

"Fishy Running Stories: The Big Race That Got Away". *Running and Triathlon News*. October 1984: 36-37.

#### Published Journal/Newspaper/Magazine Interviews

"Profanity: The curse of coaching" *Greeley Tribune*, May 25, 2004 (article by Ricardo Sanchez)

"Single-minded: Youngsters are moving away from multiple-sport ambitions, but what or who is driving that choice?" *Denver Rocky Mountain News*, June 30, 2001 (article by Clay Latimer)

"Coaching your kids" *Amarillo, TX Globe News*. March 3, 2000.

"Some college sports fans take their loyalty to extremes" *Kansas City Star* (article by Steven Rock),

February 22, 2000.

"Toddlers in Training Camp". *Kalamazoo (MI) Gazette*. November 7, 1999.

"Social interaction also rewarding", *Colorado Springs (CO) Gazette Telegraph* (article by Jackie Swank), June 26, 1998.

"A juggling act", *Fort Collins Coloradoan* (article by Renee Carlson), May 25, 1995.

"The pressure's on", *Eugene Register-Guard* (article by Katy Muldoon), September 6, 1994.

"Seminar studies competition in kids' sports", *Eugene Register-Guard* (article by Joe Rojas-Burke), August 31, 1994.

"Psyched-up UNC couches Mankato", *Greeley Tribune* (article by Mike Esquivel), October 24, 1992.

### **PROFESSIONAL PRESENTATIONS**

#### Conference Keynote Presentations (Invited/nonjuried)

Brustad, R.J. *Perspectivas contemporáneas sobre la promoción de la actividad física en los jóvenes y adolescentes*. (Current perspectives on physical activity promotion in children and adolescents). 20<sup>th</sup> Anniversary of the Faculty of Education: University of Seville, Spain: November 14, 2013.

Brustad, R.J. *O Desenvolvimento Pessoal e Social Através do Esporte* (Personal and Social Development Through Sport). Brazilian Conference for Youth Development, Serra, Espiritu Santo: Brazil. June 1, 2012.

Brustad, R.J. *Promoção da atividade em jovens: O papel do meio social* (Physical activity promotion in youth: The role of the social environment). 1 Encontro Internacional de Pesquisadores:

Esporte, Psicologia, e Saude (First International Meeting of Researchers in Sport, Psychology and Health). Montes Claros, Brazil: October 14, 2011.

Brustad, R.J. *Parental and peer influence on children's psychosocial development through sport*. Spanish National Association for Sport and Physical Activity: Madrid, Spain, June 30, 2010.

Brustad, R.J. *Como estudiar las causas de la obesidad y el sedentarismo entre la juventud: Importancia de las variables psicosociales* (Studying the causes of obesity and sedentary behavior in youth: The importance of psychosocial variables). Meeting of the Spanish Society for Physical Activity: San Sebastian, Spain: July 12, 2009.

Brustad, R.J. *La idea de educación física como condicionante de la programación del profesorado: Nuevas posibilidades en la sociedad contemporánea*. (The concept of physical education in the development of the professorate: New possibilities in contemporary society). 1<sup>st</sup> International and 23<sup>rd</sup> National Conference of Physical Education in Spain. Jaen, Spain: November 9, 2005.

Brustad, R.J. *El desarrollo psicológico y social a través el deporte y la actividad física*. (Psychological and social development through sport and physical activity). Dedication of the Sport and Exercise Science Institute: University of Murcia, Spain: May 16, 2003.

Brustad, R.J. *La influencia de la participación deportiva en la infancia y la juventud y el desarrollo psicológico y social*. (The influence of sport participation during childhood and adolescence and psychological and social development). Ibero-American and Andalusian Conferences for Sport Psychology, Huelva, Spain: October 19, 2000.

Brustad, R.J. *The effects of sport participation on children's psychological and social development*. International Congress of Physical Education and School Sport, Maia, Portugal: October 30, 1999.

Brustad, R.J. *La participación deportiva en la infancia y la juventud y el desarrollo psicológico y social* (Sport participation in children and youth: Psychological and social development). Faculty of Psychology, 500th Anniversary Celebration of the University of Valencia. University of Valencia, Valencia, Spain: February 22, 1999.

Brustad, R.J. *Psychological issues in youth sport: Stress and burnout*. Dr. Marvin Mones Lectureship, Maryland Pediatrics Association, Baltimore, Maryland, November 18, 1994

#### Presentations at Professional Conferences (juried)

Brustad, R.J. (2016). Hidden gold on the diamond? The contribution of the relative age effect to talent estimation errors in the major league draft. Presented to *Major League Baseball Analytics Conference*: Phoenix, AZ. March 11, 2016.

Coleman, L., Brustad, B., Babkes Stellino, M., Akbar, A., & Lalonde, A. *An exploration of executive function among older adult athletes and non-athletes*. Presented at the annual conference of

the North American Society for the Psychology of Sport and Physical Activity. Portland, OR: June 5, 2015.

Coleman, L., & Brustad, R.J. *Coaching strategies to promote executive functioning among youth athletes*. Presented at the annual conference of the Association for the Advancement of Sport Psychology. Las Vegas, NV: October 18, 2014.

Coleman, L., & Brustad, R. *A coach's role in fostering positive youth development and executive function within youth sports*. Presented at the National Coaching Conference: Washington, DC, June 19, 2014.

