

## KRISTINA T. PHILLIPS, PH.D.

School of Psychological Sciences | College of Education and Behavioral Sciences  
McKee Hall, Campus Box 94 | Greeley, CO 80639  
970-351-2428 | Kristina.Phillips@unco.com

### EDUCATION AND TRAINING

- 2006-2007 Postdoctoral Research Fellow  
Institutional Research Training Grant (T32), NIDA  
Center for Alcohol and Addiction Studies (CAAS)  
Brown University & Rhode Island Hospital  
Providence, RI
- 2004-2005 Internship in Clinical Psychology (APA-Approved), Henry Ford Health System, Detroit, MI  
Consultation-Liaison/Health Psychology Track
- M.A./Ph.D. Bowling Green State University, Clinical Psychology (APA-Approved), Bowling Green, OH  
2000-2005 *Specialization:* Behavioral Medicine and Addiction
- B.S. University of Nebraska at Omaha, Psychology, Omaha, NE  
1999 *Magna Cum Laude*

### RESEARCH AREAS/INTEREST

Risk Reduction/Disease Prevention among Injection Drug Users  
Substance Abuse Intervention Development and Treatment Effectiveness

### PROFESSIONAL EXPERIENCE

- 2007-present **Assistant Professor**, University of Northern Colorado, Greeley, CO  
Teaching, Research, and Service Responsibilities  
*Classes Taught:* Abnormal Psychology, Introduction to Counseling Theories, Health Psychology, Psychology of Addiction
- 2008 **Psychotherapist**, University of Northern Colorado Counseling Center, Greeley, CO  
Clinical Responsibilities (part-time)
- 2006-2007 **Postdoctoral Research Fellow**, Center for Alcohol and Addiction Studies, Brown University, Providence, RI  
Research and Clinical Responsibilities
- 2007 **Psychotherapist**, Psychological Associates, Warwick, RI  
Clinical Responsibilities (part-time)
- 2006 **Adjunct Instructor**, Heidelberg College, Maumee, OH  
Teaching Responsibilities  
*Class Taught:* History and Systems of Psychology
- 2006 **Adjunct Instructor**, Lansing Community College, Lansing, MI  
Teaching Responsibilities  
*Class Taught:* Introduction to Psychology
- 2006 **Mental Health Therapist**, Clinton-Eaton-Ingham Community Mental Health Center, Crisis Services, Lansing, MI  
Clinical Responsibilities
- 2004-2005 **Psychology Intern**, Henry Ford Health System, Detroit, MI  
Internship in Clinical Psychology (APA-Approved), Consultation-Liaison/Health Psychology Track  
Clinical and Research Responsibilities

- 2003-2004     **Psychology Trainee** (Practicum), St. Charles Hospital/Talbot Outpatient Substance Abuse Services, Toledo, OH  
Clinical Responsibilities
- 2002-2003     **Psychology Trainee** (Practicum), Bowling Green State University Counseling Center, Bowling Green, OH  
Clinical Responsibilities
- 2000-2002     **Graduate Assistant**, Bowling Green State University, Bowling Green, OH  
Research and Teaching Responsibilities
- 1998-2000     **Community Support Specialist/Case Manager**, Community Alliance Mental Health Center, Omaha, NE  
Clinical and Coordination Responsibilities
- 1998           **Psychiatric Technician**, St. Joseph Center for Mental Health, Omaha, NE  
Clinical and Coordination Responsibilities

## PUBLICATIONS

### Submitted or in preparation

- Phillips, K.T.**, Altman, J., Corsi, K.F., & Stein, M.D. (submitted). Development of a risk reduction intervention to reduce bacterial and viral infections for injection drug users. *Journal of Substance Abuse Treatment*.
- Rosa, J. & **Phillips, K.T.** (under revision). Social, personal, and environmental reasons for substance use initiation associated with gender and substance type.

