

# Weekly Menu for the UC Food Court

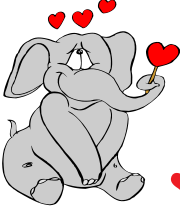
Week of February 13 - 17, 2012

## UC Food Court Hours:

**Lunch:** 11:00am to 1:00pm, Mon-Fri  
**Dinner:** 5:00pm to 7:00pm, Mon-Thur

For Hours of Operation at  
 TK & Holmes, or any of our  
 Retail Dining locations, visit our website:  
[www.unco.edu/dining](http://www.unco.edu/dining)

To purchase **meal plans** and **dining dollars**,  
 either visit our website, or stop by  
 our office in Tobey-Kendel.  
 You can also purchase them at  
 the UC Card Office, or any of our  
 dining room checkstands.



Look for special  
**Valentine's Day** treats  
 in the dining rooms  
**Tuesday, February 14<sup>th</sup>!**

Happy Valentine's Day!

Claim Your Space

Visit Housing & Residential Education's  
 website for more information about how you  
 can 'Claim Your Space' now for next year!  
[http://www.unco.edu/housing/current/claim\\_your\\_space.html](http://www.unco.edu/housing/current/claim_your_space.html)

**CLAIM your SPACE**

**Black History Month**

Enjoy featured soul food menu items at Holmes Dining Hall  
 or Tobey-Kendel Dining Room throughout February!

**COOKING DEMONSTRATIONS**

The Chefs of Holmes Dining Hall & Tobey-Kendel Dining Room are  
 once again bringing Cooking Demos to the Dining Rooms!  
 Visit our website for more information: [www.unco.edu/dining](http://www.unco.edu/dining)

## Lunch

**Mon 2/13**  
 Soup: Cream of Tomato Soup  
 The Heat is On: Turkey Bacon Guacamole or \*Ultimate Cheese  
 Panini, or Build Your Own Panini  
 10th Ave Diner: Crispy or Grilled Chicken Sandwiches, Velveeta  
 Macaroni & Cheese, Bear Fries, Mashed Potatoes & Gravy, Veggies  
 Pizzeria: Pepperoni, \*Extra Cheese, or Gourmet Italian Meat Pizza  
 Pacific Rim: Szechuan Beef, \*Vegetarian Eggrolls, Fried or Steamed  
 Rice, Lo Mein Noodles, Stir-Fry Veggie Blend  
 Dessert: Assorted Cookies

**Tue 2/14**  
 Soup: Beef Barley Soup  
 The Heat is On: Chicken with Roasted Peppers, \*Grilled Veggie,  
 or Build Your Own Panini  
 10th Ave Diner: Sloppy Joes, Velveeta Mac & Cheese, Onion  
 Rings, Mashed Potatoes and Gravy, Fresh Broccoli Florets  
 Pizzeria: Pepperoni, \*Cheese, or Baja Pizza  
 Pacific Rim: Kahlua Pig, Cream Cheese Wontons, Fried or  
 Steamed Rice, Lo Mein Noodles, Hawaiian Glazed Vegetables  
 Dessert: Pineapple Upside Down Cake

**Wed 2/15**  
 Soup: Chili with Meat  
 The Heat is On: Southwest Beef, \*Ultimate Cheese, or BYO Panini  
 10th Ave Diner: Hot Dogs, Corn Dogs, Beer Brats, Velveeta Mac &  
 Cheese, Sour Cream/Onion Fries, Cheesy Potatoes, Garlic Gr Beans  
 Pizzeria: Pepperoni, \*Cheese, or Bacon Cheeseburger Pizza  
 Pacific Rim: Polynesian Chicken, Mini Pork Eggrolls, Fried or  
 Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend  
 Dessert: Coconut Cream Pie

**Thu 2/16**  
 Soup: Soup Du Jour  
 The Heat is On: Grilled Vegetable Panini, or Build Your Own  
 Panini with Assorted Meats, Cheese, Veggies, and Toppings  
 10th Ave Diner: Barbecued Chicken, Macaroni & Cheese, Bear  
 Fries, Mashed Potatoes with Chicken Gravy, Corn on the Cob  
 Pizzeria: \*Cheese, Pepperoni, or Drag'n the Garden Pizza  
 Pacific Rim: Yakitori Chicken Kebabs, Pork Potstickers, Fried or  
 Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend  
 Dessert: S'mores Bars<sup>TOH</sup>