Guillen, F., & Brustad, R.J. *Relación entre nivel de práctica deportiva y fortaleza mental en bomberos*. (The relationship between physical activity involvement and psychological resilience in firefighters). Presented at the Spanish National Conference for the Psychology of Sport and Physical Activity, Caceres, Spain: May 15, 2014.

Guillen, F., & Brustad, R.J. *Motivational profiles and psychological well-being in Master's athletes*. Presented at the annual conference of the Association for the Advancement of Sport Psychology. New Orleans, LA: October 2, 2013.

Brustad, R.J. *Efeitos da participação no esporte no desenvolvimento Psicológico e social das crianças*. (The effects of sport on children's psychological and social development). CONFINIS Conference, Brasilia, Brazil: August 7, 2013.

Coleman, L., & Brustad, R.J. (2013). *The effect of a season-long Street soccer intervention on competitive youth soccer players' enjoyment, motivation and social development*. Presented to the AASP Southwest Regional Student Conference, Denver, CO: April, 2013.

Brustad, R.J., & Ries, F. *The Children's Attraction to Physical Activity scale: Measurement properties across diverse cultural settings and linguistic adaptations*. Presented at Society for Research on Child Development biannual conference. Seattle, WA: April 19, 2013.

Babkes Stellino, M., & Brustad, R.J. *'Good parenting' and provision of organized opportunities for physical activity in early childhood*. Presented at Society for Research on Child Development biannual conference. Seattle, WA: April 19, 2013.

Brustad, R.J. *Social psychology of sport and physical activity: Current directions*. Encontro Regional da Associação Brasileira de Psicologia Social (Regional Meeting of the Brazilian Association for Social Psychology). Vitoria (ES), Brazil. May 25, 2012.

Seabra, A., Malina, R., Brustad, R., Parker, M., Fonseca, A., & Maia, J. *Validation and invariance of the short version of the Children's Physical Activity scale in Portugal*. American Conference of Sports Medicine (ACSM). San Francisco, CA: June 1, 2012.

Brustad, R.J. *Metodologias de intervenção social e o esporte- da teoria a ação*. (Methods of social intervention and sport: From theory to action). Brazilian Conference for Positive Youth Development, Serra, Espiritu Santo: Brazil. June 3, 2012.

Bumgardner, B., Brustad, R., Pierotti, C., & Ibarra, C. *Stability of attraction to physical activity across the elementary school years*. Association for the Advancement of Sport Psychology, Atlanta, GA: October 4, 2012

Arruza, J.A., Azpillaga, I., Otaegi, O., Verde, A., & Brustad, R.J. *Relationships between coach-created motivational climate, communication patterns and confidence with young soccer players' perceptions of improvement*. Association for the Advancement of Sport Psychology, Providence, Rhode Island: October 29, 2010.

Brustad, R.J. *Project Connect: Placing ecological context at the forefront of afterschool program design*. Society for Research on Adolescence: Philadelphia, PA: March 13, 2010.

Brustad, R.J., & Ward, S. *Increasing student engagement through afterschool programming grounded in self-determination theory*. Society for Research on Child Development, Denver, CO: April 4<sup>th</sup>, 2009.

Giannoulakis, C., & Brustad, R. *From core to mainstream: Impact of commercialism on skateboarding culture*. North American Society for the Sociology of Sport. Denver, CO: November 8<sup>th</sup>, 2008.

Brustad, R.J. *Designing positive youth development programs in ways that address sociocultural context and life circumstances*. International Conference on Positive Youth Development, Valencia, Spain: July 10<sup>th</sup>, 2008.

Brustad, R.J., Ward, S., & Wittenberg, E. *The teachers don't treat us like losers anymore: Addressing social ecological considerations in the design and implementation of a sport-based positive youth development program*. International Conference on Positive Youth Development, Valencia, Spain: July 10<sup>th</sup>, 2008.

Brustad, R.J. & Parker, M.A. *Design and implementation of positive youth development programs: Conceptual development and programmatic models*. International Conference on Positive Youth Development, Greeley, CO: June 8<sup>th</sup>, 2007.

Brustad, R.J. *The challenge of measuring program effectiveness in positive youth development programs: New approaches to assessing social, psychological, emotional, and developmental outcomes*. International Conference on Positive Youth Development, Greeley, CO: June 9<sup>th</sup>, 2007

Brustad, R.J. *Conceptual foundations for positive youth development: Key developmental principles for fostering positive growth*. Association for the Advancement of Applied Sport Psychology, Miami, Florida: September 30, 2006.

Arruza, J., Verde, A., Balagué, G., Arruza, A., Gil de Montes, L., Cecchini, J., & Brustad, R. *Psychosocial model of coaching behavior: Analysis and evaluation of coach behavior during competition*. Association for the Advancement of Applied Sport Psychology, Miami, Florida: September 30, 2006.

Kulikov, N.A., Babkes, M.L., & Brustad, R.J. *The impact of competitive youth swimming on the family system*. Association for the Advancement of Applied Sport Psychology, Vancouver, British Columbia, Canada: October 27, 2005.

Brustad, R.J. *Os adultos e a participação desportiva dos jovens: Aspectos psicologicos*. (Adults and children's sport participation: Psychological aspects). Paper presented at 10º Congresso de Ciências do Desporto e de Educação Física dos Países de Língua Portuguesa (10th Congress of Portuguese speaking countries for the study of Sport Science and Physical Education) Porto, Portugal: September 29, 2004.

