Since the last newsletter from spring 2014, the doctoral life cycle has continued. Eight doctoral students have moved to eight different locations, from Maryland to Oregon, for their APA accredited internships. Four students graduated in the summer of 2014 and four more will be graduating this fall. All the stressors and joys that go with job searching, moving, and starting the post-doctoral life have been part of these students’ lives. It is with joy we celebrate their accomplishments and with some sadness as we miss seeing them on campus.

Eight students will be applying for internship this fall and seven are preparing to take comps. Additionally, we welcome our six new doctoral students who are all eager and anxious to start the doctoral journey. The doctoral life cycle continues and keeps us all on our toes with the new phases and challenges our students enter.

Last fall at about this time we were preparing for the site visit from APA. In May 2014, we heard that we received seven years of accreditation, the maximum we could have received. We were happy that all the hard work on our program, the accomplishments of both faculty and students, and a 1313 page self-study paid off! It was both an exhausting and a self-actualizing process. Just as we ask our students to self-reflect, we as faculty had to step back and look at our program from different angles. We are proud to have a strong program. Many thanks go to the graduate assistants, students, interns, and graduates who contributed to this accreditation process.

I was honored to have received the College of Education and Behavioral Sciences (CEBS) Service Provider Award and was happy with the recognition. Dr. Wright received the CEBS Scholar Award for his outstanding productivity and creativity in research. Well deserved, Dr. Wright!

Difficult to believe that at the end of this academic year, we will say goodbye to Dr. O’Halloran, who has been at UNC for 25 years and is now retiring. Dr. Johnson will be directing the Psychological Services Clinic next year. Many congratulations to Dr. Rings who is now a licensed psychologist. All core Counseling Psychology faculty are now licensed psychologists.

Remember to enjoy the glorious autumn in Colorado. We live in a beautiful state; make sure to experience the season change, the colors, and the smells of autumn.

Lia Softas-Nall, PhD
Director of Training and Coordinator, Counseling Psychology
CONGRATULATIONS 2014 SUMMER GRADUATES

**Marek Dvorak**
Dissertation: The moderating effects of emotional intelligence on the relationship between parental attachment and career decision self-efficacy.

*Current Position:* Dr. Marek Dvorak started his Postdoctoral Fellowship at California Polytechnic State University in San Luis Obispo, CA in July.

**Melissa Horne**
Dissertation: The impact of psychiatric disabilities on college adjustment and social self-efficacy of college students.

*Current Position:* Dr. Melissa Horne will be working at Western Michigan University, in Kalamazoo, Michigan, as an Instructor and Assessment Supervisor.

**Michael Mahoney**
Dissertation: Homecoming experiences of student military veterans: Implications for Counseling Psychology. His dissertation received the Dean’s Citation for Outstanding Dissertation.

*Current Position:* Dr. Michael Mahoney is at an APA-accredited Postdoc Residency in Clinical Psychology (PTSD track) at the VA Pacific Islands Health Care System and the National Center for PTSD, Pacific Islands Division.

**Ricki (Richelle) Walker**
Dissertation: The role of sexual identity development and attachment security on relationship satisfaction among lesbian couples.

*Current Position:* Dr. Richelle Walker accepted a Postdoctoral Fellowships with the University of Oklahoma Athletics.

CONGRATULATIONS 2014 EXPECTED FALL GRADUATES

**Diana Levas-Luckman**

*Current Position:* Diana completed her internship as of August and has defended her dissertation. She is now the primary therapist at the Eating Recovery Center in Denver, CO.

**Wipanee Sukerb**
Dissertation: Resilience and coping: The perspectives of cancer patients, family caregivers, and medical volunteers at Khampramong Monastery, Thailand. She is expected to defend her dissertation this fall.

Left to Right: Dr. Rings, Dr. O’Halloran, Dr. Wright, Dr. Softas, & Dr. Helm

Left to Right: Ricki Walker, Michael Mahoney, Wipanee Sukerb, Diana Levas-Luckman, Melissa Horne, Marek Dvorak
### IMPORTANT DATES FOR DEGREE COMPLETION

