

# Elysia Versen Clemens

The University of Northern Colorado

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## EDUCATION

- 2008      **Ph.D., Counseling and Counselor Education**  
The University of North Carolina at Greensboro (CACREP accredited)  
Cognate: Statistics
- 2004      **M.A. Ed., School Counseling**  
Western Carolina University (CACREP accredited)
- 2000      **B.A., Integrated Studies**  
Brevard College  
Emphases: Wilderness Leadership & Experiential Education; Psychology

## PUBLICATIONS

### REFERRED PUBLICATIONS:

- Lemberger, M. E., & Clemens, E. V., (accept with minor revisions). Connectedness and self-regulation as constructs of the Student Success Skills program in Inner-City African-American Elementary Students. *Journal of Counseling & Development*.
- Clemens, E. V., Shipp, A. E., & Kimbel, T. (in press). Investigating the psychometric properties of the *School Counselor Self-Advocacy Questionnaire*. *Professional School Counseling*.
- Williams, A., Helm, H., & Clemens, E. V. (in press). Examining the effects of childhood trauma, personal wellness, supervisory working alliance, and organizational factors on vicarious traumatization. *Journal of Mental Health Counseling*.
- Clemens, E. V., Welfare, L. E., & Williams, A. (2011). Elements of successful school reentry after psychiatric hospitalization. *Preventing School Failure, 55*, 202-213.
- Clemens, E. V., Carey, J., & Harrington, K. (2010). The school counseling program implementation survey: Initial instrument development steps and exploratory factor analysis. *Professional School Counseling, 14*, 125-134.
- Clemens, E. V., Welfare, L. E., & Williams, A. (2010). Tough transitions: Mental health care professionals' perception of the psychiatric hospital to school transition. *Residential Treatment for Children & Youth, 24*, 243-263.
- Lemberger, M., Wachter, C., Clemens, E., & Smith, A. (2010). A qualitative investigation of the referral process from school counselors to mental health providers. *Journal of School Counseling, 8*(32).
- Clemens, E. V., Milsom, A., & Cashwell, C. S. (2009). Using Leader-Member Exchange

theory to examine principal-school counselor relationships and school counselors' roles, job satisfaction, and turnover intentions. *Professional School Counseling*, 13, 75-85.

Wachter, C. A., **Clemens, E. V.**, Lewis, T. F. (2008). Exploring school counselor involvement of administrative and familial stakeholders and school counselor burnout through an Adlerian theoretical framework. *Journal of Individual Psychology*, 64, 432-449.

Wachter, C. A., Barrio, C., & **Clemens, E. V.** (2008). Crisis-specific supervision of school counselors: The P-SAEF model. *Journal of Professional Counseling: Practice, Theory, & Research*, 36, 13-24.

**Clemens, E. V.**, Shipp, A. E., & Pisarik, C. T. (2008). MySpace as a tool for mental health professionals. *Child and Adolescent Mental Health*, 13, 97-98.

Lewis, T. F., & **Clemens, E. V.** (2008). The influence of social norms on college student alcohol and marijuana use. *Journal of College Counseling*, 11, 19-31

**Clemens, E. V.**, & Milsom, A. (2008). Enlisted service members' transition into the civilian world of work: A cognitive information processing approach. *Career Development Quarterly*, 56, 246-256.

**Clemens, E. V.** (2007). Developmental counseling and therapy as a model for school counselor consultation with teachers. *Professional School Counseling*, 10, 352-359.

Shipp, A. E., & **Clemens, E. V.** (2006). Counseling students affected by the War in Iraq: Using history as a guide. *Professional School Counseling*, 9, 322-326.

#### OTHER PUBLICATIONS:

**Clemens, E. V.**, Nurse, G., & Benefield, J. (anticipated publication date spring 2012). *Designing and Conducting Research in Psychology*. El Cajon, CA: National Social Science Press.

**Clemens, E. V.**, & Shipp, A. E. (accept with revisions). Counseling children: Using a Boffey Map as a cognitive behavioral intervention. In Chang, J.'s *Clinical Activities in Child Therapy: Creative Applications in Therapeutic Practice*.

**Clemens, E. V.**, Shipp, A. E., Williamson, L., & Lowe, I. N. (2007). Sleep problems: There's a monster under my bed. In S. M. Dugger & L. A. Carlson (Eds.), *Critical incidents in counseling children* (pp. 45-53). Alexandria, VA: American Counseling Association.

