

HELP FINDER GUIDE



In the event of an emergency, call UNC Police Department at 970-351-2245 or 911.

For non-emergent student concerns, the lists below share referral resources. In addition, the office of Student Outreach and Support fosters student development, engagement, and success by assisting students during difficult circumstances, which may include medical, mental health, personal or family crisis, and illness or injury. When faculty, staff, or community members submit a [Referral for Student Support](#), SOS reaches out directly to students to make appropriate referrals that address the unique needs of each student, tailored to their circumstances.

If you are unsure of where to report or where to make a referral, please visit the [Share a Concern](#) website.

WHEN A STUDENT IS...

Posing a threat to others

- If on-campus, [UNC Police Department](#): 970-351-2245
- If off-campus, 911

Emotionally distressed or having suicidal thoughts

- [UNC Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
- [UNC Police Department](#): 970-351-2245
- Community Resource:
 - North Range Behavioral Health Crisis Response Team: 970-347-1350

Experiencing gender-based violence, such as sexual harassment, sexual assault, dating and domestic violence, and/or stalking

- All responsible employees must report possible concerns: [Sexual Misconduct or Discrimination Report](#)
 - [Office of Institutional Equity and Compliance](#), 970-351-4899, titleix@unco.edu
- For **confidential** support:
 - [Assault Survivors Advocacy Program \(ASAP\)](#): 970-351-1490, advocacy@unco.edu
 - 24-hour crisis line: 970-351-4040
 - [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
 - [Psychological Services Clinic](#): 970-351-1645, ppsy.clinic@unco.edu
- For **non-confidential** support:
 - [Gender and Sexuality Resource Center](#): 970-353-0191, gsrc@unco.edu
 - [Center for Women's and Gender Equity](#): 970-351-1492, cwge@unco.edu
- Community Resources:
 - [Sexual Assault Victim Advocacy Center \(SAVA\)](#), 970-506-4059
 - Crisis Line: 970-472-4200
 - [A Woman's Place](#), 970-351-0476
 - Crisis Line: 970-356-4226

Possibly missing

- [UNC Police Department](#), 970-351-2245 or 911 if off campus
- Submit a [Referral for Student Support](#)



WHEN A STUDENT IS...

Struggling with alcohol and/or other drugs

- [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
- [Student Outreach and Support](#): 970-351-2001, dos@unco.edu

Alleged to have violated the Academic Integrity policy

- Submit an [Academic Misconduct report](#)

Experiencing stressors that are having a direct impact on their academic performance and attendance

- Encourage student to contact their professors to discuss adjustments, extensions, deadlines, or incompletes
- Refer the student to contact their academic advisor
- Submit a [Referral for Student Support](#) for additional resources and guidance

Facing food insecurity or unable to buy groceries

- [Bear Pantry](#): 970-351-3667, bear.pantry@unco.edu
- Community Resource:
 - [Weld Food Bank](#): 970-356-2199

Physically ill (including COVID symptoms or positive COVID test)

- [Student Health Center](#): 970-351-2412, SHCfrontdesk@unco.edu
- Visit the [UNC Coronavirus Website](#) or email coronavirus@unco.edu
- In case of an emergency, call UNC Police at 970-351-2245

No COVID symptoms, but worried about potential exposure

- Visit the [UNC Coronavirus Website](#) or email coronavirus@unco.edu

Seeking education on responsible substance use and harm reduction resources

- [Health Promotion](#): 970-351-2065, HealthPromotion@unco.edu

Seeking legal advice

- [Student Legal Services](#)
 - [Request an Appointment](#)

Seeking mental health counseling or resources

- [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
- [Psychological Services Clinic](#): 970-351-1645, ppsy.clinic@unco.edu
- Community Resources:
 - Search for providers on [Psychology Today](#)
 - For more specific community provider information, check out our list of [community resources](#)



WHEN A STUDENT NEEDS...

