

Women's Resource Center

The News



Women's Her-story Month

By Traci Pichette

Annually, since 1987, Congress has passed a resolution declaring March as Women's History month to celebrate the endless contributions made by American women throughout the history of our nation. Both historically and contemporarily, women of every race, class, and age have played significant roles in social, political, and cultural arenas. "Whereas despite these contributions, the role of the American Women in history has been consistently overlooked and undervalued, in the literature, teaching and study of American history" (Taken from the Congressional Resolution resolved by the Senate and House of Representatives).

By ignoring the contributions of groups such as women and people of color, throughout history, we deny the importance of their lives. The mission of Women's History Month is to promote the learning of a complete history and provide multicultural role models for all.

Women's History Month will be celebrated from March 1-17th at UNC. During the month, there will be a wide

(Continued on page 5)

"Lead me not into temptation; I can find the way myself."

-Rita Mae Brown

Women's History Month Calendar

March 1st

Poetic Justice

sponsored by UPC at the University Center

March 2nd

Women in Wilderness-

The Power of Alone Time

7pm- presented by Michael Arloski of the UNC counseling Center at Women's Resource Center

March 3rd

The Goddess Workshop

7p.m. in Columbine B, UC, presented by Lydia Ruyle - an exploration of the history of the goddess and the goddess within us.

March 7th

Poetry Reading (Special

guests: Rita Kiefer & Pamela Hewitt)

7p.m., Johnson House-co-sponsored with the Honors Program and Women's Studies

"Ladies on the Couch"

8p.m., Club Bentley (sponsored by UPC and GGLBA)-improvisational Feminist Theatre group

March 8th

bell hooks lecture

1:45- 7p.m. free van trip to Metro-African-American Womanist writer and speaker (co-sponsored by Marcus Garvey Cultural Center and the Women's Resource Center

International Women's

Day

10a.m.-, University Center

March 9th

Women of Color Brown

Bag Lunch

noon-at the Women's Resource Center

Chantilly Lace

6:30p.m.-an amazing movie about seven women, not available on video, at the WRC (BYO Beverage, popcorn provided)

March 10th

"Thine in the Bonds of

Womanhood"

7p.m., Johnson House-

viewing and discussion of WRC staff member Ellen Brilliant's multimedia production about women in the United States (sponsored by the Honor's Program, Women's Studies, and the Women's Resource Center)

March 14th

Hispanic Women in Psychol-

ogy

6:30p.m., WRC-presented by Genie Canales of Psychology

March 15th

Against the Tide: Men

Sharing in Women's Struggles

4-5:30p.m. WRC-presented by Doug Gertner

Women in Nontraditional Careers

7p.m., McCowen Hall Lounge-a panel of women, featuring Wendy Rich-Goldschmidt of the UNC Police Department

March 16th

Women as Heroes

4p.m., High Tea at Women's Resource Center- an informal discussion of influential women in student's lives. Come share your personal interpretation through conversation, poetry, prose, music, art, dance...

continued on page 5

National Healthcare Plan Needs Choices

By Ellen Brilliant

The new National Health Care Plan will change your life. If you don't act soon many benefits that you might already have, such as access to contraceptives, S.T.D and cancer screening, abortion services, plus many more reproductive health care services, will be taken away from you. The decisions that our lawmakers are talking about now will affect women in this country for many, many years. Health Care Reform is moving fast, and as supporters of choice we must move faster. It is imperative to let our voices be heard. Reproductive health care affects all women in this country—that means you, me, our mothers, our sisters, our friends, our girlfriends, and our daughters will not have the basic health care we must have. It is unacceptable and un-American to limit the necessary medical care women need. What our legislators decide in the next few months will impact every woman in this country, and the results could be detrimental. However, as constituents we have the power to help insure a comprehensive plan. We must contact our senators and representatives and urge them to vote for a plan that includes universal, comprehensive health services, including contraceptives, annual exams, pre-natal care, cancer screening, as well as abortion services. We must let them know that reproductive health care services are issues of health for women, to exclude these services would be to discriminate and take away many of the benefits women have now.

If these basic health care needs are not met in the preliminary plan, it will be next to impossible to introduce them ever again. This is a now or never situation. The committee hearings for the health care plan are scheduled for the next few months and we can look for a final vote in October. Please contact your legislators and let them know

as their constituent you want them to vote for a comprehensive health care plan that will include all reproductive services. Women must be provided the dignity of real choices, not rhetorical ones. You will find the names, addresses, and phone numbers of who you need to contact on the Resource page. Reproductive health care is absolutely central to women's lives. Please contact your legislators, have your friends and family contact their legislators, and get involved, become an advocate of real choices.

If you have any further questions or are interested in becoming an advocate for "real choices" you can call U.N.C. NARAL (the National Abortion and Reproductive Rights Action League) at 351-8349. U.N.C. NARAL is a pro-choice organization located at the University of Northern Colorado. Our mission is to develop and contain a constituency that uses the political process to guarantee every woman the right to choose and obtain a legal abortion and to make personal decisions regarding the full range of reproductive health choices. We do this by lobbying our legislators, working to elect pro-choice candidates, and educating our community about reproductive health issues. The next meeting is March 10, 1994, at 5:00 p.m., in the Poudre Room, located on the third level of the University Center.

WRC Library Update...

By Judy Evans

The beginnings of the Women's Resource Library came into focus in 1990. The collection of data, including books, audio and video tapes, was begun immediately. With three years of concentrated effort by many interested people, including students, faculty and staff, the WRC library is fulfilling its stated purpose: to provide service and information to the UNC community concerning women's issues.

The WRC library contains information and resources particular to women's needs. Topics include: career and finances, female psychology, women's health and aging, women's current events, cross-cultural issues, economic issues, environmental concerns, feminism (theory, politics, activism, and ethics), fiction and poetry, legal issues, parenting and family issues, grief work, relationship and intimacy issues, sexuality, self-esteem, and spirituality.

"Recent articles published by the College Board indicate that the trend observed over the past several years are predicted to continue: more women, minorities, and adult stu-

dents than ever before are attending college. These "adults" include students in both graduate and undergraduate programs who are changing careers or beginning a career at mid-life, often in response to the necessity of providing for families as single parents. At UNC, these students are overwhelmingly (61%) female, and very much in need of appropriately designed student services". This quote is from the Student Fee Allocation Committee on January 21, 1993.

One of the "appropriately designed student services" that is essential to the UNC campus is the Women's Resource Center Library, located in the WRC in Candelaria 225A. The reference library serves as an information post to UNC students, faculty, and staff interested in researching information for coursework or personal growth. The WRC Library is designed as a place to locate material on subjects which may not be available through the University's library system. The library hours are Monday-Friday from 10a.m.-5p.m., or by appointment. Call 351-1492 for more information.

Incest Survivors Art Display

By Vicki Davies

The Incest Survivors Art committee, Inc., (ISAC) was founded May 15, 1990 to provide a voice for sexual abuse survivors by holding art shows displaying their painting, sketches, sculpture, prose, music, and poetry. The ISAC addresses the reality of sexual violence against children in the community through public forums, workshops, and seminars. Ultimately, the ISAC works to end the nightmare of sexual abuse by getting communities involved through educational outreach and awareness that is experienced through viewing survivors art.

The ISAC is reorganizing and needs volunteers to help with reorganization as well as with the continuing work of stopping the sexual exploitation and victimization of children and adult survivors. Watch for a display during Women's History Month on March 4th, 4:30-6p.m., Milne Auditorium, Kepner.

