

**UNC CAMPUS RECREATION CLUB SPORTS  
WAIVER AND RELEASE OF LIABILITY**

In consideration of being allowed to participate in any way in the University of Northern Colorado Campus Recreation Club Sports Program, related events, and activities, I, for my minor participant's heirs, estate, executors, administrators, assignees, and for all members of his/her family, release, waive, and discharge, the State of Colorado, University of Northern Colorado, University of Northern Colorado Board of Trustees, Campus Recreation Department, any of their affiliated clubs, respective administrators, directors, agents, coaches, certified and student athletic trainers, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as releasees, from any negligence and all present and future liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by, or in connection with, his/her participation in such activities.

The minor participant understands that he/she is responsible for his/her own well-being and the well-being of the group of which he/she is a part. The minor participant understands that the dangers and risks included in, but not limited to, trying out, practicing, and participating/playing, are not limited to death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to internal organs, bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of his/her body and general health. He/She understands that the dangers and risks of participating in these activities may result not only in serious injury, but in a serious impairment of his/her future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

The minor participant recognizes the importance of following rules and regulations established by the University of Northern Colorado, Campus Recreation, national governing bodies, conferences, and/or administrators of said agencies. He/She agrees to follow such rules and regulations. He/She is obligated to wear proper dress and appropriate protective equipment. If he/she chooses not to do so, he/she fully realizes that he/she does so at his/her own risk.

The minor participant recognizes and acknowledges that University of Northern Colorado Campus Recreation does not carry special health insurance, other than such medical and/or hospital services as are normally provided for students by Student Health Services. They are in no way insurers of the minor participant's safety. He/She also understands that because the University and its governing board are state institutions, several limitations and exclusions exist with respect to liability of the releasees. Therefore, he/she has determined whether he/she has adequate personal insurance to cover all harm that he/she may suffer due to participation in this activity, and he/she has obtained all insurance protection that he/she wants. This insurance includes travel and automobile insurance for trips associated with participation in these activities.

By signing below, I acknowledge that I have read the waiver and release above, understand that I am giving up substantial rights for myself and my minor participant by signing it, agree to comply with its intent and purpose, and sign it voluntarily.

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Minor Participant

\_\_\_\_\_  
Club Sport in Which Minor is participating