

# WRC TODAY

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Women's Resource Center Newsletter



# Because lactating looks like this...



The WRC has relaunched our newly designed  
Because Lactating Looks Like This.... Campaign!  
Lactating looks many different ways, and all are perfect and  
beautiful. Whether someone is breast or chest feeding,  
exclusively pumping for their own child, or donating their milk,  
this campaign celebrates all narratives associated with being  
a lactating body! Join us in normalizing and celebrating these stories,  
and creating an inclusive environment  
where all lactating bodies feel safe  
and comfortable to express  
milk on our campus.



Know Your Rights,  
and the Rights of Others.

To view UNC's Breastfeeding  
Policy in full, please visit:



<http://www.unco.edu/human-resources/pdf/new-documents/unc-breastfeeding-policy.pdf>

**#UNCOFeminism**  
**#RightToLactate**  
**#UNCOSupportsBreastfeeding**



# student voices

Welcome to the Student Voices section of the WRC Today! The Student Voices section of the WRC Today began in Spring, 2016. We collaborated with the Gender Studies program to feature written pieces by students to distribute in the newsletter. Student voices began as a space for students on campus to be able to discuss various topics relating to women's and gender issues, have their voices be heard, and to get various perspectives on these topics. When initially launched, the Student Voices section was not open for all students on campus to submit pieces.

While the purpose of Student Voices continues to be offering a space to heighten gender consciousness (being aware of what it means to have a gender identity and to navigate life from a place of gender), we decided to open up the section to allow all students on campus to submit not only written pieces, but also visual art, self-reflections, poetry and much more. If you want to join the Women's Resource Center in heightening gender awareness at the University of Northern Colorado, then submit your piece to us! Topics can vary anywhere from identity and intersectionality to injustice and gender.

If you are interested in submitting a reflection or piece (e.g. short story, poetry, visual art, etc.) to be featured in our monthly newsletter and online content, submit to, or for more information, contact Emily Hedstrom-Lieser at [emily.hedstromlieser@unco.edu](mailto:emily.hedstromlieser@unco.edu).





A view from the Gender Studies program:

## Feminis vs. Feminisn't

*By Emma Rogers*

The dictionary definition of feminism is, “the theory of the political, economic, and social equality of the sexes.” However nowadays, it has been stretched to include basic human rights no matter your gender, race, or social class. Under privileged groups of people are often overshadowed because of who they are. Although the movement initially focused on the empowerment of women, it has turned into the empowerment of anyone who feels overshadowed in society. I am a feminist because I believe that women deserve economic and political equality in society. I also believe that a man is more than his physical strength, and a woman is more than her appearance.

Early on, feminism supported women to emerge out from the confines of their home. The movement supported the radical notion that a woman is more than just a housewife. Various political movements, such as a protest of a beauty pageant shattered expectations of what a woman should do or could be. In the 1950s and 1960s, women filled the vocational positions of men while the men defended our country in World War II. Despite women having an opportunity to break into the workforce, the temporary nature of this solution was constantly and patronizingly emphasized. Dissatisfaction and frustration ran rampant among women who felt they were trapped in the home. Then the invention of the birth control pill made it possible for women to take control of their bodies and thus temporarily escaping the control that reproduction had over them. However, there are still criticisms of female independence thanks to the patriarchal system we all live in. One of the main goals of feminism is to shatter the patriarchy that exists. Once this happens, the world will be a freer place for women and all genders.



Emma Rogers

Natural born thinker. I always have a song stuck in my head and a cup of coffee in my hand. Reader, writer, musician, life-long learner. Fitness and health are important to me, as well. I am not one for putting labels on people. I believe the most important thing a person can have is an open mind

Ather Zia, Assistant Professor, Gender Studies & Anthropology  
Contributing Editor for all pieces submitted through the Gender Studies Department for  
Student Voices



Annual Conference on



# Gender Justice and Feminism

November 8, 8:00 am - 4:00 pm  
UC Ballrooms

The Inaugural Conference on Gender Justice and Feminism offers an opportunity for all UNC students, faculty, and staff to engage contemporary and historical women's and gender issues, explore intersectionality within feminism, and identify avenues toward reflection, awareness and empowerment.

Previously titled the Women's Conference over the last 7 years, the Annual Conference on Gender Justice and Feminism provides the same unique conference experience with a new name that encompasses all that this conference has to offer. Join us in creating space for awareness, reflection and community.

## Registration

August 21 - October 20

Register online at

[www.unco.edu/womens-resource-center](http://www.unco.edu/womens-resource-center)

**UNC**

UNIVERSITY OF NORTHERN COLORADO

Women's Resource Center

Any person requesting disability accommodations for this event please contact 970-351-2289 at least 3 business days in advance.



Keynote Speaker

## Dr. Consuela Ward



Dr. Consuela Ward has approximately 20 years of experience as a speaker, facilitator, consultant, trainer, and coach on diversity and inclusion topics and has served Colleges and Universities, School Systems, Human Resources, Professional Conferences, Youth Groups, and Community Groups. She is the founder and president of the Montage Group, LLC, a diversity and inclusion consulting firm where she is the principle speaker and facilitator for keynotes, trainings/workshops, and diversity & inclusion strategic planning.