How Do I Get Involved?

The Board of ISAC meets the fourth Monday of Every month @ 5:30p.m. (1024 9th St. Suite F, Greeley). Volunteers are invited to attend but not required.

For more info...

Vicki Davies 353-5723
Sharon Benson 356-8160
Sandra Varley 352-6830

Women's History Month continued...

Repressed Memories/ False Memories: A Controversy

6:30p.m., Women's Resource Center-
presented by Lisa Jacobs of
Professional Psychology

Orlando

7pm & 9p.m., Lindou Auditorium-
based on Virginia Wolfe's book
(sponsored by the International Film
Series)

Stacey Kabat: Defending Our Lives

8p.m., University Center- a talk by the
1992 Reebok Human Rights Award
Winner for her work with battered
Women (sponsored by UPC)

Orlando

8p.m., Lindou Auditorium

Women in History...

-Sojourner Truth-

As a former slave and domestic worker, Sojourner Truth was an activist/evangelist for both the abolitionist and women's movements. Beginning in 1850, Truth led national speaking tours against slavery and for women's equality. In 1851, Truth spoke at the Akron, Ohio, women's rights convention: "If the first woman God ever made was strong enough to turn the world upside down all alone, these women together ought to be able to turn it back, and get it right side up again!"

"Be critical. Women have the
right to say: This is surface, this falsi-
fies reality, this degrades"

-Tillie Olsen

Pledges and Donations Welcome!

If you wish to contribute to the Women's Resource Center, please fill out the card below and return to Candelaria 225A. We will contact you regarding your contribution.

Name: _____

Campus Address: _____

Phone: _____

Pledge per month: \$50 _____ \$25 _____ \$10 _____

\$Other _____

Donation amount: _____

Please check here if you DO NOT want your contribution acknowledged
in our newsletter. _____ Thank You!

Women's Her-Story, from page 1

variety of events to give the University community a chance to hear and learn more about women's contributions both contemporary and historical, according to Melanie Wilson, Director of Women's Resource Center. The events programmed for Women's History month will give both women and

men an opportunity to share their research, talent, and expertise with other women.

The three weeks will include panel discussions, poetry readings, art displays, presentations, and informal discussion groups. It is a time for women to meet one another and find out commonalities. Refer to the calendar of events for Women's Her-story

Month, and "take a rational look at gender roles in society for the benefit of both women and men", according to Melanie Wilson, Director of UNC Women's Resource Center. For more information, please call the WRC @ 351-1492.

"I'm just a person trapped inside
a woman's body"

-Elayne Boosler

UNIVERSITY VOICES

Grey

By T. Pichette
Gold trimmed locks
and fairy tale fronts
brighten the pavement, to hide
the shades of grey.

i've invited many travellers
to rest on my weary porch.
Few of them
have gone beyond.

At twilight the strangers pass by:
Why don't you look at me,
or rap on my door
anymore?

Did you ever see Beauty,
in this place?
i once yearned:
to see, become, or behold Him.

Oh i was sure it was
Beauty's gaze-
i saw leer through the glass,
but He told me you'z ugly!

Doesn't matter how warm,
or welcome-
Beauty; He dosen't care,
or see, what's inside of me.

i don't expect Beauty;
i've already captured His pain.
Outside, i'm going nowhere-
in your house.

The WRC newsletter was partially funded by a generous donation from A.C.T.I.O.N. (Awakening Consciousness To Improve Our Nation). Check out A.C.T.I.O.N.'s Alternative Information Center housed at Margie's Java Joint (931 16th St, Greeley)

Being a mother is a noble status, right? Right. So why does it change when you put "unwed" or "welfare" in front of it?"

-Florynce Kennedy

SUBMISSIONS NEEDED!

The Women's Resource Center Newsletter is accepting articles, poetry, prose, artwork, opinion... The newsletter is a great opportunity to not only let your voice be heard, but to publicize events your club/organization may be having.

The newsletter is also a great way to network information. If you know of any upcoming events, conferences, celebrations, internships, scholarships, call for papers/ Artwork...specifically of interest to women, please contact the WRC @ x1492, or stop by Cand. 225A.

Please have all submissions typed onto Microsoft Word using 10pt, if possible. For more information contact The WRC.

"I ask no favors for my sex...All I ask of our brethren is that they take their feet from off our necks."

-Sarah Moore Grimke

Thank You To:

Kim Black
Julia Breeden
Judith Cochran
Judy Jones
Rita Kiefer
Sally McBeth
Nancy Scott
Marcia Willcoxson

For Donations of Books and Other materials
Should You Wish to Make a Donation,
Please Bring Items to Candelaria 225A
Your Donation Will Be Acknowledged
In Our Newsletter

****Let Your Voices Be Heard!!!****

Women's Resource Center "The News"



First U.N.C. Her-story Month A Success

By Melanie M. Wilson

The Women's Resource Center's first annual Women's Herstory Month was quite a success. We sponsored or co-sponsored 16 programs around campus and attracted a total audience of nearly 400 students. The Ladies on the Couch performed before over 200 people; good comedy can draw a crowd at UNC! Other events which sparked interest included History of the Goddess, Repressed Memories/False Memories, Chantilly Lace (look for an encore showing this semester!), the bell hooks lecture and

the discussion of Hispanic women in psychology. Some individual programs are profiled elsewhere in the newsletter.

We at the WRC would like to thank all those who presented or discussed during Women's Herstory Month. We also thank all who attended and remind you that the Women's Resource Center is you, so give us suggestions on what types of programs or events you would like to see. Thanks for your support!

See page 3 for Women's Herstory Month Review!

On-campus Advocacy Program

By Traci Pichette

The Assault Survivors Advocacy Program was developed at U.N.C. to provide crisis intervention and on-going advocacy for survivors of sexual assault and their friends and family. According to Elizabeth Plante, A.S.A.P. coordinator, "faculty, staff, visitors, and students on-campus, and students off-campus who have been sexually or physically assaulted on-campus are eligible for A.S.A.P.'s services." It does not matter when the assault occurred.

A.S.A.P. is a brainchild of the program S.A.F.E., Sexual Assault Free Environment, however, it is an independent program. A.S.A.P. is accountable to U.N.C. and its students, according to Plante, and is funded solely by student fees.

The founders of A.S.A.P. saw a need to develop programs and services that would supplement other de-

partments and programs in the education and prevention of sexual assault. Plante said, A.S.A.P. is an organized effort to, track sexual assault, determine safety issues, create a "victim-survivor friendly" environment, and to keep students enrolled in college. According to Plante, 70% of students will drop out after an assault.

A unique service offered by A.S.A.P. is the advocacy program. The purpose of the program, according to Plante, "is to make sure no other system re-victimizes the victim". The advocate provides the necessary support to assist the victim in understanding court, medical, and legal procedures, and their rights. Advocates also provide resources on funding available for victims who may suffer economic loss. Advocates go through the systems with the victim, but

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PROGRAM UPDATE: HIV AND WOMEN

By Shaun Howard

Media focus on the AIDS epidemic has virtually ignored the needs of women. On Tuesday April 26, 1994 at 6:00 p.m., Karen Spink, a representative from the Northern Colorado AIDS Project, will speak on how HIV/AIDS effects the lives of women. The program will be held in Harrison Hall.