Corte-Real, N., Alves, J.R., Corredeira, R., Balaguer, I., Brustad, R., & Fonseca, A.M. *Um olhar sobre os estilos de vida dos adolescentes portugueses. A actividade física, os consumos e a importancia das relações com os amigos*. (An examination of lifestyle behaviors in Portuguese adolescents: Physical activity, consumption and the role of peer relationships). 10º Congresso de Ciências do Desporto e de Educação Física dos Países de Língua Portuguesa (10th Congress of Portuguese speaking countries for the study of Sport Science and Physical Education) Porto, Portugal: September 29, 2004.

Fernandes, A., Corredeira, R., Corte-Real, N., Alves, J.R., Balaguer, I., Brustad, R., & Fonseca, A.M. *Estilos de vida e autopercepções de alunos com necessidades educativas especiais*. (Lifestyle behaviors and self-perceptions of students with special education needs). 10º Congresso de Ciências do Desporto e de Educação Física dos Países de Língua Portuguesa (10th Congress of Portuguese speaking countries for the study of Sport Science and Physical Education). Porto, Portugal: September 30, 2004.

Wisdom S.A., Babkes, M.L., & Brustad, R. *Achievement goal and social motivational orientations among male and female interscholastic athletes*. American Alliance for Health, Physical Education, Recreation and Dance. New Orleans, LA: April 1, 2004.

Escartí, A., Pascual, C., Gutierrez, M., Brustad, R., Balague, G., Marin, D. *Mejorando la auto eficacia y la integracion social de adolescentes de riesgo a través de la actividad física a partir del modelo de responsabilidad personal y social*. (Improving self-efficacy and social integration of "at risk" adolescents through the model of personal and social responsibility). Spanish conference of Social Psychology: Valencia, Spain: October 25, 2004.

Brustad, R.J. *Using a family systems approach to promote physical activity and health behavior change*. Association for the Advancement of Applied Sport Psychology. Philadelphia, PA: October 10, 2003.

Brustad, R.J., & Vanek, B.J. *Positive psychology: Challenges and contributions for sport, exercise, and health psychology*. Paper presented at the annual conference of the Association for the Advancement of Applied Sport Psychology. Tucson, AZ: November 1, 2002.

Brustad, R.J. *International perspectives on publishing in sport psychology: An introduction*. Association for the Advancement of Applied Sport Psychology. Tucson, AZ: October 31, 2002.

Bois, J.E., Sarrazin, P.G., Brustad, R.J., Trouilloud, D.O., & Cury, F. (2002). *Social influences on children's physical activity participation: Two year-long studies*. Association for the Advancement

of Applied Sport Psychology. Tucson, AZ: October 31, 2002.

Escartí, A., Gutiérrez, M., Pascual, C., Villar, E., Pons, J., Brustad, R., & Balagué, G. *Improving self-efficacy of high-risk adolescents through sport activity: An intervention program*. European Congress of Social Psychology: Castellon, Spain: June 14, 2002.

Brustad, R.J. *The interface between sport psychology and physical education pedagogy: Cross-disciplinary approaches to research and practice*. American Alliance for Health, Physical Education, Recreation, and Dance. San Diego, CA: April 9, 2002.

Brustad, R.J., & Partridge, J.A. *From play to commitment: Developmental changes in the youth sport experience from childhood through adolescence*. Association for the Advancement of Applied Sport Psychology, Orlando, FL: October 5, 2001.

Brustad, R.J. *Ethical issues in the manuscript review process*. Association for the Advancement of Applied Sport Psychology, Orlando, FL: October 4, 2001.

Brustad, R.J., & Partridge, J.A. *Children's and adolescents' social development through sport*. Association for the Advancement of Applied Sport Psychology, Nashville, TN: October, 19, 2000.

Brustad, R.J. *Aspectos psicológicos y sociales de la práctica deportiva en la adolescencia*. (Psychological and social aspects of sport involvement during adolescence). Spanish-Portuguese Conference of Psychology, Santiago de Compostela, Spain: September 21, 2000.

Bouffard, A., & Brustad, R.J. *Physical activity involvement: Contrasting theoretical predictions*. Advancement of Applied Sport Psychology, Hyannis, MA: September 24, 1998.

Babkes, M., Brustad, R.J., Lando, S.M., & Bouffard, A. *Children's perceptions of parental influence, self-concepts, and affective responses to sport: A cluster analysis*. North American Society for the Psychology of Sport and Physical Activity, St Charles, IL, June 13, 1998.

Brustad, R.J. *Parental influences on youth involvement in the physical domain*. North American Society for the Psychology of Sport and Physical Activity, St Charles, IL, June 12, 1998. (Abstract also published in *Journal of Sport & Exercise Psychology*, 1998 (20): S46.

Welk, G.J., Babkes, M.L., Brustad, R.J., Vice, S., & Bauman, E. *Causal links among determinants of physical activity in children: A structural equation model*. American College of Sports Medicine, Orlando, Florida, June 5, 1998.

Shumway, J.C., Brustad, R.J., Brady, J.M., & Jackson, C.G.R. *Prescription of exercise confidence scale as measured in health sciences educated students*. Rocky Mountain American College of Sports Medicine, Frisco, CO, February 9, 1998.

Brustad, R.J. *Weight control and body image: Psychological and social dimensions*. Rocky Mountain American College of Sports Medicine, Frisco, CO, February 9, 1998.

