

**Emphasis in Exercise Science**  
Four-Year Schedule; 2009-2010 CATALOG

**Year One:**

	Credit hrs		Credit hrs
Liberal Arts and/or University Electives	10	Liberal Arts and/or University Electives	11
CHEM 281 or CHEM 111 (Area 6)	5	CHEM 281 or CHEM 111 (Area 6)	5
	<hr style="width: 50%; margin: 0 auto;"/> 15		<hr style="width: 50%; margin: 0 auto;"/> 16

**Year Two:**

Liberal Arts and/or University Electives	9	Liberal Arts and/or University Electives	12
SES 220 Anatomical Kines.	3	SES 331 Biomechanics	3
BIO 245 or 350	4		
	<hr style="width: 50%; margin: 0 auto;"/> 16		<hr style="width: 50%; margin: 0 auto;"/> 15

**Year Three:**

Liberal Arts and/or University Electives	7	Liberal Arts and/or University Electives	10
SES 322 Exercise Physiology I	3	SES 323 Motor Learning	3
SES 300 Fitness Management	3	SES 324 Exercise Phys. II	3
SES 380 Prev/Care of Sports Injuries	2		
	<hr style="width: 50%; margin: 0 auto;"/> 15		<hr style="width: 50%; margin: 0 auto;"/> 16

**Year Four:**

Liberal Arts and/or University Electives	6		
SES 436 Soc. Infl. <b>Or</b> SES 333	3	SES 492 Internship	<hr style="width: 50%; margin: 0 auto;"/> 12
SES 490 Exer. Assess & Prog.	3		12
SES 410 Cardiac Rehab.	3		
	<hr style="width: 50%; margin: 0 auto;"/> 15	<b>FOUR-YEAR TOTAL</b>	<b>120</b>

**SPRING or SUMMER**

**Note:** SES 492 can be taken in 6-semester hour blocks.

**Note:** BIO 341 and 350 and CHEM 111 and 112 must be taken for professional schools (PT, PA, MD, etc.).

**Note:** Graduation check should be completed after 90 semester credit hours have been completed.

**Note:** Any student receiving a grade of “D” or lower in a required core course must retake the course until a grade of “C” or higher is achieved. Prior to registering for SES 492, students must have a GPA of 2.7 or above in the SES prefix courses and pass the Practical Competency Assessment in SES 490 with a grade of B or better.