

# Heather M. Helm

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- Position:** Assistant Professor  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado  
Greeley, CO 80639
- Home Address:** 2124 Thunderstone Ct.  
Fort Collins, CO 80525
- Telephone:** Office - (970) 351-1630  
Home - (970) 267-8830
- Education:** December, 2004  
Ph.D.  
University of Mississippi, University, Mississippi  
Counselor Education and Supervision
- May, 2001  
M.Ed.  
University of Mississippi, University, Mississippi  
Counselor Education, Community Counseling
- December, 1993  
B.S.  
Washington State University, Pullman, WA  
Psychology
- Licensure:** Licensed Professional Counselor - #3915  
Registered Play Therapist/Supervisor
- Work Experience:** 2004-Present  
University of Northern Colorado, Greeley, CO  
Assistant Professor  
Responsibilities:
- Coordination of the CACREP Professional Counseling programs (Clinical, School, and Couples & Family)
  - Instruction at the Master's and Doctoral Levels
  - School, College, Community, State, Regional, and National Service
  - Chairing and Serving on Doctoral Dissertation Committees
  - Maintaining an Active Scholarly Record

2006-Present

Fort Collins, CO

Private Practice (Clinical and Supervision)

Responsibilities: Client Treatment/Clinical Supervision

2001-2004

University of Mississippi Counseling Center, University, MS

Therapist and Supervisor

Responsibilities: Clinical, Supervision

- Conducting individual and couples counseling with students and employees.
- Supervising practicum and internship students.
- Coordinating and conducting the First Chance Program, a substance abuse prevention program for college-aged students.
- Developing and conducting psychosocial programs throughout the University.
- Clinically supervise Master's level counselor education Practicum and Internship students and doctoral level Counselor Education Advanced Practicum students.

2004

University of Mississippi Counseling Center, University, MS

Coordinator

Responsibilities: Supervision, Consultation, and Coordination

- Responsible for training clinicians in substance abuse counseling including motivational interviewing and group process.
- Responsible for coordinating services with the city court system and the University of Mississippi.

2001-2004

Oxford Play Therapy Training Institute, Oxford, MS

Counselor / Research and Grants Director

Responsibilities: Counseling, Supervision, Research

- Conducting play therapy with children ranging from 3-12 years of age.
- Conducting both couples and individual therapy with adult clients or parents of children seen by other clinicians.
- Supervise Master's level Practicum students
- Provide monthly play therapy trainings across the state for those interested in play therapy and/or obtaining their play therapist registration.
- Write grants and coordinate program evaluation data.

1996-2001

Council Oak Training and Evaluation, Fort Collins, CO  
Evaluation Team Member

Responsibilities: Research and Evaluation

- Provided project evaluation, data collection, data analysis, chart review, employee and client focus groups, and report writing for federally funded mental health and substance abuse programs, nation-wide, with an emphasis on Native American run programs.

1996-2000

Tri-Ethnic Center for Prevention Research (Colorado State University) Fort Collins, CO

Research Associate

Responsibilities: Research

- Recruited American Indian and Native Alaskan sites for survey implementation, assisted bands and councils in obtaining necessary clearances, made all arrangements for conducting school surveys.
- Supervised the collection of data from approximately 30 dropouts at each site where school surveys were given.
- Collected data and performed data analysis.
- Responsible for report and proposal writing.
- Conducted focus groups and ethnographic interviews in American Indian, Alaska Native, Mexican American, and Rural Anglo communities.
- Conducted community readiness training and theory modification.
- Responsible for grant writing, grant management, and report editing.

1995-1996

The Rogers Counseling Center, Clarkston, WA

Core-Team Coordinator

Responsibilities: Coordination, Consultation, Research

- Coordinated, scheduled, and facilitated a multi-disciplinary, community based Core Team, consisting of members of the professional community and school district representatives.
- Responsible for referral and data collection.
- Assisted Project Director in grant writing.
- Facilitated community networking and collaboration.
- Participated in potential employee interviews.
- Wrote and developed policies and procedures.
- Developed protocols for the medical clinic.
- Led and assisted in treatment planning and placement of project referrals.