### Juried/Peer-Reviewed Articles

- Phillips, K.T.**, & Stein, M.D. (2010). Risk practices associated with bacterial infections among injection drug users in Denver, CO. *The American Journal of Drug and Alcohol Abuse*, 36, 92-97.
- Phillips, K.T.**, Anderson, B.J., & Stein, M.D. (2008). Predictors of bacterial infections among HCV-negative injection drug users in Rhode Island. *The American Journal of Drug and Alcohol Abuse*, 34, 203-210.
- Rosenberg, H., Baylen, C., Murray, S., **Phillips, K.T.**, Pristas, E., Versland, A, & Tisak, M. (2008). Attributions for abstinence from illicit drugs by university students. *Drugs: Education, Prevention and Policy*, 15, 365-377.
- Phillips, K.T.**, & Rosenberg, H. (2008). The Development and Evaluation of the Harm Reduction Self-Efficacy Questionnaire. *Psychology of Addictive Behaviors*, 22, 36-46.
- Phillips, K.T.**, Rosenberg, H., & Sanikop, A. (2007). English and American drug clients' views of the acceptability, advantages and disadvantages of treatment and harm-reduction interventions for substance abuse. *Journal of Drug Issues*, 37, 377-402.
- Rosenberg, H., & **Phillips, K.T.** (2003). Acceptance and availability of innovative harm-reduction therapies for drug abuse in American substance abuse treatment agencies. *Psychology of Addictive Behaviors*, 17, 203-210.

## PROFESSIONAL PRESENTATIONS

- Phillips, K.T.**, Corsi, K.F., Altman, J., & Stein, M.D. (2010, June). Development of a risk reduction intervention for injection drug users to reduce bacterial and viral infections. Poster presented at the annual meeting of the College on Problems of Drug Dependence, Scottsdale, AZ.
- Rosa, J., & **Phillips, K.T.** (2010, April). Social, personal, and environmental reasons for substance use initiation associated with gender and substance type. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Denver, CO.
- Phillips, K.T.** (2010, April). High-risk practices contributing to bacterial infections among injection drug

- users. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- Phillips, K.T.** (2008, November). Preventing skin and bacterial infections among injection drug users using a harm reduction approach. Presentation given at the 7th National Harm Reduction Conference, Miami, FL.
- Phillips, K.T.,** & Stein, M.D. (2007, June). Predictors of bacterial infections among Hepatitis C negative injection drug users in Rhode Island. Poster presented at the annual meeting of the College on Problems of Drug Dependence, Quebec City, Canada.
- Phillips, K.T.,** & Rosenberg, H. (2007, March). Assessing intravenous drug users' use of harm reduction strategies to prevent biomedical harm. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington DC.
- Phillips, K.T.,** & Rosenberg, H. (2006, May). The Development and Evaluation of the Harm Reduction Self-Efficacy Questionnaire. Presentation given at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Phillips, K.T.,** Rosenberg, H., & Sanikop, A. (2004, November). British drug abusing clients' views of the acceptability, advantages, and disadvantages of treatment and harm-reduction interventions. Presentation given at the 5th National Harm Reduction Conference, New Orleans, LA.
- Baylen, C., Murray, S., **Phillips, K.T.,** Rosenberg, H., Tisak, M., & Versland, A. (2004, April). University students' attributions for not consuming illicit drugs. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Phillips, K.T.** (2004, March). Measuring acceptance of harm reduction: Client attitudes toward harm-reduction therapies for substance use. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Phillips, K.T.,** Carels, R.A., & Shah, P.D. (2004, March). Ecological momentary assessment before and after exercise: Self-reported changes in mood and body image satisfaction. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Shah, P.D., Wachholtz, A.B., Pargament, K.I., McCarthy, S., Serrine, N.K., Ano, G.G., **Phillips, K.T.,** Vasconcelles, E., Duggin, J., & Locher, A. (2004, March). Lighting the way: A Psycho-spiritual intervention for HIV+ African American women. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Edwards-Leeper, L., **Phillips, K.T.,** Boxer, P., & Dubow, E. (2003, April). Brief cognitive intervention for body image and interpersonal conflict concerns for young girls. Poster presented at the biennial meeting of the Society for Research in Child Development, Tampa, FL.
- Phillips, K.T.,** & Carels, R.A. (2003, March). Exercise dependence: A comparison of psychological and physical variables among female college students. Poster presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- Phillips, K.T.,** & Rosenberg, H. (2002, April). Pharmacological therapies for drug abuse in American substance abuse programs: Acceptability and availability. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- Pérez-Benítez, C.I., Carels, R.A., Raber, A., Cacciapaglia, H., **Phillips, K.T.,** & Zomcheck, D. (2002, April). Is food craving a psychological phenomenon? An experimental approach. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- Shah, P., **Phillips, K.T.,** Cacciapaglia, H., & O'Brien, W. H. (2001, Nov.). A meta-analysis of HIV/AIDS and stress management interventions. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Chiros, C.E., Foster, E., Perez-Benitez, C.I., Cacciapaglia, H., Frutchey, R., **Phillips, K.T.,** Denholm, K., Carels, R.A., & O'Brien, W.H. (2001, March). The relationship between body image and weight loss behaviors in college students. Poster presented at the annual meeting of the Society of Behavioral

Medicine, Seattle, WA.

