



EXPLORING MAJORS AND CAREERS

EXPLORE MAJORS

Action Steps

- Research majors online: Collect information such as short description of major, required courses, total number of credits, five possible careers, and personal reasons for/against choosing this major
- Interview a faculty member or student for information (see Informational Interviews handout)
- Contact Academic Support and Advising or appropriate academic department for the details on course prerequisites, requirements to fulfill before declaring a major, and finding an advisor
- Visit academic department to declare a major

On the Web

- Career Services Website: What Can I Do With a Major in...?
<http://www.unco.edu/careers/students/major-planning/WhatCanIDoInfo/index.html>
- UNC Catalog <http://catalog.unco.edu/> (See Undergraduate Programs: Bachelor's Degrees)

On Campus

- Talk with faculty, teaching assistants, advisors, friends and family for suggestions and advice regarding majors to consider
- Take classes to "try on" a major for a semester and see how it fits

CAREER EXPLORATION

Action Steps

- Research careers online: Collect information such as job title, main responsibilities, training/education, working conditions, salary information, and employment outlook
- Connect with professionals and conduct informational interviews or job shadow them

On the Web

- Career Services website
 - Glassdoor: gives you an inside look at companies <http://www.glassdoor.com/index.htm>
 - Career Services Online: search jobs/internship database for descriptions
<https://www.myinterfase.com/unc/student/>
- O*NET: Browse jobs by interest area <http://online.onetcenter.org/find/descriptor/browse/Interests/>
 - After choosing an occupation, click on the "details tab" to see if the important tasks are things you would enjoy doing every day
- Occupational Outlook Handbook: Get descriptions of nature of work and earnings data
<http://www.bls.gov/search/ooh.htm>

With a Counselor

- Meet to synthesize what you know about yourself and possible majors and careers
- Explore professional organizations and career links for your major
- Capture clues as to where you would like to live, industries that catch your interest, workplace culture that fits your style, job functions that utilize your skills and engage your passions
- Choose an option that works for you
- Outline next steps to begin your major and pursuing a career
- Plan involvement on and off-campus experiences that will help you reach your goal