1993-1996

The Rogers Counseling Center, Clarkston, WA  
Pregnancy and Teen Parent Advocate

Responsibilities: Counseling and Coordination

- Provided case management, individual, and group mental health and substance abuse counseling for teen parents and adult substance abusing women.
- Completed intake and assessments from mental health, substance abuse, and primary health care needs.
- Managed clinical records.
- On-call crisis rotation and crisis response.
- Conducted in-service training for school personnel.
- Responsible for treatment planning and coordination.
- Supervised Project RN.
- Supervised and coordinated the Washington State First Steps contract for Maternity Case Management.
- Provider liaison to American Indian students living on reservations.

1993

The Rogers Counseling Center, Clarkston, WA  
Intern

Responsibilities: Counseling

- Provided individual assessment and treatment of adult substance abusing clients.
- Lead the Intensive Outpatient Program (IOP), a 10-week, three-hour per night, three nights a week, substance abuse group.

**Area of  
Specialization:**

Counselor Education, Counselor Supervision, Play Therapy, Couples and Family Therapy, Trauma, Substance Abuse, Group Counseling, Grief and Loss

**Research Areas/  
Interests:**

Counselor Development, Supervision, Attachment, Adolescent Aggression, Imposter Phenomenon, Filial Therapy Outcome Research, Play Therapy Outcome Research, Trauma Reenactment and Secondary Trauma, and the Doctoral Student Experience

**Publications (Juried):**

**Helm, H.**, O'Halloran, M.S., & Kahlo, D. (in print). Funding training clinics. In 2<sup>nd</sup> Ed. *Developing and Directing Counselor Education Laboratories* (Myers, J. & Mobley, K. Eds.). Association for Counselor Education and Supervision.

Capps, J., & **Helm, H.** (under review). Filial therapy with adolescent foster children. *International Journal of Play Therapy*.

Snow, M.S., Sullivan, K., Martin, E., **Helm, H.** (under review). The Adult Scale of Parental Attachment: A Factor Analysis, Multidimensional Scaling, and Psychometric Properties. *Journal of Counseling and Development*.

**Helm, H.**, William, A., & Carden, J. (in progress). An empirical study of the prevalence and experience of compassion fatigue and vicarious trauma among play therapist. *International Journal of Play Therapy*.

**Helm, H.** (in progress). Gender differences in strength of sanctions from peers, family, and school on adolescent aggressive behavior: An examination of causal structural models of primary socialization.

**Helm, H.**, Zullo, E., & Sangganjanavanich, V. (in progress). Conceptualizing the history of the counseling profession: A developmental framework.

Softas-Nall, B., Beadle, M., Newell, J., & **Helm, H.**, (2008). Spousal disclosure of extramarital relationships: Attitudes of marriage and family therapists. *The Family Journal*, 16(8), 328-337.

**Helm, H.**, Snow, M., Triplett, V., Morgan, M., & Lambert, S. (2007). "Don't talk!": Trauma and dissociation in play therapy. In S. Dugger, S., & L. Carlson (Eds.), *Critical Incident in Counseling Children*, Alexandria, VA: American Counseling Association.

Steen, L., **Helm, H.**, & Johnson, L. (2007). "But he needs me": Responding to a child's catastrophic illness. In S. Dugger & L. Carlson (Eds.), *Critical Incidents in Counseling Children*, Alexandria, VA: American Counseling Association.

Marbach, C., **Helm, H.**, Simpson, L. (2007). "I don't know": Helping reluctant clients tell their stories. In S. Dugger & L. Carlson (Eds.), *Critical Incidents in Counseling Children*, Alexandria, VA: American Counseling Association.

Trippany, R., **Helm, H.**, & Simpson, L. (2006). Trauma reenactment: Rethinking borderline personality disorder when diagnosing sexual abuse survivors. *Journal of Mental Health Counseling*, 25(2), 95-110.

Snow, M.S., Outz, R., Martin, E., **Helm, H.** (2005). Creative metaphors of life experiences seen in play therapy. *ACA Vistas: Compelling Perspectives on Counseling*. Alexandria, VA: American Counseling Association, 63-65.

Beauvais, F., Thurman, P., **Helm, H.**, Plested, B., & Burnside, M. (2004). Surveillance of drug use among American Indian adolescents: Patterns over 25 years. *Journal of Adolescent Health, 34*(6), 493-500.

Snow, M.S., **Helm, H.**, Martin, E. (2004). Play therapy as court testimony: A case study. *International Journal of Play Therapy, 13*(2), 75-98.

