



# DEGREE WORKSHEET FOR:

## BS in Sport and Exercise Science: P.E. K-12 Emphasis

### 2012-2013 Catalog

### Degree Requirements – 122 credits

YEAR 1- FALL (16 credits)		YEAR 1- SPRING (17 credits)	
ENG 122 College Composition (LAC Area 1a)	3 credits	SES 111, 113, or 114 <sup>4</sup>	1 credit
Liberal Arts Core – MATH (LAC Area 2)	3 credits	Liberal Arts Core	13 credits
SES 134 Self Defense <sup>4</sup>	1 credit	ENG 123 or ENG 225	3 credits
Liberal Arts Core	9 credits		
YEAR 2- FALL (16 credits)		YEAR 2-SPRING (15-17 credits)	
SES 220 Anatomical Kinesiology (LAC Area 6)	4 credits	SES 323 Motor Learning & Development	3 credits
SES 201 Track & Field Activities <sup>4,5</sup>	1 credit	SES 266 Intro. to P.E. as a Profession <sup>1</sup>	3 credits
SES 210 Developmental Appropriate Elementary Act. <sup>5</sup>	3 credits	SES 170 Intro. to Field Experience <sup>1</sup>	1 credit
SES 240 Secondary P.E. Content I <sup>5</sup>	3 credits	SES 338 Teaching Diverse Populations	3 credits
EDFE 110 Initial PTEP Application	0 credits	SES 241 Secondary P.E. Content II <sup>5</sup>	3 credits
Liberal Arts Core	5 credits	SES 125, 126, 127, 128, 130, 131, 135, 234 <sup>3</sup> , 235 <sup>3</sup> , 236 <sup>3</sup> , 237 <sup>3</sup> , or 238 <sup>3,5</sup> (choose one course)	1-2 credits
		SES 116 <sup>3</sup> , 118, 120 <sup>3</sup> , 133 or 152 <sup>4</sup> (choose one course)	1-2 credits
YEAR 3- FALL (14 credits)		YEAR 3- SPRING (16 credits)	
SES 322 Exercise Physiology I	3 credits	SES 331 Biomechanics	3 credits
EDSE 433 Exceptional Student in the Regular Class.	2 credits	EDF 366 Concepts of Schooling <sup>1</sup>	3 credits
SES 340 and 340L Plan & Instructional Design	4 credits	SES 441 Learner Assessment & P.E. Technology <sup>2</sup>	3 credits
SES 200 Weight Training & Conditioning <sup>4,5</sup>	1 credit	SES 440 & 440L Dev. Pedagogical Skills in Elem. Ed. <sup>2</sup>	4 credits
SES 209 Dance Activities <sup>5</sup>	1 credit	SES 243 Outdoor & Adventure Programming <sup>4</sup>	3 credits
PSY 347 or 349	3 credits		
EDFE 120 Full Admission to PTEP Application	0 credits		
PLACE Test must be taken and passed prior to student teaching			
YEAR 4- FALL (16 credits)		YEAR 4- SPRING (12 credits)	
SES 436 Social Influences on Sport & Exerc. Behavior			
<b>OR</b>			
SES 333 Psychological Analysis of Sports Exercise and Physical Activity (choose one course)	3 credits	EDFE 444 Student Teaching <sup>6</sup>	12 credits
SES 342 Teaching Health Related Fitness	3 credits		
SES 442 & 442L Dev. Pedagogical Skills in Sec.	4 credits		
SES 461 Administration and Law	3 credits		
EDRD 340 Dev. Lang. & Literacy in Content Areas	3 credits		
EDFE 130 Student Teaching Application	0 credits		

**Admission Requirement – See Professional Teacher Education Program (PTEP) section in current catalog for admission requirements**

**Minor – No Minor Required.**

**Notes – see page 2.**

## BS Sport and Exercise Science – PE K-12 Teaching (cont.)

### Contact Information – School of Sport and Exercise Science

Gunter 2590, 970-351-2535

School Web Page: <http://www.unco.edu/nhs/ses/>

This worksheet is a recommended schedule to complete your bachelor's degree in 4 years. Every UNC student must meet the following requirements in order to graduate with a bachelor's degree: earn a minimum of 120 semester credit hours; possess a minimum of a 2.00 cumulative grade point average; have at least 40 credit hours in courses designated as Liberal Arts Core; meet all degree requirements in the student's major field of study. Each major and/or emphasis may have additional requirements necessary for graduation. **Students must consult with their major advisor to receive information on any additional graduation requirements.**

### Notes

- 1 <sup>1</sup>SES 266 Intro. to P.E. as a Profession and SES 170 Intro. to Field Based Exp. taken concurrently.
- 2 <sup>2</sup>SES 441 and SES 440 & 440L are taken concurrently.
- 3 <sup>3</sup>Students who choose to take the following courses: SES 116, SES 234, SES 235, SES 237, and SES 238 will have a minimum of 1 hour above the 122 and a maximum of 2 hours above 122 credits.
- 4 <sup>4</sup>Students taking these courses do not have to take them during the year or semester listed above.
- 5 <sup>5</sup>SES 201 Track and Field Activities; SES 210 Dev. Appropriate Elementary Activities; SES 209 Dance Activities; SES 240 Secondary P.E. Content; SES 200 Weight Training and Conditioning; SES 238 Winter Wilderness Living; SES 241 Secondary P.E. Content II are offered irregularly.
- 6 <sup>6</sup>Prior to student teaching, students must have successfully completed all required Sport and Exercise Science K-12 Licensure Program courses, be fully admitted to the major and PTEP programs, achieve proficient or advanced on all dispositions and pass the state licensure examination.
- 7 Have a "C" or better in all required courses in SES K-12. C minus is not acceptable. Major courses receiving a grade of "D" or lower must be retaken until a grade of "C" or better (C- is not acceptable) is achieved.
- 8 Students who plan to apply for K-12 Teacher Licensure in the State of Colorado must student teach at both the elementary and secondary levels.

The mission of the Sport and Exercise Science teaching program is to prepare professionals capable of delivering programs that promote self-directed, responsible, physically active lifestyles in school-aged children and youth across the state and region. The focus of Physical Education Teacher Education is to graduate entry level professional physical educators who possess a personal and professional commitment to physical activity and will demonstrate the knowledge and skills requisite to promoting learning in the area of physical activity.