Shipp, A. E., & **Clemens, E. V.** (2006, November/December). Their space. *ASCA School Counselor*, 36-42.

#### RESEARCH AWARDS / GRANT FUNDING

2010 Provost Research & Dissemination Award (\$6,447). *The social context for adolescent suicide: Patterns of risk and protective factors in school based social networks*. Funded by the University of Northern Colorado

2010 (under review) Young Investigator Grant. Project Title: *The social context for adolescent suicide: Patterns of risk and protective factors in school based social networks*. Submitted to the American Foundation for Suicide Prevention. Amount requested: \$83,652.

2010 Summer Support Initiative for Research and Grant Writing (\$1990). Project Title: *Elements of Successful School Reentry Post Psychiatric Hospital – Grant Writing Support*. Funded by the Graduate School, University of Northern Colorado.

2009 Youth Purpose Research Award (\$9,640). Project Title: *Facilitating the Development of Purpose: Evidence for the Effectiveness of a Group Counseling Intervention with Middle School Adolescents*. Funded by: Stanford Center on Adolescents. Co-PI with Dr. Laura Welfare, Virginia Tech.

2009 Summer Graduate Research Assistant Funding Award (\$4,500). Project Title: *Tough Transitions: A Qualitative Investigation of Adolescent Reintegration to School Post-Psychiatric Hospitalization*. Funded by: University of Northern Colorado Graduate School.

2009 Graham Fund (\$500). Project Title: *School Counselor Advocacy Questionnaire, Instrument Development*. Funded by University of Northern Colorado's Graham Fund.

2008 Research Development Grant (\$5,000). Project Title: *From Psychiatric Hospital to School*. Funded by: University of Northern Colorado Office of Sponsored Programs.

2007 Summer Research Award (\$2000). Project Title: *A Leader-Member Exchange Approach to Understanding School Counselors' Role, Job Satisfaction, and Turnover Intentions*. Funded by: University of North Carolina's Graduate School.

2007 IAAOC Research Award (\$500). Project Title: *MySpace and Social Norms on Campus: How Online Profiles Contribute to Offline Perceptions of Alcohol Use*. Funded by: International Association of Addictions and Offender Counselors. Co-PI Adria Shipp and Dr. Todd Lewis, University of North Carolina at Greensboro.

## PROFESSIONAL PRESENTATIONS

### NATIONAL CONFERENCES :

Milsom, A., & Clemens, E. V. (2011). *So you want to host an intern? Tips and techniques for prospective site supervisors*. Poster accepted for presentation at the American Counseling Association annual convention, San Francisco, CA.

Clemens, E.V. (2010, July). *Tough transitions: A qualitative study on school reentry post-psychiatric hospitalization*. Session presented at the American School Counselor Association annual convention, Boston, MA.

Clemens, E. V., Welfare, L. E., Williams, A., & Milsom, A. (2010, April). *Mental health professionals' perceptions of adolescents' experience reentering school post-psychiatric hospitalization*. Paper presented at the American Educational Research Association, Denver, CO.

Welfare, L., E., & Clemens, E. V. (2010, February). *Growing up with purpose: Development*

*and validation of a group counseling program.* Content session presented at the Association for Specialists in Group Work annual conference, New Orleans, LA.

Shipp, A. E., & Clemens, E. V. (2009, October). *Teaching with technology: Not just for distance education.* Roundtable presented at the semi-annual conference of the Association for Counselor Education and Supervision, San Diego, CA.

Clemens, E. V., & Milsom, A. (2009, March). *The importance of principal-school counselor relationships to school counselors' work experience.* Session presented at the annual conference of the American Counseling Association, Charlotte, NC.

Shipp, A. E., & Clemens, E. V. (2008, June). *Making meaning out of MySpace.* Extended breakout session presented at the annual conference of the American School Counselor Association, Atlanta, GA.

Wachter, C. A., & Clemens, E. V. (2007, October). *School counselors peer supervision on issues of imminent harm: The P-SAEF model.* Session presented at the semi-annual conference of the Association of Counselor Education and Supervision, Columbus, OH.

Schwiebert, V. L., Clemens, E. V., & Myers, E. R. (2005, September). *Results of a study of practicing counselors use of assessment instruments.* Session presented at the annual conference of the Association for Assessment for Counseling and Education, Athens, GA.

Clemens, E. V., & Shipp, A. E. (2005, April). *Short duration, lasting impact: Counseling students affected by The War in Iraq.* Session presented at the annual conference of the American Counseling Association, Atlanta, GA.