Trippany, R., Barrios, P., **Helm, H.**, & Rowland, K. (2004). The web: A constructivist intervention in counseling. *Journal of Professional Counseling: Practice, Theory, and Research, 32*(1), 30-40.

**Helm, H.** (2004). School-based drug prevention: What kind of drug use does it prevent? Book review. *Journal of Law and Education, 33*(1), 131-133.

Beauvais, F., Jumper-Thurman, P., Plested, B., & **Helm, H.** (2002). A survey of attitudes among drug user treatment providers toward the treatment of inhalant users. *Substance Use & Misuse, 37*(11), 1391-1410.

Beauvais, F., Wayman, J., Jumper-Thurman, P., Plested, B., & **Helm, H.** (2002). Inhalant abuse among American Indian, Mexican American, and non-Latino white adolescents. *The American Journal of Drug and Alcohol Abuse, 28*(1), 171-187.

Jumper-Thurman, P., Plested, B., Edwards, R., **Helm, H.**, & Oetting, E. (2001). Using the community readiness model in Native communities. In J.E. Trimble & F. Beauvais (Eds.), *Health promotion and substance abuse prevention among American Indian and Alaska Native Communities: Issues in cultural competence* (DHHS Publication No. SMA 99-3440, pp. 129-158). Rockville, MD: U.S. Department of Health and Human Services.

Edwards, R., Jumper-Thurman, P., Plested, B., **Helm, H.**, Holmquist, J., Arellano, C., & Smitham, D. (2001). Intimate partner violence in rural minority communities. In Heise, L. & Michau, L. (Eds.) *Global Overview on Violence Against Women*. Washington, DC: Health and Development Policy Projects. Also to be published in a special edition of Johns Hopkins University's Population Reports.

Jumper-Thurman, P., Plested, B., Edwards, R., **Helm, H.**, & Oetting, E. (1999). Community readiness: A promising model for community healing. In D. Bigfoot (Ed), Department of Justice Monograph.

Jumper-Thurman, P., Slater, M., Smitham, D., Plested, B., Serrato, S., & **Helm, H.** (1998). Media Effort in Solvent Abuse. Pathways, Newsletter of the National Indian Child Welfare Association, Summer.

Jumper-Thurman, P., Slater, M., Smitham, D., Serrato, S., Plested, B., & **Helm, H.** (1998). How effective are inhalant prevention media materials? *Pathways: A Practical Forum for Services to Indian Children and Families*, 13(3), 3-4.

**Publications (Non-Juried):** **Helm, H.**, Drewes, A., Stewart, A. (2009). Clinical play therapy supervision. *International Association for Play Therapy E-Learning Institute*.

**Helm, H.** (2008). Internalizing problems of childhood. Entry in the *Encyclopedia of Counseling*. Leong F. T.L. Senior Editor. Sage: New York.

**Helm, H.** (2008). Externalizing problems of childhood. Entry in the *Encyclopedia of Counseling*. Leong F. T.L. Senior Editor. Sage: New York.

**Helm, H.** (2008). History of counseling. Entry in the *Encyclopedia of Counseling*. Leong F. T.L. Senior Editor. Sage: New York.

**Helm, H.** (2008). Couple and marital counseling. Entry in the *Encyclopedia of Counseling*. Leong F. T.L. Senior Editor. Sage: New York.

**Professional Presentations (Juried):**

**Helm, H.**, & Sangganjanavanich, V. (2008). Developing skills in play therapy: Supervision theory and techniques. *The International Association for Play Therapy*. Dallas, Texas.

**Helm, H.**, Williams, A., & Carden, J. (2008). Management of vicarious trauma and compassion fatigue in play therapists. *The International Association for Play Therapy*. Dallas, Texas.

O'Halloran, S., & **Helm, H.** (2008). Finding funding: Advocating for clinics and clients. *Rocky Mountain Association for Counselor Education and Supervision*, Breckenridge, Colorado.

**Helm, H.**, Huntington, J., & Benham, R. (2008). Beyond role-play: Using simulation and immediacy in counselor training. *Rocky Mountain Association for Counselor Education and Supervision*, Breckenridge, Colorado.

O'Malley, D., Zullo, E., & **Helm, H.** (2008). Play therapy and counselor education: Implications for programs and practitioners. *Rocky Mountain Association for Counselor Education and Supervision*, Breckenridge, Colorado.