Traditionally, the myths surrounding the AIDS epidemic in the United States have given the public the impression that women are not effected by the AIDS virus. Generally, the assumption is that the AIDS virus is the "gay disease." According to the AIDS Coalition for Education, five out of eleven people contracting the AIDS virus are women. Furthermore, by the year 2000, 90% of all AIDS cases will be spread by heterosexual contact. Wake up and smell the coffee, this disease effects everyone!!! Believing the myths about the AIDS virus will create an astronomical worldwide AIDS epidemic.

Karen Spink will address multiple issues regarding how the AIDS virus affects the lives of women. First, she will examine why women have generally been ignored in media discussion. Second, Ms. Spink will discuss the health care needs of women who are effected by HIV. Finally, the risk factors unique to women will be examined at the program. For more information regarding the program or on HIV/AIDS feel free to contact the Women's Resource Center at 351-1492.

Support the Women's Resource
Center
Vote Yes on 2!!!

HERSTORY MONTH REVIEW!

"Ladies On The Couch"

By Shaun Howard and Alpha Gunn

On March 7, 1994 the University Program Council and the Greeley Gay, Lesbian and Bisexual Alliance sponsored a lesbian-feminist comedy duo titled "Ladies on the Couch." Well over a hundred people watched the performance at Club Bentley. After the show Alpha Gunn and myself had the chance to talk to the performers, Kari Finn and Susan Howard.

We asked Kari and Susan how they began the program.

They explained that originally the show was not to be a comment on homophobia. However, as the show evolved, it became more of a comment on the stereotypes many people hold about gays and lesbians. Kari and Susan normally perform the show to a mixed audience in their hometown.

Unfortunately, the audience they normally perform before is not very supportive of gay issues. Kari and Susan were extremely pleased with the positive response they received in Greeley.

Kari and Susan addressed multiple issues in the program. The most prominent issue was homophobia. Using humor, the performers were able to make the audience more comfortable with sensitive issues such as lesbianism. Kari and Susan explained that their own experience as lesbians played a significant role in the final product of "Ladies on the Couch."

The ladies would like to return to Greeley sometime. If you are interested in seeing "Ladies on the Couch" in the future, please contact W. R. C. at 351-1492 or G. G. L. B. A. at 351-1484.

Women as Heroes

By Ellen Brilliant

All too often the women's movement is accused of merely focusing on the negative and oppressive aspects of womanhood. However, during the WRC Women's Herstory Month, that was proved to be just another "urban myth." On March 16th, Lia Softas led a group of women in a discussion about "Women as Heroes." The informal tea began with definitions of what a hero meant to each of the participants. The talk then flowed into a discussion of the people's actual heroes. The heroes oddly enough turned out to be friends and relatives, as opposed to "women in the spotlight." The event was an inspiring and empowering display of the many forms of womanhood.

Women and Depression

By Melanie M. Wilson

Lisa Jacobs plans to follow up her program on repressed memories/false memories with a discussion of Women, Depression, and Prozac. The idea for this came from the previous program in which Lisa described a town in Washington with a large number of residents currently on Prozac.

Women, so often victims of abuse, are also susceptible to depression at about twice the rate of men. Women also have a long history of being medicated when they express dissatisfaction with their lives. Certainly the current popularity of Prozac has implications for women. Join us later this semester as Lisa shares her expertise on this subject. We will announce the date and time in upcoming publicity.

Incest Survivors Art Show

By Alpha Gunn

The topic of incest is often difficult to talk about or to approach without feeling the pain of those who share their stories. The emotional intensity of such a topic makes it difficult to confront; however, Vicky Davies, the founder of the Incest Survivors Art Committee, not only confronts the topic, she offers a medium of expression for those who suffer from it. As part of Women's Herstory Month, Davies presented a very powerful show that displayed art, poetry, and prose of incest survivors. The intensity of the show touched those who saw it.

Vicky Davies stresses the importance of healing from childhood sexual abuse and adds that talking about incest is the best way to educate people. Volunteers are always welcome. The Women's Resource Center wants to thank the Incest Survivors Art Committee for donating Incest: From Horror to Hope, a book on and about incest. Other books concerning incest available at the WRC are, Courage to Heal and, Allies in Healing. For more information stop by the WRC (Candelaria 225A) or call, 351-1492.

"Complacency is a far more dangerous attitude than outrage"

-Naomi Littlebear

Vote April 19th & 20th!

Guest Opinion

By Melanie M. Wilson

Referendum #2 on the ballot authorizes us to build a permanent home for the Women's Resource Center. This will be in the form of an addition to the University Center. Drawings and plans for this proposed addition are on display now at the Women's Resource Center, and are displayed daily in the University Center or other locations around campus.

The Women's Resource Center would be constructed with an anticipated completion date of Fall 1995. Students would not be charged until Spring Semester 1996 and then only at the rate of three dollars per semester. This is truly a wise investment for the UNC student body.

The need for a building is evident. We are currently sharing space with the Sociology Department and that agreement expires in Fall 1995. There is no other appropriate space available on our campus. Other spaces require costly renovations (equivalent to the cost of a UC addition), are too small to serve a primary client group of 6000 women, or are totally unsuitable for our programming needs.

We feel the women and men at UNC are worth this type of investment. Our programming speaks for itself, and would be expanded and diversified in a custom-designed building. Such a building would maximize our student service potential.

We urge you come see our plans, ask questions, and **VOTE YES ON 2!**

National Conference for Women Student Leaders

The National Association of Women in Education and its local affiliate, the Colorado/Wyoming Association of Women in Education, are sponsoring the tenth National Conference for College Women Student Leaders. It will be June 2-4 in Washington, DC. Highlights include a White House briefing, a Women of Distinction Awards Reception, a keynote speaker and special guests who have in the past included such women as Sarah Weddington, Wilma Rudolph, and Marian Wright Edelman.

The WRC encourages all interested women to consider attending this educational and empowering conference. For more information, stop by the WRC or call 1492.

Congratulations to Harrison Hall!!!

By Shaun Howard

During November of 1993, the staff and residents of Harrison Hall presented, "The Power Behind Knowledge; AIDS Awareness". As a result of their hard work and powerful presentations during that week, they received the Multicultural Program of the Year Award. The prestigious honor is recognized across the country and is awarded by the American College Personal Association Commission (ACPA). The Women's Resource Center commends the efforts of Gretchen Gwynne, Alex Stabile, Julie Pace, Jeff Stein, Lisa Seib, and all the "Power Behind Knowledge" participants. We salute your passion and commitment to enhancing the awareness and education of the HIV/AIDS virus.

"Reforms are slow, but they never go backward."
-Belva Lockwood

Save CoPIRG

Vote Yes on 3A

By Kama Suddath

Three years ago, in 1991, the students on UNC's campus voted to reaffirm support for CoPIRG. Since then CoPIRG students have been instrumental in passing the Colorado Clean Air Act which has stronger protections than the federal act, the Safe Drinking Water Act, and a Pollution Prevention bill to stop pollution before it happens. Here in Greeley, CoPIRG works to increase recycling on campus and in the community, and educate students on issues ranging from ancient forests and endangered species to credit scams and hunger and homelessness. This year students have the opportunity to reaffirm support again for CoPIRG. If you support these issues and would like CoPIRG to continue it's work...**VOTE YES ON 3A.** For more information call, 351-4504.

The opinions expressed here may or may not reflect the opinions of the Women's Resource Center.

