

Women's Resource Center

"The Muse-letter" February 1996



Candelaria 225A, 351-1492

Bonnie Reiss, Editor

WRC Alumna appears on *Donahue*

Melanie Wilson
Director, WRC

Ellen Brilliant, one of the founding staff members of the Women's Resource Center and a 1994 UNC graduate, was featured in an episode of the *Phil Donahue*

Show which aired in November.

Ellen, currently the Assistant Director of Public Affairs for Planned Parenthood of the Rocky Mountains, was part of a show discussing the Halloween Hell House sponsored by

a church in Denver.

She appeared with Rev. Laurene LaFontaine to counter church representatives responsible for the Hell House. Ellen and Planned Parenthood were among the first to

See *Alumna*, pg. 2

Saying Good-bye and Thanks to Another Friend *WRC will miss supporter Peggy Cowan!*

Lisa R. Jacobs
Assistant Director, WRC

The WRC's good friend and supporter Peggy Cowan has moved on to a position at CSU. She was at UNC just shy of 15 years, working in several departments

including the Center for Special and Advanced Programs, the Graduate School, Career Services, and the Alumni Association. Peggy was a quiet yet staunch supporter of the WRC for a long time, providing both financial and emotional support. I

remember last year's Women's HerStory Month activities; every time I looked up Peggy was there, and her husband Jim joined in her support of our mission. We will miss her a lot and wish her much success in her new endeavor.

Yoga teacher seeks connection

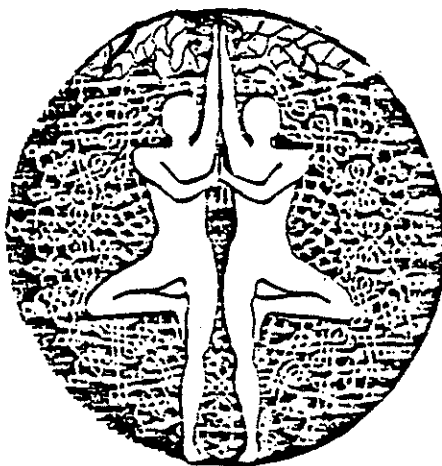
Alpha Gunn
Guest Columnist

The new year is here again and with it so many New Year's resolutions. I for one have realized my need for community and connection, and have vowed to find a way to re-connect with the wonderful feminine energy that I found while working at the Women's Resource Center and while being involved with the Women's Studies department at UNC.

I miss the classes, the banquets, the debates, and most of all, I miss the now famous, and always fabulous, WRC women's retreats.

Having graduated nearly 8 months ago, I am beginning to feel the effects of both my gains and my losses.

Since graduation, I have gained a broader perspective on life, a new career goal (so much for the last four years of college), and new financial responsibilities as my student



loans are now ready to be paid off!!!

I have also lost more than I realized I would. Among the more important things I have lost was my sense of connection; my sense of commitment to a

cause.

As a feminist, I learned the importance of connection in many ways while at UNC; however, the WRC retreats taught me the most about it.

The last retreat had 60 women gathered together to re-establish old connections and to form new ones.

As I participated in the discussion groups, art circles, dancing, and drumming, I felt a wonderful outside connection that can only be found when women gather together.

I felt empowered, listened to, respected, and honored. However, as I taught Yoga *early* on each morning of the retreat, I recognized a type of connection that most women no longer

See YOGA, pg. 7

THE BOOK STOP

931 16th Street • 356-1687

A bookstore
for book lovers

New & used books • cards • calendars
Books on tape • Special orders

ENJOY OUR IN-STORE COFFEE SHOP
featuring coffees,
espresso, cappuccino,
latte, soups, salads,
sandwiches, and
gourmet desserts

Open early a.m.
& late nights
NOW OPEN TO 9 p.m.
SUNDAY NIGHTS!

MARGIE'S



JOINT



2321 27th St., Willow Station
(across from Cooper Theatre)

330-2513

2 Tans for \$2.00!!

1/person. Exp. 2/29/96
With Coupon Only

WE'VE GOT IT ALL...
SWIMSUITS!!

TAN ALL SEMESTER FOR \$69
T-SHIRTS
HUGE SELECTION OF LOTIONS
GREAT HOURS • 7 DAYS A WEEK
BEST SERVICE ANYWHERE
NEW BEDS

Lisa's Musings

Lisa R. Jacobs

Assistant Director

My first column of the semester and I am writing about departures; this both saddens and energizes me. I'll tell you why.

Barbara Charline Jordan was the first African-American woman elected to the House of Representatives from the South since Reconstruction. She died of viral pneumonia on January 17 in Austin, Texas at the age of 59.

She had battled both leukemia and multiple sclerosis with the same dignity, determination, and amazing strength with which she had battled racial barriers, gender biases, and social and political blockades.

In 1966, she became the first African-American elected to the Texas State Senate. Jordan was elected to Congress in 1972, where she served on the House Judiciary Committee during

the Watergate hearings.

In 1979, after 3 terms in the House, Jordan became a Professor at the University of Texas. In 1994 she was awarded the Presidential Medal of Freedom by Bill Clinton.

America has lost a true symbol of spirit, hope, and power.

As a woman, I find great empowerment in her legacy. As a human being, I feel great

"Their leaving may be sad, but their legacies ought to leave us with hope and vision."

-Lisa R. Jacobs

sadness at her loss.

I was stunned on November 29, 1995 when Democratic Representative Pat Schroeder, the senior woman in Congress and Denver's representative in the U.S. House for the past 23 years, announced she wouldn't seek reelection in 1996.

This outspoken feminist and "unknown" won the election to Congress in 1972. The headline announcing her candi-

dacy read simply, "Woman Attorney to Run for Congress."

She became a leader for women and for America as she fought to improve standards for women in the military, helped to win passage of the family and medical leave act, and championed abortion rights and gay rights among other battles. She truly had a finger on the pulse of America long before anyone else felt its beat racing.

Again, while I am saddened that we are losing a true warrior in the fight for democracy, I am energized by the fight she took on and the opportunities she has helped generate for women.

There have been other departures which have had less publicity, women from our own campus moving on to other places.

The message I send is this: their leaving may be sad but their legacies ought to leave us with hope and vision.

Very Friendly
Since 1972

The
FINEST
CD's TAPES LP's

NEW USED RARE

Trade In Your Old Music & Videos - We Take Everything

2400 8th Ave.
Greeley, CO 80631
(970) 352-4657

Mon.-Sat. 9-8
Sun. 12-5

1103 W. Elizabeth
Ft. Collins, CO 80521
(970) 484-6446

Shop the Finest First

if we don't have it we'll get it, next day special orders

Music for
Everyone

Associated Women Students

If you are interested in joining a group that will discuss women's issues, contact

Dawn Way at the
WRC in Cand 225A,
or call x1492.

YOGA, continued from pg. 3

have but desperately need; that is, the inner connection between their own body, mind, and spirit. From a feminist perspective, one can find a thousand causes as to why women are so disconnected from their body's.

I will simply state that women have been physically, mentally, emotionally, and spiritually dis-membered and dis-connected from one another and from themselves for far too long.

I feel that the need for connection and support begins with the self and moves outward.

Yoga offers that internal connection. In fact the word

Yoga literally means "union" or "to join."

Yoga teaches us to listen to our bodies, our minds and ourselves—something that women have not been allowed to do for thousands of years. With that in mind, my New Year's resolution was to find a way where women could find connection—on an individual and group basis.

Therefore, I will be offering an all-women's yoga class on Monday evenings. I look forward to connecting with all of you.

-Alpha is a Hatha Yoga teacher and a Certified Phoenix Rising Yoga Therapist. For class times and information on Yoga, please call Alpha at 330-3577.

Awareness Week important for everyone

Deborah Beck-Massey
Intern, WRC

The last week in February will be an important one for everyone on this campus. That week will be Disability Awareness Week.

There are a number of activities that are scheduled that will be of interest to all. If you are asking yourself, "Why should I go?", just think about all of the family, friends, co-workers and fellow students that are disabled.

We are the largest growing population in the United States and maybe the world. You will not be able to go about your daily life without coming in contact with someone that is disabled.

Attending this awareness week will help everyone to become better informed and develop a better understanding of what it is to have a disability.

Some examples of events scheduled for this week will include a panel of professionals with disabilities and a children's story activity in sign language. To end the week of events, Chris Fonseca, a disabled comedian, will present a show.

For more information, contact the Disability Access Center at 351-2289.

Women's Resource Center Staff

Director:

Melanie M. Wilson, Ph.D.

Associate Director:

Terri Baker, M.A.

Assistant Director:

Lisa R. Jacobs, M.A.

Staff Program Associates:

Ashley Albiniak

Leslie Hillen

Jennifer Wernsing

Interns:

Debora Beck-Massey

Megan Graham

Bonnie Reiss

Tami Wolff

Dawn Way

New Event Info Hot Line

Check out the WRC's new event information hotline! This can be accessed 24 hours a day by calling 351-1492 and pressing 3. It is an up-to-date information line reporting on upcoming events

being sponsored or co-sponsored by the WRC. Currently, it lists information about activities during Black History Month, Disability Awareness Week, and Women's HerStory Month. Give it a call!