Snow, M., Dugan, E., **Helm, H.**, & Stoltz, K. (2008). The inclusion of play therapy in counselor education programs. *Southern Association for Counselor Education and Supervision*. Houston, TX.

**Helm, H.**, Clark, K., & Kraft, D. (2007). Identity: A journey to becoming a play therapist. *The Colorado Association for Play Therapy*, Denver, Colorado.

**Helm, H.**, & Magnuson, M. (2006). Therapeutic play with sand trays and miniatures. *The Colorado School Counselor Association*, Denver, Colorado.

Magnuson, S., & **Helm, H.** (2006). Using miniatures and sand trays in counseling. *The Annual Conference of the Colorado Counseling Association*, Longmont, Colorado.

**Helm, H.**, & Magnuson, S. (2006). School Counselor Resilience: Identification of Professional Resources. *Annual Conference of the Colorado School Counselor Association*, Breckenridge, Colorado.

Snow, M., Cash, R., Martin, E., **Helm, H.** (2005). Creative Metaphors of Life Experiences Seen in Play Therapy. *American Counseling Association Annual Convention*. Atlanta, Georgia.

**Helm, H.**, & Trippany, R. (2005). Play Therapists' Resilience: Using Supervision as a Professional Resource. *ACES Annual Convention*, Pittsburg, Pennsylvania.

**Helm, H.**, Trippany, R., & Magnuson, S. (2005). Play Therapists' Resilience: Identification of Professional Resources. *22<sup>nd</sup> Annual Association for Play Therapy International Conference*. Nashville, Tennessee.

Norem, K., Magnuson, S., & **Helm, H.** (2005). Professional Genogram: Exploring and Continuing the Legacy. *Colorado Counseling Association*, Longmont, Colorado.

Magnuson, S., & **Helm, H.** (2005). You're Taking Kids Out of My Class to Play? What's Going on Here? *Colorado School Counseling Association*, Breckenridge, Colorado.

**Helm, H.,** & Magnuson, S. (2005). Supervision in Play Therapy. *Colorado Association for Play Therapy*, Northglenn, Colorado.

**Helm, H.,** Norton, C. (2005). Introduction for Play Therapy. *Colorado Association for Play Therapy*, Northglenn, Colorado.

Snow, M., & **Helm, H.** (2004). Play Therapy in the Courtroom: Ethical and Legal Issues. *Annual Association for Play Therapy International Conference*, Broomfield, Colorado.

Simpson, L., **Helm, H.,** & Martin, E. (2004). Communication and trust in the group experience: Experiential activities for youth and adult groups. *Delta State University Conference*, Cleveland, Mississippi.

**Helm, H.** (2003). Filial play therapy: Extending play therapy concepts to the parent/child relationship. *Mississippi Counseling Association*, Philadelphia, Mississippi.

**Helm, H.,** & Vlach, A. (2002). Experiential activities in the treatment of substance abuse. *Mississippi Counseling Association*, Biloxi, Mississippi.

**Helm, H.** (2002). Childhood trauma: Parental reactions and the effects on parenting style. *Mississippi Counseling Association*, Biloxi, Mississippi.

**Helm, H.,** Pisarcik, M., & Spahr, J. (2002). A model for suicide prevention in the university setting. *American Counseling Association*, New Orleans, Louisiana.

**Helm, H.,** & Pisarcik, M. (2001). A model for suicide prevention in the university setting. *Mississippi Counseling Association*, Biloxi, Mississippi.

Thurman, P., Plested, B., & **Helm, H.** (1999). Community readiness. *National Child Advocacy Center Training*, Minneapolis, Minnesota.

Thurman, P., Plested, B., & **Helm, H.** (1998). Community readiness. *National Association of Native American Children of Alcoholics (NANACOA)*, Tulsa, Oklahoma.

**Helm, H.** (1992). Political advocacy for the mentally ill. *Northwest Regional Mental Health Conference*, Salt Lake City, Utah.