<table>
<thead>
<tr>
<th></th>
<th>Fall</th>
<th>Spring</th>
<th>Summer</th>
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<tbody>
<tr>
<td>Last day for filing an Application for Graduation</td>
<td>September 5\textsuperscript{th}</td>
<td>January 23\textsuperscript{rd}</td>
<td>June 19\textsuperscript{th}</td>
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<tr>
<td>Last day for requesting defense of Doctoral dissertation</td>
<td>October 24\textsuperscript{th}</td>
<td>March 20\textsuperscript{th}</td>
<td>June 19\textsuperscript{th}</td>
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<tr>
<td>Last day for defense of Doctoral dissertation</td>
<td>November 7\textsuperscript{th}</td>
<td>April 3\textsuperscript{rd}</td>
<td>July 2\textsuperscript{nd}</td>
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<tr>
<td>Last day for filing Doctoral dissertation</td>
<td>November 14\textsuperscript{th}</td>
<td>April 10\textsuperscript{th}</td>
<td>July 10\textsuperscript{th}</td>
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### THE RINGING OF THE BELL

### BEST WISHES TO OUR STUDENTS ON INTERNSHIP

*All the internships below are APA Accredited*

- **Dayna Northart**  
  Kansas State University  
  Manhattan, KS

- **Rachel Gall**  
  Central Washington University  
  Ellensburg, WA

- **Em Dreiling**  
  Johns Hopkins University  
  Baltimore, MD

- **Annette Peters**  
  Florida State University  
  Tallahassee, FL

- **Jeffrey Roche**  
  Illinois State University  
  Normal, IL

- **Laura Schenck**  
  Texas Tech University  
  Lubbock, TX

- **Aaron Wallis**  
  Grand Valley State University  
  Allendale, MI

- **Meag-gan Walters**  
  Ball State University  
  Muncie, IN
WELCOME NEW CP 2014 DOC STUDENTS

Dylan Ghaffari
From: Denver, CO
Degree: BA in Psychology from Metropolitan State University of Denver
Fun fact: I used to have a really big afro.

David Gretz
From: Fleming Island, Florida
Fun fact: I make origami!

Sara Hofmann
From: St. Petersburg, FL
Degree: BS in Psychology from Florida State University; MA in Clinical Psychology from Clark University.
Fun fact: I run half-marathons and I like to bake!

Tricia Steeves
From: Originally from Queens, NY
Degree: BA in Psychology from University of California, Los Angeles; MA in Clinical Psychology from Antioch University, Los Angeles.
Fun fact: I’m trying to learn Japanese. So far, I can sort of say things about my dogs.

Sarah Zwetzig
From: Loveland, CO
Degree: BA in Counseling Psychology from Colorado Mesa University.
Fun fact: The only bone I’ve ever broken is the tip of my middle finger.

Megan Martinez
From: Golden, CO
Degree: BA in Psychology from Kalamazoo College.
Fun fact: I’m really into underground hip-hop.

Fall 2014 Entering Cohort with Training Director

Left to Right, Top: Sarah Zwetzig, Tricia Steeves, Megan Martinez. Bottom: Dylan Ghaffari, Sara Hofmann, David Gretz, Dr. Softas


Grant Activity


Counseling Psychology Research Day, April


SRM Research Night, May

Emily Dreiling and Dayna Northart were a part of a symposium on Educational Ethnography


Awards

Michael Mahoney (PhD 2014) received the Graduate Dean’s Citation for Excellence this past spring. Michael’s exceptional achievement while in the program included a publication in a juried journal, presenting at the APA Convention for three consecutive years, originality with research, and hard work and diligence in assisting with the self-study. Michael completed an APA accredited internship with the VA in Honolulu, HI and accepted a postdoc at the VA. Michael was a good citizen of the program, well respected by his classmates and the faculty. Additionally, Michael Mahoney received the Graduate Dean’s Citation for Outstanding Dissertation. His dissertation was a narrative study exploring the stories constructed by OEF and OIF student military veterans regarding their homecoming experience after their overseas deployment.

This past spring at the 2014 women’s recognition reception and inspiring women awards, Meag-gan Walters [right] was acknowledged as a graduate facilitator for the 2013-2014 Stryker Institute for Leadership development. Caroline Hicks [left] was nominated for an inspiring women’s award.

Congratulations!

Yan Li (PsyD 2008) gave birth to baby boy number two over the summer! Congratulations! Dr. Li is currently at the Duke Counseling Center.

Congratulations to Geri Tien (PhD 2013) and her partner Justin, who got married this May in Hawaii.

Alumni News

Kay Beaulieu (PsyD 1993), ABPP, is now a member of the editorial board of The Feminist Psychologist. She is the Clinical Director for the Embedded Behavioral Health for the Army and has earned nine Public Health Service (PHS) awards and the Field Medical Readiness Badge since going active duty in the PHS. CDR Beaulieu has been deployed four times.

Laura Oyer (PhD 2013) is now working at La Luna, the eating disorder center in Fort Collins, CO.