Women's Resource Center

"The Muse-letter" March 1996

Candelaria 225A, 351-1492

Bonnie Reiss, Editor



Committee changes scholarships

*Megan Graham
Intern, WRC*

A committee of two students and two professors met in January to discuss changes in the Women's Studies scholarships for the 96-97 academic year.

The committee, comprised of students Tami Wolff and Nicole Elsele and faculty members Ann Garrison and Ginny Jenkins, made positive changes in the scholarship requirements. The committee decided that students applying for the scholarships must have a 3.0 G.P.A., an involvement in extracurricular activities, and a financial need.

See SCHOLARSHIPS, pg.2

Woman speaks to community about drinking and driving

*Bonnie Reiss
Editor, WRC*

You never think it will happen to you.

That is the exact thought that Tonya Peters rolls over in her head every time she thinks about the events that took place Spring Break of 1995.

For those of you that don't remember, or never read any of the highly publicized court hearings, Tonya Peters was a young 21 year old student who left work late

one night after having a few drinks, and ended the evening in handcuffs after she had hit and killed an older woman.

The night the accident happened, Tonya, in a four and a half hour period, consumed a glass of wine and three shots. She then left the Smiling Moose, where she worked at the time, went to the New Plantation, and had a whiskey sour.

She went back to the Moose and had half a glass of wine. At about 2:00 in the morning, Tonya was the designated driver, and went to drive a friend home. On the way, she was driving fast over a crest of a hill, and missed the warning sign that there was a stop sign ahead. She

ran the stop sign and hit and killed an older woman in another car. The woman was dead at the scene.

"That is the hardest label to put on my back... drunk driver."
-Tonya Peters

Tonya went to court and was convicted of a class three felony, and can face anywhere from a \$3,000 to a \$750,000 fine and/or 4 to 12 years in prison.

"That is the hardest label to put on my back...drunk driver," Tonya said. After the accident, Tonya sought therapy and was put on anti-depressants, so she could get on with her

See WOMAN, pg 7

EXPERIENCE THE DIVERSITY...

Hello, my name is Karle Yoshioka and I am the Coordinator of the Asian/Pacific American Student Services (A/PASS). This is a newly formed service and we are here to help diversify the UNC campus through various cultural programming. We are having a week of events to help celebrate all the different cultures within the Asian/Pacific Islander umbrella and hope you will be able to see, hear, and experience some of our heritages. If you have any questions or comments, please do not hesitate to call or stop by the A/PASS office in Michener Library L-75, or call at 351-1976.

COME CHECK OUT THE ASIAN/PACIFIC AMERICAN CELEBRATION

April 15-20
Tentative Schedule

• *Monday, April 15. Celebration of Chinese New Year*
Time/Place TBA

• *Tuesday, April 16, 7:30pm @ UC Ballroom:*
Speaker - Amy Tan
- Author of the Joy Luck Club will be coming to speak at UNC, followed by a book signing
Tickets: \$2 for students, \$4 for non-students

• *Wednesday, April 17, 7:30 pm @ Lindou Aud:*
Film - **The Picture Bride**
FREE ADMISSION

• *Thursday, April 18, 7:00 pm @ Lindou Aud:*
Making Waves
- An all women performance group from Denver will be doing various skits, readings, etc. concerning Asian issues
FREE ADMISSION

• *Friday, April 19, 7:30 pm @ Lindou Auditorium:*
Film - **M. Butterfly**
FREE ADMISSION

• *Saturday, April 20 @ UC Ballroom: Hawaiian Bands Concert**
- Four popular bands from Hawaii are coming to UNC
Ticket Prices/Time TBA

*Tentative as of 2/22

• This Spring, during the first week of March A/PASS will be going through referendum to get student fees. If passed we will be able to provide more programming of this nature and fees would only go up \$.89 a semester. The Native American Student Services will also be on the ballot. Please come out and vote for these two services! Thank you for your support!

THE BOOK STOP
931 16th Street • 356-1687


**A bookstore
for book lovers**

New & used books • cards • calendars
Books on tape • Special orders

ENJOY OUR IN-STORE COFFEE SHOP
featuring coffees,
espresso, cappuccino,
latte, soups, salads,
sandwiches, and
gourmet desserts

MARGIE'S

Open early a.m.
& late nights
NOW OPEN TO 9 p.m.
SUNDAY NIGHTS!



Associated Women Students
If you are interested in joining
a group that will discuss
women's issues, contact
Dawn Way at the
WRC in Cand 225A.
or call x1492.

Help WRC Celebrate Women's HerStory Month

We hope to see you at all of these wonderful events!

Saturday, March 2

Color Me Woman: A Young Women's Conference
9 am - 4 pm
Panorama Lounge, UC (\$10)
Sponsored by the Marcus Garvey Center's Outreach Program, the Women's Resource Center, and others

Monday, March 4

"Back To Beijing"
Panel Discussion Featuring Beijing Delegate Dottie Lamm
7 pm, Panorama Lounge, UC
Sponsored by International Student Services, Women's Resource Center, Women's Studies, and the Women's International League for Peace and Freedom

Tuesday, March 5

"Creating the Family Friendly Campus: The Challenge for the Next Century"
Dr. Annette Kolodny, Professor of Comparative Cultural and Literary Studies, University of Arizona
7pm, Panorama Lounge, UC
Sponsored by the Center for Adult Student Services, College of Arts and Sciences, Neal Cross Foundation, University Program Council, UNC Scholarly Activity Fund, UNC Commission for Women,

Women's Resource Center, and Women's Studies

Thursday, March 7

Thursdays in Black
Please join us in wearing black today to protest the many forms of violence against women in different cultures and communities.
Assembly at noon, West Patio of Candelaria
Sponsored by the Women's Resource Center and the Women's International League for Peace and Freedom

Monday, March 11

"The Desire to Profess: Three Views - Rita, Hedy Red, and Sheilaigh Chat About Women's Studies"
7 pm, Cesar Chavez Cultural Center
Sponsored by Women's Studies

Tuesday, March 12

"Sexual Harassment: Stopping the Cycle"
Dr. Audrey Alvarado, Special Assistant to the Chancellor, University of Colorado at Denver; Former Board Chair and current Board Member, National Council of La Raza
6:30 pm, Panorama Lounge, UC
Sponsored by the Women's Resource Center, ASAP, Student Affairs, the SAFE Committee, and the Cesar Chavez Cultural Center

Wednesday, March 13

"We Haven't Come a Long Way and We're Not Babies: The Evolution of Women and the Anti-Violence Movement"
Marti Kovener, Executive Director, Colorado Coalition Against Sexual Assault (CCASA)
6 pm, Panorama Lounge, UC
Sponsored by the Women's Resource Center and the SAFE Committee
(See article by Dawn Way)

Wednesday, March 27

Feminist Bake Sale
Treats and edibles priced according to your earning potential!
10 am - 3 pm, Candelaria East Patio
Sponsored by the Women's Resource Center and Individual Contributors
(See article by Leslie Hillen)

Sunday, March 31

Retreat Reunion/Spring Renewal Gathering
2 pm to 9 pm, Recreation Center Conference Area
Please contact the WRC for registration information
Sponsored by Associated Women Students and the Women's Resource Center



UNIVERSITY BOOKSTORE
UNIVERSITY OF NORTHERN COLORADO

Celebrate Women's HerStory Month

In celebration of Women's HerStory Month the University Bookstore brings you a list of New Women's Studies Titles.
Free while supplies last!

Monday-Thursday 7:45am-6:00pm
Friday 7:45am-5:00pm
Saturday 11:00am-3:00pm
Located in the University Center
2045 10th Ave.
351-2135

Sale thru 3-15-96

COLOR! COLOR! BRILLIANT GIFTS

- Gold • Gems • Estate Jewelry
- Indian Jewelry • Ellington
- Leather Briefcases and Bags •
- Boutique Clothing • Swedish & Wool Felt Clogs

HEARNE'S FINE GOODS
1509 Ninth Avenue
352-4653

BIRKENSTOCK®
The original comfort shoe.™

\$5.00 OFF ANY PURCHASE OVER \$35.00

Now - 20% off selected Birks!

...with coupon...

Fabulous Fiction!

Holly deSaillan
Guest Columnist

Desolation. Wyoming in January. I arrived in Rawlins, Wyoming. Rawlins. By circumstance, poor choices and desperate desire to reclaim my life, I was stranded in Rawlins, Wyoming. Friendless, homeless, possessionless, nearly penniless. With my three year old child in tow.

It was the blizzard they talked about for years to come, cold and snow shut down Rawlins, Wyoming for a couple of days.

The Shelter was a new building, clean, sterile. My child and I were the only ones there. Even the counselors and intake people were stranded in their homes, somewhere in Rawlins, Wyoming.

All my life was left behind. Everything one can claim as part of their life I abandoned, in order to reclaim something much more precious. My thoughts were heavy, the snow was coming

down thickly. I tried in vain to lift my burden and play with my three year old child. Oh, when I lose myself in the hope of my child, just for an instant all fear is vanished.

