

# WOMEN'S HERSTORY

## MONTH

### EXTRAVAGANZA!



*Join the Women's Resource Center in celebrating Women's Herstory Month and bringing awareness to the remarkable achievements and contributions of women in Herstory.*



# Herstory Calendar of Events

## MARCH

**Wednesday, March 7**

***Women's Resource Center Open House***

3:00 PM-4:30 PM @ Women's Resource Center

Join us in celebrating the start of *Women's HERSTORY Month!*

**Thursday, March 8**

***Jane Okasaki- Keynote Speaker***

"You are the Gift"

7:00 PM – 9 PM @ Columbine A, University Center

Co-Sponsored by Center for Peer Education & Women's Resource Center

***Thursdays in Black***

Please join us in wearing black today to protest the many forms of violence against women in different cultures and communities.

**Saturday, March 10**

***WAM Film Fest and Potluck***

Film: "But I'm a Cheerleader"

Bring some munchies to share.

2:00 PM @ Women's Resource Center

Sponsored by "Women At the Millennium"

**Monday, March 12**

***So, What is a Feminist Anyway?***

Please join us for a discussion on the philosophy of "Feminism."

7:00 PM @ Women's Resource Center

Sponsored by "Women At the Millennium"

**Thursday, March 15**

***Marlaine Mowitz presents***

***"Success Tips for Women in a Job Search"***

4:00 PM– 5:00 PM @ Women's Resource Center

Sponsored by Career Services

**Tuesday, March 27**

***Women of the World: Issues Facing our International Sisters.***

7:30 PM @ Women's Resource Center

Sponsored by "Women At The Millennium"

**Wednesday, March 28**

***Feminist Bake Sale***

Treats priced according to your earning potential.

9 AM – 1 PM @ McKee Breezeway

**Wednesday, March 28**

***The History of Women's Reproductive Rights***

5:00 PM– 6:00 PM @ Women's Resource Center

Sponsored by Planned Parenthood of Greeley

**Saturday, March 31**

***WAM Film Fest and Potluck.***

Film: "If These Walls Could Talk"

Bring some munchies to share.

2:00 PM @ Women's Resource Center

Sponsored by "Women At the Millennium"

## APRIL

**Friday, April 6**

***"Real Woman" Essay Contest***

Entries due today! Entries should be two pages typed and turned in to the WRC. The Winner will receive a gift from a local Bookstore & publication in the WRC Newsletter.

**Monday, April 9**

***Bring Your Mother To School Day***

Let your mothers see what you do all day at UNC!

Sponsored by Panhellenic

**Thursday, April 12**

***Wine, Dine and Act Fine***

Enjoy a four course meal while learning about proper etiquette when dining with a potential employer. Tickets available at UNC Box office.

6:00 PM Sponsored by Panhellenic and WRC

**Wednesday, April 18**

***Women's Recognition Reception***

Honoring women students, faculty and staff.

6:30 PM @ WRC



# **Rock on Sisters!**

The Women's Resource Center would like to honor the following women from the National Women's Hall of Fame. Their unique contributions to this world are of immense importance and deserve to be recognized!

**Madaline Korbel Albright** (1937- ) First female Secretary of State and the highest ranking woman in the U.S. government.

**Susan B. Anthony** (1820-1906) The women's movement most powerful organizer whose lifetime of dedication paved the way for the women's right to vote.

**Gwendolyn Brooks** (1917- ) Poet and novelist. Brooks was the first black woman to win Pulitzer Prize (1949).

**Anni Jump Cannon** (1963- 1941) Astronomer who perfected the universal system of stellar classification.

**Mary Ann Shadd Cary** (1823-1893) Educator and abolitionists. First black woman to enroll in and graduate from Harvard University Law School and first black woman to vote in a federal election.

**Mary Baker Eddy** (1821-1910) The only American woman to found a lasting American-based religion, the Church of Christ (Scientist).

**Ella Fitzgerald** (1917-1996) World renowned jazz singer and the first pop musician awarded the Lincoln Center Medallion.

