

Weekly Menu for the UC Food Court

Week of January 16 - 20, 2012

UC Food Court Hours:

Lunch: 11:00am to 1:00pm, Mon-Fri
Dinner: 5:00pm to 7:00pm, Mon-Thur

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 For Hours of Operation at
 TK & Holmes, or any of our
 Retail Dining locations, visit our website:
www.unco.edu/dining

To purchase **meal plans** and **dining dollars**,
 either visit our website, or stop by
 our office in Tobey-Kendel.
 You can also purchase them at
 the UC Card Office, or any of our
 dining room checkstands.

Do you know at least five ways
 to cook Ramen noodles?

Think you could be named
 Top (Ramen) Chef?

Maybe it's time to step away
 from the noodles, and into
 our dining rooms!

Visit our website to purchase
 a meal plan and some
 Dining Dollars.

www.unco.edu/dining

Daily menus: call the FoodLine at 970351 FOOD (3663)
Weekly menus: www.unco.edu/dining

* = Featured Vegetarian Entrée
 Salad Bar is available daily
 Menu subject to change based on
 product availability

**“We Feed
 the Bears!”**

Lunch

The UC Food Court will be closed
 Monday, January 16th, in honor of
 Martin Luther King Jr. Day.

Join us for Brunch & Dinner at Holmes Dining Hall or Tobey-Kendel Dining Room.

Dinner

Tue 1/17
 Soup: Beef Barley Soup
 The Heat is On: Chicken with Roasted Peppers, *Grilled Veggie,
 or Build Your Own Panini
 10th Ave Diner: Sloppy Joes, Velveeta Mac & Cheese, Onion
 Rings, Mashed Potatoes and Gravy, Fresh Broccoli Florets
 Pizzeria: Pepperoni, *Cheese, or Baja Pizza
 Pacific Rim: Kahlua Pig, Cream Cheese Wontons, Fried or
 Steamed Rice, Lo Mein Noodles, Hawaiian Glazed Vegetables
 Dessert: Pineapple Upside Down Cake

Wed 1/18
 Soup: Chili with Meat
 The Heat is On: Southwest Beef, *Ultimate Cheese, or BYO Panini
 10th Ave Diner: Hot Dogs, Corn Dogs, Beer Brats, Velveeta Mac &
 Cheese, Sour Cream/Onion Fries, Cheesy Potatoes, Garlic Gr Beans
 Pizzeria: Pepperoni, *Cheese, or Bacon Cheeseburger Pizza
 Pacific Rim: Polynesian Chicken, Mini Pork Eggrolls, Fried or
 Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend
 Dessert: Coconut Cream Pie

Thu 1/19
 Soup: Soup Du Jour
 The Heat is On: Build Your Own Panini with Assorted Breads,
 Cheeses, Meats, and Spreads
 10th Ave Diner: Barbecued Chicken, Macaroni & Cheese, Bear
 Fries, Mashed Potatoes with Chicken Gravy, Corn on the Cob
 Pizzeria: *Cheese, Pepperoni, or Drag'n the Garden Pizza
 Pacific Rim: Yakitori Chicken Kebabs, Pork Potstickers, Fried or
 Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend
 Dessert: S'mores BarsTM

Fri 1/20
 Soup: Cilantro Chicken Chowder
 The Heat is On: Grilled Tuna, *Ultimate Cheese, or BYO Panini
 Pizzeria: Pepperoni or *Cheese Pizza, or Pepperoni Calzones
 10th Ave Diner: Fajita Chicken or Beef Taco Salad, Spanish
 Rice, Refried Beans, Velveeta Mac & Cheese, Spicy Waffle Fries
 Pacific Rim: Sesame Shrimp, *Vegetarian Eggrolls, Fried or
 Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend
 Dessert: Baker's Choice

Tue 1/17
 The Heat is On: Fresh Malted Waffles, Breakfast Potatoes,
 Sausage Patties, Scrambled Eggs
 10th Ave Diner: Meat Lasagna, Velveeta Macaroni & Cheese,
 Spicy Waffle Fries, Mashed Potatoes & Gravy, *Grilled Veggies
 Pizzeria: Pepperoni, *Cheese, or Specialty Pizza
 Pacific Rim: Sweet & Sour Chicken, *Vegetarian Egg Rolls,
 Fried or Steamed Rice, Stir-Fry Veggie Blend
 Dessert: Angel Food Cake with Peach Filling

Wed 1/18
 The Heat is On: Fresh Malted Waffles, Buttermilk Biscuits with
 Sausage or *Country Gravy, Scrambled Eggs
 10th Ave Diner: Meat Loaf, Velveeta Mac & Cheese, Sour
 Cream & Onion Fries, Mashed Potatoes & Gravy, Peas & Carrots
 Pizzeria: Pepperoni, *Extra Cheese, or Specialty Pizza
 Pacific Rim: Crispy Almond Pork, Cream Cheese Wontons,
 Fried or Steamed Rice, Lo Mein Noodles, Stir-Fry Veggie Blend
 Dessert: Rice Krispie Treats

Thu 1/19
 The Heat is On: Fresh Malted Waffles, Breakfast Potatoes,
 Sausage Links, Scrambled Eggs
 10th Ave Diner: Chicken Fried Steak, Velveeta Mac & Cheese,
 Bear Fries, Mashed Potatoes & Gravy, Corn
 Pizzeria: Pepperoni, *Extra Cheese, or Specialty Pizza
 Pacific Rim: Broccoli Beef, Pork Potstickers, Fried or Steamed
 Rice, Lo Mein Noodles, Stir-Fry Veggie Blend
 Dessert: Banana Cream Pie

BEARS BISTRO
 accepts cash, credit,
 Dining Dollars, and
 Meal Plans!



UNC Dining Services serves and uses the following products in meal preparation:
 milk, eggs, peanuts, tree nuts, fish, shellfish, wheat, and products containing
 gluten and soy. For allergy concerns, please contact the unit manager or the
 Dining Services main office located in Tobey-Kendel Hall, room 120.