There was no one to talk to, the phone would not allow long distance calls. Everywhere is long distance from Rawlins, Wyoming. The TV was full of soap operas and Geraldo Rivera, the radio twanging country songs, men and women whining over some lost love. This was not my world. My three year old child was taking yet another bath, wanting me to sit in the bathroom with him for hours, while he splashed and played with the cups and Tupperware I had found in the kitchen. He became wrinkled, like an old man with a perfect rosy-cheeked face.

I needed familiar, I needed a comfort. I trekked to the local grocery store, a Red and White, or was it a Piggly Wiggly? Was there no Safeway or King Soopers? I carried my three year old child, wrapped in a polyester, ugly blanket belonging to the shelter. I

wore a coat borrowed from the shelter, donated no doubt. Why do people donate ugly things? I felt absurd, I looked absurd, a woman of the street, a bag family. It was cold, the wind blowing.

Familiar, the grocery store smelled odd, I looked odd to the people there. Familiar, where is the tofu and brown rice?

"Where is the tofu?" I asked a young clerk who was stocking Van Camp's pork and beans.

"What?" he asked me in a inconvenienced sort of way, while looking at me like I had just landed.

"Tofu," I repeated, in a don't-you-know-anything sort of voice.

"We don't carry anything like that here," he told me. He was right. Back in the shelter, I cooked up spaghetti and tomato sauce with lots of vegetables. Vegetables find their way to Rawlins, Wyoming.

My three year old child and I played "Mama Bird and Baby Bird eat worms for dinner," in a shelter somewhere in Wyoming.

Woman, from pg. 1

life. At the time, Tonya was still in school, and needed to pull her concentration together in order to graduate.

This past December, Tonya graduated with a degree in management, and is continuing to work in the President's office, where she has worked for over two years now.

Probably one of the most unique situations that has come out of such a horror story is what Tonya is doing to heal her community and herself.

Tonya has recently begun visiting area schools and organizations and telling her story. She is paired up with Kathey Verdeal, Ph.D., who served as a prosecution witness at Tonya's trial.

Together, the two are putting on presentations to help educate people about the devastation drinking and driving can bring not only to other people, but also to yourself. This is not any part of a community service project that Tonya has to do for the court. Instead, it is a project that she has developed in her free time to help heal herself.

"I think it is the most therapeutic thing I have done for myself," Tonya explained about the presentations. Tonya believes in doing something positive to help other people understand situations similar to hers.

"I killed someone and nobody knows what that feels like," Tonya said. Tonya also explained that she could have put a gun to the woman's head and it would have been the same thing. "I'm very far away from

forgiving myself," says Tonya of the incident.

"This is the first time that I have ever put myself in a position to get to know a human being that I have convicted," said Kathey Verdeal. Kathey went on to explain that Tonya touches people in a way that she never can.

"It was very interesting...it definitely made me think about drinking and driving, or drinking at all," said Rochelle Smyth, a cocktail waitress at Old Chicago, who attended one of Tonya's presentations.

As far as future plans for Tonya, she believes that jail time is temporary, but she will have to live with this in her heart for the rest of her life.

"My life is on hold right now...I'll take what comes and see what happens," Tonya said.

SRC Endorsements

ASSOCIATED WOMEN STUDENTS DELIVERED A QUESTIONNAIRE
DISCUSSING WOMEN'S ISSUES ON CAMPUS TO ALL SRC CANDIDATES.

THOSE WHO CHOSE TO FILL OUT AND RETURN
THE APPLICATION HAVE THE SUPPORT AND ENDORSEMENT OF AWS IN THE
1976 SRC ELECTION.

President:

Kami Dempsey

Administrative Services:

Tom Emmett

Board of Trustees:

Jason Griffith

Vanessa Peters

Student Affairs:

Colleen M. McConeghy

Mike Nunn

Student Organizations:

Stacy Sax

Legislative Affairs:

Zach Stewart

Graduate Students:

Gretchen Gwynne

WRC welcomes
a new member
to the family!

Debora Beck-Massey
Inter, WRC

Who am I... that's a tough
one because I am many things
in one package.

First I'm a 40-year-old
woman who is both a mother
of two and a grandmother of
two.

I am currently a senior with
hopes of continuing on to
graduate school here at UNC.

I volunteer and do work-
study with the Disabled
Access Center, as well as
being a recipient of their
services.

I am a staunch activist for
better understanding of
disabilities.

I am presently majoring in
Sociology and minoring in
Women's Studies.

I am the student representa-
tive for the Women's Studies
Committee and the UNC campus
liaison for the SIROW newslet-
ter and organization of the
West and Southwest.

I recently became an Advo-
cate for A.S.A.P. and work hard
for women on this campus and
everywhere.

As I said, I am many things to
many people, but hopefully I'm
considered friend by all. I am
always available to listen and
willing to find answers to
questions you have.

I'm a familiar face to those
who know me and I hope to be
a familiar face to many more.

Date Rape Drug on the Rise

From the Minneapolis Star Tribune

Rohypnol, a potent sedative-
hypnotic drug, has made its way to
Minnesota.

Rohypnol is a sleeping pill used
in Mexico, but not approved for
use in the United States. It has
been used primarily by young
people who combine the drug with
alcohol.

Because of its amnesia-like
effects, it also is being used as a
date rape drug, according to a
drug alert issued by the Minnesota
Department of Human Services.
In southern Minnesota, abuse of

the drug has been suspected in
several cases in which it was
placed in alcoholic beverages of
young women who were subse-
quently sexually exploited. Victims
have no recall of the events
following sedation.

Rohypnol has a bitter taste when
added to a beverage and is about 10
times more potent than Valium.

For more information on this drug,
call the Minnesota Prevention
Resource Center at 612-427-5310 or
800-247-1303.

-compliments of the Hazelden
Foundation

Women's Resource Center

"The Muse-letter" April 1996

Candelaria 225A, 351-1492

Bonnie Reiss, Editor



Genital Mutilation Outlawed in Colorado

Megan Graham
Intern, WRC

On Monday, January 29, the State Senate passed a bill which outlaws female genital mutilation in Colorado and requires Colorado to create a program to educate the public about female genital mutilation.

Female genital mutilation is the "medically unnecessary modification of the female genitalia," and it is a procedure that is practiced in Egypt, Sudan, the Horn of Africa, the Middle East and Malaysia.

Female genital mutilation can involve the amputation of part or all of the clitoris, as well as infibulation, which is the amputation of the clitoris and the inner and outer folds of skin surrounding the vagina. Females are subjected to this procedure from infancy to the birth of their first child, depending on the culture. Usually, an untrained midwife performs the surgery on an unanesthetized girl while others hold her down. The midwife may use razors, knives, scissors, and even pieces of glass to sever the clitoris.

After the surgery, a tightly

infibulated female may have to urinate drop by drop, and her menstrual cycle may last up to ten days. During intercourse or childbirth, a female must cut her scars open or there could be complications with childbearing or intercourse.

Health risks include shock, blood loss or infection, pain during intercourse, and difficulties during childbirth. Also, a woman who has survived this procedure is likely to suffer from permanent psychological damage.

See OUTLAWED, pg.2

SRC Election Results

President:

Kami Dempsey

Personnel Affairs:

Jack Higgins

Graduate Students:

Gretchen Gwynne

Administrative Services:

Tom Emmett

Student Affairs:

Mike Nunn

University Relations:

Tera Neiman

Academic Affairs:

Estelle Gallegos

Student Organizations:

Stacey Sax

Diverse Relations:

Heather Smith

Board of Trustees:

Jason Griffis

Legislative Affairs:

Zach Stewart

CONGRATULATIONS!

Fare Thee Well

Lisa R. Jacobs
Assistant Director, WRC

It is with real sadness that I say farewell to my colleagues and friends at the WRC as well those whom I have worked with as an extension of my two years here. April will be my last month with the WRC. It came to my attention that I needed to focus my efforts on my doctoral internship at Metro State/UCD's Counseling Center as well as that ever "on the back burner" dissertation.

I have loved working at the WRC, even when things got chaotic or harried. My goal was always to

provide the best services that I was able for women at UNC and the greater community, and I am confident that along with the whole team, that has happened.

At a recent talk given by Hedy Red Dexter, Sheilagh Mogford, and Rita Kiefer of Women's Studies, Hedy Red said something which occurs to me now..."You cannot subvert that which you do not first understand." I believe that what I have suffered from and what lots of folks continue to suffer from is a lack of understanding. Some of what I have been a part of at the WRC has been labeled subversive but those activities

come from an ongoing investment in understanding the role that women have historically played in our society. I am proud to have become a subversive with the help of the WRC.

My thanks and my love to Melanie Wilson: my mentor, my advisor, and my friend. She has been one of the most significant players in my coming to the understanding which now allows me to be subversive. I am proud and grateful for the part that I have played at the WRC and the tools which it made available to me to take on my continuous journey.

Everything You Ever Wanted To Know About STDs, But Were Afraid To Ask...

Amanda Nicholson
Guest Columnist

Sexually Transmitted Diseases are affecting millions of Americans each year. STDs are the second most contagious disease contracted, next to the common cold. Complications range anywhere from sterility to death.