Catherine Phillips Carrico (PhD 2012) is now a licensed psychologist. Congratulations!

Masha Zarlengo (PhD 2012) is now a licensed psychologist. Congratulations!
Heather Schulte (PsyD 2006) & Terri Baker (PsyD 1998) visited this past spring! Heather Schulte is taking the picture of Dr. Softas & Terri Baker. Dr. Baker is a Senior Forensic Psychologist for the state of Florida and makes evaluations of not guilty by reason of insanity. She was in Greeley to celebrate the 20th anniversary of the Women’s Resource Center—of which she had been the first assistant director when she was doing her doctorate in our program. At that time the Women’s Resource Center was on the top floor of McKee and now it has its own building, named after Scott-Willcoxon. Dr. Schulte, pictured to the left with her son, is in private practice in Greeley.

Michael LeBlond (PhD 2010) was elected to the National Register of Health Service Psychologists Board of Directors. It is the largest credentialing organization for psychologists and the board is charged with governing the National Register. It is a major honor to be elected onto the eight member board, and we offer our congratulations! Dr. LeBlond’s four year term begins January 1, 2015.

Dr. Lory Clukey (PsyD 2003) holds two doctoral degrees, one from our program in Counseling Psychology and another in Nursing. Check out her license plate! Dr. Clukey is an Associate Professor at UNC in Nursing.

Sarah Griess (PhD 2010) is now the Assistant Director/Training Director at the UNC Counseling Center. Dr. Griess visited the department with her two children.

Other News

Rachel Haug continues her work with McNair Scholars at UNC. Additionally, she continues as the Student Representative to the faculty of the program.

Marsha Cohen remains the program representative for Student Affiliates of Division 17.

This semester Beth Ruechel is continuing her work tutoring undergraduates at UNC as a part of the Academic Support and Advising Office.

Liesel Christoe-Frazier and Megan Martinez are both Stryker Scholarship recipients.

Tanya Watson continues to be the student member of the American Psychology-Law Society (Division 41) Minority Affairs Committee.

Janae Sones is now the Campus Representative, Advocacy Coordinating Team for Colorado, American Psychological Association for Graduate Students.

Nicole Swanson is the new Student Representative for the Colorado Psychological Association for Graduate Students.

Wipanee Sukerb was involved in the creation of a farming therapy group while she was on internship at the Asian Pacific Development Center in Denver.
FALL 2014 COUNSELING PSYCHOLOGY POTLUCK

Every year the Counseling Psychology department welcomes students and family back to classes with a potluck in the park. This year’s was full of Jimmy John’s, bean salads, and cake! We had a great turn out and hope everyone enjoyed the evening and food!

Left to Right: Dr. Softas, Caroline Hicks, & Leisel Christoe-Frazier

Left to Right: Barry Motter, Leisel Chistoe-Frazier, and Jeff Paul

Leisel had fun jumping in the photos that night!

Dr. Wright & Dr. Rings get water from the drinking fountain – as we had all decided to bring food instead of drinks (oops!)

Left to Right: Dr. Johnson, Dr. Rings, Dr. Softas-Nall, Dr. O’Halloran, & Dr. Wright.
Mission Statement:
The Counseling Psychology Student Organization (CPSO) is a student-run group designed with the mission of cultivating a vibrant, safe, and professional community among Counseling Psychology (CP) doctoral students at the University of Northern Colorado. The CPSO also aspires to generate inter-departmental collaboration and idea sharing. In order to create a vibrant, safe, and professional community, the primary objectives of the CPSO are to:

- Provide CP doctoral students with mentorship and guidance through programmatic milestones and developmental challenges.
- Allow for greater community, communication, and support within and across CP doctoral student training cohorts through formal and informal socialization opportunities.
- Give CP doctoral students a forum for voice, diverse learning opportunities, and a chance to share relevant interests and experiences with others.
- Encourage the development of well-rounded, competent, and engaged scientist-practitioners through didactic exchange, scholarly inquiry, and various applied/theoretical presentations and trainings.