### **INVITED PRESENTATIONS**

Phillips, K.T., & Royer, M. (2010, March 9). *Bacterial infections among injection drug users in Denver: Development of a risk reduction intervention*. Presentation at the Denver Epidemiology Work Group (DEWG).

### **UNPUBLISHED MANUALS**

Phillips, K.T., & Stein, M.D. (2010). *Skin and Needle Hygiene Intervention Manual*. Unpublished Treatment Manual.

### **FUNDED GRANT PROJECTS**

June 2009 - May 2011      *Reduction of Medical Complications Associated With Injection Drug Use*  
Investigators: Kristina Phillips (PI), Michael Stein (Co-I), and Karen Corsi (Co-I)  
R21 (1 R21 DA026773-02), National Institute on Drug Abuse (NIDA) / NIH  
\$275,000 (\$377,000 with indirects)

2009-present      *Physical and Psychological Complications associated with Methamphetamine Abuse*  
UNC (internal) Provost Award  
\$3862

2007-2008      *Skin and Bacterial Infections associated with Injection Drug Use: A Pilot Study*  
UNC (internal) SPARC Research Development Grant  
\$3450

### **OTHER GRANTS SUBMITTED OR IN PREPARATION**

Sept. 2010-present      *Reducing Bacterial and Viral Infections among Heroin Injectors: A Randomized Controlled Trial*  
Investigators: Kristina Phillips (PI), Michael Stein (PI), and Karen Corsi (Co-I)  
NIH R01 proposal to be submitted in Jan. 2010

Sept. 2008  
(*unfunded*)      *A Curricular Model for Cancer Rehabilitative Survivorship Care*  
Investigators: Carole Schneider (PI), Kristina Phillips (Co-I), Kathryn Bright (Co-I), Susan Carter (Co-I), Lory Clukey (Co-I), and Lisa Sprod (Co-I)  
Submitted under the R25 mechanism to the National Cancer Institute (NCI) / NIH

Oct. 2008  
(*unfunded*)      *Reduction of the Burden of Cancer Through Interdisciplinary Prescriptive Interventions*  
Investigators: Carole Schneider (PI), Kristina Phillips (Co-I), Kathryn Bright (Co-I), Susan Carter (Co-I), Lory Clukey (Co-I), and Lisa Sprod (Co-I)  
Submitted to the Colorado Health Foundation

### **PROFESSIONAL AFFILIATIONS**

1999-present      Member, American Psychological Association

2001-present      Member, Society of Behavioral Medicine

2007-present      Associate Member, The College on Problems of Drug Dependence

### **UNIVERSITY/SCHOOL SERVICE**

2009-present      University of Northern Colorado (UNC) Research Advisory Council, advisory body to the Assistant Vice President for Research, Member representing the College of Education and Behavioral Sciences

2009-present      Development of annual research forum and colloquium series, UNC School of Psychological Sciences

2008-present      Member, UNC School of Psychological Sciences Undergraduate Committee

2008-present      Member, UNC School of Psychological Sciences Graduate Committee

Fall 2008      UNC Counseling Center, provided psychological services to students 8 hours per week

## **SELECTED AWARDS**

2007-2009 National Institute of Health Loan Repayment Program recipient  
2000-2004 Bowling Green State University Assistantship  
1994-1999 Goodrich Scholarship, full-tuition scholarship  
1994-1999 Police and Firefighters Association Scholarship  
1998-1999 Psi Chi National Honor Society, chapter president  
1998-1999 Department of Psychology Outstanding Undergraduate Student  
1998-1999 Dean's Award, College of Arts and Sciences  
1999 University of Nebraska-Omaha, Magna Cum Laude