

What is an Athletic Trainer?

Certified athletic trainers are health care professionals who specialize in preventing, recognizing, managing, and rehabilitating injuries that result from physical activity. As part of a complete health care team, the certified athletic trainer works under the direction of a licensed physician and in cooperation with other health care professionals, athletic administrators, coaches, and parents. (nata.org)

How do you become one?

Prospective athletic trainers must enroll in a CAATE accredited athletic training education program. After completion of the program, candidates must successfully complete a board certification exam process in order to receive certification. Certification is maintained by completion of continuing education units on a yearly basis.

Where do Athletic Trainers work?

Employment settings for ATC's include:

- ◆ Traditional Settings:
 - ◇ Secondary Schools
 - ◇ Colleges & Universities
 - ◇ Professional Sports
- ◆ Emerging Settings:
 - ◇ Hospital & Clinical
 - ◇ Industrial/Occupational
 - ◇ Military
 - ◇ Performing Arts
 - ◇ Physician Extender
 - ◇ Public Safety



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UNIVERSITY OF
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Athletic Training Program

CAATE Accredited Athletic Training Education Program



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Why UNC?

Athletic Training Program Mission

The mission of the University of Northern Colorado Undergraduate Athletic Training Education Program is to provide a comprehensive educational experience and a strong clinical foundation to prepare the undergraduate student to enter the allied health profession of athletic training.

About the Program

The UNC program is the longest standing accredited athletic training program in the state of Colorado. The program is a challenging one in which students develop practical athletic training skills through a didactically founded, yet clinically focused curriculum. The didactic portion of the program focuses on the theory and knowledge behind the practice of Athletic Training. The clinical portion focuses on the "real-world" application of didactic knowledge.

Is UNC an Accredited Program?

Yes. The University of Northern Colorado Athletic Training Program was established in the 1960's. In the 1990, the National Athletic Training Association (NATA) approved the UNC program as an undergraduate curriculum program. In 1995 UNC was accredited and maintains its accreditation today under the auspices of the Commission on Accreditation of Athletic Training Education (CAATE).



Curriculum Information

Objectives:

1. Provide a basis for education, clinical experience, and research for the undergraduate student that is interested in pursuing and entering the allied health profession of athletic training.
2. Provide a variety of clinical experiences, under supervision, to ensure the athletic training student meets the entry-level standards of a certified athletic trainer.
3. Develop professionalism, confidence and appropriate decision making skills through a combination of clinical course work and varied athletic field experiences.
4. Demonstrate positive outcomes in a highly competitive educational program that prepares the athletic training student to successfully pass the BOC exam and work with and provide care to the physically active in a traditional and non traditional settings.
5. Demonstrate successful completion of clinical competence, as outlined in the NATA Educational Competencies, 5th Edition, throughout a 5 semester athletic training education program.



Admission Criteria

To be considered for admission into the ATEP, each applicant must complete all of the following:

- Complete the following pre-requisite courses with a grade of C or higher:
 - * BIO 110: Principles of Biology
 - * BIO 245: Introduction to Human Anatomy & Physiology
 - * FND 210: Medical Terminology
 - * PHYS 220: Introductory Physics I
 - * SES 220: Anatomical Kinesiology
 - * SES 281: Introduction to Athletic Training
- Maintain a cumulative GPA of 2.8 or higher
- Obtain Emergency Cardiac Care certification that is at a level consistent with the requirement of the Board of Certification (bocatc.org)
- Complete the clinical athletic training observations & experiences as a component of SES 281
- Submit a complete application for admission to the program (unco.edu/uncats)
- Participate in an admission interview with program faculty, clinical staff, and students. Demonstration of a desire to enter the profession and pursue the field of athletic training as a career



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