

Weekly Menu for Holmes Dining Hall

Daily menus: call the FoodLine at 970.351.FOOD Weekly menus: www.unco.edu/dining

Week of February 13 - 19, 2012

Breakfast

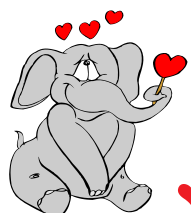
- Mon 2/13** Entrées: Eggs/Omelettes to Order, Waffles, French Toast Sticks, Canadian Bacon, Hashbrowns
Pastries: Assorted Muffins
- Tue 2/14** Entrées: Eggs/Omelettes to Order, Waffles, Ham Egg & Cheese Pockets, Kielbasa, Tri Taters
Pastries: Bear Claws
- Wed 2/15** Entrées: Eggs/Omelettes to Order, Waffles, Buttermilk or Blueberry Pancakes, Sausage Links, Potato Pancakes
Pastries: Fruit Filled Danish
- Thu 2/16** Entrées: Eggs/Omelettes to Order, Waffles, Bacon or *Veggie Breakfast Strata, Bacon, Western Potatoes
Pastries: Pineapple Nut Bread
- Fri 2/17** Entrées: Eggs/Omelettes to Order, Waffles, Biscuits with Sausage or *Country Gravy, Sausage, Breakfast Potatoes
Pastries: Orange Cranberry Muffins

Lunch

- Mon 2/13** Soup: White Chili with Chicken
Home Plate: Fried Chicken, *Grilled Veggie Wrap, Cheesy Potatoes
Prima Pasta: *Veggie Pesto Pasta Bowl, *Pasta Bar
Wok & Roll: Red Curry Chicken Wings, Steamed Jasmine Rice
The DASH: Crunchy Cod, Red Quinoa, Wilted Spinach w/ Garlic
Grille: Italian Sausage & Pepper Sandwiches, *Veggie Burgers
Dessert: Peanut Butter Chocolate Chip Brownies
- Tue 2/14** Soup: Spanish Three Bean Soup
Home Plate: Indian Tacos, Fried Green Tomatoes, Black Beans
Pizzeria: *Cheesy French Bread, Pepperoni / BBQ Chicken Pizza
Wok & Roll: Orange Pepper Pork, Sticky Rice, Wok Veggies
The DASH: Honey Mustard Crusted Pork Loin, Sweet Potato Fries
Grille: Grilled Herb Chicken Sandwiches, Spicy Waffle Fries
Dessert: Assorted Cookies, Valentine's Cupcakes
- Wed 2/15** Soup: *Roasted Vegetable Soup
Home Plate: Pulled Jalapeno BBQ Chicken Sandwiches
Pizzeria: Pepperoni, *Cheese, Italian Sausage or *Grilled Veggie
Qué Pasa: Beef Enchiladas, Spicy Red Beans, Cumin Rice
The DASH: Salmon w/ Tomato Basil Salsa, Snap Peas w/ Onions
Grille: Philly Steak Sandwiches, Sour Cream & Onion Fries
Dessert: Marble Cake
- Thu 2/16** Soup: Green Chili with Tortilla Soup
Home Plate: Meat or *Veggie Stromboli, Green Beans Amandine
Wok & Roll: *Veggie Pakora, Pasanda Curry Lamb, Steamed Rice
Qué Pasa: Chiles Rellenos, *Green Chili, Spanish Rice, Pinto Beans
The DASH: Beef Medallions, Wild Rice, Asparagus/Carrot Blend
Grille: Hot Cuban Sandwiches, *Grilled Cheese, Fried Yucca
Dessert: Rocky Road Brownies
- Fri 2/17** Soup: Black Bean & Chorizo Soup
Home Plate: Beef Stroganoff, *Cabbage Rolls, Buttered Egg Noodles
Wok & Roll: Thai Basil Chicken, Sticky Rice, Stir-Fry Vegetables
Qué Pasa: Pork or *Tofu Tamales, Citrus Rice, Refried Beans
The DASH: Honey Pineapple Chicken, Roasted Sweet Potatoes
Grille: Brazilian Grilled Tuna Baguettes, Fried Yucca, Grilled Cheese
Dessert: Baker's Choice
- Sat 1/18** Soup: Cream of Wheat, Soup Du Jour
Home Plate: Eggs, Choc. Chip Pancakes, Kielbasa, Potato Pancakes
Prima Pasta: Southwestern or Chicken Fried Steak Breakfast Bowl
Wok & Roll: Fresh Fruit Smoothie Bar
The DASH: Carved Pork Loin, Roasted Red Potatoes, Peas & Carrots
Grille: Eggs/Omelettes to Order, *Grilled Cheese, Fresh Malted Waffles
Dessert: Bread Pudding, Turnovers
- Sun 1/19** Soup: Oatmeal, Soup Du Jour
Home Plate: Eggs Benedict, Sausage Links, Breakfast Potatoes
Pizzeria: Pepperoni, *Cheese, Cook's Specialty Meat or *Veggie
Wok & Roll: Yogurt Parfait Station
The DASH: Carved Beef, *Veggie Medley, Grilled Tomatoes
Grille: Eggs/Omelettes to Order, *Grilled Cheese, Fresh Malted Waffles
Dessert: Cherry Pie, Banana Bread