**Dolores Huerta** (1930- ) Co-founder (with Cesar Chavez) of the United Farm Workers Union, dedicated to helping immigrant/migrant people of all ages.

**Shannon W. Lucid** (1943- ) Astronaut who set the American record for the longest space flight by an American (July 15th, 1996).

**Wilma Mankiller** (1945- ) First woman elected Principal Chief of the Cherokee Nation.

**Anonia Novello** (1944- ) First woman and first Hispanic to be named Surgeon General of the United States.

**Betty Bone Schiess** (1923- ) Religious leader, led the successful effort 1974 to have women ordained as priests in the Episcopal Church in America.

**Nettie Stevens** (1861-1912) Research biologist who determined the X and Y chromosomes determined the sex of humans, ending scientific debate as to whether sex determined by heredity or other factors.

**Oprah Winfrey** (1954- ) First black woman to own her own television production company, she is the host of the nation's most successful talk show.

**Sarah Winnemucca** (1842-1891) Native American Leader who dedicated her life to returning land taken by the government back to tribes, especially the land of her own Paiute Tribe.

**Chein-Shiung Wu** (1912-1997) Nuclear Scientist whose pioneering work altered modern physical theory and changed the accepted view of the structure of the universe.





ENTER TO WIN **\$50**  
GIFT CERTIFICATE  
TO BORDERS  
BOOKS AND MUSIC!

## **“Real Woman” Essay Contest!**

Enter the Women’s Resource Center “Real Woman” Creative Writing Contest and be eligible to win a 50\$ gift certificate to Borders Books and Music! Essays must be 2 pages typed and delivered to the resource center by March 30th. Winner will be announced April 19th at the WRC Recognition Banquet. Criteria for judging include eloquence in delivering thoughts and creativity in delivery and topic should center on what qualities you believe a real woman possesses.

## Saint Francis and the Sow -Galway Kinnell

The bud  
Stands for all things  
Even for those that don't flower  
For everything flowers, from within, of self-blessing;  
Though sometimes it is necessary  
To reteach a thing its loveliness  
To put a hand on its brow  
Of the flower  
And retell it in words and in touch  
It is lovely  
Until it flowers again from within, of self-blessing;  
As Saint Francis  
Put his hand on the creased forehead  
Of the sow, and told her in words and in touch  
Blessings of earth on the sow, and the sow  
Began remembering all down her thick length,  
From earthen snout all the way  
Through the fodder and slops to the spiritual curl of the tail,  
From the hard spinniness spiked out from the spine  
Down to the great broken heart  
To the sheer blue milken dreaminess spurting and shuddering  
From the fourteen teats into the fourteen months sucking and blowing beneath them:  
The long, perfect loveliness of the sow



## Do You Have A Passion For Exploring Spirituality??

The Women's Resource Center is starting a spirituality group emphasizing open, comfortable, nonjudgmental environment for personal expansion and growth. If you are interested come join us for our first meeting, **March 13th at 8:00** at the WRC!  
We look forward to seeing you!



The first meeting will be to brainstorm about the direction the group would like to proceed in.... Possible topics include:

- Meditation
- The Power of Dreams
- Welcoming Abundance
- The Art of Happiness
- Women's Bodies, Women's Wisdom
- Seat of the Soul
- Reaching Higher Consciousness
- Succulent Wild Women
- Healing Through the Chakras
- Power of Thought
- The Four Agreements
- The Invitation





## Thanks To All Of Our Sponsors!

### Inside this issue:

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The Woman's Resource Center would like to thank all of the incredible sponsors and volunteers who helped make this years Take Back The Night March a success. Roughly 300 supporters gathered and marched to protest and raise awareness about violence. Braving the cold and slight rain the marchers helped send the message to the Greeley community that violence is unacceptable and will not be tolerated. The Center is also extremely grateful to our speakers for sharing their stories with us and their extreme dedication to helping Greeley take back the night! Specifically, the center would like to thank: **Schwan's, UPC, RHA, State Farm, Supply, Walmart, In and Out,**

**UNC Child Care Center, A Woman's Place, AKL Fraternity, ASAP, Nelson's Office, GLBT Resource Center, and Women at the Millennium (WAM).**

The center would also like to thank the committee members whose hard work helped make the march possible! Thank you Jenny, Ashley, Katrina, Dawn, Erika, Melissa, Juli, Robert, Lauren, Melissa, Jennifer, Jessica, Meghan, Linda, Gloria, Lydia, Michelle, Susan, Anpetytu, Crystal, Mary, Kacey, Skye, Tom and Becky!



