

WRC TODAY

Women's Resource Center Newsletter



Welcome Back, Bears!

We hope that you had a restful winter break and are ready to rock this semester! Along with a new semester comes a fresh start, a bunch of new events to attend and more ways to get involved on campus. Here at the WRC, we have some awesome events planned – we can't wait to see you there!

- The WRC/SI Staff

WRC Spring 2018 Events Schedule

VDAY

Wednesday, February 14

A global movement to end gender violence and raise awareness about prevalent women's and gender issues. Keep an eye out for our VDAY events!

The Vagina Monologues

April 6 and 7

See page 4 and 5 to find more information about this event.

Women's History Month

March

Keep an eye out for our Women's History Month events!

Inspiring Women's Awards and Outstanding Mentor Award

Nominations collected through March 9

The Inspiring Women's Awards is a chance to celebrate inspirational women students, staff, and faculty. The Outstanding Mentor Award is to recognize an individual on campus who goes above and beyond to mentor women students at UNC. All of these awards will be recognized at the Annual Recognition Reception. (See page 10 for more info)

Annual Recognition Reception

Tuesday, March 17

3:30 - 5:30 PM

This reception is an event to honor the recipients and nominees of the Inspiring Women's Awards and the Outstanding Mentor Award.

Ongoing Events and Campaigns

Student Consciousness Raising Groups

January 31, February 14, February 28, March 21, March 28, April 11, April 25

5:00 - 6:30 PM

Join us as we engage in conversation and community regarding women's and gender issues over snacks.

****These groups are currently only open to students.**

I Need Feminism Because... Campaign

This campaign links pressing women's and gender issues and other forms of social inequity, to feminism and feminist history. Women's ability to vote, access education, and own property are a result of feminism and remind us of all that is left to accomplish.

Because Lactating Looks Like This... Campaign

Lactating looks many different ways, and all are perfect and beautiful. Whether someone is breast or chest feeding, exclusively pumping for their own child, or donating their milk, this campaign celebrates all narratives associated with being a lactating body! Join us in normalizing and celebrating these stories, and creating an inclusive environment where all lactating bodies feel safe and comfortable to express milk on our campus. Keep an eye out for our "Because lactating looks like this..." posters around campus!

Best Moments of the Annual Conference on Gender Justice and Feminism

“Something that gave me joy at the Conference on Gender Justice and Feminism was setting up for the event and seeing the ballroom as a big open colorful empty space, and then coming back and seeing the space used and occupied. With months of preparation for the event, it’s always cool to see people participating in the table activities, making use of the programs, etc. At the end of the day, tearing down the event is always worth it because I know each person walked away with at least one thing they didn’t know before.”



“My favorite moment from the Gender Justice and Feminism Conference was seeing the excitement of conference attendees deciding which breakout session they wanted to attend, and then telling us that there were too many excellent sessions to choose from! Being able to actually witness the excitement and passion for learning about gender justice and feminism was very, very cool. The enthusiasm for the breakout sessions also speaks to the importance of having a wide range of experiences represented, and it felt good to know that people were really engaging with these topics. We had so many great presenters and sessions, and it really was a collective effort to make the day as empowering as it was!”

“My favorite moment from the conference was checking people in and handing them their badges and pins. It was hectic at some point but it was nice seeing people getting excited to see/watch what we have all worked so hard on and the amazing presenters we had. It made me happy!”



PERFORMERS NEEDED!! ***THE VAGINA MONOLOGUES***

BROUGHT TO YOU BY:
THE WOMEN'S RESOURCE CENTER
&
PREVENTION EDUCATION AND ADVOCACY SERVICES

WRITTEN BY: EVE ENSLER

DIRECTED BY: JENNY PAN

AUDITIONS

WEDNESDAY, JANUARY 24TH

4:30 - 7:30PM

****To sign up, please visit our website:**
www.unco.edu/womens-resource-center/events/vday.aspx

PLEASE PREPARE A 90 SEC. MONOLOGUE
(DRAMATIC OR COMEDIC)

NO PREVIOUS THEATRE EXPERIENCE REQUIRED

*AN EMAIL CONFIRMATION WITH LOCATION OF AUDITIONS
AND A CONFIRMATION OF YOUR TIME
WILL BE SENT THE WEEK PRIOR*

AUDITIONS ARE OPEN TO THOSE WHO IDENTIFY AS WOMEN AND/OR TRANS
(TRANS MEN & NON-BINARY IDENTITIES INCLUDED)

PLEASE CONTACT ALLISON.BERGER@UNCO.EDU WITH ANY QUESTIONS

WHAT ARE THE VAGINA MONOLOGUES?