Brustad, R.J. *The journal manuscript review and publication process: Issues and answers*. Association for the Advancement of Applied Sport Psychology, San Diego, CA: September 27, 1997. (Abstract also published in *Journal of Applied Sport Psychology*, September 1997, p. S62)

Ritter-Taylor, M., Deiters, J., & Brustad, R.J. *Social forms of influence upon psychological processes in sport*. Association for the Advancement of Applied Sport Psychology, San Diego, CA: September 26, 1997. (Abstract also published in *Journal of Applied Sport Psychology*, September 1997, p. S30)

Brustad, R.J. *Developmental considerations in the design of research measures*. Association for the Advancement of Applied Sport Psychology, San Diego, CA: September 25, 1997. (Abstract also published in *Journal of Applied Sport Psychology*, September 1997, p. S15)

Welk, G., Babkes, M., & Brustad, R. *Parental influences on children's attraction to physical activity: An expectancy-value approach*. Association for the Advancement of Applied Sport Psychology, San Diego, CA: September 25, 1997. (Abstract also published in *Journal of Applied Sport Psychology*, September 1997, p. S171)

Deiters, J.A., & Brustad, R.J. *Social psychological correlates of sport commitment and anticipated retirement difficulty among college athletes*. North American Society for the Psychology of Sport and Physical Activity, Denver, CO, May, 30, 1997. (Abstract also published in *Journal of Sport & Exercise Psychology*, 19, p. S46)

Wiggins, M.S., & Brustad, R.J. *The perception of anxiety and expectations of performance*. American Alliance for Health, Physical Education, Recreation and Dance, St. Louis, MO, March 20, 1997. Abstract also published in *Research Quarterly for Exercise and Sport*, March, 1997 (A110- 111)

Brustad, R.J. *Active and inactive children: Social, psychological, and developmental influences*. Rocky Mountain American College of Sports Medicine Conference, Winter Park, CO, January 25, 1997.

Brustad, R.J. *Psychological dimensions of exercise adherence: Current knowledge and new directions*. Rocky Mountain American College of Sports Medicine Conference, Winter Park, CO, January 24, 1997.

Brustad, R.J. *Social psychological considerations in applied sport psychology*. Association for the Advancement of Applied Sport Psychology, Williamsburg, Virginia, October 17, 1996.

Brustad, R.J. *Parents' perceptions of the role of sport programs in the development of youth: A response*. Association for the Advancement of Applied Sport Psychology, Williamsburg, Virginia, October 17, 1996.

Wyatt, F.B., Tran, Z.V., Jackson, C.G., Brustad, R.J., & Banchero, N. *Comparison of lactate and ventilatory threshold to maximal oxygen consumption: A meta-analysis*. American College of Sports Medicine Conference, Cincinnati, OH: May 28, 1996.

Brustad, R.J. *A developmental perspective on sport and exercise motivation*. Rocky Mountain American College of Sports Medicine Conference, Winter Park, CO, January 19, 1996.

Pavlat, D.J., & Brustad, R.J. *Social physique anxiety and fitness locus of control as predictors of exercise participation*. Rocky Mountain American College of Sports Medicine Conference, Winter Park, CO, January 20, 1996.

Brustad, R.J. *The study of social context in sport: Issues, cultural dimensions, and methodological approaches*. Association for the Advancement of Applied Sport Psychology, New Orleans, Louisiana, September 28, 1995.

Brustad, R.J., Wiggins, M.S., & Wyatt, F. *Attraction to physical activity in urban schoolchildren: Parental socialization influences*. American Alliance for Health, Physical Education, Recreation and Dance, Portland, Oregon, March 31, 1995.

Brustad, R.J., & Kelley, B. *Social psychological issues in the consulting process*. Rocky Mountain American College of Sports Medicine meeting, Frisco, CO, January 20, 1995.

Brustad, R.J. *Developmental issues in sport: Feminist perspectives*. Association for the Advancement of Applied Sport Psychology, Lake Tahoe, California, October 6, 1994.

Yin, Z., O'Connell, J.K., & Brustad, R.J. *Socializing and environmental predictors of self-assessment of seasonal soccer performance in youth soccer players*. North American Society for the Psychology of Sport and Physical Activity, Clearwater Beach, Florida, June 11, 1994.

Brustad, R.J., & Zehrung, D.A. *Effects of daily vs. every-other day physical education instruction upon physical fitness, motor skill, and self-perception characteristics of third grade children*. American Alliance for Health, Physical Education, Recreation and Dance, Denver, CO, April 16, 1994.

Brustad, R.J. *Psychological correlates of children's physical activity*. American Alliance for Health, Physical Education, Recreation and Dance, Denver, CO, April, 15, 1994.

Brustad, R.J. *Missing in action: Social dimensions of social psychological research*. Association for the Advancement of Applied Sport Psychology, Montreal, Quebec, Canada, October 14, 1993.

Vealey, R.S., & Brustad, R.J. *Knowledge development and implementation in sport psychology: New directions for integration*. International Society of Sport Psychology, Lisbon, Portugal, June 25, 1993.

Brustad, R.J. *Examining prevailing theories used in the study of exercise behavior: Help or hindrance to understanding?* North American Society for the Psychology of Sport and Physical Activity, Brainerd, MN, June 6, 1993.

Brustad, R.J. *Psychological dimensions of children's physical activity: Theoretical and measurement issues*. Association for the Advancement of Applied Sport Psychology, Colorado Springs, CO: October 28, 1992.



Brustad, R.J. *Children's attitudes toward physical activity and exercise: Parental socialization influences*. North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, PA, June 13, 1992.

