

The organization and titles of chapters may be different based upon the basis of your study. This is a very simple example of how to create your own. You'll notice that each column has different alignment. The roman numeral and Page numbers sections should be aligned by the right side, whereas the center column should be aligned by the left side.
After you've finished the entire table of contents, click up on the top left corner of the table lines until the cross arrow shows, then right click on that until this window opens. Select Borders and Shading, then select "NONE" It will leave the table looking clean and aligned, without the lines.

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