The Names Project

By Alpha Gunn

The Aids Public Education League is making efforts to bring part of the Aids quilt to Greeley during the month of September. The purpose of the quilt is to promote community and regional support for those who are living with AIDS and HIV. Education about AIDS and HIV is needed based on the multitude of myths that still surround the illness. Through the utilization of diverse regional and local artistic talent APEL hopes to educate the public about AIDS and HIV in a positive atmosphere. If the quilt is to make it to Greeley, APEL will need volunteers to assist in many different areas. For more information on how you can help contact Teresa at 353-7631.

Emotional Abuse in the Workplace Questionnaire

Answer "yes" or "no" to the below listed items to see if you have been subjected to emotional abuse in the workplace. Have you ever worked for or with someone who treated you in the following ways?

- Criticized your work excessively
- Humiliated you in front of others
- Placed unreasonable demands on you
- Threatened to harm you in some way (e.g., withhold promotion, fire you, break confidences)
- Ignored you or set-up conditions where you had little contact with others
- Encouraged co-workers to report what you said or did
- Altered your work space (e.g., took away your office, searched your files)
- Excluded you from projects or isolated you from others
- Used ineffective means of communication (e.g., exchanging information only through memos)
- Unfairly downgraded your performance evaluation
- Spread rumors about you

A Mother's Night By Kim Black

Tears hover in blue eyes grown wide with fright—
Her lisping words drop soft from infant lips,
Wise too soon in words that cut sharp like whips
Into tender hearts; I ready to fight
Pure rage, submerged in drops of glistening white.
She whispers, "Don't be mad, Mommy," and slips
Her hand into mine; A thought untamed rips
Free—I scream, "Get away from me". The night
Grows still. So small, her hand slips free from mine,
To solace in blanket and doll, she flees;
While I, amidst the milk on hands and knees,
Am left bereft, unable to define
How rage uncaged could leave love in surprise
And quench the hope that lit my daughter's eyes.



Students Over Traditional Age Club

By Judy Evans

Club SOTA was organized to further the interests of non-traditional students at UNC. Any Student over the age of 23 or with the responsibility of a dependent is welcome to join our non-dues paying ranks. Regular bi-weekly planning meetings are held on Tuesday mornings at 8:00 a.m. at the Johnson House (Re-Entry Student Services). Our next scheduled meeting will be on April 26th. Our goal is to provide two social events per month for students and their families. We are always open to new ideas and suggestions for fun adventures. For more information, call Karen Carr, Club SOTA President, at 395-0360.

Women's Studies:1994 Summer Schedule

Interim Session

May 16-June 10

*May 16-May 27

Monday-Friday 12:20-2:15

WS 120 Women & Men in
Perspective

Monday-Friday 10:10-12:10

BLS 102 Black Women In
America

ANT 314 Sex Roles in Cultural
Perspective

Monday-Friday 2:30-4:30

SOC 423 Violence & the
Family

Monday-Thursday 10:10-2:15

*PPSY 468 Psych. of Women
(Juniors or above)

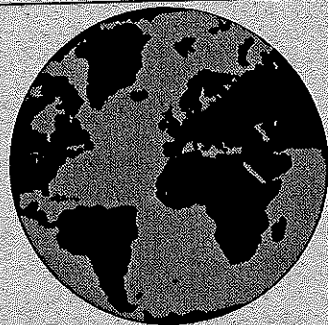
*PPSY 568 Psych. of Women
(Graduates only)



Women's Resource Center

"The Muse-letter"

September 1994



FREE TO THE PUBLIC!

The NAMES Project AIDS Memorial Quilt

will be in Greeley from September 22-24, 1994 at the Island Grove Exhibition Center. Opening ceremonies will be held on Thursday, September 22, 1994 from 7-7:30pm. This display will then be open to the public on 9/22 from 7-10pm, 9/23 from 8am-9pm, and 9/24 from 8am-8pm.

Between 1980 and 1987, more than 1,000 San Franciscans died of AIDS. Overwhelmed by the loss and the lack of government response, Cleve Jones searched for a way to make the public understand what he and his friends were experiencing. Others searched for a way to express the unending grief they felt as friends and loved ones died. The vehicle for this came together in June of 1987 when Jones gathered a small group of neighborhood residents together to "take all of our individual experiences and stitch them together to make something that had strength and beauty". It was there that the AIDS Memorial Quilt began.

On October 11, 1987 the NAMES Project displayed the Quilt for the first time on the Capitol Mall in Washington, D.C. Almost 2,000 panels were laid out at dawn, and a solemn litany of those remembered in the Quilt began. A small portion of the entire Quilt, which consists of 27,000 panels, will be on display here. The display will feature about 800 individual panels (98 12ft. x 12ft. sections), mostly from Colorado and surrounding states. Memorial panels are made by surviving families, friends, and lovers of people who have become victims of AIDS. To date, the Quilt has raised in excess of \$1.5 million for AIDS services across the country. All donations received from our display of the Quilt will remain here, in Northern Colorado and Wyoming communities.

By organizing and displaying the AIDS Memorial Quilt, the NAMES Project works to accomplish 3 important goals: to illustrate the enormity of the epidemic by showing the humanity behind the statistics; to provide a positive and creative means of expression for those whose lives have been touched by the epidemic; and to support the raising of vital funds and encourage support for people living with AIDS/HIV and their loved ones.

The Women's Resource Center encourages people to view the Quilt, and to lend their support in whatever way possible to this cause. As of June 1994, the number of HIV infected people worldwide was estimated at 13 million. Every 20 seconds worldwide, someone new contracts the HIV virus. There is no time to look away.

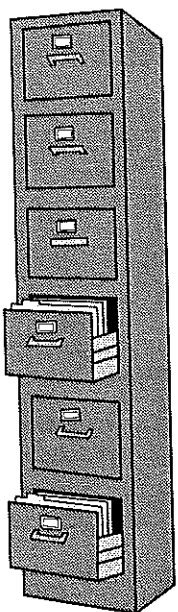
By Lisa R. Jacobs

The UNC Commission for Women is holding a reception to honor women leaders at UNC (including students, staff and faculty) and to recognize the accomplishments of the Commission for Women in its first two years. All members of the university community are invited: Thursday, September 22, 1994 from 4:30-6:00pm in UC Columbine B.

THE STRONGER WOMEN GET, THE MORE MEN LOVE FOOTBALL...

Mariah Burton Nelson will be coming to campus on Thursday, October 13 and will speak at 7pm in the Panorama Lounge. Her new book and topic for the evening is The Stronger Women Get, The More Men Love Football. It details sexism and American culture told from the perspective of a former professional athlete. A woman's perspective in this area is rare and welcome (as are professional women athletes!). This should be an extremely interesting evening of ideas. See you there!

By popular demand: Women's Resource Center Cookbook! A lot of folks who tasted our scrumptious treats at the WRC Open House and those who've heard about them have requested recipes. We have put together a way to share our favorite recipes and to get support for the WRC. Our cookbook, a bargain at \$5.00, is that way! It will include Open House favorites such as tempeh-stuffed mushrooms, avo-goddess dip, vegetarian sushi rolls, hummus, chocolate bon-bons and other staff favorites. Come up to the WRC and get one soon!



Resource Library Periodicals

The resource library of the WRC has a variety of hard-to-find as well as popular journals, newsletters, and periodicals. Come and browse through:

- * Women in Higher Education
- * Center for the Study of Women newsletter
- * Belles Lettres (Review of Books by Women)
- * Southwest Institute for Research on Women newsletter
- * Sisters of Color International newsletter
- * Affirmative Action Record
- * About Women on Campus
- * Women's Review of Books
- * Colorado Woman News
- * Ms.
- * Women's Sports and Fitness
- * Chronicle of Higher Education
- * Moon in Her Mouth

We are also on mailing lists for a huge number of publisher's catalogs and merchandise catalogs, including the Women's History Catalog.