Sealander, K. A., Schwiebert, V. L., & Clemens, E. V. (2004, November). *An ecobehavioral approach to obtaining data based information in the classroom.* Session presented at the annual conference of the Association for Assessment in Counseling and Education, Charleston, SC.

Sealander, K. A., Schwiebert, V. L., Clemens, E. V., & Mehr, S. (2004, November). *Assessment of teacher traits: Perceptions of Latino/Hispanic, Anglo/Caucasian & Native American respondents.* Session presented at the annual conference of the Association for Assessment in Counseling and Education, Charleston, SC.

Versen, E. B., & Gordon, W. S. (2000, March). *Come on in the water is fine: Pre-college wilderness orientation program.* Session presented at the annual conference for the First-Year Experience, Columbia, SC.

#### REGIONAL CONFERENCES:

Clemens, E. V., Helm, H., & Black, L. (2010, October). *Inquiry, creativity, & scholarship:*

*The time is now!* Session presented at the Rocky Mountain Association for Counselor Education and Supervision's conference, Jackson Hole, WY.

**Clemens, E. V.,** Becker, K., & Murdock, J. (2010, October). *Cross-university collaboration in leadership, teaching, & research.* Session presented at the Rocky Mountain Association for Counselor Education and Supervision's conference, Jackson Hole, WY.

**Clemens, E. V.** (2008, October). *Principal-school counselor relationships and school counselors' use of advocacy skills.* Poster session presented at the Rocky Mountain Association for Counselor Education and Supervision's conference, Breckinridge, CO.

**Clemens, E. V.** (2008, October). *Bridging the generation gap: MySpace 101 for counselor educators.* Session presented at the Rocky Mountain Association for Counselor Education and Supervision's conference, Breckinridge, CO.

Pisarik, C., **Clemens, E.V.,** & Shipp, A.E. (2006, September). *Wot R U lukin @?: A glimpse into the world of MySpace and Facebook.* Session presented at the Southern Association for Counselor Education and Supervision's conference, Orlando, FL.

Hall-Renn, K., & **Clemens, E. V.** (2006, September). *Lets take this outside! Considerations for supervision in outdoor settings.* Session presented at the Southern Association for Counselor Education and Supervision, Orlando, FL.

#### STATE CONFERENCES:

**Clemens, E. V.,** & Shipp, A. E. (2007, October). *MySpace 101.* Session presented at the annual conference of the North Carolina School Counseling Association, Greensboro, NC.

Shipp, A. E., & **Clemens, E. V.** (2007, October). *MySpace 102.* Session presented at the annual conference of the North Carolina School Counseling Association, Greensboro, NC.

**Clemens, E. V.,** & O'Connor, K. (2006, November). *Inpatient crisis hospitalization: What can school counselors do to help students and their families?* Session presented at the annual conference of North Carolina School Counseling Association, Greensboro, NC.

Shipp, A. E., & **Clemens, E. V.** (2006, November). *Their space: What school counselors need to know about MySpace.* Session presented at the annual conference of the North Carolina School Counseling Association, Greensboro, NC.

**Clemens, E. V.,** & Shipp, A. E. (2006, February). *ADD: Assessing daily descriptions.* Session Presented at the annual conference of the North Carolina Counseling Association, Durham, NC.

Brunelli, M. A., & Clemens, E. V. (2006, February). *Meeting the needs of newly arrived, adolescent, English language learners (ELL)*. Session presented at the annual conference of the North Carolina Counseling Association, Durham, NC.

Shipp, A. E., & Clemens, E. V. (2005, October). *School counselors on the frontline: Counseling adolescents affected by the War in Iraq*. Session presented at the annual conference of the North Carolina School Counseling Association, Greensboro, NC.

Schwiebert, V. L., Clemens, E. V., & Sealander, K. A. (2005, February). *An ecobehavioral approach to obtaining data based information in counselor supervision*. Session presented at the annual conference of the North Carolina Counseling Association, Charlotte, NC.

Versen, E. B., & Shipp, A. E. (2004, February). *Short duration, lasting impact: Counseling students affected by the War in Iraq*. Session presented at the annual conference of the North Carolina Counseling Association, Charlotte, NC.

**INVITED PRESENTATION:**

Bacon, B., Black, L., Clemens, E., Hanna, F., Murdock, J., & Reisberg, J. (September, 2008). *Keeping up with the moving parts: Updates on the P-20 council*. Presented at The Colorado Council on High School/College Relations Conference, Greeley, CO.