There are differences in how STDs affect men and women. Not only do women have a more difficult time detecting the various diseases, but they tend to have more complications.

Chlamydia is the STD most Americans will have, affecting three to four million a year. For women, 80 percent will not even know they have the disease, because they have few or no symptoms. For the 20 percent who do, symptoms are heavy discharge and stinging when urinating. If left untreated, the disease can lead to damage of the reproductive organs, and possible sterility.

Gonorrhea, or "the clap," is less frequent than chlamydia, affecting one million a year. It is another disease where women have no symptoms, but can have complications ranging from sterility, arthritis, and heart problems. It can also be passed to an unborn child during delivery. Both gonorrhea and chlamydia are treated with antibiotics.

Women may have genital herpes and not know, because blisters can be on the cervix, where they can only be seen by a gynecological exam. The same is true for genital warts. A woman can go for years without

knowing she has either STD, especially if she is not getting an annual gynecological exam. Both herpes and warts can cause cervical cancer. Sex, including oral, should be avoided during an outbreak to prevent transmission to the partner. Women, in certain

"Women ages
16-24 are
the fastest rising
group of HIV/AIDS
cases."

cases, especially during an outbreak, cannot have natural childbirth since herpes may be passed to the child.

Many thought syphilis was gone, but the disease is making a big come back in many large metropolitan areas, including Denver.

Trichomoniasis is a disease affecting more women than men. It can lead to bladder or urethra infections. Symptoms for women include a heavy discharge, pain or discomfort during sexual intercourse, and pain when urinating. Men do not usually have symptoms, which makes it easier to pass from partner to partner. Trichomoniasis is treated by antibiotics.

Crab Lice can be passed not only by intimate sexual contact, but also by towels, sheets, or clothes. Symptoms are itching and visible moving lice in the pubic hair. Crabs can be treated with prescription and non-prescription medications.

The last STD is HIV/AIDS, which leads to death. Women ages 16-24 are the fastest rising group of

HIV/AIDS cases. Symptoms may not occur for years. Symptoms usually attack the body differently in women. Women can have symptoms of recurring yeast infections, cervical cancer, and are more likely to develop tuberculosis. Women can pass the disease two more ways than men, through both childbirth and breast feeding. It is strongly recommended for all women who are pregnant to get tested for HIV/AIDS, since taking AZT during the pregnancy can reduce the chances of the unborn child contracting

the disease.

Women should also remember HIV/AIDS can be more easily passed to women having sex with men. Semen has a 75 percent concentration of the virus, while vaginal fluid has only 50 percent. Lesbians are also not immune, since a partner could be a current or past IV drug user. Men should not feel safe from getting HIV/AIDS, since it is the leading cause of death for men 25-44 years old, and can be transmitted by the first sexual contact.

Ways to protect yourself include not sharing needles or drug paraphernalia. The use of a latex condom for intercourse or oral sex on a man can help protect. For oral sex on women, the use of a dental dam should be used to help protect against transmission.

Many of the STDs above, including HIV/AIDS, can be transmitted through oral sex.

For more information or brochures, call Center of Personal Education (COPE) at 351-2065 or the Health Center at 351-2618.

HEALTH, continued from pg.4

as messages of "Women shouldn't and Women can't."

These external factors are internalized in us as we grow and develop. They can be noted in women's struggles with career self-efficacy, self-confidence, level of assertiveness, and home/career conflict. Career self-efficacy is a measure of level of belief in our career success. Women often struggle with believing that they can perform the task when they have had few female role models in many well-paid positions and careers. In studies looking at self-confidence, it has been found that women consistently underestimate their abilities while men overestimate their abilities. This underestimation affects performance, self-esteem and career decision-making.

Women are socialized to be nurturers and caregivers rather than assertive individuals who get their own needs met. This

internalized belief works against women as they struggle to obtain positions normally held by men and work to rise to positions of power in companies. Assertiveness is a requirement for achieving promotion and increased pay. And women often have to deal with the stereotyped reactions of others which view a women who interacts assertively as hostile and aggressive.

A final internal factor in women's career development is home/career conflict. In the 80's, women attempted to be Superwoman, working full-time, caring for her family full-time and carrying the burden of all the responsibility as a single parent or the majority of the responsibility as the woman of the house. This was a recipe for burnout.

An increase in men sharing the parenting and housekeeping roles and workplace innovations such as job sharing, flex-time, on-site

daycare and the Federal Family Leave Bill have lightened the load on women. But the conflict remains: Which comes first, career or family, and if it's family, how do I promote my career and increase my earning potential?

So, what can we do to promote change and movement toward equal pay? Organize activities to enhance awareness like the Feminist Bake Sale; Network with women in your career field; Learn how to navigate within your organization; Learn, practice and refine assertiveness skills; Speak out against sex-role stereotyping in your families, schools and communities; Form Women's support groups for career development; Get politically involved at the local, state or national level; Report sexual harassment and discrimination; and Reflect on the impact of sex-role stereotyping on your own career development.

As Des'ree would sing:
You gotta be bad. You gotta be bold. You gotta be wiser.

Take Our Daughters (Or Mothers) to Work Day!

Debora Beck-Massey
Intern, WRC

Thursday, April 25th, will be Take Our Daughters to Work Day, and this year we will add Bring Our Mothers to School Day as well. The MS. Foundation has backed this endeavor for several years and schools and corporations from all over the world have taken part.

This year the MS. Foundation has established a \$60,000 schol-

arship sweepstakes for little girls. Three girls, selected by a random drawing, will receive \$20,000 in Series EE U.S. Savings Bonds to be used for secondary education, continuing education or college. Plus, each school the winner attends will be awarded \$1,500.00 to be applied to the girls' athletic program. The sweepstakes is open to girls 9-17 who are U.S. citizens.

All this information will be included in the packets that will be available the 25th, at

the Women's Resource Center from 8 am-3 pm. Along with the information packets there will be a buffet of day-long munchies so the mothers with daughters and daughters with mothers can refresh themselves as they see what each other does in their daily lives.

We hope that those of you who can will bring your daughters and/or mothers to work and school (at UNC), and share the continuity of Herstory.

The Next Generation Speaks Out

-This article was written by a little boy by the name of Patrick. He is nine years old.

Good afternoon fellow Greek citizens! I am brought before you with a question, should women have the same rights as men? I think that they should because I feel that men have bossed women around long enough. I also feel that women should have a say in what we do in our community. Half of our community are women, so we should let them have the same rights as men. If I was a woman,

I would be sick and tired of cleaning up after everyone and I would also be sick of being escorted in. I also think that women should be able to walk into the classroom all by themselves. I also think that men should help clean up after were done.

If we made women equal it will get rid of the hate and people will have more respect for each other. Remember the women are the ones who are raising the children so if we let them be part of our society they will teach the children and they

will grow up to be even smarter. Women also look at things differently than men do. So if we let them be a part of our society we will have a different perspective of our society. With all these different ways of looking at our society our society can only get better. You are intelligent people and I know that your decision means well. Every decision that we make today will affect us tomorrow.

And remember the person that gave birth to the smartest man was a woman.

Women Take Over SRC

Melanie Wilson
Director, WRC

Led by President-Elect Kami Dempsey, six women were recently elected to positions on SRC. Other women elected include Gretchen Gwynne, Stacey Sax, Tera Neiman, Heather Smith, and Estelle Gallegos (see complete election results on page 1). Four women were defeated; some unfortunately ran against other women, but 10 women candidates is the largest slate of women in a long time. The six women elected constitute a majority of the Council, for the first time ever.

Kami Dempsey will be the first woman SRC President since Heather Potter in 1991-92, and only the second ever. This is a significant time for student leadership, since the University leadership is changing. SRC will be in the position to place two students (one graduate, one undergraduate) on the Presidential Search Committee when it is organized.

Advocates for women on campus are pleased that women's SRC representation is finally approaching proportionality with their numbers on campus (around 61%). Credit can be widely shared: the Women Students Leadership Institute had as its goal increasing the number of

women on SRC; the Women's Studies Program and the Commission for Women brought issues of climate to the forefront; the Cultural Centers attended more to the needs and issues of women students; and of course the WRC continues its efforts to bring all women's issues into the limelight.

Congratulations to all the women who won their races!

(If you would like us to profile a woman student leader on campus, just let us know. Call us at 1492 or drop story ideas for fall by the office, 225 Candelaria).

Women's Resource Center

"The Muse-letter"

September 1996

McKee 512, 351-1492

Bonnie Reiss, Editor



Where's the Beef Building?

Bonnie Reiss
Editor, WRC

Just in case you haven't noticed, the Women's Resource Center has moved to a new location on campus, and now resides quietly in McKee 512. Now, I'm sure you are wondering where this wonderful new house is that we were supposed to move into this year. All I can say is, your guess is as good as mine! For one reason or another, the WRC has again been given the run-around, and the university has decided that renovating the dorms is more important than housing a well-known cultural center that has been fighting for its own space for the last two years.

