

**UNC CAMPUS RECREATION CLUB SPORTS
WAIVER AND RELEASE OF LIABILITY**

Club Name _____

In consideration of being allowed to participate in any way in the University of Northern Colorado Campus Recreation Club Sports Program, related events, and activities, I, for my heirs, estate, executors, administrators, assignees, and for all members of my family, release, waive, and discharge, the State of Colorado, University of Northern Colorado, University of Northern Colorado Board of Trustees, Campus Recreation Department, any of their affiliated clubs, respective administrators, directors, agents, coaches, certified and student athletic trainers, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as releasees, from any negligence and all present and future liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by, or in connection with, my participation in such activities.

I understand that I am responsible for my own well-being and the well-being of the group of which I am a part. I understand that the dangers and risks included in, but not limited to, trying out, practicing, and participating/playing, are not limited to death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to internal organs, bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury to impairment to other aspects of my body and general health. I understand that the dangers and risks of participating in these activities may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

I recognize the importance of following rules and regulations established by the University of Northern Colorado, Campus Recreation, national governing bodies, conferences, and/or administrators of said agencies. I agree to follow such rules and regulations. I am obligated to wear proper dress and appropriate protective equipment. If I choose not to do so, I fully realize that I do so at my own risk.

I recognize and acknowledge that University of Northern Colorado Campus Recreation does not carry special health insurance, other than such medical and/or hospital services as are normally provided for students by Student Health Services. They are in no way insurers of my safety. I also understand that because the University of Northern Colorado and its governing board are state institutions, several limitations and exclusions exist with respect to liability of the releasees. Therefore, I have determined whether I have adequate personal insurance to cover all harm that I may suffer due to participation in this activity and I have obtained all insurance protection that I want. This insurance includes travel and automobile insurance for trips associated with participation in these activities.

