

Karen L. Hessler, PhD, RN, FNP-C

Position: Assistant Professor
College of Health and Human Sciences
School of Nursing
University of Northern Colorado, Greeley, Colorado

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- **Home:** (970) 686-2480
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Education: 2008
PhD in Nursing
University of Colorado at Denver and Health Sciences
Nursing/Research Methods

1998
Masters of Science in Nursing
University of Nebraska Medical Center
Family Nurse Practitioner

1995
Bachelor's of Science in Nursing
University of Nebraska Medical Center
Registered Nursing

Clinical Work Experience: 2011 – Present
Sunrise Monfort Family Clinic, Evans, CO
Family Nurse Practitioner
Community Health Center Primary Care – Low income population
Grant funded position at University of Northern Colorado

2-2002 – 7-2003
Fort Collins Family Physicians Fort Collins, Colorado
Family Nurse Practitioner
Primary care practice – patients of all ages and diagnoses

1998-2001

Women's Center of Western Nebraska Scottsbluff, Nebraska

Family Nurse Practitioner

Care of obstetrics and gynecologic patients of all ages, surgery first assist, and hospital admitting privileges. Extensive on call responsibilities.

2000-2001

University of Nebraska Medical Center – Panhandle Diabetes Center

Family Nurse Practitioner

Grant Funded diabetes clinic for Hispanic and Native Americans – primary care of diabetic patients, primarily type 2 diabetes mellitus, prevention of complications, routine visits and medication management.

1996-1999

Regional West Medical Center Scottsbluff, Nebraska

Registered Nurse

Perinatal RN for postpartum, anetpartum, labor and delivery, nursery and neonatal intensive care unit, charge nurse responsibilities

Professional
Academic Work
Experience:

2002-Present

University of Northern Colorado, School of Nursing Greeley, Colorado

Assistant Professor

Coordinator of Family Nurse Practitioner Program

Coordination of Obstetrics Nursing

Graduate and Undergraduate lecture and clinical supervision

2001-2002

University of Nebraska Medical Center Scottsbluff, Nebraska

Lecturer/Family Nurse Practitioner

Lecture, Clinical instruction, Family Nurse Practitioner at Panhandle Diabetes Clinic

Non-Professional
Academic Work
Experience:

1996-1998

University of Nebraska Medical Center Scottsbluff, Nebraska

Graduate Assistant

Fundamentals lab and clinical instruction (1st semester)

1993-1995

University of Nebraska Medical Center Scottsbluff, Nebraska

Undergraduate Assistant

Administrative assistant duties, supervision of computer lab and physical assessment labs

Area of
Specialization:

Family Practice primary care, obstetrics and gynecological primary care, nursing research, pediatric obesity/overweight prevention, rural health promotion, nurse practitioner practice issues.

Research Areas/
Interests: Rural pediatric obesity prevention/ rural health promotion / rural culture; Cognitive Load Theory and Interactive Teaching Strategies

Publications: Juried:

Hessler, K. (2010) Nurse Practitioner Attitudes and Treatment Practices for Pediatric Overweight: How Do Urban and Rural Practitioners Differ? Accepted for publication *Journal of American Academy of Nurse Practitioners* September, 2010.

Hessler, K. (2009 July, August). Physical activity behaviors of rural preschoolers. *Pediatric Nursing*, 35(4), p. 246-253.

Hessler, K. & Humphreys, J. (2008, April). Student evaluations: accepting criticism for positive change. *The Journal of Nursing Education*, 47 (4), p. 187-189.

Leners, D., Sitzman, K. & Hessler, K. L. (2006). Perceptions of nursing student clinical placement experiences. *International Journal of Nursing Education Scholarship*, 3 (1), Article 24.

Hessler, K. L. & Ritchie, H. (2006). Recruitment and retention of novice faculty. *Journal of Nursing Education*, 45 (5), p. 150-154.

Mueller, T. & Hessler, K. (2005). *Working With Your School Nurse: What General Education Teachers Should Do to Promote Educational Success for Students with Health Needs*. Access at: <http://iris.peabody.vanderbilt.edu/nur/cresource.htm>.

Non-Juried:

Hessler, K. (2007). Physical Activity Patterns of Rural Preschoolers. (PhD Dissertation).

Gross, Waltman, Murry, & Peltzer-Rosen (1998). Education and Partner Support Effect of Mammography Use in Hispanic Women. (Master's Thesis)

Works in progress:

Hessler, K. & Henderson, A. (2011). Cognitive Load Theory and Interactive Learning Strategies in Nursing Education. (data collection complete 11-2010, currently analyzing for publication)

Henderson, A. & Hessler, K. (2011). Cognitive Load Theory in Nursing Education.

Professional
Presentations:

Juried:

- 2011 Hessler, K. & Henderson, A. *Cognitive Load Theory in Nursing Education: A Study of Interactivity*. Peer reviewed poster presentation at Rocky Mountain Nurse Educators Conference
- 2010 Hessler, K. *Nurse Practitioner Attitudes and Treatment Practices for Pediatric Overweight: How Do Urban and Rural Practitioners Differ?* Sigma Theta Tau: Zeta Omicron Chapter, Loveland, Colorado.
- 2009 Hessler, K. *Creating Interactive Power Point Tutorials*. National Institute for Nursing Education and Scholarship Fall Faculty Development, UNC, Greeley, CO
- 2007 Hessler, K., Henderson, A. & Merrill, A. *Pre-session Workshop: Pump Up Your Power Point*. International Rocky Mountain Nurse Educators Conference, Breckenridge, CO
- 2006 Hessler, K. *Evidence Based Nursing Practice*. Colorado Student Nurses Association State Convention Meeting, 2006, Denver, CO.
- 2006 Barlow, S. & Hessler, K. *Current Evidence Based Practice in Childhood Obesity Prevention and Treatment*. 2nd Annual Evidence Based Nursing Practice Conference, Greeley, CO.
- 2006 Hessler, K., Henderson, A. & Merrill, A. *Creating Interactive Power Point Tutorials*. International Rocky Mountain Nurse Educators Conference, Breckenridge, CO.
- 2006 Hessler, K. *Evidence Based Practice Nursing*. National Student Nurse's Association Meeting, September 2006, Denver, Colorado.
- 2005 Hessler, K. *Nursing Theory in Practice: Bridging the Practice-Theory Gap*. North Colorado Medical Center Nurse Scholars Meeting, May 2005, Greeley, CO.
- 2005 Koeckeritz, J., Henderson, A., Hessler, K., Merrill, A. *Increasing Interactivity in the Classroom: Teaching Strategies for Infrared Devices*. 23rd Annual Nursing and Technology Conference, Atlanta, GA.
- 2005 Hessler, K. *Nursing Theory in Practice*. Guest Lecturer, University of Northern Colorado Graduate Theory Course Nursing 600.
- 2004 Koeckeritz, J., Hessler, K. & Ritchie, H. *Increasing Interactivity in the Classroom: Applications for Infrared Devices*. International Rocky Mountain Nurse Educators Conference

Non Juried:

- 2004 Hessler, K. *Women's Health Promotion Lecture*. University of Northern Colorado Guest lecturer health promotion content BSN program, Nursing 345.
- 2004 Hessler, K. *Rural Nursing*. University of Northern Colorado, Guest lecturer health promotion content BSN program, Nursing 345.
- 2003 Hessler, K. *Women's Health Promotion Lecture*. University of Northern Colorado, Nursing 345.

- 2001 Hessler, K. *Osteoporosis Update Information*. Panhandles Diabetes Group, Scottsbluff, NE.
- 1998 Hessler, K. *Contraception*. Junior/Senior High Students.
 Hessler, K. *Infertility*. BSN Students.
 Hessler, K. *Getting Your Period*. Junior High Students.
 Hessler, K. *Osteoporosis*. Scottsbluff Business and Professional Women's Assembly & Diabetes Support Group, Scottsbluff, NE.
- 1998 Hessler, K. *Education and Partner Support Effect of Mammography Use in Hispanic Women*. Graduate Research Presentation.

Projects:

Funded Grant Applications:

- Hessler, K. (2010). Educating and Encouraging Nurse Practitioners to Implement Pediatric Obesity Prevention Practices. University of Northern Colorado PRISM project. **Accepted for Funding May 2010.**
- Hessler, K. (2008). *Provider Attitudes and Treatment of the Overweight & Obese Pediatric Patients*. University of Northern Colorado Provost Grant Fund Award. **Accepted for Funding, December 2008.**
- Hessler, K. (2008). *Provider Attitudes and Treatment of the Overweight or Obese Pediatric Patient*. University of Northern Colorado PRISM project. **Accepted for funding, April 2008.**
- Hessler, K. (2007). *Physical Activity Patterns of Rural Northwestern Colorado Preschoolers*. American Academy of Nurse Practitioners – Foundation. **Accepted for funding July 2007.** (\$2000)
- Hessler, K. (2006). *Evidence Based Practice in Childhood Obesity*. University of Northern Colorado SPARC Small grant speaker/mentor proposal. **Accepted for funding Jan. 2006.**
- Hessler, K. (2006). *Evidence Based Practice in Childhood Obesity*. University of Northern Colorado SPARC Small grant speaker/mentor proposal. **Accepted for funding Jan. 2006.**
- Hessler, K. (2005). *Prevention Practices of Rural and Urban Well-Child Health-Care Providers*. University of Northern Colorado PRISM project grant proposal – **Accepted for funding, June 2005.**

Submitted - unfunded

- Hessler, K. (2011). *The Culture of Nursing Education*. Robert Wood Johnson Nurse Faculty Scholars Program, submitted Feb 2011.

Professional Consultation:

- Reviewer for Pearson Education – Content Expert in Physical Assessment
 Expert Clinical Legal Witness – Martin – Conklin C.P. 2009-2010
 Test/Item Writer for Excelsior 2010
 Content Expert/Reviewer for Audio-Digest Foundation
 Reviewer for Mosby Diagnostic Laboratory Interpretation Manual
 Reviewer for Journal of Nursing Education and Technology
 Reviewer of Mosby Physical Assessment and Pediatric book chapter content
 Reviewer for Delmar Physical Assessment text
 Reviewer for Lippincott, Williams and Wilkins Research text
 Reviewer for Pediatric Nursing Journal

Reviewer for Journal of American Academy of Nurse Practitioners

Professional
Association
Participation:

National Organization of Nurse Practitioner Faculties
2005 - present
Active Member, no current committees
National
Membership

American Academy of Nurse Practitioners
1998 – present
Active Member, no current committees
National
Membership

Association of Women's Health Obstetric and Neonatal Nurses Association
2003 – present
Active Member, no current committees
National
Membership

Sigma Theta Tau Nursing Society
1999 – present
Active Member - Service as Awards Coordinator 2008
International
Membership Alpha Kappa Chapter-at-Large

Colorado Nurse Practitioner Coalition
2006, 2007, 2008
Active Member, no current committees
State of Colorado
Membership

Colorado Rural Health Association
2004 – present
Active Member, no current committees
State
Membership

Rural Health Care Association
2004 – present
Active Member, no current committees
National
Membership

Community
Service:

2011 – FNP at Sunrise Monfort Family Clinic, Evans, CO

2009-2010
Expert Witness for Denver-based Legal Firm: John L. Conklin, ESQ.

2009-2010
PVHS Evidence Based Practice Nursing Committee - Committee Member

2009-2010
PVHS Nursing Research Committee - Committee Member

2005 – 2008

NCMC/UNC Evidence Based Nursing Conference Planning Committee
Greeley, Colorado

2006, 2007
AWHONN Conference Planning Committee
Colorado/Wyoming Chapters

2006
National Student Nurse's Association Keynote speaker (Colorado chapter)
Denver, Colorado

2003 – 2009
Volunteer Parish Nurse – Cornerstone Baptist Nurse
Windsor, Colorado

2005
NCMC Theory-Practice Connection (Teaching NCMC nurses about theory in
preparation for Magnet Status Review) – Speaker at Professional Nursing
Organization Meeting
Greeley, Colorado

2003-2005
Women's Health Forum Conference: Board of Directors
UCN - Greeley, Colorado

2003
Student Nurse's Association Faculty Sponsor
UNC Greeley, Colorado

1-2002 – 7-2003
Family Nurse Practitioner Practice
Fort Collins, Colorado

2001-2002
Nurse Practitioner/Diabetes Educator – Panhandle Diabetes Outreach Clinic for
Hispanic and Native Americans
UNMC – Scottsbluff, Nebraska

1999-2002
DOVES Board Member and Secretary (Battered women and children's shelter)
Scottsbluff, Nebraska

1992-1994
Volunteer Emergency Medical Technician
Kit Carson County, Colorado

University Service: 2007- Present
Graduate Curriculum Organization (GCO) - **Committee Chair 2008-10**
College of Natural and Health Sciences
University of Northern Colorado - School of Nursing

2002 – 2011
Faculty Affairs Committee
Elected faculty affairs activities-Faculty evaluation chair 2002-2006
College of Natural and Health Sciences

University of Northern Colorado - School of Nursing

2009

Learning Management System Advisory Group
University of Northern Colorado
College-Wide Advisory Group
University of Northern Colorado

2006-2007

Semester II/III Change Planning Committee
Creation of obstetrics and pediatric syllabi for undergraduate curriculum revision
College of Natural and Health Sciences
School of Nursing University of Northern Colorado

2006-2009

Doctor of Nursing Practice Program Planning Committee
Creation of DNP curriculum for implementation for UNC nursing graduate program
College of Natural and Health Sciences - School of Nursing
University of Northern Colorado

2007 - present

CETL Advisory Board Member
Service on Hiring Committee for Instructional Designer in 2010

2007/2008

College Student Recruitment & Retention Committee
Policy and procedures for NHS
College of Natural and Health Sciences
School of Nursing - University of Northern Colorado

2006

College Policy and Procedures Committee
Policy and procedures for NHS
College of Natural and Health Sciences
School of Nursing - University of Northern Colorado

2001 – 2010

Undergraduate Curriculum Organization Committee
Chair – CO Nursing Process Task Force Committee
College of Natural and Health Sciences
School of Nursing - University of Northern Colorado

2001 – 2006

Implementation Committee
Subdivision of Nursing Faculty Student Organization
College of Natural and Health Sciences
School of Nursing - University of Northern Colorado

2004 – 2006

Skills Lab Coordinator
Ordering and stocking skills lab supplies for all semesters
College of Natural and Health Sciences
School of Nursing - University of Northern Colorado

2004-2006

Faculty recognition Committee – Chair

College of Natural and Health Sciences
School of Nursing - University of Northern Colorado

2001 – present
Nursing Faculty Student Organization
SON – Student organization meetings
College of Natural and Health Sciences
School of Nursing - University of Northern Colorado

Comprehensive Examination Committees

Graduate Student
Committees:

Fall 2010 Lynn Kalert – Medical Marijuana – What Does the Family Nurse
Practitioner Need to Know?

Fall 2010 Laura Waters – Infertility in Advanced Maternal Age – Impact on the
Primary Care Practitioner.

Fall 2010 Jennie Knob – Post-traumatic Stress Disorder in the Traumatic Birth
Experience

Fall 2010 Lacey Stewart – Primary Care Family Nurse Practitioners and Diabetes
Care Health Fair

Fall 2010 Rita Stern – End of Life Care and The Legacy Project

Fall 2010 Hui-Hang Huang – Prevention of Fetal Alcohol Syndrome Spectrum
Disorders in Primary Care

Fall 2009 Melinda (Mossman) Redfield - Intrapartum and Postpartum Depression

Fall 2009 Melanie Crow – Gestational Diabetes Follow-up Care and Treatment

Fall 2009 Julie Deters – Care of the Injured Soldier

Fall 2009 Susana Nedom – Depression and Pregnancy

Fall 2009 Erin Stalker – Drug Use/Abuse During Pregnancy

Spring 2008 Gretchen Halker – Immunization Education in Primary Care Setting

Spring 2008 Jennifer Davis – Spirituality Assessment in the Primary Care Setting

Fall 2008 Erika Greenberg – Sexual Health and Chronic Illness. (chair)

Fall 2008 Laura Brannigan – Cardiovascular Disease Prevention and Treatment
(chair)

Fall 2008 Lisa McConnell – Prevention of Skin Cancers in the Adolescent Population
(chair)

Fall 2008 Myka Fischer – Migraines and the Primary Care NP

Fall 2008 Autumn Martin – Chronic Illness in the Primary Care Practice NP

Spring 2008 Jackie Britton – Perceptions of Caring Behaviors and How They Impact
Care of Trauma Patients

Spring 2008 Laurie Landolt – Hypertension Treatment and Prevention

Spring 2008 Pamela Franks – The Aging Spinal Cord Injury Patient

Fall 2007 Julie Hirman – Primary Care of the Cardiac Patient

Fall 2006, Jessica Kershaw, Nurse Practitioners in Post-operative Units, Comprehensive Exam committee. (Member)

Fall 2006, Tonya Unrein Marrs , HPV Vaccine-Giardasil, Comprehensive Exam Committee (Member)

PhD Dissertation Committees

2010-2011 – Lisa Pulmisher – Audiology – Doctorate Student – content expert

2008 – present, Margie Gilmon, Doctoral Committee Member

2007 Sherrill Smith, Doctoral Committee (Content Expert)

2007-2009 Cassandra Eng, Doctoral Committee

Teaching:

2011, Assistant Professor of Nursing

Courses Taught:

NURS 640 – Health Care of Families I

NURS 680 – FNP Practicum

NURS 435 – Foundations of Professional Nursing Practice - III (RN-BSN)

NURS 335 – Foundations of Professional Nursing Practice – II (RN-BSN)

2010, Assistant Professor of Nursing

Courses Taught:

NURS 645 – Health Care of Families II (fall)

NURS 605 – Nursing Research (spring)

NURS 312 – Physical Assessment (summer and fall)

NURS 640 – Health Care of Families I (spring)

NURS 680 – FNP Practicum (spring)

NURS 435 – Foundations IV (Leadership RN-BSN) (summer)

2009, Assistant Professor of Nursing

Courses Taught:

NURS 645 – Health Care of Families II (fall)

NURS 605 – Nursing Research (spring)

NURS 312 – Physical Assessment (summer and fall)

NURS 600 – Nursing Theory NURS (fall)

NURS 640 – Health Care of Families I (spring)

NURS 680 – FNP Practicum (spring)

NURS 435 – Foundations IV (Leadership RN-BSN) (summer)

NURS 464 – Professional Roles for RNs

2008, Assistant Professor of Nursing

Courses Taught:

NURS 640 – Health Care of Families I

NURS 645 – Health Care of Families II
NURS 600 – Nursing Theory
NURS 312 – Physical Assessment

2007, Assistant Professor of Nursing

Courses Taught:

OB – Second Semester Coordinator
NURS 640 – Family Nurse Practitioner: Care of Families I
NURS 645 – Health Care of Families II
NURS 600 – Advanced Nursing Theory
NURS 312 – Physical Assessment
NURS 365 – Childbearing families (Fall and Spring)
NURS 605 – Graduate Nursing Research
NURS 328 – RN-BSN Physical Health Assessment

2006, Assistant Professor, School of Nursing

Courses Taught:

OB – Second Semester Coordinator
Spg -NURS 328 Nursing Health Assessment for RNs – online (4) (2 sections)
Spg - PRISM Project development of faculty research project (6)
Sum - NURS 312 Nursing Health Assessment (3)
Sum - NURS 314 Nursing Health Assessment Lab Coordinator (2)
Fall - NURS 365 Health of Childbearing Families (3)
Fall – NURS 312 Nursing Health Assessment (3)
Fall - NURS 600 Graduate Nursing Theory (3)
Fall - Semester 2 – OB coordinator (1)

Courses Developed:

Online section of Nursing 600

2005, Lecturer, School of Nursing

Courses Taught:

OB – Second Semester Coordinator

NURS 310 Foundations of Professional Practice
NURS 312 Health Assessment Lecture (summer and fall) Coordinate 2nd degree
NURS 314 Health Assessment Practicum
NURS 365 Health of Childbearing Families
NURS 364 Practicum Health Childbearing Families
NURS 384 Med/Surg Pediatric Practicum @ PVH
NURS 328 Physical Assessment for RN's (RN-BSN)
NURS 385/386 Med/Surg Pediatrics Coordinate 2nd degree

2004, Lecturer, School of Nursing

Courses Taught:

NURS 310 Foundations of Professional Practice I
NURS 312 Health Assessment Lecture (1)
NURS 314 Health Assessment Practicum
NURS 365 Health of Childbearing Families/ Coordinate 2nd degree
NURS 364 Practicum Health of Childbearing Families
NURS 385/386 Med/Surg Pediatrics Coordinate 2nd degree
NURS 384 Med/Surg Pediatric Practicum

2003, Lecturer, School of Nursing

Courses Taught:

NURS 365 Health of Childbearing Families Coordinate 2nd degree
 NURS 364 Practicum Health of Childbearing Families
 NURS 310 Foundations of Professional Practice I (3)
 NURS 324 Therapeutic Interventions (4)
 NURS 314 Health Assessment Practicum (3)
 NURS 385/386 Med/Surg Pediatrics Coordinate 2nd degree
 NURS 356 Practicum Health of Childbearing Families

2002, Lecturer, School of Nursing

Courses Taught:

NURS 355 Health of Childbearing Families Coordinate 2nd degree
 NURS 356 Practicum Health of Childbearing Families
 NURS 310 Foundations of Professional Practice I
 NURS 324 Therapeutic Interventions
 NURS 314 Health Assessment Practicum

Professional
Development
Activities:

Spring 2011 NINES – Evidence Based Practice Conference – UNC SON

Spring 2010 NINES – Faculty Development Conference

2010 & 2011 – Audio-Digest Foundation – CEU Credits in Family, Pediatric, Obstetrics, Women’s Health and Psychiatric Topics

Spring 2010 – Grant Writing Workshop - SPARC

Fall 2010 PRISM Grant Award Winner

Fall 2009 NINES – Faculty Development Conference

Fall 2009 – QSEN – Quality and Safety Education for Nurses in Colorado

Spring 2009 – NINES – Faculty Development Conference

Fall 2008 PRISM Grant Award Winner

Fall 2008 Provost Faculty Research Grant

Fall 2007 Completion of Dissertation Research for PhD in Nursing from UCHSC

2005-2007 UNC Collaborative Research Group – Pediatric Obesity

2005 & 2006 – Bauer, Grant Writing Workshops – SPARC, UNC

2006 – 29th Annual L. Joseph Butterfield Perinatal Conference – CEU 16.2

2005-2006 – NCMC/UNC Evidence Based Practice Research Conference – CEU 32

2004, 2005, 2006, 2007 – Rocky Mountain Nurse Educator’s Conference – CEU

2006 – Robert Wood Johnson Foundation – Dissertation Grant Proposal submission

2006 – Sigma Theta Tau/American Nurse’s Association Research Grant Proposal

Submission

2006 – FIPSE (Fund for the Improvement of Secondary Education) Grant proposal submission

2006 - David Bauer Grant writing workshop – UNC SPARK

2006 - Dreamweaver – Creating Web-based Education Resources – CETL
2006 -

PodCasting – UNC – Center for the Enhancement of Teaching and Learning
2006 -
Taming Technology – Spring Workshops – UNC Center for the Enhancement of Teaching and Learning

2006 - Grant Writing workshop – David Bauer – Sponsored Programs at UNC SPARK

2006 – University of Northern Colorado – Ph.D. in Nursing Course work: **660** – Advanced Academic Roles (2)

.
– National Research Service Award Grant Application Re-submission 2005

2005 – Perinatal Risky Business – NCMC Monfort Family Birthing Center – CEU

2005 – 23rd Annual Nursing Technology Conference, Atlanta, GA. – CEU 26

2005 - University of Colorado Health Sciences Center - Ph.D. in Nursing Course Work:

7120 Theory/Knowledge Dev. Nursing (3)

7410 Advanced Quantitative Design (3)

7713 Human Experience-Health, Illness & Healing (3)

660 Teaching Strategies in Nursing (3)

690 Nursing Ed. Seminar (Curriculum Design) (4)

National Research Service Award Grant Application Submission 2004 -

2004 – SPARC – UNC small faculty grants submission and reward

2004 – Poudre Valley Hospital – Care of the Neonatal Neurological Patient

2004 - Pfizer Corporation - Litigation issues for Physicians and Nurse Practitioners Dr. Jeffries, MD, JD, Washington, DC

2004 - University of Colorado Health Sciences Center - Ph.D. in Nursing Course Work:

7300 Qualitative Empirical Research (3)

7310 Qualitative Interpretive Research (3)

7846 Research Practicum (2)

7653 Cost/Quality Outcomes: A micro-level Focus (3)

7400 Experimental Designs and analysis (3)

7714 Selected Topics in Human Experience of Health, Illness & Healing

603 (UNC elective) Teaching Strategies in Nursing (3)

2003 - University of Colorado Health Sciences Center - Ph.D. in Nursing Course Work:

7000 Philosophy of Nursing (3)

7020 Methods of Discipline Inquiry (3)

7030 Discipline of Nursing (3)

6493 Advanced Statistics (3)

2003 – Colorado Higher Education Conference – CEU

2002 – Nebraska Office of Tobacco Control and Research – “Basic Smoking Intervention Skills” – CEU

2002 – Diabetes Continuum – Denver Colorado, CEU

2001 – Banner Health Systems – Meningococcal Disease in the College Population – CEU

2001 & 2002 – Colorado Nurse Practitioner Symposium – Keystone, Colorado - CEU

2001 & 2002 – Nebraska Nurse Practitioner Association Conference – CEU

2000 – Wyoming Nurse Practitioner Association – Pharmacology Update – CEU

2000 – Regional West Medical Center 3rd Annual Surgical Symposium – CUE

1999 – Integrative Medicine Symposium - CEU

Honors and
Awards:

2011 – PRISM Grant Award

2010 – PRISM Grant Award

2008 – Provost Faculty Research Grant Awarded

2007 – AANP Foundation Grant Award for PhD dissertation research

2006 - University of Colorado School of Nursing Scholarship Award – UCHSC – School of Nursing

2005 – PRISM Faculty Grant Award – UNC SPARC & SON

2005 – Elsevier Teaching of the Year Nomination – Elsevier Publishing Co.

2003 – 2005 – USHSC – School of Nursing – 4.0 GPA

1999 – Sigma Theta Tau Scholarship Award – Sigma Theta Tau International – Omaha Women’s Coalition

1998 – MSN Graduation with distinction/ Dean’s honor roll – University of Nebraska Medical Center

1996 – Sigma Theta Tau International Induction – Sigma Theta Tau International

1995 – BSN Graduation with Honors/ Dean’s honor roll/ President School of Nursing student organization. – University of Nebraska Medical Center