Brustad, R.J. *Current theoretical models of exercise adherence: Review and critique*. Western Psychological Association, Portland, OR, April 30, 1992.

Weigand, D.A., Guthrie, G.D., & Brustad, R.J. *Relationships among goal-setting success, causal attributions, and commitment during physical fitness development*. Association for the Advancement of Applied Sport Psychology, Savannah, GA., October 22, 1991.

Brustad, R.J. *Attitudinal and self-perception correlates of children's physical activity and sport involvement*. North American Society for the Psychology of Sport and Physical Activity, Asilomar, California, June 15, 1991.

Brustad, R.J. *Developing psychological skills in young athletes*. American Alliance for Health, Physical Education, Recreation and Dance, San Francisco, California, April 6, 1991.

Brustad, R.J. *Parental socialization and children's motivation in sport and physical activity*. National Conference of the American Alliance for Health, Physical Education, Recreation and Dance, New Orleans, Louisiana, March 30, 1990.

Brustad, R.J. & Zehrung, D.L. *Physical education programs offered daily research project: University/public school collaboration*. Children's Conference For Expanded Physical Education, Portland, Oregon, February 22, 1990.

Brustad, R.J. *Sport socialization research: A three-stage model of development*. Conference of the Canadian Society for Sport Psychology and Motor Behavior. Victoria, British Columbia, October 22, 1989.

Brustad, R.J. *The development of ethical behavior in sport*. Soviet Federation of Sport Psychology, State Central Sport Institute, Moscow, Soviet Union, June 19, 1989.

Brustad, R.J., & Weigand, D.A. *Parental attitudinal characteristics and affective response patterns and relationships to the intrinsic motivation of young male and female athletes*. North American Society for the Psychology of Sport and Physical Activity, Kent, Ohio, June 4, 1989.

Brustad, R.J. & Zehrung, D.L. *Relationship of daily physical education experience to children's self-perceptions and attitudes toward physical activity*. National Conference of the American Alliance for Health, Physical Education, Recreation, and Dance, Boston, Massachusetts, April 23, 1989.

Brustad, R.J. *Psychological issues and concerns in the development of young athletes*. Youth Sports Coalition, National Conference of the American Alliance for Health, Physical Education, Recreation, and Dance, Kansas City, Missouri, April 9, 1988.

Weiss, M.R., Bredemeier, B.J., & Brustad, R.J. *Competitive trait anxiety in children's sport: The*

*relationship to perceived competence, perceived control, and motivational orientation.* National Conference for the Psychology of Sport and Physical Activity, Vancouver, British Columbia, June 6, 1987.

Brustad, R.J. *Salience of sport achievement as a mediating variable in the strength of experienced affect for young athletes.* North American Society for the Psychology of Sport and Physical Activity, Vancouver, British Columbia, June 5, 1987.

Brustad, R.J. *Developmental characteristics of evaluative worry in child and adolescent youth sport performers.* National Conference of the American Alliance for Health, Physical Education, Recreation, and Dance, Las Vegas, Nevada, April 16, 1987.

Brustad, R.J. *Affective outcomes in competitive youth sports: The influence of intrapersonal and socialization factors.* North American Society for the Psychology of Sport and Physical Activity, Scottsdale, Arizona, June 8, 1986.

Brustad, R.J. *Competence perceptions and sources of worry in high, medium, and low competitive trait anxious young athletes.* American Alliance for Health, Physical Education, Recreation, and Dance, Cincinnati, Ohio, April 12, 1986.

#### University Conference Presentations (nonjuried)

Brustad, R.J., Ibarra, C., & Zincone, D. *A university/community collaboration to provide sport for low-income youth.* UNC Embracing Community Conference, November 16, 2010.

Brustad, R.J. *Positive youth development programs as mechanisms for the development of cultural awareness.* Leaders Engaging in Action Through Passion (LEAP) summit, Loveland, CO: November 13, 2010.

Brustad, R.J., Ronspies, S., Barcklow, R., Germano, J., & Franchi, A. *Positive youth development. Making connections with kids through sport and physical activity.* UNC Graduate Research Day, April 12, 2007.

Brustad, R.J., Ward, S., Wittenberg, E., & Liu, K. *Project Connect: A university/public school collaboration to provide quality afterschool sport and academic experiences to elementary school students.* Paper presented at UNC Embracing Community Conference, November 29, 2007.

Brustad, R.J. *Psychological and social dimensions of children's physical activity and sport involvement.* UNC Distinguished Scholar award presentation. Greeley, CO. November 1, 2000.

Bouffard, A., & Brustad, R.J. *Physical activity involvement: Contrasting theoretical predictions.* UNC Graduate Research Day, April 8, 1998.

Babkes, M., Brustad, R.J., Lando, S.M., & Bouffard, A. *Children's perceptions of parental influence, self-concepts, and affective responses to sport: A cluster analysis.* UNC Graduate Research

Day, April 8, 1998.

Brustad, R.J. *Attraction to physical activity in urban schoolchildren: Parental socialization and gender influences*. UNC Research Symposium, April 17, 1996.

Invited Presentations

(non-juried)

Brustad, R.J. *La actividad física, el deporte y el funcionamiento cognitivo: Unas estrategias para la implementación en programas deportivos y escolares*. (Physical activity, sport and cognitive functioning: Strategies for implementation in sport and school programs). Presented to faculty and students at Universidad Central, Santiago, Chile: August 22, 2015.