Clemens, E. V. (2007, July). *Wut R U Lukin @? MySpace 101 for Counselors*. LPCANC Western North Carolina Regional Meeting.

**PROFESSIONAL INVOLVEMENT**

*Council for the Accreditation of Counseling and Related Educational Programs (CACREP)*

- Site Team Member (Oct. 2009 - present)
- Initial reviewer of self-studies (Dec. 2005 - Dec. 2007)

*Journal of Individual Psychology*

- Ad hoc reviewer for special issue focus on schools (Summer 2007)

*Professional School Counseling*

- Editorial Review Board Member (Sept. 2007 - present)

*Thompson School District, Loveland, CO* (Sept. 2009 - present)

- Advisory Council Member for two high school counseling programs

*Association for Counselor Education and Supervision* (March, 2011)

- Reviewer for 2011 conference proposals

*American Educational Research Association (August, 2010)*

- Reviewer for Division E (Counseling) paper and session conference proposals

## COUNSELING SUPERVISORY EXPERIENCE

*Fall 2008 - present*      **Internship Supervisor**, *Department of Applied Psychology and Counselor Education*  
University of Northern Colorado

- Providing group supervision for master's level school counseling interns

*Fall 2007- Spring 2008*      **Internship Supervisor**, *Department of Counseling and Educational Development*,  
The University of North Carolina at Greensboro

- Provided nine individual supervision sessions, reviewing seven tapes, and conducting five group supervision sessions for four master's level school counseling interns per semester

*Aug. 2005 - May 2007*      **Practicum Supervisor**, *Department of Counseling and Educational Development*,  
The University of North Carolina at Greensboro

- CED 688, Advanced Practicum (spring 2007)
  - Provided weekly individual and group supervision for second-year master's students completing 40 hours of direct service in the Vacc Counseling and Consulting Clinic
- CED 756, Advanced Theories (fall 2006)
  - Provided group supervision for three first year doctoral students utilizing Developmental Counseling and Therapy (DCT) as an assessment and intervention (5 sessions)
- CED 682, Assessment (fall 2006)
  - Provided group supervision for six second year school counseling master's students utilizing assessments during at their school-counseling internship sites (5 sessions)
- CED 612, Counseling Across the Lifespan (spring 2006 & 2007)
  - Provided group supervision of five first year master's students utilizing DCT as an assessment and as a guide for treatment planning (5 sessions)
- CED 620, Counseling Theories (spring 2006)
  - Provided group supervision of three first year master's students applying a minimum of two theoretical foundations to their work with clients (6 sessions)
  - Provided individual supervision of one first year master's student
- CED 669, Career Counseling (fall 2005)
  - Provided group supervision of five second year master's students as they provided career counseling and interpreted three standardized career assessments (5 sessions)

*Aug. 2005 - Dec. 2005*      **Practicum Graduate Assistant**, *Department of Counseling and Educational Development*, The University of North Carolina at Greensboro

- CED 648, School Certification (fall 2005)

- Led weekly process group for first semester master's students engaging in an observation-based school counseling practicum
- CED 610, Helping Skills (fall 2005)
  - Led nine 1.5 hour experiential counseling activities designed to develop first-semester counseling students' basic helping skills
- CED 644, Community Counseling (fall 2005)
  - Led weekly process group for first semester master's students engaging in an observation-based community agency practicum

## TEACHING EXPERIENCE

- Fall 2008-present     **Assistant Professor**, *Department of Applied Psychology and Counselor Education*  
University of Northern Colorado (CACREP Accredited)
- APCE 603 Counseling Children, Adolescents, & Their Systems
  - APCE 606 Theories and Practice in Group Guidance
  - APCE 662 Group Dynamics and Facilitation
  - APCE 716 Doctoral Research Seminar
  - APCE 608 Organization, Administration, and Evaluation of School Counseling Programs
  - APCE 558 Diagnosing and Treatment Planning
  - APCE 710 Seminar in Instruction, Pedagogy, and Evaluation in Counseling and Psychology
  - SRM 600 Introduction to Graduate Research
- Sum. 2007     **Visiting Clinical Instructor**, *School Counseling Program*  
The University of North Carolina at Chapel Hill (CACREP Accredited)
- EDUC 608 Pre-practicum
- Sum. 2006-Spring 2008     **Instructor / Co-instructor**, *Department of Counseling and Educational Development*  
The University of North Carolina at Greensboro (CACREP Accredited)
- CED 641 Counseling Children
  - CED 210 Career Development (undergraduate level)
- Online Courses
- CED 664 Adv. Contemporary Topics in School Counseling
  - CED 681 Group Counseling in Schools
  - CED 688 Multicultural Counseling in Schools
- Fall 2004     **Instructor**, *Educational Psychology Department*  
The University of Tennessee, Knoxville
- EDPY 401 Applied Educational Psychology
- Sum. 2000-Sum. 2005     **Instructor, Mentor for College Interns**, *Summer Academic Adventures*  
Asheville School (independent boarding school)
- Leadership, 7-10<sup>th</sup> graders
  - Service Leadership, 11-12<sup>th</sup> graders
  - English as a Second Language, 7<sup>th</sup> - 10<sup>th</sup> graders