The other cultural centers on campus service between 75-750 students. According to demographics taken from the registrar's office, there are an estimated 6,201 female students on campus. Why doesn't the WRC have it's own home, even though we are servicing 6,000 students? The referendum for the WRC building was passed in the spring semes-

ter of 1994, as was the referendum to build the recreation center. The recreation center has been up and running since last fall. Where is the WRC building? It makes me sick to think that I voted for something that I am not going to see built before I graduate. Again, your guess is as good as mine. Don't get me wrong. I am not complaining about moving to the beautiful McKee building, where there are virtually no windows in any of the rooms, and someone could easily lose their mind from lack of fresh air and sunlight. Not to mention the fact that we are put on the 5th floor (did you even know there was a 5th floor?), completely out of the main drag, in the furthest corner of the building. I mean, come on, let's be fair about this! The movers couldn't even find where they were supposed to move all of the stuff from the other WRC space, simply because the new location is so hidden from the main flow of traffic!

Sometimes, when I really think about it, I can't help but feel that as a female student, I'm getting just a little screwed out of my opportunities here on this campus.

This center is my center, just as it is every other student's on campus who dutifully pays her/his fees every year (which by the way are the highest fees of any Colorado university). I don't feel it is fair that a center that is as important as this one should be hidden away, especially since it is specifically focused on helping women students. This center is not only for resources, but for many other things. Students who need any type of help, including rape situations and sexual harassment, can come here for help.

This center is most importantly a home. I'm not speaking to you as a member of the WRC, or as a feminist, but as a student who is concerned about where her student fees are going. If the university continues to treat women as if we are nothing, then we will be forced to continue fighting the system. I encourage anyone who is interested in seeing what the WRC is all about to come and visit us. After all, you, the students, are the ones paying for us to be here.

"Subverting the Dominant Paradigm: Creating Your Own Vision"

**1996 Women Students Retreat
October 25-26-27, 1996
Barclay Lodge
YMCA of the Rockies**

cost: \$40 includes 2 nights lodging, meals, and materials

Registration

Name: _____ phone: _____

Address: _____

Method of payment: _____ cash _____ check

We will help arrange carpools:

_____ I can drive and I can take _____ others with me
_____ I need a ride

Rooms hold 3-4 women. Do you have a roommate preference?

(we may not be able to honor all requests)

We invite presentations (around 30-50 minutes) that reflect and develop the retreat theme.

Title of Presentation: _____

Brief Description: _____

_____ time needed: _____

Other suggestions for programs/events: _____

Are you a member of a YMCA/YWCA anywhere? ____yes____no

**Registration Form Due (with payment) to
Women's Resource Center, 512 McKee
by MONDAY, OCTOBER 14
Call 1492 with questions.**

Space is Limited -- Get Your Registration in NOW!

All participants will receive written confirmation with more details.

Women's Institute to Sponsor Literature Series

The Rocky Mountain Women's Institute will sponsor a literature series to discuss women who have made an impact through their writings. The discussions will be held the first Wednesday of selected months, from 7-9 p.m.

October 2: "Composing a Life", by Mary Catherine Bateson. The discussion will be led by author Joanne Greenberg. Using the lives of five special women as her models, Bateson astutely illuminates the challenges and opportunities posed by the discontinuities so common to women's lives. She

explores the value in continual redefinition and celebrates the process of "composing a life." An inspiring book about contemporary living, said the *Boston Herald*, "helpful to women and men."

November 6: "A Room of One's Own," by Virginia Woolf. The discussion will be led by professor Eleanor McNees. With a special combination of brilliance and whimsy, this book proclaims that all a woman needs to create great writing is "money and a room of her own." The *New York Times* wrote, "Woolf speaks for her sex with as much fancy

as logic, as much wit as knowledge, and with the imagination of a true novelist." Ponder implications for your own life. McNees is associate professor of English and chair of the English Department at the University of Denver.

All discussions will be held at Montview Presbyterian Church at 1980 Dahlia and Montview, study group room #105. Admission is free to members of the Rocky Mountain Women's Institute, and \$10 per session for non-members. For more information on this event, call 871-6923.

Rigoberta Menchú Tum Comes to UNC

Kritstin Heil
Intern, WRC

The University of Northern Colorado will be hosting the 1992 Winner of the Nobel Peace Prize, Rigoberta Menchú Tum, on Monday, September 30 at 7:00 pm. The presentation will take place in the UC Ballroom and is free of charge.

Nobel Laureate Rigoberta Menchú Tum is internationally known for her work in human rights, peace, and Indigenous Peoples' rights, and author of *L*

Rigoberta Menchú, An Indian Woman in Guatemala.

Her talk is sponsored by the University Program Council, Native American Student Services, the Women's Resource Center, Women's Studies, Student Affairs, the College of Arts and Sciences, the Honors Program, Neal Cross Foundation, Cesar Chavez Cultural Center, the Marcus Garvey Cultural Center, the Office of Minority Affairs, International Student Services, Residence Life, Political Science, the Commission for Women, the Women's International League

for Peace and Freedom, Hispanic Studies, the Residence Hall Association, Women of Color, the Friends of the UNC Libraries, and the Greeley Unitarian Universalist Fellowship in association with Native American Traditions (sponsors: Aims Community College, Greeley-Evans School District 6, City of Greeley, Hewlett-Packard Greeley Division, People of the Great Spirit, Native Americans of UNC, Native American Institute-UNC, UNC Film Society, and alterNative Voices-KUVO).

Terri Tells It Like It Is!

• Terri Baker is the Associate Director of the WRC

My name is Terri Baker. This is my second year as the WRC graduate assistant. What a wonderful job - actually, I often forget that this really is a job! I am involved with all of the exciting activities on campus and I have the opportunity of a lifetime to work with women and men who support women (in a meaningful way that includes words, but is not limited to them). Our office is a place of respite and rejuvenation from the stifling fetidness of patriarchy. It's like a breath of fresh air just when you thought that there was none left.

I'm not talking about the patriarchy of the *Big World Out There*, I am

talking about the *microcosmic* world of UNC. Hard to believe oppression and discrimination occur right here at our university, isn't it? HA! If you thought you were the only one who noticed the state of affairs here in our little corner of the world, then stop by the WRC office and meet a growing community of women and men who are like-minded.

The Women's Resource Center is not the Lesbian Resource Center, or the White Women Resource Center, or the Center for Women of Color, or the Center for Older Women, or the Center for Young Women, or the Center for Heterosexual Women or even the Center for Women Who Hate Men. It is none of these things, and yet it is all of these. We embrace ALL women, and ALL men who

support women. So, I welcome all of you to come by our office and become part of a community that is neither patriarchal nor matriarchal. We are a community comprised of shared ideas, shared leadership, and most importantly, we are a community of support.

On a personal note, I am in my fourth year as a doctoral student in Counseling Psychology. I live in Denver with Karen, my partner of 9 years, and our animal friends Falcor, Oggie and Micio. This is dissertation year, so you'll recognize me by the look of horror/disbelief/panic on my face! Goddess willing, this will be my last year on this campus, but while I'm still here let's shake this university up a little bit, or maybe a lot! Anyone game?

Bonnie Takes On the World

• Bonnie Reiss is the Editor of the WRC Muse-letter

Hello again! My name is Bonnie Reiss, and I am the editor of the WRC Museletter. This is my second semester working at the WRC, and I can't tell you enough about how the Center has changed my life. You also may know me as the head of Diverse Programs for University Program Council, or the bartender you may spend your Friday evenings with at Libation

Station. If I'm not wandering around in those places, I'm usually at home with my total joy in life, my cat Nola.

Since I grew up in a small white suburb of Denver, I was not accustomed to seeing or recognizing any type of racism or sexism. The WRC has helped me to be more aware of what is going on around me in the world and how I fit into the picture. Being involved in the WRC has also encouraged me to open my eyes and realize that I can make a difference in how I run my life, no matter what any-

one says. I encourage all interested students to come to the WRC and visit us. We are not only an organization for women who consider themselves feminists, but we are also an organization for people who consider themselves humanists. So, come by and check out our Resource Center and see what we have to offer. Also, I am always open to anyone who is interested in submitting pieces of work that they would like published in the monthly Museletter!

Little Blue Riding Hood

Terri Baker
Graduate Assistant, WRC

• Adapted from a story
as told by Dr. I.D. Welch

LITTLE BLUE RIDING HOOD WAS ON A JOURNEY TO VISIT HER GRANDMOTHER. SHE HAD NEVER MADE THE JOURNEY FROM THIS PARTICULAR DIRECTION BEFORE, AND SHE WAS TRAVELING ALONE.

AFTER SEVERAL MILES OF SUCCESSFUL NEGOTIATION THROUGH MANY OBSTACLES SHE CAME TO A FORK IN THE ROAD.

THIS WAS NOT A PLACE THAT SHE RECOGNIZED, AND SHE HAD NEVER ENCOUNTERED A SITUATION SUCH AS THIS BEFORE. LITTLE BLUE RIDING HOOD WAS FROZEN WITH INDECISION AND FEAR. WHAT IF SHE MADE THE WRONG DECISION?

AFTER MUCH THOUGHT AND REFLECTION, SHE TOOK THE FORK TO HER RIGHT, AND AS SHE TRAVELED, SHE BEGAN TO ENCOUNTER MANY DIFFERENT PEOPLE WHOM SHE HAD NEVER SEEN BEFORE.