SUMMER & FALL 2014 EXTERNAL PRACTICA

Liesel Christoe-Frazier  
*Denver Health Medical Center*

Marsha Cohen  
*Counseling & Psychological Services, CU Boulder*

Dylan Firsick  
*CSU Counseling Center, Fort Collins*

Caroline Hicks  
*Perklin Center, Greeley*

Chloe Hinton  
*La Luna Eating Disorder Center, Fort Collins*

Jason Kacmarski  
*TBI/Neuropsych Clinic, Denver VAMC*

Barry Motter  
*UNC Counseling Center, Greeley*

Blair Nyline  
*Department of Corrections, Sterling Prison*

Steven Pote  
*Vital Program, Cheyenne VAMC*

Janae Sones  
*UNC Counseling Center, Greeley*

Tanya Watson  
*Department of Corrections, Denver Reception & DX Center*

COUNSELING PSYCHOLOGY STUDENT ORGANIZATION

Left to Right: Jason Kacmarski, President; Chloe Hinton, Secretary; Kiersten Eberle, Social Chair; Jeff Paul, Treasurer; Beth Ruechel, Vice-President/President Elect.
Each year at the University of Northern Colorado, freshman undergraduate students are given the chance to enroll in University 101, our college’s First Year Seminar, and many of our own graduate students take the opportunity to further their career goals and teaching experience by becoming instructors in the course. Many of our students have appreciated the experience and the skills they developed during their semester of teaching. Janae Sones, one of those students who taught the course in the past, noted the opportunity teaching the seminar gave her to gain confidence as an instructor, build experience in the high education procedures here at UNC, and develop her own teaching philosophy. Another past participant, Jason Kacmarski, wrote after his experience, “My time as an instructor here gave me the opportunity to begin to develop my identity as an educator in a supportive and inclusive environment, something that has proven invaluable for my own growth.”

In addition to building our own students’ professionalism and education, a research project conducted by some of our own students and faculty found that the University 101 program has been extremely effective in building new freshmen’s persistence in college and academic success (Jenkins-Guarnieri, Horne, Wallis, Rings, & Vaughan, in press). The course covers a variety of issues, including academic skills such as active listening and research, as well as personal finance and time management. Additionally, it is taught by highly motivated and skilled graduate students from around our own campus. The graduate students from the counseling psychology program are especially well trained for the job. As Janae stated, “the freshmen are given the unique opportunity to not only participate in the class, but also be taught by instructors trained in prevention work, monitoring at-risk situations, and the use of counseling skills.”

It is clear to many of our students who have taught the course that University 101, as both a First Year Seminar and a graduate teaching opportunity, has greatly benefited our university and students. As Jason wrote, “Each and every one of these students has indicated to me that they do not believe that they would be doing nearly as well as they currently are without the guidance and support that they received in University 101, and I feel honored not only to have been a part of that growth, but to remain a resource for them as they continue their work here at UNC.”

Currently six of our students are teaching the University 101 class. Listed below, these students went through an intensive training period before school started, culminating in a team building exercise on the UNC campus’ high ropes course on the final day.

**Current Teaching Assistants**

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<thead>
<tr>
<th>Marsha Cohen</th>
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<td>Barry Motter</td>
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<td>Caroline Hicks</td>
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<td>Steven Pote</td>
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<td>Tanya Watson</td>
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<td>Nicole Swanson</td>
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Administrative News

Dr. Helm continues as the Chair of the Department of Applied Psychology and Counselor Education within which our program is housed. Dr. Softas-Nall continues as the Coordinator and Director of Training for Counseling Psychology. Dr. Murdock continues as the Coordinator for Counselor Education and Supervision. Dr. Rings is the new Coordinator of Professional Counseling.

PSYCHOLOGICAL SERVICES CLINIC REPORT, 2013-2014

In the Spring semester of 2014, the Psychological Services Clinic (PSC) at the University of Northern Colorado (UNC) serviced a total of 159 clients and conducted approximately 932 sessions (individual therapy, child/adolescent therapy, play therapy, couples/family therapy, group and psychological assessments).

A brief overview of client demographics:
- 59% were UNC students, 41% were community members
- 63% identified as female, 37% as male
- 78% identified as Caucasian, 11% as Latino/Hispanic, 5% as African American, 3% as American Indian, 1% as Asian American, and 2% as Bi-/Multi-racial.
- 41% were middle adult age, 39% young adult, 14% in secondary school, 4% in elementary, 1% in early childhood, and 1% were older adult.

A brief overview of session type:
- Individual Adult: 60%
- Child/Adolescent: 21%
- Couples: 11%
- Group: 4%
- Family: 4%

Keep in touch and let us know your news!
Contact Dr. Softas-Nall and/or Kiersten Eberle if you have something to share!
We are happy to hear of your professional and personal news.

Counseling Psychology Doctoral Program

For more information visit: http://www.unco.edu/cebs/counspsych/index.html

For more information regarding program accreditation, contact the APA’s Office of Program Consultation and Accreditation, 750 1st Street NE, Washington, DC 20002-4242 or at (202) 336-5979 or at www.apa.org/ed/accreditation/.