

# WRC TODAY

## Welcome Bears!

*By Ashlee George & Kelsi Miles*

I first just want to say, welcome back to school bears! Coming back to school always brings so many different emotions. For me, it is a mixture of excitement and nervousness. Entering this new school year, I started thinking about my new job title, and all it entails me to do. I have so many insecurities that arise with these new responsibilities. For starters, I don't even know how I am motivating myself to write this piece to be honest. But, as I am sitting in this pool of doubt, I am realizing how important one's voice is; I am realizing how important it is to step outside my comfort zone, and I am also realizing how important my position at The Women's Resource Center is. Social media is so impactful in our lives today. With just one click we can have thousands of resources to educate ourselves on today's issues, and millions more on which to voice our opinions. So, I am excited to see what conversations can be had on the WRC's social media. Even though I am self-conscious about my writing, voicing my opinions, and attention being on me, am going to push through those insecurities to heighten awareness of women's and gender issues at UNC and expand my knowledge of feminism. I look forward to challenging myself and the UNC community through the narratives I will share via social media. I challenge you to step with me, get out of your comfort zone, and fight for what you believe in. One voice is capable of so much, and it can enact change in so many ways.

**Ashlee George**

*Social Media Specialist, Women's Resource Center*



Hello WRC newsletter subscribers! My name is Kelsi Miles and I am the new graduate assistant at the Women's Resource Center. As a feminist and scholar, I am ecstatic to have the opportunity to serve in a space that honors gender as central to identity. As you wander around campus, remember to stop by Scott-Wilcoxon Hall. The Women's Resource Center offers a variety of services, such as free printing, a study space, computer pods, and access to our library.

For those of you who are unaware of our mission, the Women's Resource Center engages the UNC community in critical women's and gender issues as well as advocates for gender equity. We advocate for change in several ways here at the University of Northern Colorado. First, we believe in educating the campus community about women's and gender issues. Our most recent campaigns focus on the right for UNC students, staff, and faculty to breastfeed in public spaces on campus and to educate the relevance of feminism. This semester, we will host an open house and host the 7th annual Women's Conference The Personal is Political. We encourage all folks within the UNC community to attend both of these events in order to meet our staff, learn about how to get involved at the center, and to ask us any questions you may have.

Women's Centers are critical to higher education climates. As marginalized voices are often silenced, our space allows for the facilitation of challenging conversations and visible solidarity around the challenges of identifying outside the privileged gender identities. If you are looking for a space to use your voice and enjoy the company of those of varying gender identities, please feel free to utilize our center. I hope you all have a smooth transition back into the fall semester and we hope to see you soon!

**Kelsi Miles**

*Graduate Assistant, Women's Resource Center*



# student voices

Welcome to the Student Voices section of the WRC Today! This section may look a little different for some of you. If some of you remember, the Student Voices section of the WRC Today was actually launched in the Spring of 2016. We collaborated with Gender Studies to feature written pieces by students in the four newsletters we distributed last Spring semester. Student voices began as a space for students on campus to be able to discuss various topics relating to women's and gender issues, have their voices be heard and to get various perspectives on these topics. When initially launched, the Student Voices section was not open for all students on campus to submit pieces. However, that is changing this year!

While the purpose of Student Voices continues to be offering a space to heighten gender consciousness (being aware of what it means to have a gender identity and navigate from a gender place), we have decided to open up the section to allow all students on campus to submit not only written pieces, but also visual art, self-reflections, poetry and much more. If you want to join the Women's Resource Center in heightening gender awareness at the University of Northern Colorado, then submit your piece to us! Topics can vary anywhere from identity and intersectionality to injustice and gender.

If you are interested in submitting a reflection or piece (e.g. short story, poetry, visual art, etc.) to be featured in our monthly newsletter and online content, submit to, or for more information, contact Emily Hedstrom-Lieser at [emily.hedstromlieser@unco.edu](mailto:emily.hedstromlieser@unco.edu).