Professional  
Presentations (Non-Juried)  
*Invited*

**Helm, H.** (2009). Play therapy: The basics and beyond. *The University of Wyoming*, Laramie, WY.

**Helm, H.** (2007). Supervision theory and practice. *The University of Mississippi Counseling Center*, Oxford, MS.

**Helm, H.** (2007). Becoming an RPT/S forum. *The Association for Play Therapy*, Hollywood, CA.

**Helm, H., Wells, K., & M.J. Berenato** (2006). Drug endangered youth for court personnel. *The Supreme Court of the State of Ohio*, Columbus, Ohio.

**Helm, H., & Martin, E.** (2004). Children finding their voice through play: Foundations of play therapy and special issues of children of abuse. *Gulf Coast Women's Center for Nonviolence Regional Conference*, Biloxi, Mississippi.

**Helm, H., & Magnuson, S.** (2004). Play therapy: The basics. *The University of Northern Colorado (Guest Speakers)*, Greeley, CO.

**Helm, H., Norem, K., & Magnuson, S.** (2004). School counselors and individual counseling: Is relationship based counseling practical? *The University of Northern Colorado (Facilitated Discussion)*, Greeley, CO.

**Helm, H., & Martin, E.** (2004). Recognition and treatment of childhood disorders. *Department of Social and Health Services (Foster Home Division)*, Oxford, MS

**Helm, H., Vlach, A., & Hudspeth, F.** (2003). Emotions in recovery. *Mississippi Association of Recovering Pharmacists*, Canton, Mississippi.

**Helm, H.** (2003). Women's issues: A panel discussion. *Baptist Memorial Hospital*, Oxford, Mississippi.

Cooker, P., & **Helm, H.** (2003). How to deal with difficult people. *Tom Bigby Counseling Association*, Tupelo, Mississippi.

Thurman, P., Plested, B., & **Helm, H.** (1999). Community readiness and the American Drug and Alcohol Survey. *Navajo Nation Multi-disciplinary Team Meeting*, Flagstaff, Arizona.

**Helm, H., Plested, B., & Thurman, P.** (1999). Community readiness training. *Tri-Ethnic Center for Prevention Research*, Fort Collins, Colorado.

**Helm, H., & Simmons, N. (1995).** Linking community based student services. *Annual Central Washington Student Assistance Programs*, Granger, Washington.

**Grants:**

CCORE: \$3,125 (not funded) – Internal (College)

Graham Fund: \$10,000 – Internal (School)

**Professional  
Consultation:**

Counselor Education and Supervision  
Co-Editor Elect  
12/2008-6/2011

Association of Counselor Education and Supervision  
Chair-Elect, Conference Planning  
2013 National Conference, Denver

International Journal of Play Therapy,  
Editorial Board Member  
2008-present

Journal of Counseling Research and Development,  
Editorial Board Member  
2008-present

Journal of Counseling and Development,  
Editorial Board Member  
2005-2008

Council for Accreditation of Counseling and Related Education  
Programs  
Faculty/Program Liaison  
2007-present

Awareness Journal, Colorado Counseling Association  
Ad-hoc Editorial Board Member  
2006-present

The Family Journal  
Ad-hoc Editorial Board Member  
2007-present

The Mississippi Counseling Association Journal  
Ad-hoc Editorial Board Member  
2007-present

Association for Play Therapy  
Consultant – Revised Supervisory Standards  
2007-present

Centers of Excellence (Association for Play Therapy)  
Consultant  
2007-Present

Latino Professional Development Program  
North Range Behavioral Health  
Committee Member  
2007-present

Thomson Higher Education  
Text Book Review, "*A Step by Step Approach to Practice*"  
2007

Brooks Cole  
Text Book Review, "*Counseling and Empathy*"  
2008

Mississippi Counseling Association Journal  
Editorial Board  
2004 - 2005

**Professional  
Association  
Participation:**

American Counseling Association  
2000-present

Association of Counselor Education and Supervision  
2002-present

Association for Play Therapy,  
*Chair*, Registration and Continuing Education Committee  
2007-present

Association for Play Therapy  
2002-present  
Committee Member

Registration and Continuing Education (2006-present)

Conference Program Committee (2005-present)

Leadership Class (2007)

Director's Selection Committee (2006 & 2008)

E-Learning Task Force (2007-present)

Media Spokesperson (2007-present)

University Contact (2005-present)

Colorado Counseling Association  
2004-2008  
Treasurer

Colorado Association for Play Therapy

2004-present  
Board of Directors / Treasurer 2004-2006  
President 2007-2008  
Immediate Past-President (2009-present)