Dr. Ward has touched thousands of lives by creating opportunities for complicated conversations in safe spaces around diversity, inclusion, equity, and privilege. She is a visionary and an activist for healing from issues related to systemic discrimination and marginalization and has the ability to educate, empower, and excite audiences. She is passionate about helping others negotiate the diverse world in which we live. Today, Dr. Consuela Ward is committed to changing the world, one conversation at a time!

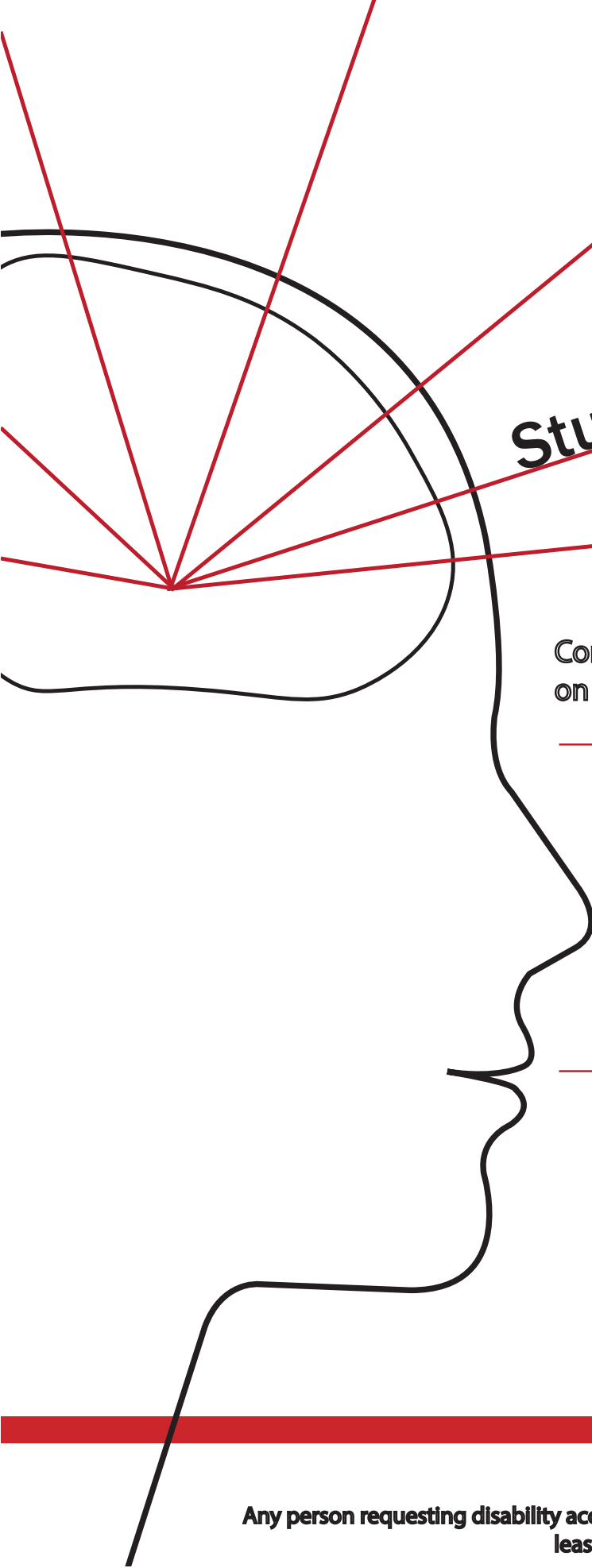
Capstone Speaker

## Dr. Cori Wong

Dr. Cori Wong is Special Assistant to the President of Colorado State University and Director of the Women and Gender Collaborative - a Presidential Initiative. Dr. Wong is also Assistant Professor in the Center for Women's Studies and Gender Research. She earned a dual-title Ph.D. in Philosophy and Women's Studies from the Pennsylvania State University after graduating summa cum laude with a B.A. in Philosophy from Colorado State University.

With a passion for teaching, learning, and approaching education as a practice of freedom, Dr. Wong empowers others to think through everyday life experiences for personal transformation and greater social justice. In addition to teaching in academic settings, she is committed to engaging general public audiences on issues of gender, race, sexuality, cultural ignorance, epistemic injustice, and political resistance. Over several years, Dr. Wong has done this advocacy and outreach work through various mediums, including her blog and YouTube channel, magazine articles, public talks, and as an independent philosophical practitioner. In light of her research in feminist theory and practice, embodied experiences of oppression, and positive psychology, Dr. Wong uses her method of "positive philosophy" to engage with others on these difficult topics and demonstrate how critical reflection and disciplined thinking can be as fun and exciting as they are important and challenging. She has taught courses on feminist philosophy and women's studies, race and diversity, love and sex, medical ethics, Asian philosophies, moral values and the good life, and the value of democratic education in a market economy.