**Savana Griego**

*Graphic Design & Marketing Specialist, Women's Resource Center & Stryker  
Institute for Leadership Development*

# The Purpose and Perception of Feminism

*by Noah J. Blair*

For a long period of time in my life, I was someone who was of the mindset that men and women are 100% equal in all areas, and that feminists were selfish, man-hating, women who wanted more of the share than they deserved. This, I thought until I talked with one of my friend who is a feminist. She pointed out many interesting things to me that made me reevaluate a feministic stand. The fact I never need to be scared when I walk home at night, that I got my current job at a place that didn't hire women, or that I am not primarily seen as a sexual object. My friend also pointed out that as a man I am constantly expected to be in a leadership or provider position, or that I am not supposed to be emotional. These insights hit me hard, and made me think more and more about feminism, its importance, and why we a negative perception of feminism persists.

I have come to know that feminism is not the belief that women are better than men, but that the patriarchy is a construct that hurts both men and woman. We are forced into certain gender roles, as men and women. The father becomes the main provider and makes all the decisions, and a mother who just stays at home and cooks and has no real authority. These are obviously bad perceptions that constrain both males and females. So if feminism is fighting these negative perceptions, then why does it in general have such negative connotations?

I think the main issue is that in many groups, the most negative people in a group tend to be the loudest. This doesn't just apply to feminism. Think about when we hear about radical religious groups, or protests. This puts an image in our head about all of those people. This could be our perception that all people of a religion are terrorists, or that all protesters are violent; even though most people are not such. With feminism, and social justice in general, people tend to have this view of people who are overly sensitive, arrogant, self-perceived victims, who hate men. In reality this isn't the case. Though there are definitely some who can appear as victims, and who are prejudice against men, this just isn't what the majority of feminists believe. It is primarily the idea of not needing to be tied down to certain stereotypes based on one's gender. Now, the big question is how we can fix this? I think that the solution is for those of us who are feminists, or even those who are for feminist ideals, to be open about our own and other people's beliefs. It is important for us to keep learning about all genders and see how patriarchy works. Its important to learn how to critique and not just be critical.



*Noah J. Blair is a Secondary Physics Education Major at UNC, who has an interest in why society believes certain things, and why society becomes defined by their ideals.*

# 7th Annual Women's Conference

The personal is political:  
*96 years of women's right to vote*

**Thursday, 10.27.16**  
**UC Ballrooms**

Join us in exploring our own connections between the personal experience and the larger social and political structures, while examining women's rights history and the continued pursuit of equity for all.

**Registration is now open!**

Student Registration

Open now until Oct. 14th

Staff & Faculty Registration

Open Sept. 12th-Oct. 14th

**First 50 people to register will receive a registration gift!**

Please visit our website for registration information:  
[www.unco.edu/womensconference](http://www.unco.edu/womensconference)

Questions? Please contact Kelsi Miles at 970-351-1492 or at [kelsi.miles@unco.edu](mailto:kelsi.miles@unco.edu)



Any person requesting disability accommodations for this event  
please contact 970.351.2289 at least 3 business days in advance.



Women's Resource Center

# Hispanic *Heritage* Month



## *Paving the Road to Success*

**MONDAY, SEPTEMBER 19**

Noche de Comedy

6-8:30pm in the UC Ballrooms

**TUESDAY, SEPTEMBER 20**

Bachata Dance Workshop with Adam Taub

6:30-8:30pm in the UC Pikes Peak Ballroom

**WEDNESDAY, SEPTEMBER 21**

Schulze Speaker Series Film Screening & Public Talk

Juana and Cande: A Dominican Family Portrait

6:30-8:30pm in the UC Panorama Room

**SATURDAY, OCTOBER 1**

8:30am - Breakfast at CCCC; 9am - Ribbon Cutting; 9:30am - Vamos Osos Tailgate  
(in collaboration with Alumni Relations & Athletics); 1:05pm - UNC Football vs Northern Arizona  
(Buy football tickets at [uncbears.com/tickets](http://uncbears.com/tickets). Promo Code: VAMOSFB16)

**WEDNESDAY, OCTOBER 12TH**

Movie Screening: Viva

(in collaboration with the Gender & Sexuality Resource Center)

5:30pm in Lindou Auditorium,  
Michener Library

*All events are free and open to UNC and Greeley Community, with the exception of the football game.*

For questions please contact the  
César Chávez Cultural Center at 970-351-2424

Any person requesting disability accommodations for this event  
please contact 970-351-2289 at least 3 business days in advance.



