

Betty Cardona PhD., NCC

Position: Assistant Faculty
Counselor Education and Supervision
School of Applied Psychology and Counselor Education
University of Northern Colorado
Greeley, CO 80639

Adjunct Faculty
Psychology Department
University of Valley of Guatemala
Guatemala City

Email: betty.cardona@unco.edu

Education: 2008
Doctor of Philosophy
University of Wyoming, Laramie, WY
Counselor Education and Supervision

Licensure/
Certification: 2008 to Present
Unlicensed Psychotherapist in Colorado (#10645)
2008 to Present
National Certified Counselor (# 227121)
2008 to Present
Provisional Professional Counselor in Wyoming (#PPC-335)
Applications in Progress:
Licensed Professional Counselor in Colorado LPC

Work Experience: Professional Academic:
2008 to Present
University of Northern Colorado, Greeley, CO
Assistant Professor
Responsibilities: Teaching, Research, Supervision, Service
2004 to 2008
University of Wyoming Counselor Education Department, Laramie, WY
Teaching and Research Assistant
Responsibilities: Teaching, Research, Program Development and
Implementation

2002 to 2004
University of Rafael Landivar
Faculty Member
Responsibilities: Teaching, Advising, & Consulting

1995 to 2004
University Del Valle of Guatemala, Psychology Department
Faculty Member
Responsibilities: Teaching, Advising, Service, & Internship Coordination

Professional Non-Academic:

2005 to 2006

University of Wyoming, Counselor Education Training Clinic

Counselor/Supervisor

Responsibilities: Counseling, Substance Abuse Counseling, & Clinical Supervision

2002 to 2004

University Del Valle of Guatemala, Counseling Clinic

College Counselor

Responsibilities: Program Development, Counseling, Training, & Administration

1995 to 2004

Guatemala City, Guatemala

Private Practice Counselor

Responsibilities: Counseling, Psychological Testing,

1998

United Nations Post-War Commission for Historic Clarification

Counselor for International Personnel

Responsibilities: Group Counseling, Trauma Counseling, & Conducting Training Workshops

1987 to 1995

Inter-American School, Guatemala City

School Psychologist

Responsibilities: Psychological Testing, Report Writing, Consulting, Community Linkage

Counselor Education, Counselor Supervision, Multicultural Counseling, Family Counseling

Counselor Education, Multicultural Counseling, Counselor Development

Area of

Specialization:

Research

Areas/Interests:

Publications:

Babae, E., Sachin, J., **Cardona, B.** (2009) Comparative Evaluation of General Health and Marital Satisfaction among Iranian Women Married to Veterans and non Veterans. *World Applied Sciences Journal* 6(12) 1612-1616.

Cardona, B., Softas, B., (in press). Family Therapy with Latino Families: An Interview with Patricia Arredondo. *The Family Journal*.

Cardona, B. (2009) Home School Relationship in Early Childhood and Education Programs : A Qualitative Study With Diverse Families. (on submission)

Manuscripts in Progress:

Cardona, B. (2009) Experiences of Family Involvement Among Culturally Diverse Families.

Cardona, B. (2007). *Comparing Elementary, Middle and High School Counselors Perceptions of Substance Abuse Training Needs.*

Bruce, M.A., Kosine, B. & **Cardona, B.** (2007). *Use of letter Writing to Enhance Supervisees' Self Efficacy and Performance: A mixed methods Study.*

Professional Presentations:

Cardona, B., Cho, J., Walker, J. & Wasilik, O. (2009) Ethics and Politics of Critical Cultural Studies in International Contexts: From "Getting Smart" To Getting Lost": Problems and Implications from Patti Lather's Last 16 years' Struggle/Achievement". Presented at the American Research Association (AERA) 2008 Conference, New York City, NY.

Bruce, M.A., Cardona, B. (2008). Social Justice in Action: Providing Support for Families of International Students. Presented at the 2008 Rocky Mountain Association for Counselor Education and Supervision Conference (RMACES), Breckenridge, CO.

Daniels, H., Bruce, M.A., Cardona, B. & Murdock, J. (2008) How to prepare a Successful CACREP Self-Study Using the 2009 Standards. Presented at the 2008 Rocky Mountain Association for Counselor Education and Supervision Conference (RMACES), Breckenridge, CO.

Bruce, M.A., Cardona, B., Hubbell, C., Forth, N. & Kosine, B. (2007). Attachment Theory: Increase your Self Awareness and Optimize Meaningful Relationships. Presented at the Association for Counselor Education and Supervision (ACES) 2007 Conference, Columbus, OH, US

Bruce, M.A., Kosine, B. & Cardona, B. (2007). Use of Letter Writing to Enhance Supervisees' Self-Efficacy and Performance. Presented at the 2007 Annual Convention at the American Counseling Association (ACA), Detroit, Michigan, US.

Murdock, J. & Cardona, B. (2007). An online basic counseling skills course: Creative training techniques and community building. Presented at the Graduate Symposium, University of Wyoming, Laramie WY.

Bruce, M. A., Cardona, B. & Murdock, J. (2006). Use of letter writing to enhance supervisees' self-efficacy and performance: A mixed methods study. Presented at the Rocky Mountain Association of Counselor Education and Supervision Fall Conference, Jackson Lake Lodge, WY.