### Eating Disorders Awareness Week

- Provides information, awareness and resources in regards to the causes and effects of eating disorders.
- If you are interested in helping out, contact Angela at 351-1492 or 351-2585

## JOIN THE COMMITTEE!

The Eating Disorders Awareness Committee invites you to come help prepare for Eating Disorders Awareness Week (EDAW). An informative program series, the

purpose of EDAW is to provide information, awareness and resources about eating disorders and their effects. Several positions are open and any and all support is wel-

come. If you are interested and would like to get involved contact Angela at 351-1492 or 351-2585 and come join the committee!

## Joni Overton Jung, C.S., Speaks at the U.C.



"...an inspirational speaker, historical lecturer and fact-based storyteller...."

As an inspirational speaker, historical lecturer, and a fact-based storyteller, Joni Overton-Jung has traveled extensively throughout the United States, Canada and South Africa speaking about the life and accomplishments of nineteenth century reformer Mary Baker Eddy. The Women's Resource Center was fortunate enough to have Overton-Jung speak and engage in a coffee discussion at the center that encompassed topics from the relationship between spirituality, individual transformation, social activism, and reform, and Mary Baker Eddy's 19th century find-

ings on spirituality. As a member of one of the oldest speaker's bureaus in the United States, Overton-Jung has lectured and served as a guest faculty at numerous colleges and universities such as Northwestern University, Miami University, Kalamazoo College, Dartmouth College, Middlebury College, and UC Berkley. Overton-Jung participated in several lecture series in the Seneca Falls, New York area beginning with the launch of Celebrate '98, the 150th anniversary of the first Woman's Rights Convention. She has continued a study of Woman's History through

her own research and several immersion programs. Her investigation into the relationship between spirituality and medicine includes Harvard Medical Schools symposium on "Spirituality and healing in Medicine" through their continuing education program. Her recent tour of South Africa included engagements with social workers and a community based training and healing center dealing with domestic violence. Overton-Jung draws from a broad range of experience and research, speaking about the impact of individual awakening, activism and reform.

## ***Web Resources on Women's Initiatives***



[www.femina.com](http://www.femina.com)  
[www.feminist.com](http://www.feminist.com)  
[www.now.com](http://www.now.com)  
[www.somethingfishy.com](http://www.somethingfishy.com)  
[www.about-face.org](http://www.about-face.org)

[www.anred.com](http://www.anred.com)  
[www.eating-disorder.com](http://www.eating-disorder.com)  
[www.mirror-mirror.org](http://www.mirror-mirror.org)  
[www.laureate.com](http://www.laureate.com)



# Study for Finals at the WRC!



- Open till 11:00 p.m.
- Comfy couches
- Large Tables
- Relaxed atmosphere
- Free coffee
- Free Hot Chocolate
- Bring Your Friends!

## **WAM: Women at the Millennium**

**WAM is the only feminist group on UNC's campus. Meetings are held at the WRC on Thursdays at 5:30. Women and men are invited. Get involved in activist projects, volunteering and fun!**

## **20 Ways to Love Your Body!**

1. Think of your body as the vehicle to your dreams. Honor it. Respect it. Fuel it.
2. Create a list of all the things your body lets you do. Read it and add to it often.
3. Become aware of what your body can do each day. Remember it is the instrument of your life, not just an ornament.
4. Create a list of people you admire: people who have contributed to your life, your community, or the world. Consider whether their appearance was important to their success and accomplishments.
5. Walk with your head held high, supported by pride and confidence in yourself as a person.
6. Don't let your weight or shape keep you from activities that you enjoy.
7. Wear comfortable clothes that you like and that feel good to your body.
8. Count your blessings, not your blemishes.
9. Think about all the things you could accomplish with the time and energy you currently spend worrying about your body and appearance. Try one!
10. Be your body's friend and supporter, not its enemy.