**UNC**

César Chávez  
Cultural Center

***Si Se puede!***

# GET TO KNOW OUR STAFF!

This year the Women's Resource Center and Stryker Institute for Leadership Development were lucky enough to have many new additions to our staff. We thought that it would be cool to ask our staff three fun questions so that our readers can get to know everyone! We asked everyone:

- 1.) Favorite music artist/band
- 2.) Your favorite spot in Greeley
- 3.) Favorite kind of pizza



## Luz Sosa

*Office Manager & Programmatic Support Specialist, Women's Resource Center*

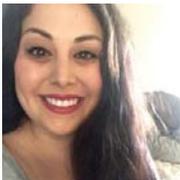
My favorite music artist/band is Maroon 5, my favorite place in Greeley would have to be my home, and I like my pizza with jalapeños, pineapple, and extra pizza sauce.



## Noemy Rodriguez

*Graduate Assistant, Stryker Institute for Leadership Development*

1. Favorite music artist/band: Maná
2. Favorite spot in Greeley: Greeley Mall
3. Favorite kind of pizza: Pepperoni, Cream Cheese, and Jalapeños!



## Kelsi Miles

*Graduate Assistant, Women's Resource Center*

- 1) This is fluid. But right now I currently can't stop listening to Beach House.
- 2) Zoes!
- 3) Red Skin Potato Pie from Mellow Mushroom. Potato on pizza is meant to be.



## Abby Schleppenbach

*Program Specialist, Women's Resource Center*

1. Laura Osnes
2. Langworthy Theatre
3. Cheese Pizza

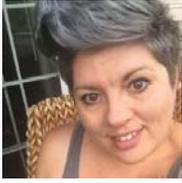


## Tarrin Flaherty

*Outreach Specialist, Women's Resource Center*

- 1) My favorite band is Van Halen.
- 2) My favorite spot in Greeley so far is the Nerd Store downtown.
- 3) My favorite pizza flavor is mushroom and chicken.

# GET TO KNOW OUR STAFF!



## Sarah Aragon

*Leadership Coordinator, Stryker Institute for Leadership Development*

- 1.) Favorite music artist/band- Currently in a Van Morrison kinda mood
- 2.) Your favorite spot in Greeley- on a blanket, under a tree, Allen park is the current hot spot, watching my littles play.
- 3.) Favorite pizza flavor- Nutty Idea, by FAR, THE best flavor in the whole world



## Emily Hedstron-Lieser

*Associate Director, Women's Resource Center & Stryker Institute for Leadership Development*

My default answer to the favorite band question is always Bob Dylan, however, music is so central for me it's hard to choose. I guess I'll stick with Dylan today because his music is poetry. My favorite place in Greeley is my home. Lame I know. I just love the peace I get when I get to enjoy space and time away from the grind and cook or bake with some cozy candles and kid and dogs running around and playing. My favorite spot in Colorado, however, is the mountains. Definitely the mountains. Favorite pizza: something with Basil!!



## Yvette Lucero-Nguyen

*Director, Women's Resource Center & Stryker Institute for Leadership Development*

My favorite music artist at the moment is Jimmy Gonzalez y Grupo Mazz. Tejano music is my favorite type of music as it keeps me connected and grounded to my culture and many of my favorite experiences growing up.



## Kiana Green

*Stryker Support Specialist, Stryker Institute for Leadership Development*

- 1) Whitney Houston
- 2) My room
- 3) Meat lovers' with cream cheese



CONTACT US!

970.351.1492  
[www.unco.edu/wrc](http://www.unco.edu/wrc)

