



Women's Resource Center

For Women and Their Allies at UNC

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Committee for Women's Programs

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What is all the buzz about CWP?

CWP or the Committee for Women's Programs is an on campus group that focuses on developing leadership skills, creating campus programming for women and educating the community on women's initiatives. This group meets weekly at the Women's Resource Center and played a pivotal role in the successful Take Back the Night March in October. The beginning of the Spring Semester brings Eating Disorders Awareness Week, and many more important events for the Committee. You may have seen them at the dining halls handing out surveys to poll students on how the Woman's Resource Center can better fit the needs of this campus. For more information or to join call 351-1492.

Take the Initiative! Get involved on campus!

Around every corner at UNC there is a group, organization or committee that would love more involvement and can suit your needs. Passionate about stopping assault and rape, contact ASAP about volunteering. Is the environment your greatest concern? Get involved with COPIRG. Dedicated to Women's initia-

tives? Join CWP. Not exactly sure what specific area is your passion, contact the volunteer link and find tons of opportunities to volunteer for the community. No matter what your interest is, there is a place that would love your help and involvement. So no more excuses! It's time to meet new people, get involved,

make a difference and give back to your community. You will be amazed at the benefits you actually receive back! It is time to reach out and get involved. The world needs your talent!

Let your vision be worldwide,
rather than confined to your
own self.

Leadership Mistakes Women Leaders Make and How to Overcome Them -Marcie Tucker

Mistake	Strategy to Overcome
Doing too much	Learn to differentiate opportunities! The key is to identify those activities that bring you JOY and FOCUS on them.
People Pleasing	Caring for you is not at the expense of caring for others. Don't think of these things as mutually exclusive rather realize that when you care for yourself you have wisdom and strength for others.
Jealousy	Understand that there is truly enough success for every one and stop believing that someone else's success comes at the expense of you own
Gossip	Gossip is an artificial bonding activity and it leaves a trail of tears. Find open and honest ways to give feedback in a spirit of love and connection
Conflict Avoidance	At some point a leader has to stand for something or intervene in relationships so that the group can continue to function. Abdicating responsibility is unwise for any leader

Things We Wish Men Knew About Women

"We really do want your true opinion (as long as its what we want to hear)"

"We will not think any less of you if you ask for directions"

"Sometimes we don't even know what we want so how could you?"

"We do like if you call to confirm"

"We can say it's because of our period or hormones but you better not"

"We do like watch sports and not just because you do"

Note: All of this will change depending on the woman! We are complicated :)

Important Web Addresses Every Woman Should Have

www.now.org

www.nildleaders.org

www.rlc.dcccd.edu/bowwow/

www.oxygen.com

www.feminist.org

www.cgu.edu/inst/hea/hea.html

www.wihe.com

www.Pleiades-net.com

www.femina.com

www.oprah.com

www.4scholarships.com

www.fastweb.com

www.aauw.org

www.unco.edu



What I Think Feminism Is- Regina Demis, CWP President

The answer that I give to this question will not be what I stick with forever, since I am an ever constant changing woman. For the past twenty-two years I have come to find that feminism is not viewed by many with good observation. Both men and women have, for the majority of my experience, given me the sense that it is something which they do not want any part of, nor identify with. This saddens and upsets me a great deal. Yes, when someone asks me if I am a feminist I say that I am. Why? Well this is what I believe a feminist is.

I believe that if I want and or feel the need for my opinion to be heard then I will speak it. My opinion is often passion based because I feel

deeply about the subject at hand. Being an athlete I found it difficult not to give attitude on the court, because it was not appropriate for a female to do so. It is not appropriate to talk to more than one guy at a time or see more than one guy. It is not appropriate to pay for something when a guy and I go out. I am tired of society, society defined as what the male W.A.S.P. has deemed appropriate for the female, telling me how to act. Feminism is to act as I do, to be free but yet use my brain that is rational to make the best decisions for myself and whenever necessary to seek the advice of such knowledgeable people to help me to be the best person possible and to be an equal person among my peers. Yes, I

like the company of men but I do not ever want the feeling of being dependent on one. No, I do not believe in marriage, there is no use in my opinion for it now, if women and men are so equal then I do not feel that I need to take his name nor do I need to make a contract with the state in which I live in to prove to a man that I love him. I respect men; however, it frustrates me when they ask why UNC has a women's center and a women's studies program. Please try to understand our level of privilege is not at the same level as men and that is why *our* concerns are not understood by all. If you believe in equal rights for men and women then you are a feminist.

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Up and Coming Events