SHE WAS AFRAID OF THESE PEOPLE, AND SHE FEARED THAT SHE WAS NOW HOPELESSLY LOST. HOWEVER, A STRANGE THING BEGAN TO HAPPEN.

AFTER A TIME SHE SEEMED TO FORGET THAT SHE WAS LOST AND BEGAN TALKING TO THESE DIFFERENT, YET SOMEHOW BEAUTIFUL, PEOPLE. LITTLE BLUE RIDING HOOD WAS NOW FEELING EXCITED TO MEET THESE PEOPLE AND TO SEE ALL OF THE STRANGE AND WONDERFUL SIGHTS ALONG THE WAY. AFTER A TIME, HOWEVER, SHE REMEMBERED THAT SHE WAS

ON A JOURNEY TO HER GRANDMOTHER'S HOUSE, AND SO SHE TURNED AROUND AND RETURNED TO THE FORK IN THE ROAD. LITTLE BLUE RIDING HOOD NOW TOOK THE FORK ON THE LEFT, AND IN SHORT TIME SHE CAME UPON HER GRANDMOTHER'S HOUSE WHERE EVERYTHING WAS FAMILIAR AND SAFE.

ALTHOUGH SHE MADE AN INCORRECT DECISION WHEN SHE CAME TO THE FORK IN THE ROAD, LITTLE BLUE RIDING HOOD LEARNED MORE, AND NOW HAS MORE INFORMATION WITH WHICH TO MAKE FUTURE DECISIONS, THAN SHE WOULD IF SHE HAD GONE DIRECTLY TO GRANDMOTHER'S HOUSE WITH NO MISTAKES.

ARE YOU WILLING TO MAKE MISTAKES?

The FINEST
GOOD MUSIC GREAT DEALS SINCE 1972
CD's TAPES LP's
NEW USED RARE

TICKETMASTER
GREELEY • 2400 8TH AVE.
352-4657
ALSO IN FT. COLLINS

YOUR LOCAL INDEPENDENT STORE SINCE 1972!

- Every New Release On Sale
- 1000's Of CDs Under \$5
- Next Day Special Orders
- Posters T-Shirts, Stickers, More
- LOCAL Music & Concert Tixs
- Friendly, Helpful Service

TRADE IN ALL YOUR OLD MUSIC AND VIDEOS! WE TAKE IT ALL!

HOURS: MONDAY-SATURDAY 9-9; SUNDAY 12-6

Total support for
the student body.



BIRKENSTOCK.

The original comfort shoe.

Hearne's Fine Goods

1509 9th Ave
352-4653

"Located in an historic home"

© 1990 Birkenstock AG, Germany

Women's Resource Center

"The Muse-letter" October 1996

McKee 512, 351-1492

Bonnie Reiss, Editor



Keep Your Paws Off!

Melanie Wilson
Director, WRC

Most every time I advocate on behalf of women or women students, someone gets angry. This will be no exception as I admonish male faculty members to "Keep Your Paws Off" female students.

Every month I hear a new story about the predatory behavior of male faculty members. The stories are pretty much the same; the names of faculty (and their departments) are interchangeable, and frankly I don't know of a name that would surprise me anymore.

What's wrong with male faculty dating/

sleeping with female students? Just about everything.

1. Sleeping with students in your class is under no circumstance ethical, and believe me, it happens. No one at any level should condone this, and offenders should be dealt with.

2. Sleeping with students in your program is no less unethical. Even if she is not in a class you teach, you have a certain degree of power over her academic life. She may in fact elect to skip the courses you do teach, depriving herself of some degree of educational experience at UNC.

3. How many students do you proposi-

tion to find one to sleep with you? This certainly brings up the specter of sexual harassment.

4. What on earth does a middle-aged man generally have in common with a 20-year-old student? Using students for sex is unconscionable.

5. For every happily ever after faculty/student marriage, how many broken affairs and damaged students were left along the way? What about the faculty who are cheating on their wives with students? What about the faculty who trade in their student wives for a younger model every five years or so?

Paws, continued pg. 2

The Promise Keepers: Wolves in Sheep's Clothing

Megan Graham
Program Associate, WRC

Recently, I've noticed that some men are finally realizing that women want sensitivity and respect. After decades of American women complaining about the need for enlightened, nurturing men, some men are making an effort to be more considerate of women's needs.

However, some men's groups that may appear to be "woman-friendly" actually intend to hamper a woman's progress. One such group is the Promise Keepers.

I have become increasingly frightened by the Promise Keepers, the Christian men's movement

founded in 1990 by former University of Colorado football coach Bill McCartney. Over 55,000 men attended the Promise Keepers conferences in 1993 and 1994, and the Promise Keepers has also sponsored conferences with similar attendance figures in many major cities throughout the United States.

The Promise Keepers claim to be woman-friendly, even though the gatherings are open only to men. Family values, respect for women, and brotherhood are emphasized at PK gatherings. How could a woman complain about a group that encourages men to give women the respect we've wanted for so long?

The answer is simple: the Promise Keepers encourage men to respect women as long as women step down and allow men to dominate them.

Most women (and men, for that matter) do not fully realize that the Promise Keepers' agenda is detrimental to women. Sure, the Promise Keepers will respect women, but only as long as:

- Women are not leaders in the church.
- Robert Hicks, author of a PK-endorsed book The Masculine Journey, states that, "We must recapture the church for men, defeminize it, and

Wolves, continued pg. 5

A MESSAGE TO OUR CAMPUS

Debora Beck-Massey
Guest Columnist, WRC

After reading coverage of the President's State of UNC speech, I have a couple of concerns, including the elimination of programs to save money. Will the students have any say in what programs or classes are cut? What direction will the college lean in its restructuring? Will studies be done so

that the college keeps up with other colleges of its size?

Will this plan be a convenient plan to get rid of programs such as Women's Studies? Will it be the vehicle to undo the progress that women have obtained so far? While many may say that I am being an alarmist, I believe in looking ahead, and not waiting for the other boot to drop.

All of us as students/

faculty/employees are busy with our lives, and each of us has the tendency to not get involved because we are so BUSY. If we don't take action now, we shouldn't make any excuses when the rug is pulled from under us.

Get involved.

Ask questions.

Be persistent.

Fight for what you believe in.

Wolves, continued from pg. 3

make our appeals to men where it will cost them something more than their money or their time" (p. 155).

Another PK supporter says, "And male leadership in government and the community is to be desired. One evidence of a nation's fall from grace is that women will rule over it."

- Women are not leaders in the family. Dr. Tony Evans, writing for the Seven Promises of a Promise Keeper, suggests that men talk to their wives to reclaim their roles as leaders. Here is his script: "Honey, I've made a

terrible mistake. I've given you my role. I gave up leading this family, and I forced you to take my place. Now I must reclaim that role" (79-80).

- Women are willing to sacrifice their careers and stay home. According to the Promise Keepers, a woman's primary duty is to stay home and let a man "take care of her." In exchange for this "protection," however, women are expected to be obedient. A Promise Keeper says that "The elder women should teach the younger women how to be keep-

ers of their homes and how to be obedient to their husbands in everything."

Denying women leadership, forcing women to stay home, and expecting women to be obedient are just a few of the ways the PK philosophy is harmful to women. Women need to be leery of groups who say that they have women's best interests in mind, especially when those groups are promoting the sexist ideas that women have struggled to eradicate. If getting respect from my partner means giving up my leadership positions, my career, and my free will, I'll take disrespect.

Thank You Contributors!

Jean Schober Morrell
Donna Davis
Karie Yoshioka
Sheilagh Mogford
Lisa Jacobs
Micah Pilkington
Jane A. Yant
Lia Softas-Nall
Allison Littlejohn
Sally McBeth
Oyibo Afoaku
Kim Reid
Registrar's Office

In Loving Memory...

The WRC would like to take this moment to say how sorry we are to see that Tracy Cosgrave has passed away.

This past WRC supporter died last Thursday night in a traffic accident. The car was reportedly hit head on by a semi-truck, according to the *Greeley Tribune*. The other passengers in the car, Deborah Casdorff and Cosgrave's infant daughter, Ella, both

survived the crash. She is also survived by daughter Blaise, and husband David Rosenberg.

She will be greatly missed by her friends and family at the University of Northern Colorado. If you are interested in making a contribution in Tracy's name, please contact the Hospice of Northern Colorado, 1403 10th Avenue, Greeley 80631.

UNC Coach Wins Award

Seven Weld County women were honored at the third annual Celebrating Women Gala for their achievements in the Greeley community.

The WRC is proud to see that Linda Delk, the UNC volleyball coach, is one of those seven women. Congratulations Linda!

After 20 years as head volleyball coach at UNC, Delk said she feels she is not just a coach but a teacher as well.

She has led the women's volleyball team to 18 straight winning seasons, seven trips to the NCAA Division II play-offs, and four trips to the Elite 8 Championships, where her teams finished third and fourth. Her 583-216 (.710) career win-loss record ranks her third among the top 10 active Division II coaches.

Delk says it is a privilege to coach such wonderful players. As a teacher, she has learned from the losses.

