



**DEGREE WORKSHEET FOR:
BS Athletic Training
2012-2013 Catalog
Degree Requirements – 120 credits**

YEAR 1- FALL (16 credits)	YEAR 1- SPRING (15-16 credits)
BIO 101 Biological Perspectives OR BIO 110 Principles of Biology (LAC Area 6) 4 credits SES 181 Intro. to Athletic Training 1 credit PSY 120 Principles of Psychology (LAC Area 5c) 3 credits ENG 122 College Composition (LAC Area 1a) 3 credits Liberal Arts Core/Electives 5 credits <i>Start ATR Observations and Attend Meetings</i>	BIO 245 Intro to Human Anatomy and Physiology OR BIO 341 Intro to Human Anatomy 3-4 credits FND 210 Medical Terminology 2 credits SES 220 Anatomical Kinesiology (LAC Area 6) 4 credits STAT 150 Intro. to Statistical Analysis (LAC Area 2) 3 credits Liberal Arts Core/electives 3 credits
YEAR 2- FALL (16 credits)	YEAR 2-SPRING (15 credits)
PHYS 220 Introductory Physics I (LAC Area 6) 5 credits FND 250 Principles of Nutrition (LAC Area 6) 3 credits SES 331 Biomechanics 3 credits SES 233 Adv. First Aid & CPR 2 credits SES 380 Prev. Care of Sports Injuries 3 credits <i>Apply to Clinical Athletic Training Program- see Program Director for application or download from website www.unco.edu/uncats**</i>	<i>Course progression if admitted into the clinical athletic training program</i> SES 322 Exercise Physiology I 3 credits SES 381 Clinical Practicum in A/T Level I 3 credits SES 485 Mechanisms & Evaluation of Sport Injury 5 credits Liberal Arts Core/Electives 4 credits
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> **Must be certified in 1st Aid and CPR or Professional Rescuer to apply </div>	
YEAR 3- FALL (15 – 16 credits)	YEAR 3- SPRING (16 credits)
BIO 246 Advanced Human Anatomy & Physiology OR BIO 350 Human Physiology 3-4 credits SES 333 Psychological Analysis of Spt , Ex ,PA 3 credits SES 382 Clinical Practicum in A/T Level II 3 credits SES 487 Therapeutic Modalities 3 credits Liberal Arts Core/Electives 3 credits	SES 323 Motor Learning & Development 3 credits SES 324 Exercise Physiology II 3 credits SES 383 Clinical Practicum in A/T Level III 3 credits SES 486 Clinical Methods of Sports Injury Rehab 4 credits Liberal Arts Core/Electives 3 credits
YEAR 4- FALL (13 credits)	YEAR 4- SPRING (13 credits)
FND 455 Nutrition for Fitness and Athletic Performance 3 credits SES 480 Advanced Functional Assessment 3 credits SES 481 Clinical Practicum in A/T Level IV 3 credits SES 488 Athletic Training Administration 3 credits Liberal Arts Core/Electives 1 credits <i>Liberal Arts Core Requirements should be completed Have Graduation Check if Not Already Completed</i>	BIO 476 Medical Pharmacology OR NURS 327 Pharmacology in Nursing Practice 3 credits SES 482 Clinical Practicum in A/T Level V 3 credits SES 489 Medical Conditions 2 credits Liberal Arts Core/Electives 5 credits <i>Apply to Take Certification Exam in Spring</i>

Athletic Training (con't)

Admission Requirement . The designation of Athletic Training as a major does not assure admission to the Clinical Athletic Training Program. The number of students enrolled in the clinical program is limited. Students must make a separate application to the Clinical Athletic Training Program, typically during the fall semester of their sophomore year. See notes below.

Minor-No Minor Required.

Contact Information – School of Sport and Exercise Science

Butler-Hancock 261C, 970-351-1860

School Web: <http://www.unco.edu/nhs/ses/>

This worksheet is a recommended schedule to complete your bachelor's degree in 4 years. Every UNC student must meet the following requirements in order to graduate with a bachelor's degree: earn a minimum of 120 semester credit hours; possess a minimum of a 2.00 cumulative grade point average; have at least 40 credit hours in courses designated as Liberal Arts Core; meet all degree requirements in the student's major field of study. Each major and/or emphasis may have additional requirements necessary for graduation. **Students must consult with their major advisor to receive information on any additional graduation requirements.**

Notes

- 1 The designation of Athletic Training as a major does not assure admission to the **Clinical Athletic Training Program**. The number of students enrolled to the clinical program is limited. Students must make a separate application to the Clinical Athletic Training Program during the fall semester of their sophomore year.
- 2 Applications are only accepted during fall semester. Prior to application, students must complete the prerequisite courses: BIO 101 or BIO 110; BIO 245 or BIO 341; PHYS 220; SES 181; SES 220, SES 233; and SES 380 (**noted in Bold**).
- 3 To apply SES students must possess a minimum GPA of 2.8 at the time of application. Admission is based on available openings, GPA grades in the prerequisite courses, prerequisite exam and an interview.
- 4 Students must complete the full five semester Clinical Program to graduate with a major in Athletic Training and to be eligible to take the BOC exam.
- 5 Any student receiving a grade of "D" or lower in any of the required athletic training courses in the major must retake the course until a grade of "C" or higher is achieved a C- is not acceptable.
- 6 Students will start training room observations and attend meetings beginning fall of their freshman year. Must be current in First Aid and CPR (AED) Certified to apply.
- 7 Prior to spring of their senior year, students should have a graduation check if not already completed by then.
- 8 **Transfer students must meet with the Athletic Training Director prior to declaring Seeking Athletic Training as a major.**
- 9 For further information on the clinical program and application requirements see the web site at: www.unco.edu/uncats

This program is designed for the undergraduate who wishes to prepare for a career as a Certified Athletic Trainer. Preparation for this allied health profession focuses on the areas of prevention, management and rehabilitation of injuries that occur in sport. Upon successful completion of this program, the student will have fulfilled the requirements to take the BOC exam.