

NORTHERN COLORADO COMMUNITY RESOURCES

Mental Health Resources

All resources listed here provide **confidential services*

| | |
|--|---|
| <p>LifeStance Health (Formerly Heart Centered Counseling) Provides counseling services throughout Colorado, including in the Northern Colorado region. LifeStance Health accepts insurance.</p> | <p>970-310-3406 help@heartcenteredcounselors.com</p> |
| <p>North Range Behavioral Health Provides a variety of mental health services including counseling, crisis support, psychiatry, and group therapy. North Range accepts most insurance providers.</p> | <p>970-347-2120 (For both scheduling appointments and for connecting with crisis support)</p> |
| <p>Community Grief Center The Community Grief Center helps people of all ages grieving a death find connection and healing, while educating the community on grief's impact on individuals and society. They offer various support groups and resources.</p> | <p>970-506-4114 2105 Clubhouse Dr. Greely, CO 80634</p> |
| <p>La Luna Center La Luna Center provides specialized treatment for individuals with an eating disorder. They offer a variety of treatment options and have locations in Fort Collins and Boulder.</p> | <p><u>Fort Collins Location:</u> 970-282-8282 2020 Caribou Dr. Suite 201 Fort Collins, CO 80525</p> |
| <p>Queer Asterisk Queer* offers queer-informed counseling and community programming by licensed providers who identify as queer and transgender. They have locations in Denver, Boulder, and Longmont, and can provide telehealth services to those residing in the state of Colorado.</p> | <p>720-507-6161 info@queerasterisk.com</p> |

Crisis Resources

All resources listed here provide **confidential services and are **available 24/7***

| | |
|---|--|
| <p>Colorado Crisis Line Colorado Crisis Services is a 24/7 crisis response system offering help, information, and referrals to Colorado residents in response to mental health, substance use or emotional crises. There is no wrong reason to call; many people call to talk about depression, anxiety, trauma, loneliness, substance use, suicidal thoughts, and more.</p> | <p>Call: 1-844-493-8255 Text: TALK to 38255</p> |
| <p>National Suicide Prevention Lifeline The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in emotional distress or suicidal crisis 24 hours a day, 7 days a week.</p> | <p>Call: 1-800-273-8255</p> |
| <p>Crisis Text Line The Crisis Text Line is a resource that allows you to text a crisis counselor 24/7 about a variety of topics (stress, depression, suicidal thoughts, anxiety, etc.)</p> | <p>Text: HOME to 741-741</p> |
| <p>The Trevor Project The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25. If you are in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, their trained counselors are here to support you 24/7.</p> | <p>Call: 1-866-488-7386 Text: START to 6786-78</p> |

NORTHERN COLORADO COMMUNITY RESOURCES

Housing & Financial Support Resources

| | |
|--|---|
| <p><u>Colorado PEAK</u> Colorado PEAK is an online resource for Coloradans to apply for various assistance programs (medical, early childhood, food, and cash support), such as Colorado Health First (Colorado Medicaid) and the Supplemental Nutritional Assistance Program (SNAP).</p> | <p>This website also has phone numbers for various support services such as health insurance or food and cash assistance</p> |
| <p><u>Weld Food Bank</u> The Weld Food Bank provides supplemental food for individuals experiencing hunger and food insecurity.</p> | <p>970-356-2199 1108 H Street Greeley, CO 80631</p> |
| <p><u>Guadalupe Community Center</u> The Guadalupe Community Center is a comprehensive shelter with complementary social services programs all available at one location. They provide shelter for both single adults and families.</p> | <p>970-353-6433 guadalupe@ccdenver.org 1442 N. 11th Ave. Greeley, CO 80631</p> |
| <p><u>The Greeley Transitional House</u> The Greeley Family House provides temporary housing and support services to families who are experiencing temporary homelessness.</p> | <p>970-352-3215 1206 10th Street Greeley, CO 80631</p> |
| <p><u>2-1-1 Colorado</u> 2-1-1 is a confidential and multilingual service connecting people to vital resources across the state, including housing services, food assistance, legal, employment, etc. No matter where you live in Colorado, you can find information about resources in your local community.</p> | <p>Call: 2-1-1</p> |

Dating/Domestic Violence & Sexual Violence Support Resources

**All resources listed are available 24/7*

| | |
|--|---|
| <p><u>A Woman's Place</u> A Woman's Place provides survivors with the space and resources needed to get back on their feet. They offer safe shelter to women, men, transgender and gender nonconforming individuals and families who are in imminent danger or are homeless due to domestic violence. All services are free and confidential.</p> | <p>Crisis Line: 970-356-4226 Toll Free: 866-356-4226 info@awpdv.org</p> |
| <p><u>Sexual Assault Victim Advocacy Center</u> The Sexual Assault Victim Advocate (SAVA) Center provides crisis intervention, advocacy and counseling for all those affected by sexual violence in Northern Colorado while also providing prevention programs through community outreach and education.</p> | <p>Crisis Line: 970-472-4200 Greeley Location: (970) 506-4059 921 38th Avenue Court Greeley, CO 80634</p> |