***Count your  
blessings,  
not your  
blemishes!***



To be continued....



Women's Resource Center is Student Fee Funded

UNIVERSITY of  
**NORTHERN COLORADO**



*Scott-Willcoxson Hall  
1915 10th Ave  
Greeley, CO 80639  
Phone: (970) 351-1492  
Fax: 351-1485*

**Hours Of Operation:**  
*Monday-Thursday: 8am-7pm  
Friday: 8am-5pm*



## Upcoming Events

- Advisory Board Meeting, 9 a.m. January 26
- WRC Open House, 3:30-5 p.m. January 31
- SAFE Week, February 12-16
- Eating Disorders Awareness Week, February 26-March 2
- Feminist Bakesale, March
- Woman's Herstory Month, March

## **Resources**

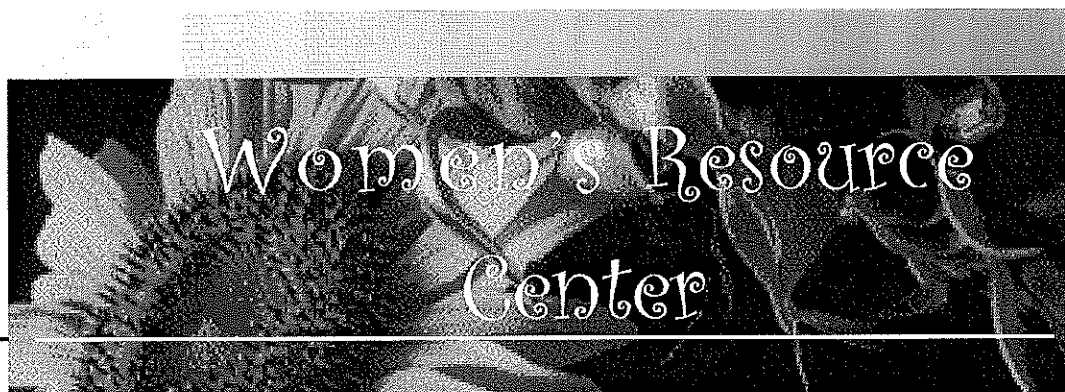
Abuse (shelter)  
AIDS/HIV  
Child Abuse  
Runaway Hotline  
Suicide Hotline  
ASAP  
SASI

(970) 356-4226  
(970) 223-6227  
(970) 350-9605  
1-800-621-4000  
(970) 353-3686  
(970) 351-1490  
(970) 352-7273



A Women's Place  
Social Services  
UNC Counseling Center  
North Range Behavioral Health  
CARE Child Advocacy  
WINGS Incest Support Services  
United Way of Greeley

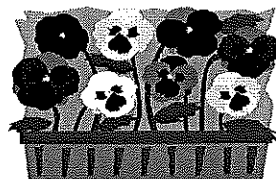
(970) 351-0476  
(970) 352-1551  
(970) 351-2496  
(970) 353-3686  
(970) 356-6751  
1-800-373-8671  
(970) 353-4300



## Meet The New Coordinator

Hello! My name is Katrina Rodriguez and I am looking forward to a tremendous year as Coordinator of the Women's Resource Center. Our remarkable staff and volunteers for this year are: Adrienn Albert, Ashley Bennett, Valerie Bruce, Montez, Sandy Lind, Erika Swift, Intern Angela LeValley, and Graduate Assistant Juli Germer. Goals for this year include programs promoting women's initiatives through topics such as spirituality, healthy body

image and eating disorder awareness, women's empowerment and women's Herstory. I invite you drop in, say hello and check out the beautiful facility and illuminating programs that characterize the Women's Resource Center at UNC!



