

group fitness

Finals Week Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Zumba Audrey 6:00-6:55 pm	Lethal Legs Lauren 3:30-3:55 pm	Full Body Fit Lauren 3:00-4:00 pm	Lethal Legs Megan M 3:30-3:55 pm	Core Challenge Vince 4:00-4:45 pm
Yoga Strength Ian 7:00-7:55 pm	Hard Core Sarah L 4:00-4:25 pm	Cycle Insanity Megan H 4:00-4:55 pm	Ultimate Upper Megan M 4:00-4:25 pm	Mixed Level Yoga Mariah 5:00-5:55 pm
	Yoga Foundations Megan H 4:30-5:25 pm	Step Energy Megan M 5:00-5:55 pm	Bosu Blast Natalia 5:30-6:25 pm	RIP Morgan 5:00-6:15 pm
	Kickbox Michelle 5:30-6:25 pm	AquaFit Sarah L 6:15-7:15 pm	Restorative Yoga Mariah 7:00-8:00 pm	Kickbox Brittany 6:30-7:30 pm
	Zumba Natalia 6:30-7:25 pm	RIP Vince 6:00-7:15 pm		

For more information contact
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**All Classes
FREE**

12/5-12/9

Bringing
education
to life.