A poignant tour of the last frontier, the ultimate forbidden zone, “The Vagina Monologues” is a celebration of female sexuality in all its complexity and mystery.

An Obie Award-winning whirlwind tour of a forbidden zone, The Vagina Monologues introduces a wildly divergent gathering of female voices, including a six-year-old girl, a septuagenarian New Yorker, a vagina workshop participant, a woman who witnesses the birth of her granddaughter, a Bosnian survivor of rape, and a feminist happy to have found a man who “liked to look at it.”

Every year V-Day invites activists in colleges, communities, high schools, or youth groups around the world to present select benefit events during and leading up to V-Season (which is now FEBRUARY ONLY). The purpose of these events is to raise awareness about violence against women and girls as well as raise money (100% of the proceeds must be donated) for local beneficiaries that are working to end violence.

JOIN UNC’S V-DAY MOVEMENT!

V-DAY, a Global Activist Movement, is recognized and celebrated around the world on February 14th. UNC has been part of this movement of shaking the earth with the global collective for many years.

V-DAY stands for Victory, Valentine and Vagina.

To get involved, contact wrc@unco.edu , or visit the Women’s Resource Center.

For more information about the VDAY movement, please visit www.vday.org and look for upcoming events on February 14th 2018!!

AUDITIONS ARE OPEN TO THOSE WHO IDENTIFY AS WOMEN AND/OR TRANS
(TRANS MEN & NON-BINARY IDENTITIES INCLUDED)



student voices

Welcome to the Student Voices section of the WRC Today! The Student Voices section of the WRC Today began in Spring, 2016. We collaborated with the Gender Studies program to feature written pieces by students to distribute in the newsletter. Student voices began as a space for students on campus to be able to discuss various topics relating to women's and gender issues, have their voices be heard, and to get various perspectives on these topics. When initially launched, the Student Voices section was not open for all students on campus to submit pieces.

While the purpose of Student Voices continues to be offering a space to heighten gender consciousness (being aware of what it means to have a gender identity and to navigate life from a place of gender), we decided to open up the section to allow all students on campus to submit not only written pieces, but also visual art, self-reflections, poetry and much more. If you want to join the Women's Resource Center in heightening gender awareness at the University of Northern Colorado, then submit your piece to us! Topics can vary anywhere from identity and intersectionality to injustice and gender.

If you are interested in submitting a reflection or piece (e.g. short story, poetry, visual art, etc.) to be featured in our monthly newsletter and online content, submit to, or for more information, contact Emily Hedstrom-Lieser at emily.hedstromlieser@unco.edu.

(Breast)Fed Up

By Faith Lyons

“Ew, gross”

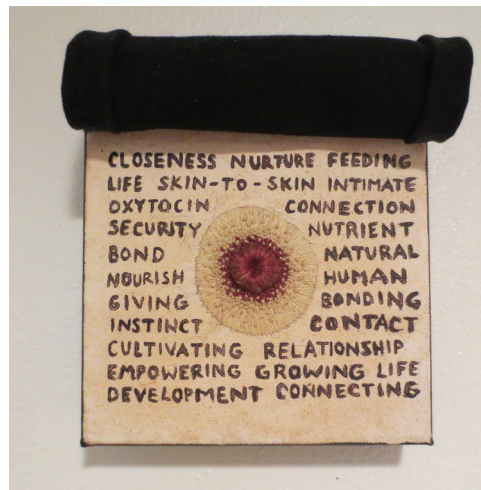
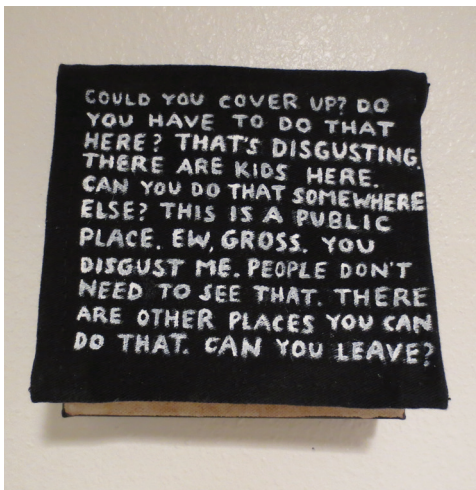
“Could you cover up?”