"Mistakes are avenues for learning

if used wisely," she said. To Delk, positive reinforcement is part of her role in assisting her players to make good decisions both on and off the court.

Delk, who stresses the academic role of the student athlete, says she is proud of her five players who have been recognized as Academic All-Americans.

-Article written by Abby Hutchison, Greeley Tribune

Money Well Spent

Laurie Lynn Hogan
Program Associate

You know, this University does some things right.

For example, SRC just gave me money to go to a Women and Spirituality Conference in Mankato, Minnesota. And as far as I'm concerned, it was money well spent.

On Thursday, 3 October, I left Greeley feeling a little frazzled. Okay, a lot frazzled. But when I got in that car with two of my friends (we have now deemed ourselves "The Unholy Trinity"), the only frustration I could muster was at the 13 hour drive ahead of me. I had no idea that the 1,000 women I was about to meet would permanently erase my previous ailments.

The first night at the hotel was incredible. You see, before we even got to the Conference, we noticed collectively that we had already tapped into the woman energy that would carry us through the weekend (and long into the rest of the semester). I talked to women from different backgrounds, of different ages, and with different interests — they all seemed to have come at the perfect time and they all somehow

helped me to strengthen my conviction that I was meant to be at the Conference. Our easy conversations and the excitement we all felt at meeting one another were amplified by our knowing that we were all connected — we were each necessary to one another and we were each a part of one another.

Funny how that always seems to happen when I'm around women.

Saturday was the first workshop day. After the opening ceremony, complete with drumming and singing, I learned about soul journeys, different ways to meditate, and past lives. I engaged in conversation about how the mainstream feminist movement is racist and classist. I taught myself how to dance like the four elements. I participated in a drum circle. The informal lessons were abundant: there are women all around who want to teach me, who want to learn from me, who want to be a part of the reciprocal process of giving energy, there are women who are strong, women who have not yet found their voices, women who have survived, women who have not made it through their struggles...

That night we sat in the second row and listened to the blunt intellect of Mary Daly. I laughed and I was enraged and, most of all, I was

motivated. I walked away feeling whole and full and exhilarated by knowing that I am capable of turning this world upside down, of creating a world where who I am and what I choose do with my time is not such a huge fucking issue.

Now I understand why Mary Daly is so threatening to the people who are trying to shut her up.

By the time Sunday rolled around, I was exhausted (you try spending four days with the Unholy Trinity and see how much sleep you get). I went to two more workshops: one by an African-American poet and storyteller about her family and other brave women in her life, and a workshop that made comparisons between Native American and Celtic traditions (the similarities were astounding). The day closed with another emotionally charged drum jam.

I left this place feeling fulfilled, vehement, profound and beautiful and brilliant and incredible. I left with the knowledge that with women, anything is possible. Now I am here and I am still floating in the clouds. I am still laughing, and I still have the key that makes my voice loud and strong and productive.

Yeah, definitely money well spent.

Women's Resource Center

"The Muse-letter" November 1996

McKee 512, 351-1492

Bonnie Reiss, Editor



UNC Women Win Awards

Jones Gets Top CWAVE Honor

Melanie Wilson
Director, WRC

Dr. Judy Jones, Assistant Vice-President for Student Affairs, was awarded the Margaret C. Tobin Award by the Colorado-Wyoming Association of Women in Education. This is the group's top yearly award, recognizing outstanding contributions in educational leadership by a woman working in Colorado or Wyoming.

Jones was recognized for her work on the UNC campus, which has included co-founding the UNC Commission for Women and the Women Students Leadership Institute, serving as university ombuds officer, teaching in the CSPA program, serving as the Assistant to the President and Secretary to the Board of Trustees, and heading the Career Services office.

Jones exemplifies ethical

leadership as she champions the Women's Resource Center and works to get the building project completed. She is a strong advocate for students and has strongly supported students of color, women, and other disenfranchised groups. She shares her wisdom with the student leaders of SRC, and they are better for it. She is working to eliminate sexual harassment on our campus, both in her role as ombuds officer and through the

-Jones, continued on pg. 2

Kusjanovic, Fox Lead Soccer Award Winners

Fargo, North Dakota-North Central Conference champion Northern Colorado placed four players on the 1996 All-North Central Conference women's soccer team to highlight the inaugural eight-member squad selected by vote of the league's coaches.

Northern Colorado defender Heather Fox, a senior from Aurora, Colorado, was selected the NCC's Most Valuable Player. Fox was the sparkplug for the stingy Bears' defense that

allowed only 12 goals over 20 games and posted 10 shutouts during the 1996 season. Fox, who also scored two goals, led UNC (13-5-2) into the NCAA playoffs against No. 8 Regis (14-4-2) at 11 a.m. Saturday, Nov. 9 in Denver.

Northern Colorado head coach Dana Kusjanovic was named NCC Coach of the Year after directing Bears to the first-ever league championship in women's soccer and the program's first-ever NCAA Division II Tournament

appearance. She led Northern Colorado to a 13-5-2 record in 1996 and has compiled a record of 29-18-2 in three seasons at UNC.

Others from the 1996 All-North Central Conference Women's Soccer Team include: Heather Jones, Lisa Bohm, and Julie Rocha.

Congratulations from the Women's Resource Center!

-Article courtesy of North Central Conference Sports Information Bureau

What is a Victim?

Bonnie Reiss
Editor, WRC

Victim.

What does that mean to you?

Well, to most people, a victim is someone who has been violated in some way, shape or form. This can include rape, theft, and verbal or physical abuse.

I was pondering the idea of what it is to be a victim the other day, and came to the conclusion that most of us are victims within our society, whether we choose to be or not.

You see, we have had our choice taken away, and we no longer are allowed to decide whether or not to be victims. Our choice on this campus has especially been taken away over the last month because of the extreme violence against women and other students that has been taking place. We are no longer allowed to feel safe walking out to our cars at night without an escort, or going to a party dressed in drag, without the fear of being raped, beaten, or even shot and killed.

I guess that the real concern to me is how to deal with the situation, as victims, and not have all of the responsibility put on our shoulders.

I realize that I may be beginning to lose some of you here, so just bear with me, and I will explain what I mean.

The other evening I was getting ready to go out on a date. I said good-bye to my roommate, who was on her way out the door to go to class, and went to go take a shower. When I got out of the shower, the phone immediately rang. It was the Greeley Police Department calling to let me know that my roommate had just called them to notify them that there was a stranger in our backyard, evidently watching me take a shower. Getting over the initial shock of it all, an officer came over and began to explain to me precautions I needed to take to make sure I was safe from now on.

These precautions included a motion detector light, locking the front door at all times, keeping our blinds in the bathroom closed at all times (even though they were closed when I was taking a shower), and having someone walk me out to my car, after dark, for the next few nights. Of course, I was not only frightened after the officer left, but I was also mad because I felt it was unfair to be putting the responsibility of the situation on my, the victim's, shoulders.

This response is similar to the rapes on campus, when I saw signs posted in various places warning women not to be out alone on campus after dark, and to make sure that they have an escort with them at all times.

I find it ironic that not only is the victim being held responsible again,

but the university is telling women students to have a security guard, who is a male and a stranger, walk them out to their cars at night. How logical is that?

Did anyone remember about two years ago on the University of Colorado campus? There had been a number of reported rapes, so security and escort programs were beefed up in order to help the situation. Come to find out in the end, it was some of the male security guards who were, while escorting these women home, raping them along the way. Guess women need to come with a LONG list of instructions on how to keep themselves safe!

I really just wanted to point out that I am tired of hearing that it is the responsibility of women to keep themselves safe, and know what to watch out for in a perpetrator. What about date rape, or violence that happens to you by someone that you know? How are you supposed to know when someone is going to hurt you? Responsibility needs to fall on everyone's shoulders in situations of violence, and least of all the victims.

The women who were raped on this campus did not ask for it, just as I did not ask to be looked at while I was taking a shower.

It is not your fault that you are a victim, no matter what anyone says.

Jones, continued from pg. 1

revision of the sexual harassment policy.

Dr. Judy Jones is universally respected on our campus. She is a person of rare personal integrity, and

rare courage as she advocates for what is right, fair, and just. We are proud to add Dr. Jones to the list of CWAVE award winners from UNC - she ably carries on the tradition of strong women

leaders such as Nancy Scott and Jean Schober Morrell. We are also proud to call Judy Jones a friend of the WRC, and congratulate her for recognition long overdue.