Chi Sigma Iota (International Honors Society)  
2001-present  
Chapter Vice-President (2002-2003)  
Chapter President (2003-2004)  
Faculty Advisor (2004-present)

Mississippi Counseling Association  
2000-2004

Mississippi Association for Play Therapy  
2002-2004  
President-Elect (2004)

**University Service:**

May, 2008 – present  
Coordinator, Professional Counseling Programs  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado

September, 2008 – present  
Member, Institutional Review Board  
University of Northern Colorado

September, 2008 – present  
Member, Diversity Committee  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado

September, 2008 – present  
Member, University Disciplinary Committee  
University of Northern Colorado

January, 2008 – present  
Member, College Teaching Award Committee  
College of Education and Behavioral Sciences  
University of Northern Colorado

January, 2008 – present  
Member, College Advising Award Committee  
College of Education and Behavioral Sciences  
University of Northern Colorado

September, 2007 – March, 2008  
Chair, CES Search Committee (2 positions)  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado

August, 2007 – December, 2007  
Interim Doctoral Coordinator  
Counselor Education and Supervision  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado

August, 2007 – present  
Member, Psychological Services Clinic Committee  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado

April, 2007-present  
Member, Faculty Satisfaction Pilot Study Committee  
University of Northern Colorado

September, 2004-2008  
Member, Review and Retention Committee  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado

November, 2007  
Member, Administrative Assistant III Position, Dean's Office  
College of Education and Behavioral Sciences  
University of Northern Colorado

November, 2006 – 2007  
Member, School Psychology Search Committee  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado

November, 2005-2006  
Member, Director's Search Committee  
School of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado

**Graduate Student  
Committees:**

Doctoral:

April Young (chair): Oral Comprehensive Exam, Proposal Defense, Dissertation Defense  
Kristin Kushmider (chair): Oral Comprehensive Exam  
Dani O'Malley (chair): Oral Comprehensive Exam  
Jennifer Beebe (chair): Oral Comprehensive Exam  
Sondra Madina (co-chair): Oral Comprehensive Exam, Proposal Defense, Dissertation Defense  
Tom Lonneman-Doroff (chair): Oral Comprehensive Exam  
Varunee Sangganjanavanich (member): Oral Comprehensive Exam, Proposal Defense, Dissertation Defense  
Steve Flynn (member): Oral Comprehensive Exam, Proposal Defense  
Angie Dunn (member): Oral Comprehensive Exam, Proposal Defense  
Amy Milkavich (member): Oral Comprehensive Exam, Proposal Defense  
Sarah Gillingham (member): Oral Comprehensive Exam, Proposal Defense  
Miles Matisse (member): Oral Comprehensive Exam Proposal Defense, & Dissertation Defense  
Osnat Arbel (member): Oral Comprehensive Exam, Proposal Defense, Dissertation Defense  
Stacy Overton (member): Proposal Defense, Dissertation Defense  
Kevin Heaton (member): Oral Comprehensive Exam  
Mari McGuinness (member): Oral Comprehensive Exam  
Jenn Capps (member): Oral Comprehensive Exam, Proposal Defense, Dissertation Defense  
Catherine Coon (member): Dissertation Defense  
Laurie Paquette (member): Proposal Defense  
Jennifer Newell (members): Oral Comprehensive Exam, Dissertation Proposal, Dissertation Defense  
Amanda Stoeckel (member): Oral Comprehensive Exam, Proposal Defense  
Jamie Vannice (member): Oral Comprehensive Exam, Proposal Defense  
Beau Washington (member): Dissertation Defense  
Sarah Chase (Leadership & Higher Ed., Faculty Representative): Oral Examination, Proposal Defense  
Stephanie Sinco (member): Oral Comprehensive Exam, Proposal Defense  
Crista Hutaff (member): Oral Comprehensive Exam, Proposal Defense

