

Community Health Volunteer Opportunity

Would You Like to Help?

What is the Project?

CanDo (Coalition for Activity and Nutrition to Defeat Obesity) is a community-wide task force aiming to improve the health of Fort Collins & Loveland area citizens by promoting physical activity, nutrition, and healthy weights. CanDo is doing height and weight screenings in some Fort Collins schools this year to help assess the health of our community's youth. The screenings are done during vision and hearing screenings. Volunteers are needed to help take confidential height and weight measurements.

Who Can Volunteer?

We are looking for adult volunteers who are part of a health-related program. No experience is necessary. Training will be provided.

How Much Time?

Screenings are usually done from ~8:00 AM to 2:30 PM. Volunteers are asked to come for a minimum of a 3-hour block.

When?

CanDo is still in the process of scheduling screening dates with schools. Known dates that volunteers are needed are listed below. Additional dates will be known soon.

Monday, Nov. 9th 8:30 - 2:30 PM

Friday, Nov. 13th 8:15 - 3:00 PM

Thursday, Nov. 19th 8:00 – 2:00 PM

More dates TBD in December & January

Who to Contact?

If you are interested in volunteering, please contact Jessica Hinterberg at 970-495-7523 or jrh10@pvhs.org.