“That’s disgusting, there are kids here.”

My mom works at a hospital as a lactation consultant. This past August for World Breastfeeding Week (the first week of August), she was asked to create a board to display in the hospital about breastfeeding. She began putting together various images and art depicting lactation and breastfeeding, however she was prevented from using this imagery. She was told some people may find the images she selected as inappropriate or “offensive.” This summer, I started my position at the Women’s Resource Center as the Graphic Design and Marketing Specialist and I became more familiar with the Center’s “Because lactating looks like this…” campaign. The purpose of this campaign is to recognize and honor individuals who lactate, and to raise awareness of the many different forms lactation can take. Over the course of the semester, many of the posters hung up around campus have been removed. My piece titled “(Breast)Fed Up” is in response to all of these things swimming in my head regarding the way society views breastfeeding.

The first element you see is a black cover over the canvas annotated with negative statements a person lactating may encounter “Do you have to do that here?”, “People don’t need to see that”, and “Can you leave?”. When you pull back the cover, there is an embroidered nipple surrounded by empowering words about lactation and breastfeeding such as “skin-to-skin”, “nourish”, and “growing life.” It was significant to me that I embroidered the nipple because embroidery is often seen as a “feminine craft” and is not taken as seriously as “real art” (whatever that means). In my piece, I have attempted to reclaim it in a fine art context. It is my hope that this piece calls attention to the negative impacts of shaming people who are breastfeeding and empowers lactating individuals. There is nothing offensive or shameful about lactation.

#UNCOFeminism #RightToLactate #UNCOSupportsBreastfeeding



Faith Lyons, *Graphic Design and Marketing Specialist at the Women’s Resource Center*

Marcus Garvey Cultural Center Presents:

HARAMBEE BOOK CLUB

invites you to join in a conversation about...



TEA & LIGHT REFRESHMENTS DISCUSSION

Thursday, March 1 & 22

5:00 - 6:30 p.m.

Women's Resource Center

Only preregistered guests
invited to dinner.

Please sign up early and
read further details at:
depts.unco.edu/mgcc

Registration is limited.

*Books will be distributed the
week of January 8 & 12, 2018,
at the MGCC House*

An Untamed State is a novel of privilege in the face of crushing poverty, and of the lawless anger that corrupt governments produce. It is the story of a willful woman attempting to find her way back to the person she once was, and of how redemption is found in the most unexpected of places.

Please contact MGCC at 970-351-2351
or Briana.Compton@unco.edu for additional information or questions.

Any person requesting disability accommodations for these events please contact
970-351-2289 at least three business days in advance.



Marcus Garvey Cultural Center

Is there someone on campus you would like to recognize?



The Outstanding Mentor Award

A mentor is someone who provides guidance, support, encouragement, opportunity and offers space for growth and self-discovery. The Outstanding Mentor Award is an opportunity to recognize individuals at UNC who go above and beyond to mentor women students at UNC. These individuals not only contribute to the success of students with whom they work, they foster an environment in which women have an opportunity to use their voices and see their potential at UNC and beyond.



The Inspiring Women's Awards

To be inspired is to feel moved, motivated and influenced in a way that speaks to one's own unique spirit, truths, goals, and commitments. The Inspiring Women's Awards is an opportunity to recognize and celebrate women students, staff, and faculty who have inspired others around them. To be inspirational cannot be defined in one simple way. There are endless ways in which we are inspired and inspire others within our campus community. This award allows us to honor women at UNC who make a difference every day in the lives of others by being who they are and doing what they do.

Nominations open November 28th - March 9th

To nominate someone, you can go to
www.unco.edu/womens-resource-center/events/annual-recognition-reception.aspx
or stop by the Women's Resource Center to pick up a nomination application.

The Women's Recognition Reception will be on **April 17 at 3:30-5:30 PM**