Thanks to our Contributors!

Summer was a busy time around the WRC. Most gratifying was the receiving and making available to students materials donated by friends of the Women's Resource Center. We would like to thank the following individuals for their contributions:

- * Ada Diaz Kirby, Board of Trustees
- * Sam Hall
- * Phyllis Endicott
- * Sherylagh Mogford
- * Judy Evans
- * Melanie Wilson

If you discover duplicate books on your shelf, want to clear out some books you've read, or want to share something you read for a course, consider a donation to the WRC. We also happily accept suggestions and recommendations. Thanks!

Look Who's Coming to College

UNC will sponsor a teleconference on Wednesday, October 26, from 11:30-2:00 in Columbine A, entitled "Look Who's Coming to College: a new Understanding of Today's Students." Sponsored by the division of Student Affairs/Office of the Vice-President for Student Affairs, this is an interactive teleconference discussing the college student of today, her characteristics, issues, and implications of those. Expert panelists from around the country will be available to respond to your questions and comments.

Quotes:

I began to have an idea of my life, not as the slow shaping of achievement to fit my preconceived purposes, but as the gradual discovery and growth of a purpose which I did not know.

- Joanna Field, English psychologist (b. 1900)

The moment of change is the only poem.

- Adrienne Rich, American poet (b. 1929)

Women's Resource Center Retreat for Female Students

YMCA of the Rockies in Estes Park

October 29th-30th

Saturday morning 10am to Sunday

mid-morning - includes 3 meals

(Sat. lunch & dinner, Sun. breakfast)

VARIOUS ACTIVITIES

(included but not limited to):

**yoga, volleyball & basketball courts, ice & roller
skating rinks, indoor swimming pool, group
discussions & informal workshops, meeting new
friends, or you can come, relax, and do nothing!**
Transportation is not provided, however we
will help with organizing carpooling.

This wonderful trip is only \$15.00 for students

(WRC will take care of the rest)

which is due no later than Friday, September 23

Please Return to the Women's Resource Center

Candelaria 225A - phone 351-1492

Name _____ Phone _____

Address _____

() YES! I have enclosed my \$15 retreat fee.

WHO ELSE IS WHO AT THE WOMEN'S RESOURCE CENTER?

TAMI HARTLEY

I AM A SENIOR PSYCHOLOGY MAJOR WITH AN EMPHASIS IN GRADUATING BY DECEMBER! I'M FROM RUFFALO, WYOMING AND UNLIKE LISA FROM NYC, I WOULDN'T MIND MOVING BACK THERE SOMEDAY. I WORK AT SHOWTIME USA VIDEO (MY PAYING JOB), AND I WORK AT THE WRC AS MY REQUIRED FIELD EXPERIENCE FOR PSYCHOLOGY. I CHOSE TO WORK AT THE WRC BECAUSE I AM INTERESTED IN WOMEN'S ISSUES, INCLUDING MY OWN PLACE AS A WOMAN IN THIS WORLD. AFTER GRADUATION I PLAN ON GOING TO BEAUTY SCHOOL, WHICH HAS BEEN ONE OF MY DREAMS SINCE I WAS LITTLE. KNOWING THAT I GET TO MAKE THIS DREAM A REALITY SOON KEEPS ME INSPIRED TO FINISH MY DEGREE. MY FAMILY IS A VERY IMPORTANT PART OF MY LIFE. THEY PROVIDE ME WITH THE SUPPORT AND LOVE I NEED TO KEEP GOING. I DON'T GIVE A DAMN WHO WINS THE SUPERBOWL BUT I'LL PROBABLY END UP WATCHING IT ANYWAY.

SHELLY NORDEWYK

I AM A SENIOR WITH A MAJOR IN POLITICAL SCIENCE AND A MINOR IN COMPUTER INFORMATION SYSTEMS. I'VE CHOSEN TO BE VERY INVOLVED WITH STUDENT ACTIVITIES DURING MY COLLEGE CAREER. I STARTED OUT DURING MY FIRST YEAR AS PRESIDENT OF THE POLITICAL SCIENCE ASSOCIATION. MY SECOND YEAR AT UNC I BEGAN WORKING WITH COPIRG. I SPENT THREE YEARS WITH COPIRG, EVENTUALLY BECOMING THE VICE CHAIR FOR THE STATE BOARD OF DIRECTORS. I HAVE ALSO BEEN A VICE PRESIDENT OF YOUR STUDENT REPRESENTATIVE COUNCIL. MY OTHER ACTIVITIES INCLUDE MEMBERSHIP IN THE PRE-LAW CLUB AS WELL AS UPSILON NU CHI, THE NATIONAL RESIDENCE HALL HONORARY. THESE AND OTHER VOLUNTEER ACTIVITIES HAVE ILLUSTRATED MY DEDICATION TO LEADERSHIP AND CITIZENRY DEVELOPMENT. I AM VERY EXCITED TO WORK AT THE WRC. I HOPE TO BE ABLE TO SHARE THE SKILLS AND KNOWLEDGE I HAVE ACQUIRED AND TO LEARN, EVERYDAY, MORE ABOUT WOMEN AND THE DIVERSE WAYS THAT THEY FIT INTO OUR SOCIETY.

LEAH SMITH

I AM A SENIOR WITH A DOUBLE MAJOR IN FRENCH (EMPHASIS IN LIBERAL ARTS) AND JOURNALISM (EMPHASIS IN PUBLIC RELATIONS). I AM MOST INTERESTED IN THE FOLLOWING: GREEK SYSTEM, WORLD ISSUES & CURRENT EVENTS, INTERACTING WITH INTERESTING PEOPLE, AND HAVING FUN! MY ACTIVITIES INCLUDE: WRC, LEADERSHIP POSITIONS, ALPHA PHI SORORITY, NOW, NARAL, AMERICAN CANCER SOCIETY VOLUNTEER, AND OTHER PHILANTHROPIES. THIS IS WHAT I THINK:
• PEOPLE JUST AREN'T AS NICE AS THEY USED TO BE.

- WOMEN IN UNC SORORITIES SHOULD MAKE SUPPORTING EACH OTHER AND THE OTHER WOMEN'S GROUPS ON CAMPUS A PRIORITY! AFTER ALL, IF WOMEN DON'T START HELPING WOMEN WHO WILL?
- THE FACT THAT DOMESTIC VIOLENCE TAKES THE LIVES OF MORE WOMEN THAN ANYTHING ELSE IN AMERICA IS SHOCKING.
- THE X-FILES IS THE BEST SHOW ON T.V. TODAY.

NOW THAT YOU
KNOW SOMETHING
ABOUT US, WE'RE
REALLY INTERESTED IN
KNOWING ABOUT YOU
AND YOUR THOUGHTS.
COME UP AND
INTRODUCE
YOURSELVES.