Top Ten Reasons Women Don't Want To Be Called Feminists

1. MIGHT HAVE TO GIVE UP SPANKING SEX PLAY
2. "FEMINIST" IS TOO HARD TO PRONOUNCE AND SPELL
3. RUSH LIMBAUGH SEEMS REASONABLE FOR AN EXTRATERRESTRIAL BEING
4. BEING POLITICALLY CORRECT SOUNDS LIKE THERE'S A DRESS CODE INVOLVED
5. "PLAYING DUMPS" CAN BE INTELLECTUALLY CHALLENGING
6. IT SEEMS SO ONE-SIDED—NO ONE'S TALKING ABOUT THE POSITIVE ASPECTS OF FEMALE OPPRESSION, DISCRIMINATION AND OBJECTIFICATION
7. THEY MET A FEMINIST ONCE AND DIDN'T LIKE HER
8. THEY MIGHT HAVE TO PAY FOR A DATE
9. THEY THINK WE NEED TO FOCUS ON THE MORE IMPORTANT ISSUES LIKE HEALTH CARE SUPPORT FOR BREAST AUGMENTATION, LOWERING COSTS FOR COSMETIC SURGERY AND HOW TO FIND GOOD HELP
10. WOULD HAVE TO CANCEL SUBSCRIPTION TO COSMOPOLITAN

Women's Herstory Month Approaches

The month of March is celebrated worldwide as Women's History Month. We at the Women's Resource Center celebrate Women's Herstory Month by including related events occurring anytime spring semester.

Last year many different groups were included in WHM activities. Our calendar included 43 events sponsored

and co-sponsored by many various groups on campus.

If your organization or office has an event related to WHM, let us know so we can put it on the WHM calendar. If your group is interested in sponsoring or helping to sponsor a WHM event, give our office a call.

Events in place or in planning for the 1997 WHM include feminist historian Gerda Lerner, a multimedia goddess

exhibition, a stage play about the life of Charlotte Bronte, a female comedian from the disability community, and many others. WHM leads off with the talented comedian Paula Poundstone in February, sponsored by UPC. What a great beginning to lead us into another fabulous WHM. Call us with your events, ideas, and suggestions.

Activites, continued from pg. 6

the Greek Culture

- Miscellaneous on-campus programs

Co-sponsor/Contributions

- Mary Daly
- Moon in Her Mouth
- Africana Night (2)
- Women of Color Conference
- Multicultural Materials Expo
- Kate Rushin
- Residence Halls/RHA
- Homeless Dinner
- Ladies on the Couch
- NARAL
- SAFE Week Activities

- Salon
- AIDS Quilt
- SPEEC Craft Sale (2)
- Homecoming Parade
- Ultimate Frisbee Fundraiser for Sexual Assault
- Fall Bizarre (3)
- Panhellenic and Fraternity Rush Brochures (4 separate entries)
- CHE Diversity Celebration
- Fall Diverse Relations Fair
- Disability Awareness Week
- TEARS of the Children
- 1st Annual Gay/Lesbian Social for Students/Faculty/Staff
- Diversity Ice Cream Social
- Color Me Woman Conference

- Health Fair (2)
- Thursdays in Black
- David Sadker
- Amy Tan
- Nobel Laureate Rigoberta Menchú Tum
- Back to Beijing (featuring Dottie Lamm)
- Annette Kolodny
- Sexual Harassment 1996: Scholarly Definitions and Everyday Realities
- Young Women's Day of Action (2)
- Voter Registration
- ISM - National Diversity Summit
- "Good Girls Don't Eat Dessert"

•*Women's Resource Center Co-Sponsorships 1994-96*

Academic Departments

- Women's Studies
- Honors Program
- Visual Arts
- Hispanic Studies
- Professional Psychology
- College of Arts and Sciences
- Neal Cross Foundation
- UNC Scholarly Activity Fund
- UNC TEAMS (Teaching Excellence Appropriate for a Multicultural Society)
- Political Science
- Hispanic Studies
- English

University/Student Groups

- Graduate Student Association (General Fund)
- Graduate Student Association (Division V)
- Graduate Student Association (Professional Psychology)
- UPC Campus Connection
- UPC Diverse Programs
- UPC Concert Connections
- Commission for Women
- Women of Color
- UNC Counseling Center

- Greeley Gay Lesbian Bisexual Alliance
- Marcus Garvey Cultural Center
- UNC Police Department
- Greeley Fire Department
- McCowen Hall
- International Film Series
- Cesar Chavez Cultural Center
- UNC Bookstore
- International Student Services
- Center for Adult Student Services
- Panhellenic Council
- Assault Survivors Advocacy Program
- SAFE Committee
- Native American Student Services
- Asian Pacific American Student Services
- Associated Women Students
- UNC Affirmative Action Office
- Office of the President
- Residence Hall Association
- Residence Life
- Mariani/Oak Room Gallery
- Office of Minority/Multicultural Affairs
- Student Activities
- Moon in her Mouth
- Center for Human Enrichment
- Disability Access Center
- Student Representative Council
- UNC Student Health Center

- SPEEC
- National Abortion and Reproductive Rights Action League
- CO-PIRG
- UNC Alumni Office
- Tointon Institute
- Registrar's Office
- Center of Personal Education
- Student Wellness Advocacy Team

Community/Other Groups

- Women's International League for Peace and Freedom
- Incest Survivors Art Committee
- Colorado Institute for Gender Equity
- Greeley-Evans School District 6
- Greeley Chapter, American Association of University Women
- Friends of the UNC Libraries
- Greeley Unitarian Universalist Fellowship
- Colorado Coalition Against Sexual Assault
- Ramkota Inn

Future Co-sponsorships:

- Theatre Department
- History

'Young Women's Day of Action'

Empowers Participants

Kristin Heil
Intern, WRC

The campus of University of Colorado, Boulder, provided the backdrop for this year's "Young Women's Day of Action" rally, a nationwide celebration of young women working toward a better tomorrow.

A pro-choice rally began the day, featuring speakers from the community, including UNC student and Naral President

Micah Pilkington, as well as presenters from Washington D.C and Hollywood. The rally was followed by workshops which emphasized the power we have as active young women. The event was a tremendously powerful one, for I joined the voices of many women in calling for safety, equality, and choices. "Young Women's Day of Action" is about the struggle we fight, and will continue to fight, as we move into the next century.

Changes in our society must occur, and I felt empowered by the presence of those who are going to be the instigators of those changes.

Surrounding me were the next generation of women committed to the fight against patriarchy. As I chanted and screamed at my very first rally, I was proud to look around and see such a fine and capable bunch, and smiled to know that I too, am a part of this excellent group.

Thank You Contributors!

Lowell-Paul Dairy
Margie's Java Joint
New Dawn Coffee
King Soopers
Wildflour's Bagel Co
Dunkin Donuts
Winchell's
Giambrocco Produce
Ag Products
Debruyne Produce
Hungenberg Produce
Blackjack Pizza
Wendy's

Greeley Trading Co
Chili's
Alberto's
Cable's End
Roma
Mother's Cookies
Watkins Spices
Valley Packing
Nelson Office Supply
Office Depot
Kim Reid
Arietta Wiedmann
David Musick

The Muse-Letter is now making room for a classifieds page in thier monthly issue. For only \$.50 per line/per issue, you can look for a roommate, sell your couch, or just say hi to a friend. So come and reserve a spot now for our first issue in the Spring semester!

Letters To the Editor!

Letters to the Editor are always welcomed! If you have a response to one of the articles in the Museletter, let your voice be heard.

Please drop your letters off at McKee 512, with a name and social security number at the bottom. Letters will be printed in full.

Total support for
the student body.



BIRKENSTOCK.
The original comfort shoe.

Hearns' Fine Goods
1509 9th Ave
352-4653

"Located in an historic home"

Letters to the Editor Cont...

Dear Ms. Reiss:

I applaud Melanie Wilson's article in last month's Muse-Letter. I understand this has caused a great deal of flak which tells me the good ol' boys in administration, and their henchwomen, are not up to the challenge of facing sexual abuses that go on, have gone on, and will continue to go on between unethical professors and their students. Most professors I've encountered over the years have unquestionable standards; but like any institution, or social organization, there's a small percentage of predatory individuals, both male and female. However, the focus of Melanie's

article was a reminder of what can happen to students when they're in a disproportionate relationship with a professor who has all the power. Obviously, Melanie's article will not change the pillaging professor because his privilege, however he chooses to use it, is built into academia. But it was wonderful to read words directed at those who do not see their self-involved, self-serving actions as potentially harmful to others.

Perhaps this article wouldn't have caused such a furor if it had been addressed to women students sleeping with professors. But that would not be speaking to the root cause. I support any indi-

vidual who addresses an issue as serious as this one is. I know from having lived a very long time, and having seen the failure of unbalanced alliances such as professor and student, that there are serious consequences for young women who succumb to a professor's pursuit. I fault any professor who does this, and most of us can name at least one who does, but let's hope that our community of women will be there to catch the "fly" when she inevitably falls from the spider's web.

Sincerely,

Donna Davis

Part-time, non-traditional student

A Seminar For Women

"Breaking Through the Glass Ceiling to Your Success" is a seminar that is designed to provide women with hands-on tools to enhance their ability to be more successful.

•Workshops will be held every week, starting on these dates:

- 1/21/97: Be more effective with time management and study skills
- 1/28/97: Create and implement a stress reduction program unique to your needs.
- 2/04/97: Make a commitment to yourself.
- 2/11/97: Understand how your beliefs impact your ability to be successful.

The workshops will be held at the WRC, McKee 512, from 6:30-8:30 p.m., every Tuesday evening for the first eight weeks of spring. Each seminar will be offered on a drop-in basis at a cost of \$3.00.

For more information, call the WRC at x1492. The class is offered by Vicki Linden, MA, and Marie Garry, MA, counselors that work in the area.