Brustad, R.J. *La relación entre la actividad física y el desarrollo psicológico y social*. (The relationship between physical activity and psychological and social development. Presented to the School of Education, University of Seville, Spain: November 11, 2014.

Brustad, R.J. *El papel de la actividad física y el deporte en influenciar los procesos cognitivos*. (The role of physical activity and sport in influencing cognitive processes in children and youth). Presented to faculty and students of the Universidad Andres Bello, Santiago Chile: August 21, 2013.

Brustad, R.J. *Las dimensiones psicosociales de la actividad física en los jóvenes y los adolescentes*. (Psychosocial correlates of physical activity in children and adolescents). Presented to the Department of Sport Science, University of Seville (Spain): November 12, 2013.

Brustad, R.J. *La excelencia en el deporte: La importancia del clima motivacional y las estrategias de aprendizaje en el desarrollo de talento* (The importance of motivational climate and learning strategies in talent development). Coaching seminar conducted by Real Sociedad sport club, San Sebastian, Spain, July 3, 2010.

Brustad, R.J. *Mental preparation to do your best*. Presented at GK Gymnastics clinic. Fort Collins, CO: July 27, 2009

Brustad, R.J. *La actividad física, el ocio y la salud: Nuevas posibilidades en la sociedad contemporánea*. (Physical activity, leisure and health: New possibilities in contemporary society). Presented to faculty and students of the University of Diego Portales, Santiago, Chile, April 7, 2006.

Brustad, R.J. *Efeitos do desporto no desenvolvimento psicologico e social das crianças e jovens*. Madeira Regional Institute of Sport: Funchal, Madeira (Portugal), June 1, 2004.

Brustad, R.J. *El papel de los otros significativos en influir el desarrollo psicológico y social de los jóvenes deportistas*. Presented at the 4<sup>th</sup> International Conference of Physical Education and Cross Cultural Research (IV Congreso Internacional de Educación Física e Interculturalidad): Cancun, Mexico: May 2, 2004.

Brustad, R.J. *A theoretical perspective on sport commitment and dropout*. Presented to faculty and students in the Department of Sport and Exercise Sciences at Jean Fournier College, University of Grenoble, France: October 17, 2003.

Brustad, R.J. *How organized sport affects the psychological development of children*. Presented at the annual conference of the University of Southern Maine Sport Psychology Institute, Portland, Maine: June 25, 2003.

Brustad, R.J. *Una perspectiva sobre el proceso de publicar en revistas académicas*. (A perspective on publishing in academic journals). Presented to faculty and students, Department of Physical Education: University of Valencia, Spain: May 27, 2003.

Brustad, R.J. *Influencia del clima motivacional en la práctica deportiva de los adolescentes y jóvenes participantes*. Presented to the faculty of the School of Applied Sciences, University of Oviedo. Oviedo, Spain: May 13, 2003. Also presented to the faculty and students of the School of Physical Education and Sport Science at the University of Toledo, Spain: May 15, 2003.

Brustad, R.J. *A participação desportiva no desenvolvimento psicologico e social das crianças*. Presented to faculty and students in the School of Physical Education and Sport Sciences, University of Porto, Portugal: January 18, 2003.

Brustad, R.J. *Una perspectiva sobre el proceso de publicar en revistas académicas*. (A perspective on publishing in academic journals). Presented to faculty and students, Department of Psychology: University of Valencia, Spain: May 28, 2002.

Brustad, R.J. *Influencia del clima motivacional en la práctica deportiva de los adolescentes y jóvenes participantes*. Presented to the faculty of the School of Applied Sciences, University of Oviedo. Oviedo, Spain: May 22, 2002.

Brustad, R.J. *Influencia del clima motivacional en la práctica deportiva de los adolescentes y jóvenes participantes*. Presented to the regional coaching workshop of País Vasco. San Sebastian, Spain: May 17, 2002.

Brustad, R.J. *Sociological perspectives on ethnic imagery and mascots*. Presented at the symposium "In Whose Honor? A Symposium on Ethnic Stereotypes and Mascots". University of Northern Colorado, Greeley, CO. April 26, 2002.

Brustad, R.J. *El papel y la influencia de la organización de AAASP en la psicología del deporte*. (The role and influence of the AAASP organization in the psychology of sport). Presented at the Interamerican Society of Psychology section meeting for sport and exercise psychology. San Sebastian, Spain. December 14, 2000.

Brustad, R.J. *Estrategias para facilitar el desarrollo psicológico y social de niños por el deporte*. (Strategies for the facilitation of psychological and social development of children in sport). Presented at the Ibero-American and Andalusian Conference for Sport Psychology, Huelva, Spain: October 20, 2000.

Brustad, R.J. *Psicología del deporte en Norte América: Una historia*. (Sport psychology in North America: A history). Presented to faculty and students in the Department of Educational Psychology, University of Huelva, Huelva, Spain. October 18, 2000.

Brustad, R.J. *La participación deportiva y el desarrollo psicológico y social de los participantes*. (Effects of Sport Participation on the Psychological and Social Development of Children.) Presented to the Faculty and students of the School of Physical Education, University of Valencia, Spain. May 25, 2000.

Brustad, R.J. *Mejorando las posibilidades de publicación y evitando problemas en el proceso*. (Improving publication possibilities and avoiding difficulties in the process). Presented at doctoral student symposium, Department of Psychology: University of Valencia, Spain: May 19, 2000.