Announcements and Upcoming Events:

- * **The Women's Resource Center** has nifty t-shirts, bumper stickers, and buttons for sale. Some of you saw them at the "Bizarre" and have asked where you can get more! They are here at the WRC in Candelaria. T-shirts and bumper stickers with logos such as: "Feminism is the radical notion that women are people," "Love is what makes a family...nothing more...nothing less," and "Outrageous Older Woman" buttons. There are more to choose from, t-shirts are \$11 and buttons and bumper stickers are \$1, come and check them out.
- * **The WRC window display**, (located on the second floor of Candelaria, facing east to McKee) shows, in picture form, what women have done in the international scale. One person can make a difference, either around the world or right here at UNC. The Women's Resource Center can provide information on local activities for the advancement of women. Please feel free to visit WRC with any questions you may have.
- * **The next meeting** of the UNC Commission for Women will be held on Monday, September 26, 1994 at 3:30pm in the UC.
- * **Reminder:** Women's Studies Committee members should attend one of the following scheduled meetings: Wednesday, Sept. 28 at 2:30pm in UC Spruce A or Friday, Sept. 30 at 3:30pm in UC Spruce A.
- * **Meeting for Women's Studies Minors:** Wednesday, October 5, 1994 at 3:30pm in Michener L86.
- * **The UNC Commission for Women** is having a Women's Retreat for commission members, Women's Studies, & Women's Resource Center folks. It will be on Saturday, October 15, 1994 from 9:00am-2:00pm and will include "story-telling," lunch, and discussions on "women as leaders/leadership." Please let Priscilla Kimboko (x.2831) or Maria Lopez (x.2707) know by October 5, 1994 if you plan to attend the retreat.
- * **Toney Anaya** - October 6, 7pm at the UC Grandballroom. He will present about the NAFTA.
- * **Ways of Knowing: Making Connections Between Teaching and Learning**, October 6-8, Minneapolis, MN.
- * **Minority Students Today**, October 9-12, San Antonio, TX.
- * **Conference on Gender Issues in Higher Education**, October 16-18, Burlington, VT.
- * **Gender Team Building**, October 27-30, West Virginia.
- * **National Higher Education Conference on Black Student Retention**, November 1-5, Detroit, MI.
- * **Phillip Walker** - November 15, 7pm at the UC Panorama lounge. It will cover multiculturalism "six simple strategies".

Women's Resource Center

"The Muse-letter" October 1994

Candelaria 225A, 351-1492



Monfort gives 50,000 to WRC

The Women's Resource Center is excited to announce the Monfort Foundation's gift of \$50,000 toward construction of the new building to house the WRC. Special thanks for this gift go to Myra Monfort, Ken Monfort, and Kaye Montera.

This gift will be supplemented by other gifts from women and men from the community and within the University. Myra Monfort recently hosted a tea and invited her guests to hear about the goals and programs of the Women's Resource Center. Another donation of \$5,000 was made at that time by Edie Nottingham. We hope that this group will emerge as strong supporters for the Women's Resource Center now and in the future.

The money raised will enable ground to be broken and construction to begin as quickly as possible. This fund will supplement student fee dollars voted upon last spring and reduce the load on students while illustrating women's commitment and ability to make things happen.

It's an exciting time for the Women's Resource Center. We thank our supporters and look forward to a growing future.

by Melanie Wilson, WRC Director

A Leader Among

Us...

Women's Resource Center staff member wins leadership and involvement award!! Shelly Bordewyk, of the Women's Resource Center was a winner of the 1994-1995 UNC Leadership and Involvement Award. Awards were given on the basis of recommendations, history of involvement and personal essays.

Who's having a bad hair day?

Singer/songwriter and comedienne Jamie Anderson is bringing her **BAD HAIR DAY WORLD TOUR** to UNC's Club Bentley on Tuesday, October 25 at 8:30 PM.

"You gotta catch this show!" has been a cry heard echoing through the WRC over the past few weeks.

Anderson has been chosen as a 'favorite' in HOT WIRE the Journal of Women's Music and Culture's 'survey of favorites' every year since 1990. She has worked as a parking attendant, an honorable profession, but now she comes to UNC campus as an accomplished singer, songwriter, and comedienne.

You can enjoy the entertainment of Ms. Anderson FREE! Please join us at the WRC at the **BAD HAIR DAY WORLD TOUR!**

Coollest Kellum!

Congratulations again to Yolanda Kellum on being selected as Miss Black Colorado - Metroplex. The Women's Resource Center proudly sponsored Yolanda in our car (the coolest one) in the Homecoming Parade. We wish Yolanda all the best during her year as Miss Black Colorado and in the National competition next summer.

By Popular Demand: Women's Resource Center Cookbook!

A lot of folks who tasted our scrumptious treats at the WRC Open House and those who've heard about them have requested recipes. We have put together a way to share our favorite recipes and to get support for the WRC. Our cookbook, a bargain at \$5.00, is that way! It will include Open House favorites such as tempeh-stuffed mushrooms, avo-goddess dip, vegetarian sushi rolls, hummus, chocolate bonbons, and other staff favorites. Come up to the WRC and get one soon!

Women's Spirituality

By Alpha Gunn

In The Women's Encyclopedia of Myth and Secrets it says that although westerners usually see the sun as male, most other cultures see it as female. For example, everyone from the Japanese to the Norwegians have spiritual writings that refer to a Sun Goddess. She may be under different names such as Sul, La Madre de la Sol, Sull, Sulls, Jimiko, Aditi, or Mary. It also states that when the Japanese revised their mythology to accommodate patriarchal ideas, the Sun Goddess Marici was masculinized, and it was forgotten that she was once Omikami Amaterasu, a primary image of their descent.

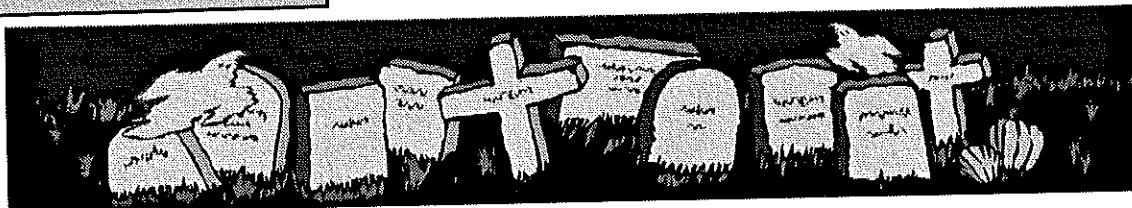
I hope that as winter begins to share less and less of her sun with us (the earth) that we do not forget those qualities which the Sun Goddess represents—warmth, light, growth, etcetera. I look around and notice that there are not quite enough of these qualities, or that these qualities remain unnoticed. So please take the time to "brighten" up someone's day, "light" a candle, drink a "warm" cup of tea, be nurturing to yourself and others, and come visit the Women's Resource Center for wonderful ideas, books, and programs on Women's Spirituality.

Suggested Reading: Woman's Encyclopedia of Myth and Secrets, Barbara G. Walker.

Remember: We want to hear from you! Drop off your ideas or submissions for this column at the WRC, or call us for more information.



Like the sun which emits countless rays, compassion is the source of all inner growth and positive action.



Women of Vision in Literature

What of redemptive value can be recovered from women's writings?

Six women met on October 11 to discuss women of vision in literature. Discussion of Jane Lead, 1624-1704, was moderated by April Woods. Jane Lead "heard a miraculous voice speaking to her amid Christmas festivities and resolved to lead a devotional life" at age 15. The group read "From a Fountain of Gardens." Our next meetings are October 25, November 1 and November 22 from six to seven P.M..

For more information watch for our brochures or please drop by the Women's Resource Center.

The Women's Resource Center has nifty t-shirts, bumper stickers, and buttons for sale. Some of you saw them at the "Bizarre" and have asked where you can get more! They are here at the WRC in Candelaria. T-shirts and bumper stickers with logos such as: "Feminism is the radical notion that women are people," "Love is what makes a family..nothing more..nothing less," and "Outrageous Older Woman" buttons are available, with more to choose from. T-shirts are \$11 and buttons and bumper stickers are \$1, come and check them out.

