Food Then and Now
Pat Martin
Little Elementary
Arvada, Colorado

OVERVIEW
Students will be able to discuss differences in food that was popular in the early 1900’s and the food that they eat today, and the possible reasons for the changes that they see.

STANDARDS
• Economics Standard 3.1: Students understand that the exchange of goods and services creates economic interdependence and change.

OBJECTIVES
After completing this activity, students will:
• be exposed to primary sources, and understand the importance of doing research using primary sources.
• use critical thinking skills to reason the change in food over the last 75 years.

INQUIRY QUESTIONS
• What kinds of food did people eat in Colorado from 1850-1900?
• What foods were similar to those you eat today?
• What foods were different from those you eat today?
• Where did the food served in the city come from?
• How did people pay for their food?
• Why were certain types of food in short supply at times?

MATERIALS TO BE USED
• Doing History CD-ROM disk or website:
  Photos from Cities/Food, Clothing, Shelter
  Primary source material, pages 1 and 2 from Cities topic

PROCEDURE
1. Using pages 1 & 2 of the Cities primary source booklet, students will read about different foods of the early 1900’s.

2. Students will look at CD-ROM disk photos from Cities/Food, Clothing, Shelter.
3. Students will discuss in small groups the inquiry questions, and elect a recorder to take notes on the discussion.

4. Student groups will elect one person from the group to present the groups ideas to the rest of the class.

**ASSESSMENT**

Students will understand that the group’s grade will be based on the single presentation from their group. It is important that they choose someone who will represent them well in front of the class. The presentation should answer 5 of the 6 questions to meet standard.