# Student Consciousness Raising Groups

Come discuss feminism and gender issues  
on campus over snacks

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sept 20

oct 4

oct 18

nov 1

nov 15

nov 29

5:00 - 6:30 pm

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Scott-Willcoxon Hall

I Need  
**Feminism  
Because...**

**UNC** | Women's Resource Center

Any person requesting disability accommodations for this event please contact 970-351-2289 at  
least 3 business days in advance.



**Native American Student Services Proudly Welcomes...**

# *Daniel Ramirez*



*Daniel Ramirez is an American Indian artist from the Saginaw Chippewa Indian Tribe of Michigan. He has dedicated himself to becoming the best painter of contemporary woodland images in memory of his mother. Daniel's paintings focus on the uniqueness of Indigenous women.*

**Monday, October 9**

**4:30 - 6:00 p.m.**

**Women's Resource Center**

**1915 10th Ave., Greeley, CO 80639**

**Free lecture event; open to everyone.**

*Light appetizers & refreshments will be served.*



Any person requesting disability accommodations for this event please contact 970-351-2289 at least 3 business days in advance.

Native American Student Services

970-351-1909  
[depts.unco.edu/nass](https://depts.unco.edu/nass)



# THE GENDER & SEXUALITY RESOURCE CENTER PRESENTS... COMING OUT WEEK @ UNC

## FRIDAY, OCTOBER 6TH

### A Day Of Music @ The GSRC

3-5pm, GSRC House  
2215 10th Ave.

## MONDAY, OCTOBER 9TH

### Safe Zone 101 Training

9am-Noon  
Register at [dept.unco.edu/gsrc](http://dept.unco.edu/gsrc)

### Queer Women's Affinity Group

4-5pm, GSRC House  
2215 10th Ave.

### Queer Christian Bible Study Affinity Group

6-7pm, GSRC House  
2215 10th Ave.

## TUESDAY, OCTOBER 10TH

### SpeakOUT Panel

12:30-1:45pm, UC Columbine A

### Queer People of Color Affinity Group

5:30-7pm, UC Spruce B

### The Way He Looks - Film Screening

7-9pm, Lindou Auditorium  
Co-sponsored by IFS, César Chávez  
Cultural Center, Disability Support  
Services, & Lambda Theta Alpha Latin  
Sorority, Inc. Zeta Chi Chapter

## WEDNESDAY, OCTOBER 11TH

### Name Change Workshop with Emma Shinn

3-4pm, GSRC House  
2215 10th Ave.

### Queer Crafting Affinity Group

4-5pm, GSRC House  
2215 10th Ave.

### NCOW Speaker: Emma Shinn

6:30-8pm, UC Panorama Room  
Co-sponsored by Veterans Services & the  
Women's Resource Center

## THURSDAY, OCTOBER 12TH

### Safe Zone 201 Training

*The History Of Queerness  
Across Cultures*  
Noon-1pm, UC Spruce A

### Gay Men's Affinity Group

6-7pm, GSRC House  
2215 10th Ave.


### Straight Facts About Queer Life - Undergrad Training

6-9pm, UC Aspen Suites

## FRIDAY, OCTOBER 13TH

### NCOW House Party

11:30am -1:30pm, GSRC House  
2215 10th Ave.

Sound by: 

### Ace Spectrum Affinity Group

4:30-5:30pm, GSRC House  
2215 10th Ave.

### Trans & Non-Binary Affinity Group

6:30-7:30pm, GSRC House  
2215 10th Ave.



Gender & Sexuality  
Resource Center



UNCGSRC UNCO\_GSRC

[GSRC@unco.edu](mailto:GSRC@unco.edu) | [depts.unco.edu/gsrc](http://depts.unco.edu/gsrc)

Any person requesting accessibility accommodations for these events please  
contact 970-351-2289 at least 5 business days in advance.

Gender and Sexuality Resource Center, Veteran Services, and the Women's Resource Center Present:

# Coming Out Week @UNC:

## Speaker Presentation with Emma Shinn

Wednesday, October 11, 6:30-8:00 PM at UC Panorama Room

Emma Shinn is a retired Marine judge advocate and prior enlisted infantry platoon sergeant, enlisting in 1994 and retiring from active duty in 2014. Most of her tenure in the Marines was served during Don't Ask Don't Tell and while at Guantanamo Bay, Cuba, she trained servicemembers on the impending changes before its repeal in 2011. She is a zealous advocate for defending our Constitution and individual liberties.

Emma is also a co-founder of the Colorado Name Change Project, helping transgender Colorado residents to update their name and gender marker on state and federal identity documents. Emma is the recipient of many awards, including the Meritorious Service Medal, Joint Service Commendation Medal, Navy Commendation Medal with gold star and "V" combat distinguishing device, as well as the 2017 Attorney of the Year award from the Colorado LGBT Bar Association.



## Name Change Workshop

As part of our Coming Out Week events, our Coming Out Week Speaker Emma Shinn will be offering a name change workshop. This work shop will provide information for anyone interested in learning more information about the processes to update ones name and information legally.

3:00-4:00 PM at the Gender and Sexuality Resource Center House,  
2215 10th Ave. Greeley, CO 80639