Bruce, M.A., Cardona, B. Grazioso M. & Lopez-Baez, S. (2005). The Counseling Profession in Diverse Cultures: Different Scopes for Different Folks. Presented at the 2005 Annual Convention American Counseling Association (ACA), Atlanta, GA, US.

Cardona, B., Galvez-Kovacic, C., Rivers, I., & Van Hyfte, G. (2004). LGBT Ethnic and Cultural Diversity- New Directions in Defining Homosexuality. Presented at the American Psychological Association (APA) 112th Annual Conference, Honolulu, HI.

Non-Juried:

Cardona, B. & Chatton, B., (2007). Toward a Global Understanding of Human Development. Presented at the Shepard Symposium on Social Justice, Laramie, WY.

Cardona, B. (2005). Multicultural Counseling. Presented at the Graduate Symposium University of Wyoming, Laramie WY.

Professional Association Participation:	2004 to Present 2004 to Present 2004 to Present 2007 to Present	American Counseling Association – Member Association for Counselor Education & Supervision – Member Association on Multicultural Counseling – Member American Educational Research Association – Member
Community Service:	Social Support Counselor for the USAID program to enhance teaching skills of teachers working in rural areas in Guatemala, El Salvador, Honduras and Nicaragua Start July 2009	
University Service:	2008 to Present	Professional Counseling PC faculty member Counselor Education and Supervision CES faculty Service to the Professional Counseling Program to assist in the initial review of the PC program applicant files
Teaching:	2008 to Present, Assistant Professor, UNC, Counselor Education Seminar in Contemporary Issues in Couples and Families Summer 2009 Practicum in Family Therapy: Spring 2009 Appraisal and Assessment: Fall 2008 Individual Practicum in Counseling: Fall 2008 2007 to Present, Adjunct Faculty, UVG, Guatemala City Internship, Fall 2008 2004 to 2008, Teaching Assistant, University of Wyoming, Counselor Education Assessment for Counselors: Summer 2007 Counseling & Addictions: 2006 Counseling Ethics and Professional Issues: Summer 2006 Group Experience: Fall 2005 Pre-Practicum: Fall 2005 Supervised Internship: Spring 2005 Human Life Span Development Fall 2005- Spring 2006 2002 to 2004, Faculty Member, University Rafael Landivar, Psychology Department, Guatemala, City Taught a Diverse Number of Courses 1995 to 2004, Faculty Member, University Del Valle of Guatemala, Psychology Department, Guatemala, City Taught a Diverse Number of Courses	
Professional Development	Professional Workshop Attendance: November 2008, Grant-seeking Workshop, Sponsored by Programs &	

Activities:

- Academic Research Center at University of Northern Colorado, Greeley, Colorado.
November 2008, Annual Mental Health Summit, Sponsored by the Counseling Center at University of Northern Colorado, Greeley, Colorado.
March 2008, Socratic or Professional Academic Portfolio, Presented by Laura L. Border PhD., Graduate Teacher Program, University of Colorado at Boulder.
2007, Psychiatric Grand Rounds, Psychiatric Nurse Practitioner Program and the Wyoming Department of Health and Substance Abuse, Laramie WY.
2006, Graduate Studies Workshop, Sponsored by the University of Wyoming, Laramie, WY.

Professional Conference Attendance:

- Rocky Mountain Association for Counselor Education and Supervision (RMACES) 2008 Conference, Breckenridge, CO.
American Counseling Association Western Region (WACA) 2005 Conference, Honolulu, HI.
Biennial Wyoming Institute for Play Therapy 2005 Conference, University of Wyoming, Laramie, WY.
American Psychological Association 2003 Annual Convention, (APA), Toronto, Canada.
American Counseling Association 2003 Annual Convention, (ACA) Anaheim California, US.
Annual Convention American School Counselors Association (1993), (ASCA) Washington, D.C.

Honors and Awards:

- 2007-2008, Human Rights Award, Wyoming Counseling Association, Casper, WY.
2007-2008, Graduate Student Award for Excellence in Internationalization, University of Wyoming International Board of Advisors

Scholarships/Grants:

- 2007-2008, Emerging Leader Grant, Association for Counselor Education and Supervision, Columbus, OH.
2007-2008, Carol W. William R. Daley Memorial Scholarship for Academic Achievements and Excellence, Wyoming State Chapter P.E.O. Sisterhood.
2007-2008, Lyle Miller Scholarship for Academic Excellence, Counselor Education Scholarship Committee, University of Wyoming.
2007-2008, Inter-American Scholarship, International Students and Scholars Scholarship Committee, University of Wyoming.
2006-2007, Ione A. Gibbs Academic Excellence Scholarship, College of Education, Counselor Education Scholarship Committee, University of Wyoming.
2006-2007 International Student Scholarship, Internal Student Scholars Committee, University of Wyoming.
2005-2006 Inter-American Scholarship, International Student and Scholars Committee, University of Wyoming.

2005-2006, Emerging Leader Grant, American Counseling Association.

1995, Leadership Scholarship, Ministry of Foreign Affairs, Israel.

Appointments:

2007-2008, Student Representative, appointed by the Governing
Counseling for the Awards Committee for the American
Counseling Association.

2007-2008, Student Representative for the Faculty Search Committee at
the Early Childhood Program at the University of Wyoming.

2006-2007, Student Representative, appointed by the Governing
Council for the International Committee for the American
Counseling Association.

2006-2007, Student Representative on the University Apartments
Advisory Board (UAAB), University of Wyoming.