The National Student Exchange involves 114 colleges and universities. There are Women's Studies courses and transferable credits available, in-state tuition goes with you. For more information on the National Student Exchange and presentations for classes and meetings, contact Holly Van Buren at the NSE office in the UC Student Activities Area (x 1367).

WRC Library

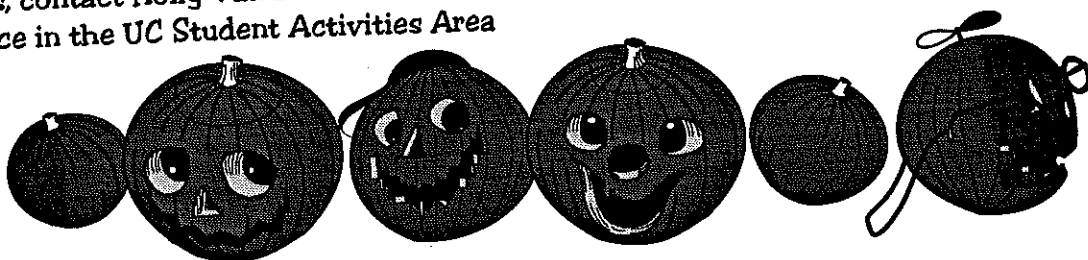
The WRC library has books on the following topics:

- biographies
- career/finance
- education development
- family
- feminism
- feminist theory
- gender and communication spirituality
- health and aging
- international women
- legal issues
- lesbian and gay issues/theory
- men's issues
- psychology
- self help
- sexuality
- Title IX
- violence against women
- women's history
- The Women's Movement
- women's studies

We also have a budding collection of feminist authors in literature and children's books. Feel free to visit and check out any material that may interest you.

Thanks to our Contributors!

Myra Monfort
Jennifer Wernsing
Kim Reid
Issa Hudson
Pam Bricker
Garnsey and Wheeler
Lia Softas-Nall



We at the Women's Resource Center are happy to provide a forum for diverse opinions within our campus community.

Opinion

This last month, the topic on everyone's mind and in most conversations was whether or not the SRC had the right to petition the Gambler to drop its wet tee shirt contest. The opinions expressed in the Mirror were representative of the ignorance that prevails around this issue.

There are some points people should consider before they blast SRC's decision. First is the issue of free choice. Is it really considered free choice when many of these young women are in the Gambler with their friends, often feeling no pain from the free or low-cost beer, and are pushed or egged on to the stage? How many of us can honestly say we won't take a dare to keep the group of friends we hang with?

Second, the atmosphere that prevails once these women are center stage, wet and surrounded by male patrons, often resembles a feeding frenzy of sharks. It's scary! When mob mentality prevails, the safety of those participants doesn't rate very highly.

Third, if a bar can be held liable when patrons drink too much and hurt themselves or other, where do you think it stands when a woman is attacked during or after a wet tee-shirt contest? It may be off the hook for only one reason - the woman probably won't report the incident because she knows she will be held responsible just because she was in or near the bar while this contest was going on. But what of the other women that happen to cross the path of one of the patrons of this contest? I'm not saying all of the patrons of this contest will go out and rape or molest, but all it takes is one person - then everyone pays.

Lastly, why would UNC or Aims want to be a party to this potential powder keg? The hypocrisy is blatant, bringing in speakers to speak against violence against women, but condoning a local bar having a wet tee-shirt contest on "college" night is kind of like giving someone alcohol, putting him behind the wheel, and telling him not to hit or kill anyone. The odds are stacked the wrong way.

I applaud SRC's letter and the people with enough guts to get it started. It's often easier to follow the pack than to stand up for what is right, whether it's popular or not.

D.L. Beck-Massey

Announcements and upcoming events

- * **International Film Festival** (all films shown at Lindou Auditorium) Wednesday, October 19
- 4 pm, *Tampopo* (Japan, 1987); 8 pm, *The Scent of Green Papaya* (Vietnam/France, 1993)
Thursday, October 20 - 4 pm, *Eating Raoul* (USA, 1982); 8 pm, *Fried Green Tomatoes* (USA, 1991)
Saturday, October 22 - 8 pm, *Like Water for Chocolate* (Mexico, 1992)
- * **Jamie Anderson** - singer, songwriter and parking attendant! Look for her show at Club Bentley, 8:30 pm on October 25. It's FREE!
- * **Retreat for Women Students** (sponsored by the WRC) - October 29-30 in Estes-Park. The cost is \$15 for three meals, one night stay and a plethora of fun activities! It's still not too late to sign up. For more information come see us at the WRC in Candelaria 225A.
- * **Phoebe Eng** - November 3, 7 pm. Emerging Asian America. UC Panorama Lounge.
- * **Phillip Walker** - November 15, 7 pm. Multiculturalism: Six simple strategies. UC Panorama Lounge.

Women's Resource Center

"The Muse-letter" November 1994

Candelaria 225A, 351-1492

Leah A. Smith, Editor



Women's Health Not A Priority

By Nancy Beardslee, UNC faculty

More women are dying of lung cancer than breast cancer, and cardiovascular disease claims 500,000 lives of women each year. Women and prenatally infected children are the fastest growing population with the HIV infection. Surprising? Yes, many beliefs that people have about women's health are not based on reality.

Historically, "women's health care" focused on the status of the female reproductive organs. Emphasis on women's health was on how women were different from men. The historic norm was men, not the other 51% of the population. Newer definitions encompass the totality of women's experiences in society and the interrelationship with health status. To study Women's health means to investigate the physical, emotional, cognitive and spiritual well-being of women. Socio-cultural-economic factors need to be assessed to determine their relationship with health status. Rather than viewing health as the absence of disease a better holistic view of health includes the concept that health is the state of optimum well-being for the individual person. This definition then correctly includes disabilities and chronic health problems. A woman may have a chronic health problem but she lives her life in a healthy capable style.

Continued on page 2.

It's OK...

By Shelly Bordewyk

At the Women's Resource Center Retreat, I facilitated a discussion group called "It's OK to be a Feminist". The group held a wonderful discussion on how they experienced that "click", that moment or event that lead them to realize that they were feminists. We discussed, through our stories, some of the stigmatism that goes along with calling ourselves feminists. I don't remember how many times I have heard the term "femi-nazi man-hating dyke" associated with being a feminist. I would like to share my story with you, because it is how we started our discussion.

Continued on page 4

Goodbye Friend

One of our staff members, **Tami Hartley**, is graduating from UNC this December with a Bachelor of Arts degree in Psychology. The Women's Resource Center, as well as this university, will be losing a wonderful asset. But in our loss the world has gained a very special woman.

Tami will begin beauty school in January. She says beauty school has been a dream of hers since childhood.

During the time she has spent with us at the Women's Resource Center Tami has added her special touch to many things. The most cherished is the kind and caring way her friendship has enriched us individually and as a group.

Tami will move on with her life, but not without taking with her all of our warmest best wishes and hopes for her happy future. We will miss her as a co-worker, but certainly we will miss most of all her lovely smile and sincere heart.

"May the road rise to meet you..." Good luck, Tami, from all of us at the WRC.