Brustad, R.J. *Improving Publication Possibilities while Avoiding Perils and Pitfalls: A Journal Editor's Perspective on Publication*. Presented to the faculty of Regis University, Denver, CO: April 19, 2000.

Brustad, R.J. *Social psychological perspectives on the USA Swimming training and competition model*. Presented to USA Swimming Sport Science Summit, United States Olympic Committee, Colorado Springs, CO, November 13, 1999.

Brustad, R.J. *La influencia de procesos de socialización en el desarrollo psicológico y social de niños y adolescentes* (The influence of socialization processes on the psychological and social development of children and adolescents). University of Extremadura: Caceres, Spain: November 4, 1999.

Brustad, R.J. *Sport socialization processes: Influences upon children's psychological and social development*. Presented to the faculty and students at the University of Porto, Porto, Portugal: October 26, 1999.

Brustad, R.J. *Reaction to AAASP Health Psychology keynote talk*: ("Applied sport psychology for a new millennium: A gender sensitive approach to health policy" by Don Sabo.) Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada: September 25, 1999.

Brustad, R.J. *A psychological model for training and competition*. Presented to the USA Junior National Decathlon team. Greeley, Colorado: August 9, 1999.

Brustad, R.J. *Parental roles and expectations in youth sports*. Institute for the Study of Youth Sports 20th Anniversary Conference: "Youth Sports Into the 21st Century", Michigan State University, East Lansing, MI: May, 1999.

Brustad, R.J. *El ejercicio físico en el paciente crónico pediátrico y su importancia en la integración social del mismo* (Physical exercise in children with chronic illness: The importance of social integration for the child). Pediatrics Society of Valencia. Valencia, Spain: March 11, 1999.

Brustad, R.J. *La influencia de procesos de socialización en el desarrollo psicológico y social de niños y adolescentes* (The influence of socialization processes on the psychological and social development of children and adolescents). Autonomous University of Catalunya, Barcelona, Spain: March 9, 1999.

Brustad, R.J. *Socialización en el deporte y el ejercicio: Evolución y tendencias en el futuro* (Socialization in sport and exercise: Evolution, and future directions). University of Pais Vasco, San Sebastian, Spain: February 12, 1999.

Brustad, R.J. *Socialization through sport: Contemporary issues*. Presented to the Department of Physical Education and Sport. University of Porto: Porto, Portugal: February 3, 1999.

Brustad, R.J. *The subculture of athletic teams: Implications for coaching and intervention*. University of Virginia Sport Psychology Conference, Charlottesville, VA: June 24, 1998.

Brustad, R.J. *Psychological effects of coaches' leadership and communication behaviors*. University of Virginia Sport Psychology Conference, Charlottesville, VA: June 24, 1998.

Brustad, R.J. *Athletic identity: The psychological double-edged sword*. University of Virginia Sport Psychology Conference, Charlottesville, VA: June 23, 1998.

Brustad, R.J. *Psychological considerations in ski and snowboard instruction*. Presentation to the adult instructors of Golden Peak Ski School and Vail Ski School November 9th, 1997; Lionshead Ski School, November 16th, 1997; and Beaver Creek Ski School, November 23rd, 1997.

Brustad, R.J. *Developmental issues and psychological considerations in ski and snowboard instruction*. Presentation to children's ski and snowboard instructors of Golden Peak Ski School and Vail Village Ski School November 8th, 1997; Lionshead Ski School, November 15th, 1997; and Beaver Creek Ski School, November 22nd, 1997.

Brustad, R.J. *Reaction to Jay Coakley's Social Psychology Section keynote address*. Association for the Advancement of Applied Sport Psychology, San Diego, CA: September 27, 1997.

Brustad, R.J. *Children's attraction to physical activity: Socialization, developmental, and sociocultural influences*. Miami (Ohio) University faculty and students, Dept. of Physical Education and Exercise Science, Oxford, Ohio, November 22, 1996.

Brustad, R.J. *Social and psychological influences on children's physical activity*. Kinesiology Conference sponsored by the Department of Kinesiology, University of Colorado, Boulder, Colorado, October 21, 1994.

Brustad, R.J. *The role of sport in the psychological and social development of children*. Jan Broekhoff Symposium, Eugene, Oregon, September 10, 1994.

Brustad, R.J. *Parenting young athletes*. Jan Broekhoff Symposium, Eugene, Oregon, September 9, 1994.

Brustad, R.J. *Alternative theoretical approaches to the study of motivation*. Rocky Mountain American College of Sports Medicine meeting, Frisco, CO, January 21, 1994.

Brustad, R.J. *Social dimensions of exercise behavior*. University of Colorado sport psychology journal club, October 4, 1992.

Brustad, R.J. *Coaching Young Athletes*. YMCA Youth Basketball Coaches Clinic, Lake Oswego, OR, December 12, 1991.

Brustad, R.J. *Sticking To It: Strategies for Meeting Your Exercise Goals*. Presented to faculty and staff of Portland State University, November 19, 1991.

Brustad, R.J. *Human Behavioral Psychology*. Presented at the American College of Sports Medicine Health/Fitness Instructor Workshops. Portland State University, Portland, Oregon. (August 6, 1987; July 21, 1988; July 27, 1989; July 26, 1990; July 25, 1991, July 22, 1992.

Brustad, R.J. *The Mental Side of Cycling*. Presented to the Oregon Cycling Association, Portland, OR: November, 17, 1990

Brustad, R.J. *Stimulating Ethical Reasoning in Children Through Selected Physical Education Experiences*. American Alliance for Health, Physical Education, Recreation, and Dance, New Orleans, Louisiana, March 31, 1990.

