

Exploring Your Academic Class Schedule

In the spaces provided below, write down the name of each class and the difficulty ranking. For example, if you had to rate each class on a scale of 1 to 5, as described below, how would you rate each class? Put the number in the space labeled “Difficulty Ranking.”

	1	2	3	4	5
	Very Easy	Easy	Medium	Hard	Very Hard
Class # 1 Title:			<u>Difficulty Ranking</u>		<u>Goal Grade</u>
Class # 2 Title:			<u>Difficulty Ranking</u>		<u>Goal Grade</u>
Class # 3 Title:			<u>Difficulty Ranking</u>		<u>Goal Grade</u>
Class # 4 Title:			<u>Difficulty Ranking</u>		<u>Goal Grade</u>
Class # 5 Title:			<u>Difficulty Ranking</u>		<u>Goal Grade</u>
Class # 6 Title:			<u>Difficulty Ranking</u>		<u>Goal Grade</u>

Decide what grade you would like to achieve in each class. To help you in deciding what grade to strive for, consider the following:

1. Your ability. Everyone would obviously like to have A’s in every class, but rarely does a student come along who is capable of achieving this. Be realistic. Knowing your capabilities, think about the grade you could achieve if you really try hard.
2. Class difficulty. You have already given an indicator of how difficult each class will be. Use this indicator together with your ability level to help you decide on a goal grade for each class.

Taking these items in consideration, establish the grade you would like to achieve for each class and write these in the space labeled “Goal Grade.”

Grade Goal Objectives

For each of your classes, list one behavior you are currently exhibiting which will help you in achieving your goal grades. Also, list at least two new behaviors which you will put into action to help you achieve your stated goal. BE SPECIFIC!

Class #1

Current Behavior:

New Behavior:

Class #2

Current Behavior:

New Behavior:

Class #3

Current Behavior:

New Behavior:

Class #4

Current Behavior:

New Behavior:

Class #5

Current Behavior:

New Behavior:

Class #6

Current Behavior:

New Behavior:
