



Banner Health
McKee
Medical Center

UNIVERSITY of
NORTHERN COLORADO



School of Nursing



Banner Health
North Colorado
Medical Center®

Fifth Annual Research and Evidence-Based Practice Conference

Innovation through Education and Application



Friday, April 10, 2009
7:30 a.m. to 4:30 p.m.
University of Northern Colorado
Greeley, Colorado

Keynote Speaker

Kathleen R. Stevens

Dr. Kathleen R. Stevens is professor of nursing at the University of Texas Health Science Center at San Antonio. She is also founding director of the Academic Center for Evidence-based Practice (ACE), where she leads efforts to advance evidence-based quality improvement through research, education and practice.



Stevens

She is an investigator with the Veterans Evidence-based Research, Dissemination, and Implementation Center for VHA with emphasis on systematic reviews and organizational change for evidence-based quality improvement. Her center provides services to AHRQ to build the AHRQ Health Care Innovations Exchange. Dr. Stevens's research focuses on impact of evidence-based interventions, knowledge transformation and workforce preparation for quality and safety.

She is a fellow of the American Academy of Nursing and a newly-inducted fellow of the Academy of Nurse Educators.

Location

University of Northern Colorado
University Center – Ballroom
20th Street and 11th Avenue
Greeley, CO 80632

Directions

From Interstate 25:

- Exit I-25 east onto U.S. Highway 34
- Continue on U.S. 34 for approximately 10 miles
- Turn left onto 11th Avenue
- Proceed north through approximately five stoplights
- Turn Right onto 22nd Street and then left into the parking lot (UC parking lots are free)
- Building is on the hill in front of you
- Conference is on the second floor



Target Audience

This conference was developed for health care providers including nurses, physicians, residents and students who strive to use research and evidence-based practice to improve quality in health care.

Course Description

This dynamic program will provide participants with a variety of opportunities to assist them in building an evidence-based practice in their facility and their own personal practice. In addition to gleaning information from keynote speakers, participants will select breakout sessions to build knowledge that is applicable to their own practice. Furthermore, the conference will provide the attendee time in which to view poster presentations related to evidence-based practice and research and to network with health care professionals who will share innovative changes in practice.

Course Objectives

Upon completion of the program, participants will be able to:

1. Identify the distinction between the process of appraising research for evidence-based practice (EBP) and the research process.
2. Utilize the three best indices/databases for research related to evidence-based practice.
3. Discuss the process of replicating a nursing research study.
4. Articulate the difference between qualitative and quantitative research methodology and the type of data that is generated with each method.
5. Describe the key principles of Diffusion of Innovation Model/Theory.
6. Identify the resources available through professional organizations for evidence-based practice.
7. Describe the application of the ACE Star model and new EBP resources in today's improvement processes.
8. Identify three innovations that can be implemented into practice.
9. Describe the process for writing a manuscript.


Continuing Education

Nurses: 6.5 Contact Hours through Colorado Nurses Association. Banner Health is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider ID #BHC-0303 • Expiration Date: 5/31/2009

Seminar Schedule

April 10, 2009 • 7:30 a.m. to 4:30 p.m.

- 7:30-8 Breakfast and Networking
8-9:30 **Keynote: Evidence-Based Practice as a Bull-riding Event: The Challenges of Improving Care**
Kathleen Stevens
9:30-10 Break & Poster Session
10-11 Breakout Session 1
11-noon Breakout Session 2
Noon-1 Lunch, Posters and Book Signing
1-2 **General Session: How to Get Published**
Jane M. Carrington, PhD, RN, Assistant Professor, University of Colorado Denver
2-2:15 Break and Poster Session
2:15-3:15 Speciality Interest Discussion
 **Groups with Facilitators from local professional organizations**
3:15-4:15 Closing – Kathleen Stevens
4:15-4:30 Wrap up

Attendees may choose two breakout sessions to attend in the morning. Attendance will be on a first come, first served basis.
Note: Material is subject to change.

“Hands-on” Approach to Understanding Research Principles for EBP Literature Reviews: Use of the “Cookie Study” – Jacalyn Dougherty, PhD, RN, Assistant Professor, UNC School of Nursing, and Susan Hutchinson, PhD, Associate Professor, Applied Statistics and Research Methods, UNC

“Diffusion of Innovation: An Evidence-Based Practice Algorithm and Tools in Action” – Ryan Rohman, MSN, RN, Clinical Coordinator of Bariatrics and the Surgical Unit, PVH, and Kathi Patterson, BSN, MN, BC, Ortho, Neuro, Rehab CNS, PVH.

“Qualitative Research and Evidence-Based Practice” – Lory Clukey PhD, PsyD, RN, Associate Professor, UNC School of Nursing

“If We Can Do It – You Can, Too! Lessons Learned from Replicating a Research Study” – Kathleen Brown, MS, RN, CPHQ, Jane Jostes-Wanek, MS, RN-BC and Michelle Walker, MS, RNC, PVH Education Nurse Specialists

“Searching the Collective Knowledge: Finding Evidence in the Medical, Nursing & Psychology Literature” – Stephanie Wiegand, MLS, UNC Health Sciences Reference Librarian and Assistant Professor

“How to Read an Article” – Jane M. Carrington, PhD, RN, Assistant Professor University of Colorado Denver

Registration Form

Name _____

Credentials _____

Home Address _____

City _____ State _____ ZIP _____

Phone _____

E-mail _____

Place of employment _____

Registration Fees: **Early Bird by March 20!**

- Professional: \$60 Student: \$30
 \$70 After March 20
 \$80 Day of Event

Total enclosed \$ _____

- MasterCard Visa
 Discover American Express

Card # _____

Three-digit security code: _____

Name as printed on card: _____

Expiration Date: ____/____/____

Signature _____

Registration Refund Deadline: **April 1**

- No registrations accepted without payment
- Lunch and snacks provided
- Free parking at UC parking lots

Please mail form and payment to:

Banner Health

c/o 230-CARE 2nd floor

1441 N. 12th St.

Phoenix, AZ 85006

Or call toll-free (877) 277-8975

Register online at www.BannerHealth.com

Keyword: 230-CARE

Under Class and Event Search, select "RESEARCH & EVIDENCE-BASED PRCT. CONF" as Prof or Student

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Share your own innovations!

We are still accepting abstracts for poster presentations. If you can show research or evidence-based practice application, innovation or education at your organization, get information on presenting at www.unco.edu/nhs/nursing/conference. Or email Wayne.Potter@bannerhealth.com before March 15.

To register, call toll-free (877) 277-8975

Or visit www.bannerhealth.com

Keyword: 230-CARE



Banner Health

McKee

Medical Center

Dorma Eastman

2000 Boise Ave.

Loveland, CO 80538

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Register TODAY!

(877) 277-8975

www.bannerhealth.com Keyword: 230-CARE

What others are saying...

"I got many new ideas, I was able to talk to researchers interested in similar topics and to exchange emails for future networking."

"The conference was informative about pit falls and wonderful returns in Evidence-Based Practice and implementation."

"Learning the next step in applying Evidence-Based Practice in my organization will help me be more involved and educated with Magnet™ preparation."

"It is always good to hear about what others are doing to expand the definition of Evidence-Based Practice. Also, networking is great."