Brustad, R.J. *Understanding and Enhancing Motivation in Children and Adolescents*. American Alliance for Health, Physical Education, Recreation, and Dance, New Orleans, Louisiana, March 30, 1990.

Brustad, R.J. *Sport in East Germany and the Soviet Union*. University Forum, Portland State University, November 1, 1989.

Brustad, R.J. *Thoughts on a Visit to the Soviet Union*. Community Church of Cedar Hills. Beaverton, OR; October 29, 1989.

Brustad, R.J. *Coaching Certification: Is There A Need?* Oregon Alliance for Health, Physical Education, Recreation, and Dance. Salem, Oregon, October 13, 1989.

Brustad, R.J. *Sports in America*. Baden-Wurtenberg Exchange group. Portland, Oregon, August 29, 1989.

Brustad, R.J. *Teaching Relaxation Skills to Children*. Children's Conference for Expanded Physical Education, Portland, Oregon, February 25, 1989.

Brustad, R.J. *Motivating Your Athletes*. Portland State University Softball and Baseball Coaches Clinic, February 4, 1989.

Brustad, R.J. *Concentrational Skills in Sport*. Tufts University, Boston, MA: April 19, 1989.

Brustad, R.J. *Psychology of elite and non-elite distance runners*. Twin Cities Marathon Medical Conference. Minneapolis, Minnesota, October 12, 1986.

Brustad, R.J. *Psychological aspects of injury*. Twin Cities Marathon Medical Conference. Minneapolis, Minnesota, October 12, 1986.

Brustad, R.J. *Coaching Young Distance Runners*. Bethel School District Coaching Clinic, Eugene, Oregon, March 4, 1986.

Brustad, R.J. *Physiology of the Young Athlete*. YMCA Basketball Coaches Clinic, Eugene, Oregon, December 14, 1984

## **EDITORIAL and JOURNAL REVIEW RESPONSIBILITIES**

### Journal Editorships

Editor, *Journal of Sport & Exercise Psychology* (1998-2000)

Associate Editor, *Journal of Sport & Exercise Psychology* (1995-1997)

Associate Editor, *Psychology of Sport & Exercise* (2011–2014)

Associate Editor, *Revista Iberoamericana de Psicología del Deporte* (Ibero-American Journal of Sport Psychology) (2009 – present)

Section Editor, *Motricidade* (Human Movement: Portugal 2011-present)

Nominated to serve as Editor of *Sport, Exercise and Performance Psychology* journal, 2009. (declined)

Nominated to serve as Editor of *The Sport Psychologist* in 2001, 2008 (declined)

### Editorial Board Member: Professional Journals

*Journal of Sport & Exercise Psychology* (1993-present)

*The Sport Psychologist* (1995-present)

*Revista de Psicología del Deporte* (Journal of Sport Psychology, Spain: 2000-present)

*Journal of Applied Sport Psychology* (2004-2012)

*Revista Portuguesa de Ciências do Desporto* (Portuguese Journal of Sport Sciences: 2004-present).

*Revista Iberoamericana de Psicología del Deporte* (Iberoamerican Journal of Sport Psychology: Spain/Portugal: 2007-present)

*La Revista Internacional de Medicina y Ciencias de la Actividad Física y El Deporte* (International Journal of Medicine and Science of Physical Activity and Sport: Spain 2007-present)

*Cuadernos de Psicología del Deporte* (Sport Psychology Digest: Spain: 2001-2012)

*Ciencia y Deporte* (Science and Sport, Spain 2004-2010)

### Journal Guest Reviewer

*Adapted Physical Activity Quarterly*

*Applied Developmental Science*



*Child Development*  
*Developmental Psychology*  
*European Journal of Psychology of Education*  
*European Journal of Physical Education*  
*Health Education Research*  
*International Journal of Sport Psychology*  
*International Journal of Sport and Exercise Psychology*  
*Journal of Applied Sport Psychology*  
*Journal of Adolescent Health*  
*Journal of Early Adolescence*  
*Journal of Leisure Research*  
*Journal of Physical Education, Recreation, and Dance*  
*Journal of Science and Medicine in Sport*  
*Journal of Sport & Exercise Psychology*  
*Journal of Sport Sciences*  
*Learning and Individual Differences*  
*Merrill-Palmer Quarterly*  
*Motricidade*  
*Pediatric Exercise Science*  
*Perceptual & Motor Skills*  
*Psicotema*  
*Psychology of Sport & Exercise*  
*Quest*  
*Research Quarterly for Exercise and Sport*  
*Sex Roles*  
*Social Science & Medicine*  
*Sociological Spectrum*  
*Sport, Exercise and Performance Psychology*  
*Sport Management Review*  
*The Sport Psychologist*  
*Women in Sport and Physical Activity*

#### Conference Scientific Review Board

European Congress of Sport Psychology conference (2014-2015)

#### Newsletter Editor

Associate Editor, *Association for the Advancement of Applied Sport Psychology (AAASP) Newsletter* (1993-1995).

#### Guest Review Editor

Guest Review Editor: William C. Brown Co. (Children's developmental issues in sport)  
Textbook: *Sport & Society: Issues & Controversies* (8<sup>th</sup> Ed., Jay Coakley Ed.)  
Textbook: *Sport in contemporary society: An anthology* (Stanley Eitzen Ed., 5th ed.), St. Martin's Press, New York.