Access to resources to support their overall wellness/academic engagement either on or off campus and is unsure where to start

- [Department of Student Affairs](#), 970-351-3609, dsa@unco.edu
 - Student Support Specialist, dsa@unco.edu
- [Student Outreach and Support](#), 970-351-2001, dos@unco.edu

Advice about a leave of absence, permanent withdrawal, or transfer to another school

- Academic Advisor
 - [How to find your advisor](#)
- [Office of the Registrar](#): 970-351-4862, registrar@unco.edu

Advice about finances

- [Office of Financial Aid](#): 970-351-4862, ofa@unco.edu
- [Bursar's Office](#): 970-351-4862, bursar@unco.edu

Advice about strategies for addressing academic probation

- [Student Academic Success](#), 970-351-1391
- Find more resources and specific [probation support](#) for each college

Advice or assistance with internships, jobs, graduate school search, or career planning

- [Center for Career Readiness](#), 970-351-2127, career.readiness@unco.edu
 - Schedule an appointment via [Handshake](#)
- Academic Advisor

Advice or information about any identity-based need, or experiences an instance of discrimination such as racism, sexism, homophobia, transphobia, etc.

- [Office of Institutional Equity and Compliance](#): 970-351-4899, titleix@unco.edu
- [Division of Diversity, Equity and Inclusion](#): 970-351-1944, equityandinclusion@unco.edu
- [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496

Assistance navigating the academic appeals process

- [Academic Appeals Process Flowchart](#)

Assistance with disability accommodations, including short-term injury or illness

- [Disability Resource Center](#): 970-351-2289, drc@unco.edu
 - [Getting Started with the DRC](#)

Assistance with food allergies and specific dietary needs in on-campus dining

- [Dining Services](#): 970-351-2652, diningservices@unco.edu
- Registered Dietitian, matthew.doyle@unco.edu
- [Disability Resource Center](#): 970-351-2289, drc@unco.edu



WHEN A STUDENT NEEDS...

Assistance with registration and advising

- Academic Advisor

Grief Support

- [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
- [Psychological Services Clinic](#): 970-351-1645, ppsy.clinic@unco.edu
- Community Resource:
 - [Community Grief Center](#): 970-506-4114

Help connecting socially or getting involved on campus

- [Office of Student Organizations](#): 970-351-2906, studentorgs@unco.edu
 - Find student organizations, events, and news on [BearCave](#)
- [Campus Recreation](#), 970-351-2062, campus.recreation@unco.edu
- [Department of Student Affairs](#): 970-351-3609, dsa@unco.edu
- [Division of Diversity, Equity and Inclusion](#): 970-351-1944, equityandinclusion@unco.edu

Help with housing insecurity or concerns

- [Housing and Residential Education](#): 970-351-2721, housing@unco.edu
- [Student Outreach and Support](#): 970-351-2001, dos@unco.edu
- [Community Housing Resources](#)

Information about how to get tutoring

- [Tutorial Services](#), 970-351-1904, melissa.hoffner@unco.edu
- [Writing Center](#), 970-351-2056, writingcenter@unco.edu

Information about international issues or visa concerns

- [Office of Global Engagement](#), 970-351-2396, global@unco.edu
 - For international emergencies: 970-576-9572

To express concerns about a faculty member

- If possible, address their concern with the faculty member first
- Talk to the faculty member's Program Coordinator, Department Chair, or Dean of their college
- Submit a [University Complaint](#)

To inform professors that they will be absent from class for a week or more due to sickness or family emergency

- Encourage the student to reach out directly to each of their faculty members
- If a student is unable to notify faculty, submit a [Referral for Student Support](#)



WHEN A STUDENT NEEDS...

To make a complaint about discrimination or harassment, including that based on gender, religion, race, disability, etc.

- Submit a [Sexual Misconduct or Discrimination Report](#)
 - [Office of Institutional Equity and Compliance](#), 970-351-4899, titleix@unco.edu
- [UNC Police Department](#), 970-351-2245
- [Division of Diversity, Equity and Inclusion](#): 970-351-1944, equityandinclusion@unco.edu
- Confidential Resource:
 - [Assault Survivors Advocacy Program \(ASAP\)](#): 970-351-1490, advocacy@unco.edu

To report a concern about a grade

- Talk to the instructor of record
- If it is after final grades have been submitted, follow the [Academic Appeals Process](#)

Sometimes it is unclear how to help a student or share a concern. In these situations, it is often helpful to consult about possible options and outcomes so the student can obtain support.

PLEASE CONTACT US



UNC

Department of
Student Affairs

DSA@UNCO.EDU

970-351-3609