Following Your Dreams

By Tami Hartley

I was always told that an education is never wasted and that no matter what you choose to do in your life, you'll always have your education. It's something that no one can take away from you. I believe this to be very true and, as a woman, I know that being educated is a vital part of being able to make a difference in your own life and the lives of those around you. I also believe that every person has a purpose in their life. Sometimes the road you travel on takes you straight to where you're going, and other times, well, let's just say the road isn't always easy, or well mapped out, for that matter.

My journey has taken me to many places that have given me much to ponder on and, looking back, my life would not be the same had I made even the slightest difference in my decision making. Through these times I have evolved into what I like to consider a well rounded, open minded, free thinking spirit. I know that this process is never a destination but rather a lifelong development of continually finding out more things about yourself and those around you.

In three short weeks I will be graduating and ending my time here at UNC. I'd like to share with you part of my journey and how I found out that you have to do what makes you happy, even if it isn't part of "the plan". Being able to think for yourself and forget about what other people think or say is a huge part of doing what you really want and making yourself happy.

Let me start by saying that I will be a first generation college graduate. All of life my I have been reminded of the importance of going to college and getting a degree. This was always expected of me and was always part of my "plan". I am very happy to say that it's soon becoming a reality. Both of my parents have always given me the support I needed to "hang in there" even though it hasn't always been an easy road. After five years, four colleges, and a change of major I've

finally decided what I really want to do. Actually I have known all along, ever since I was in junior high, but since it's an occupation that doesn't involve a degree from a university, I guess I never really considered it an option. But now I have come to the realization that I will never be satisfied until I pursue this dream.

Some may (and have) called me crazy, but after I graduate from UNC next month I am enrolling in beauty school. The stesive about sharing this dream with people. Everyone has told me I can do better than this and I can - I have, but I know that this is truly what will make me happy. This is what I really want to do, not something that I am stuck with because I have limited options. I can think of nothing I would like more than to make people feel and look beautiful.

If I have learned anything in my five years of undergraduate studies, it is that no matter what you set out to do, make sure it is what you want. Life is too short to spend it trying to live up to other's expectations. Do what makes you happy and never apologize for following your dreams, no matter what kind of criticism you come up against.

Last spring when I finally decided that this was the road I wanted to take, I apprehensively told my family about my decision. I was waiting to hear about how graduate school would be the better choice, but much to my delight they all stood behind me and were very happy that I had found my calling. My sister, who is a sophomore at UW in Laramie, asked the question I've been answering ever since, "Why did you waste five years going to college then?". My answer was just as I said before, an education is never a waste. No matter what I choose to do, I'll be using my education every day for the rest of my life.

In closing, I'd like to share with you something I once read. It said "choose a career you'll love and you will never have to work a day in your life".

"When I look into the future, it's so bright it burns my eyes."

-Oprah Winfrey



Insight into Re-entry

Re-entry student services caters to students age 23 and over or those who have dependents. A friendly staff of current non-traditional students provides information, advising, and referrals to help adult students progress through UNC's systems. Let us know of any difficulties you are experiencing on campus, or just stop by to talk about your concerns as an adult student.

Our staff provides advising for new Re-entry students plus open houses, workshops, and social get-togethers throughout the year. Events are announced in our newsletters and in the UNC Mirror. We are located in the Johnson House, 1905 10th Ave., a short walk down the hill from the University Center. There is a UNC parking lot behind the house. Our office hours are from 8 AM to 1 PM, Monday through Friday, or don't hesitate to call us at 351-2941.

Women's Spirituality

To be a woman means so many things. This was the re-occurring theme at the recent Women's Resource Center retreat. Regardless of the topic of discussion each woman had her own story of the wonders, as well as the hardships, of being a woman. As each woman shared, I realized the importance of the safe space that had been created for each woman to share her self with the group. However, I feel it is equally important to learn to create that space for ourselves as individuals, a space where we can better come to know ourselves as women, a space where we can ask ourselves what it means to us to be a woman. Therefore, the following poem was given to all those who attended the retreat.

I thought that all those who were unable to attend would also like a copy. I hope it is of some use. Please make the most of it by passing it on to someone else, so that they may have the opportunity to find what it means to them to be a woman.

*I am finding that it
takes a lot of time
to be a woman.
to have a feeling of space and breath.
a chance to sink into myself....
As long as I take time every morning
to light a candle to my life.
It remains my life.
But if I hurry into work
without that small moment of quiet,
then I've already lost myself, and the day.
The task, for me, is to care, daily,
for myself and my life....
To love and to nurture, within myself,
moment by moment,
the quality of quiet presence,
quietly being present to my life,
which sanctifies it...
To live as if the candle is lighted.*

(From - Circle of Stones, by Judith Duerk)

WOMEN'S STUDIES

CONFERENCES:

InQueery: The Fifth North American Lesbian, Gay and Bisexual Studies Conference. University of Iowa, Iowa City, IA. Conference date November 17-20, 1994.

Women in Higher Education: 8th International Conference. Hosted by the University of Texas at El Paso. Conference date January 5-8, 1995.

RECENT WOMEN'S STUDIES NEWSLETTERS:

(in WS office-Michener LI82)

WS Newsletter, U/Mass-Amherst. Fall 1994.

WS Program, University of Kansas-Lawrence. Sept. 1994.

UCLA Center for the Study of Women, Calendar of Events. '94-5.

Job Openings:

The State University of New Jersey at Rutgers, The Institute for Research on Women, Visiting Scholar Program. Deadline for Fall 1995 is January 1, 1995. Deadline for Spring 1996 is April 1, 1995.

CALLS FOR PAPERS AND PRESENTERS:

Women, Life and the Land. University of South Dakota-Vermillion, March 29-April 1, 1995. Needs papers concerning "women and the land from a global perspective." Deadline: November 30, 1994.

Spoils of War: Women, Cultures and Revolutions. Purdue University, Feb. 11, 1995. Needs articles for conference, some of which will be published in an anthology. Deadline: Dec. 15, 1994.

Culture is Ordinary: National Graduate Student Conference in Cultural Studies. Bowling Green State University, April 21-22, 1995. Wide variety of panels being offered, deadline date December 16, 1994.

Women in the Workplace: The Texas Journal of Women and the Law. University of Texas Law School. Needs fiction, non-fiction and poetry for Spring issue. Deadline: Dec. 31, 1994.

Looking Queer: Body Image and Identity in Lesbian, Bisexual and Gay Communities. Needs articles and non-fiction narratives. Longer articles (over 5,000 words) and research papers need to be queried first. Some poetry accepted. No set publication date for book, but deadline is: January 1, 1995.

Mothers Against Racism. Needs essays for anthology to be published by Seal Press in 1996. Essays need to focus on racism and the impact which it has on children. Definition of "mother" includes anyone involved with children. Proposal due: January 1, 1995. Essay due: June 1, 1995.

Crossing the Boundary: Feminisms Inside and Outside the University. Graduate Student Conference at the University of Tulsa. March 17-19, 1995. Abstracts due: January 1, 1995.

Presenters:

The Enduring Spirit: Women As We Age. University of Nebraska-Omaha, College of Continuing Studies. April 6-8, 1995. No deadline given, but accepted parties will be notified by January 20, 1995.

Pedagogy of the Oppressed. University of Nebraska-Omaha, College of Continuing Studies. February, 1995. No specific conference date or deadline given.

Women Around the World: A Transforming Energy. New Mexico Highlands University 1995 Women's Studies Conference. Needs formal papers, workshops, panel discussions, and performances art, dance, etc. March 23-25, 1995. Deadline: December 10, 1994.

**THE UNIVERSITY
OF NORTHERN
COLORADO**

November 1994