- 2000-2001 & 2003-2004 **Instructor / Co-Instructor, English Department**  
 Asheville School (independent boarding school)
- Freshman Writing Seminar
  - English I, freshman level - writing intensive
  - English III, A.P. junior level - American Literature
  - English V, A.P. senior level - World Literature

## COUNSELING EXPERIENCE

- Fall, 2007 **School Counselor (Interim Position)**  
 Sedalia Elementary School, Guilford County Schools, NC
- July, 2006 - April, 2008 **Counselor, Assessment Department; Child & Adolescent Inpatient Unit**  
 Moses Cone Behavioral Health Center, Greensboro, NC
- Jan. 2006 - Aug. 2006 **Doctoral Counseling Internship, Child & Adolescent Inpatient Unit**  
 Moses Cone Behavioral Health Center, Greensboro, NC
- Aug. 2003 - May 2004 **Master's Level School Counseling Internship**  
 Asheville School, independent boarding school, Asheville, NC
- Jan. 2003 - May 2003 **Master's Level School Counseling Practicum**  
 Asheville Middle School, Asheville City Schools, NC

## SCHOOL ADMINISTRATIVE EXPERIENCE

- July 2003 - July 2005 **Asheville School, Office of Admission**  
 Assistant Director
- Evaluated all standardized test reports and psycho-educational evaluations for prospective students.
  - Evaluated all transcripts of transfer students.
  - Interviewed students and met with family members.
  - Led recruitment efforts for five states and the Bahamas.
  - Coordinated volunteer (parent and alumni) recruitment and yield initiatives.
  - Maintained office's enrollment statistics.
  - Coordinated student tour guides.
- June 2001 - Aug. 2005 **Asheville School, Summer Academic Adventures (SAA)**  
 Director (August 2003-July 2005); Associate Director (May 2001-July 2003)
- Marketed, staffed, developed curriculum, and implemented a six week residential, academic summer program for high achieving rising 7<sup>th</sup> - 12<sup>th</sup> graders.

- Designed and implemented leadership program for rising 11<sup>th</sup> – 12<sup>th</sup> graders.
- Exceeded goals for summer student matriculation into the academic year; more than 20% of AY students were a direct result of SAA in 2004-2005.
- Grew gross revenue from approximately \$200,000 to nearly \$500,000 affecting the bottom line of approximately \$-70,000(2003) to \$36,000(2005).
- Met or exceeded budget goals each year as director. Eliminated the need for institutional subsidy one year ahead of school’s strategic plan.
- Awarded need-based financial aid and merit-scholarships.
- Developed relationships with non-profit foundations to support need-based financial aid and merit-scholarships.
- Retained more than 75% of faculty members each summer.
- Mentored college students serving as residential life, afternoon activities, and teaching interns.

*Sum. 2005*      **Asheville School, Sports Plus**

Director

- Managed Asheville School’s partnership (financial and program) with the YMCA of Western North Carolina.
- Provided three one-week sessions of a sports day camp, which focused on developing student-athletes.

*July 2000 –*      **Asheville School, Student Activities**

*May 2002*      Director

- Planned and coordinated activities for residential student body.
- Established a student run organization to support the student activities program.
- Served as faculty advisor to student council.
- Managed a budget of approximately \$200,000.

## MEMBERSHIPS, AFFILIATIONS, AND POSITIONS

American Counseling Association, 2003 – present

American School Counseling Association, 2003 – present

Association for Counselor Education and Supervision, 2005 - present

Association for Assessment in Counseling and Education, 2005 – 2007

- Committee Member, News Notes, 2004 - 2005

Chi Sigma Iota, Upsilon Nu Chapter, 2006 – 2008

- Professional Development Chair, 2005 – 2006

North Carolina School Counseling Association, 2004 - 2008