Dinner

- Mon 2/13** Soup: Bell Pepper Wild Rice Soup
Home Plate: Red Wine Braised Swiss Steak, Mashed Potatoes and Gravy, Roasted Vegetable Spaetzle, Viennese Peas
Pizzeria: Pepperoni, *Cheese, BLT, *Veggie Supreme
Qué Pasa: Pork & Green Chile Burritos, Cilantro Lime Wild Rice
The DASH: Grilled Trout w/ Apple Salsa, Honey Carrots
Grille: Blackened Chicken, Breaded Okra, *Grilled Cheese
Dessert: Spice Cake with Maple Frosting
- Tue 2/14** Soup: *Creamy Garden Vegetable Soup
Home Plate: Chicken Fried Chicken, Italian Green Beans, Corn
Prima Pasta: Chicken Broccoli Roasted Red Pepper Pasta Bowls
Wok & Roll: Cantonese Pork, Fried Rice, Stir-Fry Veggies
The DASH: Asparagus Beef Saute, Steamed New Red Potatoes
Grille: Basil Crusted Cape Capensis, Beer Battered Cod, Br Rice
Dessert: Black Forest Layer Cake
- Wed 2/15** Soup: Corn Chowder
Home Plate: Peppercorn Roast Beef, *Veggie Strudel
Pizzeria: Pepperoni, *Cheese, Cook's Specialty Meat or *Veggie
Qué Pasa: Breakfast Burritos, *Green Chili, Red Beans & Rice
The DASH: Grilled Cape Capensis, Quinoa Pilaf, Curry Eggplant
Grille: BBQ Chicken, Corn on the Cob, Baked Beans
Dessert: Seven Layer Bars
- Thu 2/16** Soup: *Cream of Tomato Soup
Home Plate: Cranberry BBQ Pork, Scalloped Potatoes, Carrots
Pizzeria: Pepperoni, *Cheese, Deep Dish Sausage or *Tomato
Wok & Roll: Emperor Chicken, Steamed Rice, *Veggie Blend
The DASH: Lamb Tagine w/ Raisins, Brown Rice w/ Green Onion
Grille: Beef or *Veggie Fajitas, Spanish Rice, Grilled Cheese
Dessert: German Chocolate Cake
- Fri 2/17** Soup: Chicken & Dumpling Soup
Home Plate: BBQ Short Ribs, *Polenta Stuffed Peppers
Prima Pasta: Grilled Chicken Wild Mushroom Risotto, *Pasta Bar
Qué Pasa: Chicken Adobo Empanadas, Cumin Rice
The DASH: Citrus Ginger Salmon, Quinoa Vegetable Medley
Grille: Beer Bratwurst, Spicy Waffle Fries, Battered Zucchini
Dessert: Raspberry Chiffon Pie
- Sat 1/18** Soup: Bacon & Cheddar Potato Soup
Home Plate: Chef's Choice Entrées and Sides
Pizzeria: *Cheesy French Bread, White Bacon/Jalapeno Cheddar
Wok & Roll: Beef Lo Mein, Brown Rice, Stir-Fry Veggies
The DASH: Chicken Kebabs, Wild Rice Blend, Grilled Zucchini
Grille: Atomic Beef/Pepper Grinders, Lemon Pepper Fries
Dessert: Baker's Choice
- Sun 1/19** Soup: *Hearty Vegetable Stew
Home Plate: Chef's Choice Entrées and Sides
Prima Pasta: Southwest Chicken Pasta Bowls, Breadsticks
Qué Pasa: Tacos, Nachos, Cilantro Rice, Pinto Beans
The DASH: Apple Stuffed Pork Loin, Mashed Sweet Potatoes
Grille: Spicy Chicken Wings, Carrots & Celery, Bear Fries
Dessert: Baker's Choice



Look for special
Valentine's Day treats
in the dining rooms
Tuesday, February 14th!



Claim Your Space

Visit Housing & Residential Education's website for more information about how you can 'Claim Your Space' now for next year!
http://www.unco.edu/housing/current/claim_your_space.html

CLAIM
your
SPACE

Black History Month

Enjoy featured soul food menu items at Holmes Dining Hall or Tobey-Kendel Dining Room throughout February!



COOKING DEMONSTRATIONS

The Chefs of Holmes Dining Hall & Tobey-Kendel Dining Room are once again bringing Cooking Demos to the Dining Rooms!
Visit our website for more information: www.unco.edu/dining



* = Featured Vegetarian Entrée
Salad Bar is available daily
Menu subject to change based on product availability.

"We Feed the Bears!"

UNC Dining Services serves and uses the following products in meal preparation: milk, eggs, peanuts, tree nuts, fish, shellfish, wheat, and products containing gluten and soy. For allergy concerns, please contact the unit manager or the Dining Services main office located in Tobey-Kendel Hall, room 120.