**Fri 2/17**  
 Soup: Cilantro Chicken Chowder  
 The Heat is On: Grilled Tuna, \*Ultimate Cheese, or BYO Panini  
 Pizzeria: Pepperoni or \*Cheese Pizza, or Pepperoni Calzones  
 10th Ave Diner: Fajita Chicken or Beef Taco Salad, Spanish  
 Rice, Refried Beans, Velveeta Mac & Cheese, Spicy Waffle Fries  
 Pacific Rim: Sesame Shrimp, \*Vegetarian Eggrolls, Fried or  
 Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend  
 Dessert: Baker's Choice

## Dinner

**Mon 2/13**  
 The Heat is On: Fresh Malted Waffles, Biscuits with Country  
 Sausage Gravy, Scrambled Eggs  
 10th Ave Diner: Carved Ham, Peppered Cheddar Mashed  
 Potatoes, Braised Greens with Tomatoes & Garlic  
 Pizzeria: Pepperoni, \*Extra Cheese, or Specialty Pizza  
 Pacific Rim: Jade Beef, Mini Pork Egg Rolls, Fried or Steamed  
 Rice, Lo Mein Noodles, Stir Fry Veggie Blend  
 Dessert: Chocolate Cream Pie

**Tue 2/14**  
 The Heat is On: Fresh Malted Waffles, Breakfast Potatoes,  
 Sausage Patties, Scrambled Eggs  
 10th Ave Diner: Meat Lasagna, Velveeta Macaroni & Cheese,  
 Spicy Waffle Fries, Mashed Potatoes & Gravy, \*Grilled Veggies  
 Pizzeria: Pepperoni, \*Cheese, or Specialty Pizza  
 Pacific Rim: Sweet & Sour Chicken, \*Vegetarian Egg Rolls,  
 Fried or Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend  
 Dessert: Angel Food Cake with Peach Filling

**Wed 2/15**  
 The Heat is On: Fresh Malted Waffles, Buttermilk Biscuits with  
 Sausage or \*Country Gravy, Scrambled Eggs  
 10th Ave Diner: Meat Loaf, Velveeta Mac & Cheese, Sour Cream  
 & Onion Fries, Mashed Potatoes & Gravy, Peas & Carrots  
 Pizzeria: Pepperoni, \*Extra Cheese, or Specialty Pizza  
 Pacific Rim: Crispy Almond Pork, Cream Cheese & Seafood  
 Wontons, Fried/Steamed Rice, Lo Mein Noodles, Stir-Fry Veggies  
 Dessert: Rice Krispie Treats

**Thu 2/16**  
 The Heat is On: Fresh Malted Waffles, Breakfast Potatoes,  
 Sausage Links, Scrambled Eggs  
 10th Ave Diner: Chicken Fried Steak, Velveeta Mac & Cheese,  
 Bear Fries, Mashed Potatoes & Gravy, Corn  
 Pizzeria: Pepperoni, \*Extra Cheese, or Specialty Pizza  
 Pacific Rim: Red Curry Coconut Shrimp, Pork Potstickers, Fried  
 or Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend  
 Dessert: Banana Cream Pie

**BEARS BISTRO**  
 accepts cash, credit,  
 Dining Dollars, and  
 Meal Plans!



**Daily menus: call the FoodLine at 970351 FOOD (3663)**  
**Weekly menus: [www.unco.edu/dining](http://www.unco.edu/dining)**

\* = Featured Vegetarian Entrée  
 Salad Bar is available daily  
 Menu subject to change based on  
 product availability

**"We Feed  
 the Bears!"**

UNC Dining Services serves and uses the following products in meal preparation:  
 milk, eggs, peanuts, tree nuts, fish, shellfish, wheat, and products containing  
 gluten and soy. For allergy concerns, please contact the unit manager or the  
 Dining Services main office located in Tobey-Kendel Hall, room 120.

