



DEGREE WORKSHEET FOR:
BS in Sport and Exercise Science: Exercise Science Emphasis
2012-2013 Catalog
Degree Requirements - 120 credits

YEAR 1- FALL (15 credits)		YEAR 1- SPRING (16 credits)	
ENG 122 College Composition (LAC Area 1a)	3 credits	Liberal Arts Core/Electives	16 credits
Liberal Arts Core/Electives (CHEM 281 (or CHEM 111 for pre-PT ¹) (LAC Area 6)	12 credits	(CHEM 281 (or CHEM 111 for pre-PT ¹) (LAC Area 6)	
YEAR 2- FALL (17 credits)		YEAR 2-SPRING (15 credits)	
SES 220 Anatomical Kinesiology (LAC area 6)	4 credits	SES 331 Biomechanics	3 credits
BIO 245 Intro. to Human Anatomy(or BIO 350 pre-PT)	4 credits	Liberal Arts Core/Electives	12 credits
Liberal Arts Core/Electives	9 credits		
YEAR 3- FALL (15 credits)		YEAR 3- SPRING (15 credits)	
SES 322 Exercise Physiology I	3 credits	SES 323 Motor Learning	3 credits
SES 300 Fitness Management	3 credits	SES 324 Exercise Phys. II	3 credits
SES 380 Prev/Care of Sports Injuries	3 credits	Liberal Arts Core/Electives	9 credits
Liberal Arts Core/Electives	6 credits		
YEAR 4- FALL (15 credits)		YEAR 4- SPRING (12 credits)	
SES 436 Social Influences (or SES 333)	3 credits	SES 492 Internship ²	12 credits
SES 490 Exercise Assessment & Program	3 credits		
SES 410 Cardiac Rehabilitation	3 credits		
Liberal Arts Core/Electives	6 credits		

Admission Requirement – No separate admission requirement.

Minor – No Minor Required.

Notes – see page 2.

Contact Information – School of Sport and Exercise Science
Gunter 2590, 970-351-2535
School Web Page: <http://www.unco.edu/nhs/ses/>

This worksheet is a recommended schedule to complete your bachelor’s degree in 4 years. Every UNC student must meet the following requirements in order to graduate with a bachelor’s degree: earn a minimum of 120 semester credit hours; possess a minimum of a 2.00 cumulative grade point average; have at least 40 credit hours in courses designated as Liberal Arts Core; meet all degree requirements in the student’s major field of study. Each major and/or emphasis may have additional requirements necessary for graduation. **Students must consult with their major advisor to receive information on any additional graduation requirements.**

BS Sport and Exercise Science – Exercise Science Emphasis (cont.)

Notes

- 1 ¹BIO 341 and BIO 350 and CHEM 111 and 112 must be taken for professional Schools (PT, PA, MD, etc.)
- 2 ²SES 492 may be taken in two 6 credit semester blocks.
- 3 A grade of “C: or higher is required in all SES prefix courses; the course must be retaken until a “C” or higher is achieved, C minus is not acceptable.
- 4 Prior to registering for SES 492, students must have a GPA of 2.7 or above in the SES prefix courses and pass the Practical Competency Assessment with a grade of B or better.
- 5 Graduation check should be completed after 90 credit hours have been completed.

The Exercise Science program is designed to provide students quality academic and professional preparation in the scientific study of human movement. The program offers a sound theoretical foundation and practical applications. Graduates will be prepared to work in one or more of the following areas: cardiac rehabilitation, gerontological fitness, fitness and exercise program management, conditioning of athletes, biomechanics, ergonomics, sport and exercise leadership, and /or stress management. Students preparing for physical therapy school or health related professional school should consult with a faculty advisor. The Exercise Science program is a National Strength and Conditioning Association education recognition program.