WRC IS SUPPORTED BY STUDENT FEES

### Inside this issue:

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- Take Back The Night March
- 10-25-00
- 7:30 PM
- Garden Theatre
- Childcare provided
- For more information or to volunteer contact the WRC at 351-1492, or, ASAP at 351-1490

## Help Take Back The Night!

### Demand A World Without Violence or Rape!

On October 25th, UNC's 5th annual "Take Back The Night" march will be held as a collective protest by the community against violence. Aiming to unify the community of Greeley, Colorado, protest violence against people of all genders, ethnicity's and orientations, this march hopes to promote

awareness of the attitudes and behaviors that perpetuate violence.

The first Take Back the Night rally was held in Germany in 1973 and now occur throughout the United States, Canada, Latin America, India, and Europe.

The march will begin at 7:30 at Garden Theatre (between Gunter and Carter). Send the message that violence and rape are unacceptable and help take back the night!!!!



## INTRODUCING... THE 2000-01 WRC ADVISORY BOARD!



*How wonderful it  
is that nobody need  
wait a single moment  
before starting to  
improve the world.*

*-Anne Frank*

We are excited to present this phenomenal group of campus and community members dedicated to the growth and support of the Women's Resource Center. Thank you for involvement!!

Nicole Ament, Ashley Bennett, Mia Canzona Clancy, Sandra Duggan, Jerri Hancock, Antonia Kalu, Lucille Mantelli, Natalie Morgan, Kate Mullane Oyer, Julie Partridge, Mary Peery, Tracey Sedinger, Andrew Stolz.

The next board meeting will be October 27 at 10 a.m. at the WRC.

### *How to get involved at*

The Women's Resource Center offers several opportunities for students to get involved, including program planning, volunteering at the Center and options for directed study or internship credit. At the same time, those interested can become involved with the Eating Disorders Awareness Week

Committee or the Women's Herstory Month Committee. Through whichever facet or means, working with the Women's Resource Center is an incredible opportunity. For any questions call 1-1492 and come get involved!

### Extending an Invitation...

The Women's Resource Center serves as a facility for seminars, workshops, dissertation defenses, training sessions, and meetings. It is equipped with a meeting room, lounge areas, kitchen facility and a resource library.

Other available services include scholarship information, women's health brochures, and referrals to other campus resources and organizations. Please call to reserve a time. We are happy to share our facility.

### WOMEN'S RESOURCE CENTER:

#### MISSION STATEMENT

- \* CLARIFYING THE STATUS OF WOMEN
- \* VALUING DIVERSITY
- \* SUPPORT FOR WOMEN'S NETWORKING
- \* ENHANCING WOMEN'S SAFETY
- \* PROMOTING WOMEN'S PRODUCTIVITY
- \* INCREASING UNDERSTANDING OF GENDER ISSUES

**We reject  
pedestals,  
queenhood, and  
walking ten  
paces behind.  
To be recognized  
as human,  
levelly human, is  
enough.**

**-Combahee River  
Collection**

## *From A Woman Speaks.....*

...there are two ways of going about liberation: one of course, is the political way, changing the laws and fighting for equalities. There are so many ways of doing it. But the other I stress simply because it is the one I know: the psychological way, which is the removal of obstacles so that you can create your own freedom and you don't have to ask for it. You don't have to wait for it to be given to you. And the women I choose as my heroines were women who created their own freedom. They didn't demand it, they didn't ask for it. They created it. Something inside them made them independent women, and this kind of independence I stress. Because the other feeling that has been taught women really is the blaming of society or the blaming of men for the situation we find ourselves. Now I found through psychology that when I put the blame on others felt I was practically saying: "I am a helpless, passive victim." And it's a depressing thought! So the day I saw beyond that, at a certain moment in psychology, I saw: "No, not at all. I am the master of my destiny." When I feel free and independent and behave in certain ways towards a relationship, that affects the relationship. I can have an effect; I can have an effect on the person I am working for.... It is very easy to blame society or to blame the man, but it actually makes you feel even more helpless. Because that means you are waiting for the man to liberate you or for history. And that takes a long time. It takes centuries, and it's too slow for me. We have only one life.