Travis Heath (member): Oral Comprehensive Exam & Proposal Defense  
 Ann Ingala (member): Proposal Defense  
 Sunda TeBockhorst-Friedman: Proposal Defense  
 Howard Wikkinen: Proposal Defense  
 Debbie Witsken (member): Proposal Defense  
 Christina Zafiris (member): Proposal Defense  
 Patricia Armfield (Leadership & Higher Ed., Faculty Representative): Oral Comprehensive Exam  
 Jody Huntington (member): Oral Comprehensive Exam  
 Becky Steensen (member):  
 Robert V. Dorothy (member):  
 Ernie Zullo (member):  
 Larry Williams (chair): Advising  
 Ron Benham (chair): Advising  
 Russ Martens (chair): Advising  
 Linda Osterlund (chair): Advising  
 Amy Williams (chair): Advising  
 Jaime Carden-O'Brian (chair): Advising  
 Lindsey Heath (member):

**Teaching:**

2004-present

Assistant Professor, School of Professional Psychology

*Courses Taught (2004):*

Practicum in Individual Counseling  
 Play Therapy: Theory and Practice  
 Research Apprenticeship

*Courses Taught (2005):*

Practicum in Individual Counseling (2)  
 Consultation: Theory and Practice  
 Research Apprenticeship  
 Foundations of Play Therapy  
 Orientation to Community Counseling  
 Family Systems  
 Play Therapy: Theory and Practice  
 Practicum in Supervision of Counseling  
 Seminar in Counselor Education Supervision and Theory

*Directed Studies (2005):*

Mary Watters – Directed Study “Sand, Play, Art, Nurture, and Nature”  
 Jenny Evans – Co-Teaching (PPSY 665 – Family Systems)  
 Jennifer Capps – Research Apprenticeship “Filial Play Therapy and Foster Parenting”

*Courses Taught (2006):*

Consultation: Theory and Practice (3)  
 Doctoral Seminar  
 Orientation to Community Counseling (3)  
 Advanced Practicum in Individual Counseling

Practicum in Individual Counseling  
Foundations of Play Therapy  
Group Theory and Practice  
Supervision of Play Therapy: Theory and Practice

*Courses Taught (2007):*

Practicum in Individual Counseling (4)  
Doctoral Seminar (2)  
Play Therapy: Theory and Practice  
Orientation to Community Counseling (2)  
Foundations of Play Therapy  
Practicum in Supervision of Counseling  
Seminar in Counselor Education Supervision and Theory  
Doctoral Internship (2)  
Supervision of Play Therapy: Theory and Practice

*Courses Taught (2008):*

Individual Practicum (3)  
Play Therapy: Theory and Practice  
Doctoral Internship (3)  
Advanced Doctoral Practicum  
Clinical Seminar in Grief and Loss  
Foundations of Play Therapy  
Orientation to Clinical Counseling  
Doctoral Professional Development Seminar  
Psychological Services Clinic I  
Individual Practicum (2)

*Directed Studies (2008)*

Amy Williams & Jaime Carden: Research & Manuscript  
Preparation  
Kristin Kushmider: Grief & Loss Course Development

2002-2004

Teaching Assistant, Education/Educational Psychology  
Educational Psychology

2002-2004

Co-Instructor, Counselor Education and Supervision  
Group Counseling I (Co-Instructor – Dr. Phil Cooker)  
Advanced Group Counseling (Co-Instructor – Dr. Phil Cooker)  
Marriage and Family Therapy (Co-Instructor – Dr. Phil Cooker)  
Advanced Play Therapy (Co-Instructor – Dr. Marilyn Snow)  
Research in Counseling (Co-Instructor – Dr. Marilyn Snow)  
Counseling Skills (Co-Instructor – Dr. Marilyn Snow)

**Community Service:**

Mental Health Implementation Committee  
Order Per C.R.S. 19-2-709-5  
Member (Appointed - Chief Judge, Eighth Judicial District)  
October, 2008 – present

Our Whole Lives (OWL)  
Plymouth Congregational Church  
Leader (By Invitation)  
2007 – 2008

Peace Circles  
University Schools  
Leader (By Invitation)  
2007 & 2008

**Honors and  
Awards:**

Outstanding Teacher, College of Education and Behavioral  
Sciences, May 2007  
Outstanding Doctoral Student in Counselor Education, 2002-2003  
Chi Sigma Iota Award for Outstanding Achievement in Counselor  
Education, May 2002  
Outstanding Student in Counselor Education, Master's Level  
Award, 2001-2002  
James Garner Scholarship, 2001  
Partnership Award, Awarded by the Eastern Washington  
Partnership Private Industry Council and the Regional Board of  
County Commissioners, 1994