Anais Nin (1903-1977)



*"..the women I choose as my heroines were women who created their own freedom. They didn't demand it, they didn't ask for it. They created it."*

## ***What the Candidates Have to Say About Women's Initiatives...***

**Al Gore**

### Abortions should be safe, legal and rare

There is no more fundamental challenge than protecting a woman's reproductive health. That means guaranteeing a woman's right to choose -- and making abortion safe, legal, and rare. Some of us still remember the days when ending a pregnancy often meant risking one's life. That is why we cannot bow to those who would chip away at these freedoms through legislation, intimidation, legal challenges, and illegal protests.

*Source: Speech to National Women's Law Center Nov 19, 1998*

### Close gender gap; equal pay for women

Marking Equal Pay Day, Al Gore today announced his support for measures to help women gain equal pay in the workplace. He applauded administration efforts that encourage women to study science and technology and that strengthen wage discrimination laws. As president, Gore would continue to study the causes of the nation's gender gap. He would strengthen and enforce equal pay laws at the Equal Employment Opportunity Commission. "Working women in this country will never have the futures they deserve until they earn the pay they deserve," Gore said. "I'll fight to strengthen equal pay rules in the country to crack down on the wage discrimination that results in far too many women getting smaller paychecks."

Equal Pay Day is sponsored each year by the National Committee on Pay Equity and marks the day which American women's wages, added to their previous year's earnings, equal what men make in just one calendar year.

**George Bush**

### Would support-but not pursue- a pro-life Amendment

Bush has said he is opposed to abortion and would support a constitutional amendment making the procedure illegal - except in cases of rape, incest and when the woman's life is jeopardy. But he also says Americans don't support the measure, thus there is no need to pursue it. But he would not require his Supreme Court nominees to pass an anti-abortion 'litmus test.'

*Source: Associated Press Jun 14, 1999*

### Good people can disagree; but let's value life

I will lead our nation toward a culture that values life -- the life of the elderly and the sick, the life of the young, and the life of the unborn. I know good people disagree on this issue, but surely we can agree on ways to value life by promoting adoption and parental notification, and when Congress sends me a bill against partial-birth abortion, I will sign it into law.

*Source: Speech to Republican National Convention Aug 3, 2000*





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## Fall Calendar of Events

### **OCTOBER**

#### Take Back The Night March !!!!

October 25th, 7:30, Garden Theatre

#### Women's Empowerment Lunch Series

"Consumerism: Don't get run over in the car market" Car buying tips and strategies. October 12th, 11:30, WRC

"Let's Talk About Sex" Communication and Relationships. October 19th, 11:30, WRC

WRC Book Club Discussion: Two or Three Things I Know for Sure, Dorothy Allison October 26th, 11:30, WRC

Reception with Kerry Kennedy Cuomo

October 30th, 6 p.m. UC Student Activities

Speech to follow: "Women in Politics"

7 p.m. UC Ballroom

### **NOVEMBER**

#### Lunch Series and Discussion: Women's Spirituality

Thursdays, 11:30 @ WRC

National Speaker Susan Jackson Cobb

Date and time to be announced

#### Hunger Banquet

Date and time to be announced

## Resource List

Abuse (shelter)	(970) 356-4226
AIDS/HIV	(970) 223-6227
Child Abuse	(970) 350-9605
Runaway Hotline	1-800-621-4000
Suicide Hotline	(970) 353-3686
ASAP	(970) 351-1490
SASI	(970) 352-7273
United Way of Greeley	(970) 353-4300

A Women's Place	(970) 351-0476
Social Services	(970) 352-1551
UNC Counseling Center	(970) 351-2496
North Range Behavioral Health	(970) 353-3686
CARE Child Advocacy	(970) 356-6751
WINGS Incest Support Services	1-800-373-8671
United Way of Greeley	(970) 353-4300